



*"Optimism is the faith that leads to achievement.
Nothing can be done without hope and confidence."
- Helen Keller*



Ms. Vanshika
District Topper in
12th Humanities

LUMINOUS WINGS

SESSION: 2023-24

**LITTLE FLOWER VISITATION
SEN. SEC. CONVENT SCHOOL, KAITHAL**



St. Teresa of Child Jesus

(2nd January 1873 - 30th September 1897)

Our Heavenly Patroness

The Heavenly Patroness of the school is St. Teresa of child Jesus. While still young she entered the Carmelite monastery at Lisieux and practised the virtue of humility, evangelical simplicity and a firm confidence in God. By her words and example, she taught the novices offering her life for the salvation of soul and for the spreading of faith in the mission. Born to Marie-Franoise-Teresa Martin, she was recognized as a Doctor of Church, one of only three women to receive that honor. She is also known as the Little Flower of Jesus.

Blessings from Our Good Shepherd



POPE FRANCIS



LIVE + JESUS

Superior General Visitation Generalate

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10/08/2024

MESSAGE

Constant informations & news about war, environmental destruction, violence, injustice etc have captured the headlines of our news media today. The eye of the media always focuses on more negative situations. This has become the breakfast of everyman on his table.

The recent catastrophic situations occurring in different parts of our country especially the Wynad tragedy in Kerala, clamming the lives of many, remains as a question which is unexplainable. The potential pitfalls are often giving us signals in the form of dreams, warnings, prophecies which are often ignored. Violence, aggression, materialistic and moral crises had crippled the society. Humanity is now in conflict with morality & ethics.

Today we need great personalities to envision a peaceful paradigm in the society. They can be shaped or found in our classrooms. Education being a transformative process can reach out to the building of an individual who can build up the society. In NEP 2020 4,4 says that "the aim of education will not only be cognitive development, but also building character and creating holistic and well rounded individuals equipped with the key 21st-century skills."

The educators and the learners should be open to new ideas & ready to be challenged. Application of artificial intelligence, critical pedagogy and rapid growth in the field of IT have become the baton of modern education. As the students of Little Flower Visitation School pen down their creative ideas based on these batons, lets acknowledge their creativity, hard work and readiness to bring about a subsequent change in the society.

May God bless you.

Sr. Leela Jose

Sr. Leela Jose
Superior General



Everything must be done by love nothing by force - St. Francis de Sales



St. Francis De' Sales
Visitation Mission Provincilate
Sriram Talawali P.O.
Dhar Road, Bisnavada
INDORE - 453 001 (M.P.)



Live Jesus † Give Jesus

School magazine is a most relevant platform for the students to exhibit their multi talents. The true education should focus on the integral development of the child. Along with the academic knowledge it is essential to ensure that the students are trained to think critically and are able to organize their thoughts logically and to develop their language and aesthetic skills properly. Here comes the role of the school annual magazine to display the students' talents to the public. I request the parents to find time to read and go through it thoroughly so that you may realize the wonderful and fabulous personality of your child and it will be the great reward for their hard work.

I am very happy to know that Little Flower Visitation Convent School is bringing out its Annual Magazine. It is my pleasure to congratulate and encourage you dear students, staff and the management. You have put all your efforts and time to bring it out in most elegant form. I wish you all best and God's blessings. May Little Flower Visitation Convent School Kaithal continue to enlighten and empower the young minds to the new heights of bright future.

Sr. Jacintha Thomas SVC

Provincial Superior



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Little Flower Visitation Sr. Sec. Convent School

(Affiliated to C.B.S.E., New Delhi, Aff. No. 530399)

New Bye Pass, Kurukshetra Road, Kaithal-136027 (Haryana)

Web : www.littleflowerctl.com | E-mail : littleflowerkaithal@gmail.com, School Code - 40388

Ref. No.....

Dated.....

Sr. Delmia John

Manager



“Education is not preparation for life, education is life itself.” - John Dewey.

I am really glad to know about the publishing of our new magazine of this academic session.

It's a team work of both the teachers and the students. The School magazine mirrors the face of the School academics as well as co-curricular activities. I would like to express my gratitude to all the team members for their dedication and commitment to excellence.

True Education is possible when the School and the family correspond to each other in evaluating, monitoring and pursuing the growth, change and progress in our students. Thanking you dear parents for having confidence and faith in our School and staff for giving us the opportunity to serve you and your wards. Yes, we do our best to come up to meet your expectations despite our limitations and challenges.

Our School envisages in imparting value based education, covering intellectual, emotional, social and spiritual spheres. The ever cherished and ever living memory in the life is the relation between the Guru and the disciple - the teacher and the student.

“The mediocre teacher tells, the good teacher explains

The Superior teacher demonstrates, the great teacher inspires.”

The Little Florains are always inspired and motivated by the dedicated and passionate faculty of this Little Flower family. A good teacher gets a lot of respect, gratitude and love. Can money, positions or power be a substitute for any of these?

Every year our students add colours to our institute by gaining the best result in the city. I take this opportunity to congratulate the Principal Rev. Sr. Jaya Pereira, the entire staff and the students.

May you all continue to rock!!!

God bless you all.



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Dated.....

Sr. Jaya Pereira
Principal



Principal's Insight

"Learning gives creativity, creativity leads to thinking, thinking provides knowledge, and knowledge makes you great." - Dr. A.P.J. Abdul Kalam.

I feel highly honoured and privileged to pen down few thoughts for our magazine 'Luminous Wings'. I am also delighted to be a part of this temple of education where all stakeholder is a learner and every step we take is an opportunity to learn and discover. As learning ignites creativity, may your creativity sparkle like a star in the night sky.

At our distinguished institution, our mission is to deliver a comprehensive and holistic education that combines fun, enjoyment, learning, discovery, and growth, all built on a strong foundation of core values. We inspire our students to stand against injustice, which is a detrimental force in our society. I encourage each one of you to learn, innovate, grow, and succeed. Remember, if you encounter setbacks, heed the wise words of our former President and esteemed educator, Dr. A.P.J. Abdul Kalam: "If you fail, never give up because FAIL means First Attempt in Learning."

I also wish to extend my heartfelt congratulations to the editorial team, led by Abha Ma'am, for their dedicated efforts in bringing this annual magazine to fruition. Your hard work and commitment are truly commendable. May God bless you all for your invaluable contributions to our institution.

Editor-in-Chief



Mrs. Abha Mast
Editor-in-Chief

Dear all,

Welcome to the edition of our yearbook LUMINOUS WINGS – 2023-24.

Almost all prominent and illustrious school published a yearbook which is a collection of written articles. The students and teachers are main contributors, reflect educational qualities of the school. Magazine helps to sharpen hidden talent, flourish future writers as well. It is a great opportunity for students to get some work experience as who knows that when a hobby can become a successful career and store someone's fortune.

I feel ecstatic to introduce myself as the repeated editor-in-chief for our annual pictorial. It is my pleasure and privilege to serve our organization, and stay connected for the last nineteen years. I think this is the most suitable platform to communicate with you all.

I took this opportunity and continued to steer with the editorial committee to serve as a means to communicate important updates, achievements, events, ideas, stories, and biographies of eminent personalities.

We value these input and look forward for your commendation. It is enthralling to identify each page that portrays deep and real emotions.

I appreciate all the stories, articles, poems of creative thinkers and innovators in this edition twirls forward tolerance, forbearance, unity, and compassion.

The submitted articles have been carefully viewed and reviewed by workaholic and efficient editorial team members as they worked energetically and tirelessly to complete the pending work. I thank each of them for their commitment and zeal.

I express my wholehearted gratification to Principal Rev. Sister Jaya Pereira for being so industrious and competent. My gratitude towards the heading team of L.F.V.C.S for keeping infinite faith and confidence in me.

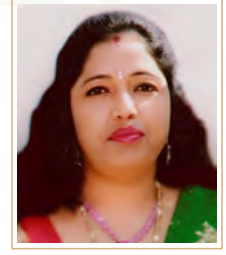
I thank to all colleagues who have helped and shown their interest in making of this annual. I would be indebted towards editorial team of students who walked hand in hand and worked round the clock proactively and vigorously to reach to this height. Keep doing good work kids!

We are dignified and venerated to declare the publication of our E-Magazine 'LUMINOUS WINGS'. Happy reading.

Give wings to Luminous Wings to fly. Thank you for your constant support.

उप-संपादक की कलम से

ममदेश भार्गव
उप-संपादक



मुझे यह जानकर हार्दिक प्रसन्नता हो रही है कि लिटिल फ्लॉवर कान्वेंट विद्यालय अपनी वार्षिक आगामी पत्रिका 'ल्यूमिनस विंग' का प्रकाशन करने जा रहा है। विद्यालय पत्रिका वर्ष भर की गतिविधियों की झाँकी प्रस्तुत करती है, जिसके माध्यम से विद्यालय की विशेषताओं एवं उपलब्धियों के बारे में सभी को जानने का अवसर मिलता है।

पत्रिका के सृजन में विद्यालय के शिक्षकों एवं बच्चों की भूमिका अत्यन्त महत्त्वपूर्ण है। इसमें प्रकाशित होने वाले लेख, कहानी, कविताओं तथा अन्य रचनाओं का संकलन विद्यालय के छात्रों एवं शिक्षकों द्वारा किया जाता है, फलस्वरूप बच्चों की प्रतिभा को निखारने का यह एक अनुपम अवसर प्रदान करता है।

मैं, पत्रिका के लेखन व प्रकाशन कार्य से जुड़े सभी शिक्षकों एवं छात्रों का विशेष रूप से धन्यवाद करती हूँ एवं प्रधानाचार्या जी से यह अपेक्षा करती हूँ कि लिटिल फ्लॉवर विद्यालय संगठन के लक्ष्य के अनुरूप विद्यालय में सभी पाठ्यसहगामी क्रियाओं का सुचारु रूप से संपादन करते रहेंगे ताकि बच्चों का बहुआयामी विकास संभव हो सके।

मेरी हार्दिक शुभकामनाएं।

From the Sub-Editor's Pew

"Imagine a place where dreams take flight and every challenge is met with determination. That place is here, and Luminous Wings is your window into the remarkable achievement of our school year."

Ms. Renu Bala
Sub-Editor



Dear Readers, Greetings!!!

With immense joy, I reflect on the incredible journey encapsulated in this edition of Luminous Wings. I am reminded of the profound truth in the words, "Great things are not done by impulse but by a series of small things brought together." It is with extreme pride that we present this compilation of our shared experiences and accomplishments. We credit our success to the corrective effort of our entire school community. We are profoundly grateful for the blessings and guidance of God, which have been the source of strength and inspiration that have brought us to this point.

Luminous Wings captures the essence of our collaborative spirit and the unity that drives us forward. Every piece is crafted with passion and dedication showcasing the unique perspective and boundless potential within our school. As you turn each page, prepare to be inspired, moved, and enchanted by the remarkable showcase of talent that defies L.F.V.C.S

The creation of Luminous Wings is a testament to the power of teamwork. Let the spirit of L.F.V.C. fill you with pride and joy. Luminous Wings stands more than a magazine that captures the community's spirit, resilience, and infinite potential. Let us use this opportunity to honour our past success, cherish the present moments, and look forward with optimism and excitement to the future we all shape together. Thank you for being a part of our story. May this version inspire and delight you!

With Heartfelt Gratitude

CHRONICLES

*"THE HIGHEST ACTIVITY A HUMAN BEING CAN ATTAIN IS
LEARNING FOR UNDERSTANDING,
BECAUSE TO UNDERSTAND IS TO BE FREE"*



Sr. Esabelle Justin
Vice-Principal

APRIL 2023

- 1st April: Retirement party of Kaushalya Mam.
Class XII CBSE Home Science exam held.
Today evaluation of Mathematics of class X started.
- 3rd April: New session started.
- 5th April: Class XII Psychology exam held.
- 10th April: Welcome ceremony of Nursery (Vidyarambh). Nursery students as well as their parents were invited. A small programme was arranged and teachers helped the students to write different alphabets of different subjects (Hindi, English, Maths) on rice. Refreshment was given to the parents.
- 11th April: Class XII Evaluation of History started.
- 19th April: Evaluation process completed of Board
- 20th April: DEO came for inspection.
- 24th April: Earth Day celebrated. Different activities/competitions were done for different classes.
- 27th-29th April: National Tournament was held.
 - Tackwando was held in Maharashtra in which Tarun Ravish (VIth A) won Bronze Medal.
 - Open State Tackwando Championship held in Panchkula in which Tarun Ravish (VIth A) won Gold Medal.
- 29th April: Different activities were done for KG as per the monthly planning.
 - I-II: Fancy dress competition.
 - III-V: Poem recitation
 - VI-VII: Puppet/Dhol/Kite making
 - IX-X: Poster making
 - XI-XII: Article writing

MAY 2023

- 1st May: Convocation Day celebrated. Mother Leela and Sr Dolly had come for the friendly visit. They were the chief guest for the programme. School had invited the parents of the

students those who secured 1st,2nd and 3rd position. It was a happy day for the school.

- 3rd May: Teaching staff as well as the non-teaching staff meeting with Mother Leela, the Director of the school. Sr Dolly took a motivation class for XII Humanities and Commerce.
- 5th May: District level school game tournament held in Jeet Sports Academy, Kaithal. Thang-Tha Tournament held in Kaithal in which students won various medals.
 - Tarun Ravish (VIth A): Gold
 - Garima (IXth A): Gold
 - Tanvi (VIth C): Gold
 - Ghreetika (XIth Commerce): Bronze
- 12th May: Board result declared today. Mother's day activities held.
- 15th May: PA1 started from today onwards.
- 22nd May: PA1 over.
- 29th May: PA1 result
- 29th May: PTM was held for all the classes (Pre -nursery -XIIth) to show the PA1 result. Management took a staff meeting for taking the feedback of PTM. A warm welcome was given to Sr Delima, our new Manager. Farewell party was given to our beloved SR. Lovely. Summer break was started for the students.
- 30th May: Summer break started for teachers.

JUNE 2023

- 7th-13th June: School Game Federation 2023 held in Bhopal, Madhya Pradesh in which Chhavi of XIth Humanities took participation.
- 15th June: Judo Cadet State Tournament held in which Chhavi from XIth Humanities won Silver Medal.
- 16th June: District Swimming Championship was held. Lovenik (IXth E) got 1st position.
 - 50M Freestyle: Gold Medal
 - 50M Breast Stroke: Gold Medal
 - 100M Freestyle: Gold Medal
 - 100M Breast Stroke: Gold Medal
- 29th June: Reopening of school after summer break for the teachers. July 2023
- 3rd July: Reopening of school after summer break for the students.
- 13th July: Tribune newspaper was started in our school.
- 17th to 22nd July: Supplementary exams of X and XII held.
 - 17th to 19th: Mr. Arun Sharma came as an observer.
 - 19th to 22nd: Mrs. Bakshi came as an observer.
- 24th July: Management took a staff meeting at 1: 30 pm

- 29th July: Umbrella Day was celebrated by KG students.
- 29th-30th July: High Kick state level Martial Art Tournament was held from 29th July to 30th July in Kurukshetra at Punjabi Dharamshala.
Kalaripayattu High Kick: Garima (IXth A) won Bronze Medal and Ghreetika (XIth Commerce A) won Silver Medal
- 30th July: Kurosh game for the sub junior at the state level at Chotu Ram Indoor Stadium, Kaithal in which Bronze Medal won by Aayush (IIIrd B) and Kunal (VIIIth B). Duty in charge was Shiv sir.
- 31st July: First Aid Activity was conducted in the 6th period for the classes IXth to XIIth. Two groups from each class participated. Judgement duty was given to Mrs. Jasbir, Mrs. Priyanka and Mrs. Nisha.

AUGUST 2023

- 2nd and 3rd August: Cyber Crime Awareness seminar was conducted by our local police for XIIth class.
- 5th August: Our School Office bearers were officially sworn in a very impressive investiture ceremony. The school cabinet was led by Our Head Boy Mr. Aadarsh and Head Girl Miss Jiya. Mr. Virender Sharma, legal advisor of our school was invited as the chief guest. This programme was arranged by Sports Club and Arts Club under the guidance of our Management.
- 11th August: First meeting of the coordinators of this session held.
- 12th August: Different activities were conducted on the occasion of Independence Day for the classes I-XII by the Arts Club.
 - I-III: Draw and colour flag
 - IV-VI: Flag making
 - VII-X: Speech competition
 - XI-XII: Display board decoration according to house wise (Red, Blue, Green, Yellow).
- 15th August: Independence Day was celebrated with much pomp and show. The campus was filled with the tricolour. Advocate Mr. Punit Sharma was invited as a chief guest.
- 16th August: Declared holiday by DSE AC.
- 18th : Question papers of SA1 were submitted by the teachers.
- 19th August: A number of activities were conducted by the arts club on the occasion of Teej.
 - I-V: Girls: Mehandi on drawing sheet
 Boys: Kite drawing on sheet
 - VI-VII: Girls: Swing making
 Boys: Kite making

VIII-XII: Girls: Mehendi on hand

Boys: Kite flying

- 21st August: Resource person, Sunil Kumar came from Pundari to teach Mental Maths Tricks to the students of class Xth-XIIth
- 22nd August: A Chess competition was held in R.K.S.D School, Kaithal in which Prashant Punia (XIIth Non-Med) and Lakshay Saharan (XIIth Non-Med) stood second at Block Level.
- 23rd August: U-17 cricket school stood 2nd position.
- 24th August: Students of class VI to VIII were taken to the Old Age Home, Kaithal for offering the needed items to the old people. For this the charge was given to Manisha Mam (Head of Arts Club). Through this Management wanted to teach the students to value the parents and grandparents.

Bharat Ko Jano Exam was conducted by Bharat Vikas Parishad. Duty In charges were: Junior Category: Manjula Sharma Mam

Senior Category: Mamtesh Mam

A seminar was conducted by Child Welfare Committee, Haryana for class about Child Rights headed by Mr. Satish, Mrs. Suman (works at state level) and Mrs. Anju Jindal (works at District Level)

- 26th August: Different activities were organised by arts club on the occasion of Raksha Bandhan

I-V: Girls: Rakhi Making

Boys: Card Making

VI-VIII: Girls: Thali Decoration

Boys: Card Making

IX-XII: Girls: Dessert without fire

Boys: Dessert without fire

- 26th August to 29th August: School District Level Tournament

Swimming: U-17

Lovenik IX E: 50M: Breaststrok

100 M Breaststrok

50M Free Style

Stood first and selected for state level

Skating U-17: Yashvi VIIA 500m speed: stood first

Vanshika VIIB 1000m speed: stood second

Selected for State Level

Chess U-19: Lakshay XIIth N.M. and Parshant XIIth N.M. stood first and selected for

state level

Basket Ball: Garima (VIIIth) U-17 stood 1st
Deepanshu (XIIth N.M.) stood 1st

Selected for state level

Football U-17: Aadi (VIIIth) stood 1st and selected for state level.

Cricket U-17: Rohit Jangra, Naman, Jatin, Chaitanya, Harshi and Yakshit stood 1st and selected for state level.

Cricket U-19: Harshit (XIIth N.M.), Vinay (XIIth N.M.), Krish (XIIth M.), Sukhman (XIIth Arts) stood first and selected for state level.

Shooting U-17: Kartik (Xth E) stood 1st and selected for state level

Swimming: Kunal (VIIIth E) U-17: 100m Free Style: stood 2nd
Dhirender (VIIIth) U-14: 50m Free Style: stood 2nd

Athletics: Kavya (VIth E) 400m Race stood 2nd and selected for state level
Tag of war Girls team stood 1st
Boys team stood 1st

Boxing U-17: Yashender (IXth), Lakshay (Xth), Aryan (XIIth N.M.) stood 1st and selected for state level.

Ankush Maan (IXth) stood 2nd

Shooting U-17: Girls: Nancy (XIth arts) stood 1st
Prachi (XIIth) arts stood 3rd
Selected for state.

Athletics U-11: Boys/Girls school state game

Yuvika, Urvi, Aaradhya, Angad, Deepika. Bhavya, Anushka in Tug of war got 3rd position.

In 400 m race Kavya (VI) stood 1st and selected for national game.

- 27th August: Selected students of Bharat Ko Jano Sneha (IXth E), Vansh (IXth C), Kriti (VIIIth E) and Rakshit (VIIth A) went to R.K.S.D. School, Kaithal for the next round exam.
- 30th August: Raksha Bandhan Holiday

SEPTEMBER 2023

- 2nd September: As per the CBSE circular different activities related to Veer Gatha were conducted in the school.
- 3rd-5th: Drawing/Painting
- 6th-8th: Paragraph writing

- 9th - 10th: Poem writing
- 11th - 12th Essay writing
- 5th September: On the occasion of Teachers day card making activity was held for the students of class Nur-KG.

A very wonderful programme was organised by the students for the teachers on the occasion of teachers' day. A number of programs were performed by the students like Western dance, Punjabi dance, skit, song and speech by Sr Principal. Students were sent home by 11am.

The Management arranged a special party for the teachers and made them feel so special. A cake cutting ceremony was also done. Teachers were given a token of gratitude.

- 7th September: Janmashtami holiday
- 9th September: Hindi Diwas was celebrated by the KG students.

Language and Literature club organised the following activities:

I-V: Spellathon

XI-XII: Extempore speech

Science activity "National Space Innovation Challenge 2023" was conducted by science club as per the CBSE circular for the classes Vth-XIIth in the 6th period.

- 13th September: A general meeting of the coordinators was taken by Sr Principal.
- 14th September: All the instructions related to SA1 were given by Sr Principal in the assembly. Students from Ambala and Kurukshetra came to stay in our school for the School State Level Championship.
- 14th September to 17th September: School State Tournament, Hisar
Chhavi (XIth Arts) 63 kg got gold medal and selected for school national game.
Sushant (VIth) 35kg won Gold medal and selected for national.
- 15th September: SA1 examination started from Nur-VIIIth.
Students of class (IXth) went to orphanage at Ambala.
Study leave for classes (IXth-XIIth).
- 16th September: Study leave for classes (IXth-XIIth)
- 15th to 17th September: Different sports activities were held: Hand ball (girls) was held in indoor stadium at Sir Chotu Ram Chowk Judo (girls) was held in Indoor Stadium at R.K.S.D Kho-Kho (boys) was held in Jat Ground.
- 18th September: SA1 started for IXth to XIIth also.
- 20th September: Language and Literature organised Hindi and English Reading Exam as per the CBSE circular
- 21st September: 10th class parents were called to verify the CBSE details. 26th September: An Orientation Event was organised in school by the Resource Person Dr. Purnima

Upadhayay. This event was arranged by the management for the teachers for learning the innovative skills for the classroom. Teachers took participation with great zeal.

- 29th September: Celebration of Little Flower Day and SA1 exams were over.
- 30th September: Trip of KG went to Kurukshetra, Jindal Park and Zoo. Trip of I-IV went to Karnal Water Park.

OCTOBER 2023

- 1st October: Swachhta campaign was organised by the school as per the CBSE norms for the classes VIIth-XIIth.
- 2nd October: Holiday of Gandhi Jayanti
- 3rd October: Resuming of school after Sa1,
- 7th October: Students of Vth-VIIth went for a trip to Mohali Thunder zone. Students who did not go to trip were having holiday.

Plant and trees/mike holding activity was held for KG students.

- 10th October: Language and literature club organised English reading test.
- 10th October to 20th October: Bal Bhavan competition from classes I-XII
 - 10th October: Handwriting competition, Clay Modelling, Best Dramebaz, Thali Pujan/ Kalash Decoration, Fun Games.
 - 11th October: Solo Song Competition, Patriotic Group Song.
 - 12th October: Solo Song Competition.
 - 2th October-15th October

Held at Hisar

Kunal VIII B U-14 (40kg) CBSE NORTH ZONE -2

Gold medal and selected for National

- 13th October: Solo Dance Competition, Classical Dance Competition
- 16th October: Declamation Contest
- 17th October: One Act Play on any social issue
- 17th October-19th October : tournament held at Hisar

National game: Boxing U-17

Lakshay (Xth): 44-46kg: North zone national boxing championship NBA (Rohtak) won bronze medal.

- 19th October: Card Making Competition, Diya/Candle Decoration Competition, Poster Making Competition, Sketching Competition.
- 20th October: Quiz Competition, Rangoli Competition
- 12th October: Painting competition on Energy Conservation 2023 being organised by Bhakra

Beas Management Board (BBMB) on behalf of Bureau of Energy Efficiency under ministry of power Govt. of India. Topic of the painting competition was:

- Life-Life Style for Environment
- We are pro planet people

For this student were divided into two groups

- Group A: V, VI and VII
- Group B: VIII, IX and X

This was organised during 6th to 8th period and the charge was given to Arts Club.

- 13th October: Road Safety Exam was conducted for the classes IIIrd-XIIth.
- 14th October: Students of class VIII-X went to Kapurthala for the educational trip.
- 17th October: PTM was held for all the classes (Pre-nursery to XIIth) to show the SA1 result. Management took a staff meeting for taking the feedback of PTM.
- 18th October: An assembly was conducted by VIIIth E on the topic Clean India Mission under the guidance of sports club.

Hindi grammar exam was conducted by Rashtriya Shiksha Samiti with the assistance of Mamtesh Mam.

- 19th October: Ajay sir took a meeting of the teachers for giving the instructions related to CET exam.
- 20th October: Activity/competition of puppet making/mask making was organised by the arts club for the classes Vth-VIIIth.
- 21st October: Holiday for all the students as the school had become the centre of CET exam.
- 21st October and 22nd October: CET Exam was organised by NTA. Ajay sir was the centre superintendent. Loveena Mam and Kavita Mam were the Deputy superintendent. Exam went smoothly with the help of staff and non-teaching staff.
- 22nd October: Role play Community Cleanliness, An Act was performed by the students of class IXth and Xth in the morning assembly under the guidance of Mukesh sir and arts club.
- 23rd October: Slogan writing activity was organised by the arts club for the students of XIth-XIIth on the following topics: Child Marriage, Cleanliness, Importance of education. It was compulsory for the students to compose their own slogans.
- 24th October: Dusshera Holiday
- 26th October: An assembly was conducted by the students of XIIth N.M. on the stage on the topic Career Guidance.
- 28th October: Valmiki Jayanti Holiday.
- 31st October: On the occasion of "Rashtriya Ekta Diwas" a pledge was taken by the Sr Principal, staff and students during the morning assembly.

NOVEMBER 2023

- 1st November: Holiday due to Haryana Day.
- 2nd November to 3rd November: 9th National T.A.A Sports game 2023 held at Hisar (Taken Aback Association Index) held at M. T.M Public School Kaithal
Tarun Vith A: 1st Taekwando: Gold
1st: Kabaddi : Gold
1st: Football: Silver
- 3rd November: For the preparation of school exhibition school had declared holiday for the classes Nur-KG and students from Ist-XIIth were sent home by 10:30am.
DEO had conducted an exam based on English grammar for the classes IIIrd, VIth and IXth.
- 4th November: Fusion Fantasia took place in school. Different places were allotted for the displaying of models according to subject wise. It went from 10am to 1pm. Students took participation with great zeal and enthusiasm. and made working as well as non-working models. Stage decoration charge was given to Language and literature club. They decorated the stage very beautifully. Dr. S.K Goel, Principal of R.K.S.D. College was invited as Chief Guest. A warm and cheerful welcome was given to the chief guest by the Little Flower Family. Fusion Fantasia went well. Management, teachers and students were appreciated by the Chief Guest.
Sahil of (Xth D) had made a sketch of the Chief Guest which was represented him as a token of remembrance by the management.
- 6th November: Management awarded Sahil of (Xth D) with a cash amount rupee 1100. The cash amount was sent by the Principal of R.K.S.D. College as a token of appreciation.
- 7th November: Students (Diya Xth B, Preeti XIIth N.M., Somnath XIth Med) went to Jakholi Adda, Govt School for the science quiz. Duty charge was given to Nisha Mam (Physics).
- 9th November- 10th November: Due to heavy pollution.....
Nur-KG holidays declared. For the students Ist-Vth online classes were arranged by the school.
- 10th November: A number of activities were organised by the arts club on the occasion of Diwali:
 - I-III: Card Making
 - IV-V: Wall Hanging Making
 - VI-VIII: Diya Decoration
 - IX-XII: Rangoli [Girls]
 - Pot Decoration (Boys)
- 11th November: Holiday for all the classes due to heavy pollution.
- 13th November- 15th November: Diwali holidays
- 16th November: Children's Day was celebrated with overwhelming joy. Various songs and dances were performed by the teachers. This function was organised by Maths club under the leadership of Sr Vice Principal. Sr Principal appreciated Maths club for all the necessary

arrangements. Mukesh sir and Sandhya mam were also appreciated for their marvellous skit and dance. Some of the students were awarded for their achievements.

- 18th November: A debate competition was organised by the arts club for the classes VIII-XII on the topic education system.
- 20th November: Xth and XIIth PA2 exams (10 Marks) started. It was conducted during the end of seventh period to till last period.
- 22nd November-26th November: CBSE National All India Championship held at Modern School Noida. Chhavi (XIth Arts) won Silver, Sushant (VIth A) got participation certificate.
- 23rd November: A staff meeting was conducted in XIIth N.M. at 3:45 pm by Sr. Principal for giving general instructions.
- 25th November: PA2 exams ended.
- 27th November: Holiday for all due to Guru Nanak Jayanti.
- 29th November: A short staff meeting was conducted in XIIth N.M. by Ajay sir for giving the instruction related to HTET Examination.
- 30th November: Nur-Vth, XIth-XIIth holiday due to Sports Fest.

Sports Fest held for the classes Vth to Xth. Different games were performed by the students. Rajinder Singh, boxing coach was invited as a chief guest. This function was organised by the S.st club along with the sports club under the leadership of Sr Vice Principal. Students were awarded for their achievements.

DECEMBER 2023

- 1st December: Holiday for the class Nursery due to sports Fest.
Sports Fest was conducted for the junior classes Ist-IVth. Students took participation in various games with a great zeal. Each and everyone enjoyed a lot.
A short staff meeting was conducted in XIIth N.M. by Ajay sir for giving the instruction related to HTET Examination.
- 2nd December and 3rd December: Holiday for all the classes due to HTET Exam.
On 2nd December exam was conducted in one shift from 3 pm to 5:30pm. On 3rd December exam was conducted in two shifts, Morning (10am to 12:30pm) and evening (3pm to 5:30pm).
Centre Superintendent of Block 1 was Mr. Ajay Shakalya and the deputies were : Mrs Abha, Mrs Rubika, Mrs Manisha and Mr. Mukesh.
Centre Superintendent of Block 2 was Mrs. Loveena and the deputies were Mrs. Pratibha, Mrs. Kavita, Mrs. Sandhya and Mr. Jitender.
The exam went well with the help of sincere staff and supportive non- teaching staff.
- 4th December: PA2 Exam held for the classes Ist to IXth and XIth during first period.
- 5th December: A short meeting was conducted in XIIth N.M. by Sr. Principal for giving general

instructions like discipline, syllabus completion, revision etc.

- 7th December: A seminar was conducted for the classes XIth-XIIth on Smart Education by Acharya Pawan.

English writing Olympiad Edguru organised by Language and Literature club for the classes I-XII

A meeting of the coordinators from Ist-IXth was taken by Sr. Vice Principal.

- 9th December: PA2 Exams over.

Sartaj S.K Sharma and Pummi Sharma came to school to show the magic show to the students.

- 11th December: XIIth Pre board started. Additional Maths (XIIth) and Bio (XIIth) held
- 12th December: Xth class Pre board started.
- 13th December: Rev. Sr. Mother Manager's birthday and Rev. Sr Vice Principal's birthday was celebrated by the staff members. The occasion was made memorable by a vibrant performance by teachers.
- 16th December: Christmas Day Activities were conducted by Arts Club:

I-III: Bell making with paper

IV-V: Star Making

VI-VIII: Christmas Tree Decoration

IX and XI: Wreath Making

- 19th December and 20th December: Winners of sports Fest were awarded for their outstanding performances.
- 22nd December: Celebration of Christmas held. Our School Magazine Luminous Wings 2022-2023 was released by Rev. Sr. Jaya Pereira our Principal, Rev. Sr. Delima John our Manager, Father Ashwin Mathew, Father Chandan and Father Amal C. Dev.. Different songs and dances were performed by the students on this most awaited day. Management appreciated Renu Mam and Loveena Mam for their tireless efforts. Renu Mam also offered her gratitude to the Management and her team for their wholehearted cooperation. Sr. Principal birthday was also celebrated in advance. Programme charge was given to Loveena Mam.
- 23rd December: Pre board of Xth and XIIth ended. PTM held for the class Nur-IXth and XIth. A staff meeting was conducted by Sr. Principal in Audio Visual Room to take the feedback of PTM. Christmas was celebrated with the staff members and gifts were also given along with the lunch party.
- 25th December: Christmas holiday.
- 26th December: A short staff meeting was conducted in XIIth N.M. by Sr. Principal for giving general instructions related to question paper and answer sheets.
- 27th December: Class Xth PA3 started. ASL of Hindi held. Dr. Vinay Gupta, resource person came from Civil Hospital to our school to conduct a seminar for the classes IXth-XIIth on

AIDS/HYV.

- 28th December: ASL of English held. An assembly was prepared by the students of class IXth on the occasion of Sr. Principal's birthday. Cake cutting ceremony was also held. Kavya of VIth C brought Gold Medal in athletics and honoured by the management. She stood 1st at state level and selected for the national level. Luminous Wings distributed to the students.
- 29th December: Xth class PA 3 over. Computer practical was held for the class Xth A&B. XIth and XIIth PA 3 of Maths held
- 30th December: Computer practical held for the class Xth C&D

JANUARY 2024

- 1st January: Winter break started for all the classes.
- 2nd January: Teachers came to school from 10:30 am to 1:30 pm. There was a meeting of the teachers of IX & X with Sr. Principal in the office.
- 5th January: Meeting of coordinators held in XIIth N.M. for the yearly planning (2024).
- 8th January: PTM for the classes Xth and XIIth was held to show the pre-board answer sheets.
- 9th January: Extra classes were arranged for the classes Xth and XIIth, specially for the slow learners and for the practice of practicals. Parents who did not attend PTM were called.
- 14th January: Holiday of Makar Sankranti.
- 16th January: School opened from the classes VI-XII after winter break. Timing of the students was 10am to 3:30pm. Holidays were extended by the Government for the classes Nur-Vth till 20th January due to severe winter. For the KG-V online classes were arranged.

Board practical exams started. Chemistry practical was held in our school and Mr. Joginder from J.N.V Titram came for it. Mr. Gurbrabhav came as an observer from Brahmmand Academy, Kaul.

- 17th January-20th January: Physical Education practical was held and Mr. Pawan came for it. Mr. Parveen Dhillon came as an observer.
- 19th January: Economics practical was held and Mrs. Ashu came for it. Mrs. Meenakshi came as an observer. ASL of class IXth Hindi held.
- 20th January: Mrs. Manisha as an external examiner went to Akhil Bhartiya Public School, Kaithal. ASL of Class IXth English held.
- 22nd January: Declared holiday by the Government.
- 23th January: Manisha Mam went to Narnachal Sr. Sec School, Narad as an external of Economics. Online classes were arranged for Nur-Vth
Renu Bala Mam went to Narnachal Sr. Sec. School, Narad as an external.
Ajay sir went to R.K.S.D. as an external of Physics.
- 25th January: Ajay Sir went to Government Model Sankriti Sr. Sec. School, Keorak. Renu Bala

Mam went to B.P.R Siwan Kaithal as an external.

- 26th January: Republic Day celebrated. Vice Principal Sr Esabella Justin was the chief guest. Computer club organised the function. Students of class VIth-XIIth were called from 8:30am to 10am.
- 27th January: Declared holiday by our honourable CM.
- 29th January: Manisha Mam went to Shemrock School as an external examiner. An online programme, Pariksha Pe Charcha was attended by the students of class Xth & XIIth in the school in which our most honourable Prime Minister cleared the doubts and queries of the students.
- 30th January: Political Science Practical was held. Mrs. Shalini came as an external from Shemrock school.

FEBRUARY 2024

- 1st February: Sr. Principal went to Aryan International School as an observer for practical.
- 2nd February: Sr. Principal went to Yuvraj Public school, Batta for Physical Education practical as an observer.
- 3rd February: Business studies practical was held. Mrs. Reena came as an external from R.K.S.D. Final reading and writing exams and computer practical started.
- 5th-7th February: Renu Bala Mam went to O.S.D.A.V. Kaithal for chemistry practical.
- 5th February: History practical was held. Mr. Om Prakash came as an external. XIth practicals started.
- 6th February: Biology Practical was held. Mrs. Neha Goel came as an external and observer was Mrs. Nisha.
- 7th-8th February: Physics practical was held. Mrs Saina Khanduja came as an external and Mr. Sanjay Sardana came as an observer.
- 7th February: Accountancy Practical was held. Mrs. Poonam Arora and Mrs. Rajni Rani came as an external and observer. Sr Principal went as an observer for Accountancy Practical to M.D.N Kalayat.

XI practicals over.

- 10th February: Farewell of XII class arranged.
- 12th February: Computer Science Practical was held. Mrs. Manisha Mam from O.S.D.A.V came as an external.

A short staff meeting was conducted in XIIth N.M. after the departure of the students by Sr Principal.

- 13th February: A short staff meeting was conducted in XIIth N.M. after the departure of the students by Sr Principal for giving general instructions.
- 14th February: Holiday of Basant Panchmi.

- 15th February: Admit cards were issued to the students of class Xth & XIIth. The photo session of class Xth and XIIth and staff was held. Class wise and school councils photo session was also held.
- 16th February: Photo session of the non-teaching was held. A short staff meeting was conducted in XIIth NM after the departure of the students by Sr. Principal for giving general instructions.
- 17th February: An exam of science, Vigyan Purskar Competition from Rashtriya Shiksha Samiti (State Education Council) was held in our school for the students of class VIth-IXth. It was organised by science club. Prabnoor stood 1st at state level.
- 19th February: CBSE Board Exam of XIIth Hindi was started.
- 21st February: CBSE Board Exam of Xth Hindi was started. School remained close for all the classes due to CBSE Exam.
- 22nd February: CBSE Board Exam of XIIth English was started. School remained close for the classes Ist-Vth.
- 24th February: CBSE Board Exam of Xth Punjabi was started.
- 26th February: CBSE Board Exam Xth English was started. Preparatory leave was given to all the classes for the final examination.
- 27th February: Final exams Nur-IXth and XIth were started. Timing of the exam was from 8am to 11:15am. CBSE Board Exam of XIIth Chemistry was started. Group photos of Ist-IVth were taken.
- 29th February: CBSE Board Exam of XIIth Geography was started.

MARCH 2024

- 1st March: Students of English Writing Olympiad were awarded by Sr. Principal with certificates, medals and trophies on stage. CBSE Board Exam evaluation of XIIth Hindi started.
- 2nd March: CBSE Board Exam of Xth Science was started.
- 4th March: CBSE Board Exam of XIIth Physics was started. CBSE Board Exam evaluation of Xth Hindi started.
- 5th March: CBSE Board Exam of XIIth Hindustani Vocal Music was started. CBSE Board Exam evaluation of XII English started. Meeting of Coordinators (Nur-IXth and XIth) was held.
- 7th March: CBSE Board Exam of Xth Social Science was started.
- 8th March: Mahashivratri holiday.
- 9th March: CBSE Board Exam of XIIth Mathematics was started.
- 11th March: CBSE Board Exam of Xth Mathematics was started.
- 12th March: CBSE Board Exam of XIIth Physical Education was started.

- 13th March: CBSE Board Exam of Xth Computer was started.
- 14th March: Annual exams of IXth & XIth over. Photo session of class Vth to IXth and XIth was held. Photos for I-Card from KG-IIIrd were done.
CBSE Board Exam of XIIth Punjabi was started.
- 15th March: CBSE Board Exam of XIIth Psychology was started.
A seminar of the few teachers was conducted in Mother Manager's room by Mr Jeenu to teach how to operate LOFTY.
- 16th March: Nur-IIInd SA2 over.
- 18th March: SA2 of all the classes over. CBSE Board Exam of XIIth Economics was started. Meeting of coordinators was held.
- 19th March: CBSE Board Exam of XIIth Biology was started.
- 20th March: CBSE Board Exam of XIIth Political Science was started.
- 23rd March: CBSE Board Exam of XIIth Accountancy was started.
- 25th March: Holiday of Holi.
- 26th March: Annual result was declared of classes Nur-IXth and XIth. Staff meeting of teachers was held.
- 27th March: CBSE Board Exam of XIIth Business studies was started.
- 28th March: CBSE Board Exam of XIIth History was started.
- 29th March: Good Friday Holiday.
- 30th March: Holiday.

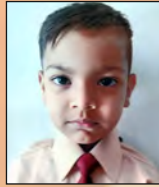
General Proficiency



Gunveen
Nursery A - 1st



Hardik
Nursery B - 2nd



Diyaansh
Nursery A - 3rd



Chhavi
Nursery B - 3rd



Avika
LKG B - 1st



Parth
LKG A - 2nd



Vedanshi
LKG A - 3rd



Arohi
UKG D - 1st



Seerat
UKG A - 2nd



Rinkal
UKG A - 3rd



Paavani
1st A - 1st



Lakshita
1st D - 1st



Jasmine
1st A - 2nd



Divyanshu
1st C - 2nd



Arodhya
1st D - 2nd



Devanshi
1st D - 1st



Manan
2nd B



Archit
2nd B - 2nd



Gurshan
2nd D - 3rd



Keshvi
3rd B - 1st



Urvi
3rd B - 2nd



Avantika
3rd A - 3rd



Akanksha
4th C - 1st



Akshita
4th C - 2nd



Paridhi
4th D - 3rd



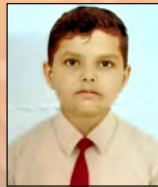
Rehan
5th A - 1st



Hardik
5th A - 2nd



Unnat
5th B - 3rd



Lehan
6th D - 1st



Parv
6th A - 2nd



Sanvi
6th B - 3rd



Jasmin
7th C - 1st



Khushi
7th A - 2nd



Kartik
7th C - 2nd



Daksh
7th D - 2nd



Rakshit
7th A - 3rd



Arshita
8th E - 1st



Ishika
8th C - 2nd



Samriti
8th A - 3rd



Khushi Ramna
9th B - 1st



Shefa
9th D - 2nd



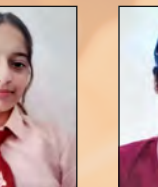
Ashmeet
9th E - 3rd



Arpit
11th Humanities-1st



Riya
11th Humanities-2nd



Yashika
11th Humanities-3rd



Khanak
11th Commerce-1st



Nikhil
11th Commerce-2nd



Disha
11th Commerce-3rd



Smarth
11th Medical-1st



Meghna
11th Medical-2nd



Jiya
11th Medical-3rd



Tanu
11th Non-Medical-1st



Ishan
11th Non-Medical-2nd



Kunal
11th Non-Medical-3rd

LINGUISTICS & LITERATURE CLUB REPORT



Ms. Loveena Lal
Linguistics & Literature Club President

The Literature Language Club at Little Flower Visitation Sr. Sec. Convent School has been a vibrant hub of creativity and intellectual exploration throughout the academic year. This club, established with the aim of nurturing literary skills and fostering a love for language among students, has organized a variety of engaging activities. These include poetry writing, article presentations, extempore, spellathon and vocabulary highlight and exposition etc.

Through these activities, students have not only enhanced their linguistic proficiency but also developed critical thinking and communication skills. The club serves as a platform for students to express their creativity, explore diverse literary genres, and appreciate the power of words. Such initiatives are crucial in promoting a holistic educational experience and preparing students for academic and personal growth.

Literary clubs also provide a platform for students to showcase their talents in writing, public speaking, and critical analysis. These activities not only contribute to academic development but also nurture a deeper understanding and love for literature.

Our club conducted various activities to showcase the talent of our students. The following activities were conducted throughout the year

- **Spell Bee:** A spelling competition that tested students' knowledge and vocabulary. Students were challenged with words of varying difficulty levels, promoting vocabulary development and spelling proficiency
- **Extempore Speaking Competition:** This event encouraged students to develop their public speaking skills by delivering impromptu speeches on assigned topics
- **Word of the Week:** This activity aimed to improve students' vocabulary and comprehension by engaging them in activities like learning new words and their meanings, The school council took active participation in displaying the word of the week on the notice boards.

- **English Exposition:** The club displayed various static and working models related to language and literature.

We have not only explored the depths of literature but also fostered a community of avid readers and budding writers. Through our various activities, we have broadened our horizons and enhanced our appreciation for the written word.

Our members have demonstrated exceptional creativity and enthusiasm, contributing to the vibrant literary culture of our school. As we look forward to the next year, we aim to continue our tradition of literary excellence and further nurture the talents of our members. We are excited about the future and the new opportunities it will bring to inspire and engage with literature.

Thank you to all our members, faculty advisors, and supporters for their dedication and passion. Together, we will continue to make the Linguistic and Literature Club a cornerstone of our school's academic and cultural life. .

Members:

- Mrs. Abha
- Mrs. Dolly
- Mrs. Mamta Sharma
- Mrs. Neelam Singh
- Mrs. Renu Bansal
- Mrs. Shiwani
- Mrs. Mamta Sindhwani
- Mrs. Mamtesh
- Mrs. Kiran
- Mrs. Manjula Sharma
- Mrs. Nirmal
- Mrs Renu Bala
- Mrs. Usha
- Mrs. Shalu
- Mrs. Arti
- Mrs. Madhuri Gupta
- Mrs. Mairy
- Mrs. Parveen Kaur
- Mrs. Santosh
- Mrs. Kusum Rana



MATHS CLUB REPORT



Dr. Kavita
Maths Club President

The Math's club was acquainted for improving and bringing out the hidden mathematical aptitude of students. The purpose of Maths club is to enhance the enthusiasm and interest of the students in Mathematics. The students can embellish Math's skills and knowledge by taking part in various activities. It bestows the students a situation for discussing new strategies for learning Maths. The exhibition was held in school campus where the Math's club participated actively and displayed variety of working and non-working models. The students also prepared mathematical formulas and quotation charts. The main attraction by Math's club in the exhibition was " Π " model that attracted the visitors. The chief guest appreciated encouraged and rewarded the students for their efforts.

The most precious thing in this world is a smile on the face of a child. "Every child is a gift of nature, give them their today, give them time to play and make way for their future."

The Children's day celebration was organised by mathematics club. It is celebrated to pay tribute to the legendary freedom fighter and our first Prime Minister, Pandit Jawahar Lal Nehru, popularly known as Chacha Nehru. The various activities like dance, skit, song etc. were performed by the teachers for the students. A special performance was given by kids and our tiny toddlers who were dressed like Chacha Nehru. The students also participated in different competitions like Eurka Junior and PBISE which were organised by CBSE.

Every thing could be possible with the help of esteemed Math's members: Ms. Sandhya, Ms. Ramkali, Ms. Bhumika, Ms. Renu Rani, Ms. Renu Chhabra, Ms. Savitri , Ms. Loveleena Kalra, Ms. Archana, Mr. Mukesh, Ms. Monika Arora.



SOCIAL SCIENCE CLUB REPORT



Mrs. Rubika
S.St. Club President

Social Science means inventing a certain brand of human, we can understand.

- *By Nassim Nicholas*

Every year in our Little Flower visitation Convent School different types of clubs are formed to develop the student's personality, skills and talents by motivating them to participate in the different types of activities like Exhibition, Deliberations, Skit Presentation and Dance performances. So, this year (2023) I got the opportunity to work as Social Science Club president. I took this opportunity in a positive way and worked for the betterment of our students.

Eminent and Proficient Members of Social Science Club.

- | | | |
|------------------------|-----------------------|------------------|
| 1. Mrs. Jyoti Saluja | 2. Mrs. Manjula Gupta | 3. Mrs. Rekha |
| 4. Mrs. Neelam Singh | 5. Mrs. Poonam Sharma | 6. Mrs. Himanshu |
| 7. Mrs. Monika Bhutani | 8. Mrs. Rajni | 9. Mrs. Aastha |

List of Programmes arranged by Social Science Club:

- Independence Day Celebration arranged by the S.St. Club on 15 August, 2023. The main attraction of this event was the patriotic choreography by Mohinder Sir and Gurmeet Mam.
- Skit was presented by XI humanities girls on the topic of cultural difference between Indian and Western countries.
- In the annual exhibition 2023-2024, skating rink was allotted to social science club by school management. S.St. Club got the opportunity to present the centre of attraction by exhibiting the different types of projects like NATO Countries, G-20 Bharat Mandapam, 9/11 attack by Osama Bin Laden, Rain Water Harvesting-working models, Solar System, Water Pollution Project, Ashok Emblem made with clay, Ram Mandir, paintings of Mona Lisa by Leonardo-Da-Vinci and Sanchi Stupa model too.
- Sports Day Celebration:- On the sports day the stage decoration and anchoring was done by social science club.

At last, I want to say thanks to all the club members and the students for their cooperation and hard work. A team can win the race only when they are united.

ARTS CLUB REPORT



Mrs. Manisha
Arts Club President

Arts club of our school has quite a good legacy in nurturing the artistic talents of students, for that club takes several initiatives to find special art performer. Through extracurricular activities club gives wings to their innate talents, imagination and creativity. Participation in various activities also develops that skills essential for professional competence. A campus poised on sheer scientific thrills requires a balancing dose to art so that aesthetics and beauty around us are not forgotten. To be a part of arts club is a great opportunity for the members as well as students to expand their area of expertise by making best use of wasteful materials, Display Board decoration, Flag making, speech competition, Kite flying, Mehandi competition, Rakhi making, desert without fire, painting competition, Puppet/Mask making, Slogan writing, card making, wall hanging making. With all these activities students and teachers get involved throughout the year.

Reflecting back on these activities I am struck by how much our incredible team members Ms. Manjula Sharma, Ms. Mamta Sindhwani, Ms. Tripta, Ms. Shiwani, Ms. Gurmeet, and Mr. Mohinder managed to accomplish these activities successfully. I feel so lucky to get to work with my team members and want to thank for their hard work. Keep continue getting success.



SCIENCE CLUB REPORT



Mrs. Nisha Madaan
Science Club President

“Science education is not just a subject; it’s a journey of discovery, exploration and limitless possibilities”.

Hence, we the Science club of Little Flower, provided a platform to students to make them realize their scientific skills, knowledge and fulfilled their quest in doing science activities to sharpen their skill. By participating in science club activities, students can enhance their scientific knowledge, develop critical thinking and can overcome from all obstacles by doing it practically also can cultivate a passion for science by experimenting and accompanying in various scientific activities.

Objective / Aim of Science Club:

- To bring out general intelligence and mental power
- To better understand scientific knowledge through science experiments.
- To allow students to work in the field of science and by presenting their best and to prepare

future scientist for Indian by working in teams incorporating a sense of healthy competition and team spirit.

- To maintain the students with knowledge in past and recent inventions in the field of science.

Activities of Academic Session (2023-24)

- For classes 6th to 12th: Participation in the National Space Innovation Challenge (NSIC), a National level challenge for you students across India to provide them an opportunity to explore the world of space-science and space innovation.
- Students showed exceptional interest and aptitude by participating in NSIC 2023.
- We are proud to be a part of the transformative journey of our student members for this year’s notable success and we are excited to see our students soar to new heights in science and beyond by providing them with right support, guidance and help.

ESTEEMED CLUB MEMBERS:

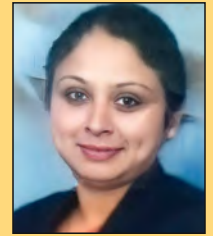
- Ms. Aruna
- Ms. Priyanka
- Ms. Nisha
- Ms. Ritu Saini
- Ms. Jasbeer
- Ms. Renu Bala
- Mr. Ajay Shakalya
- Ms. Pratibha Sharma
- Ms. Sonia Sharma
- Ms. Nisha Bariwala





COMPUTER CLUB REPORT

Mrs. Parveen Kaur
Computer Club President



“A computer is like a violin, You can imagine it making beautiful music, but you have to learn how to play it.” - *Bill Gates*

In the month of July, the formation of club took place. The aim or motive of L.F.V.C.S is to make better carrier and responsible future citizens. Keeping this in mind, different clubs were formed in our school. Along with other clubs, computer club was also formed during the meeting of management and staff of Little Flower.

This club helps in building confidence in students with the help of various programs. The main vision of club is to expose the students to the latest advancement in computer technology and to give individual and opportunity for sharing and extending ideas, views and knowledge in the field of computers and fast changing technology. The

club offers indispensable guidance, workshops and organizes various events for students explore their full potential.

OBJECTIVES OF THE CLUB:

1. To provide computer and computerized device knowledge and mentored training.
2. To make the students able to convert theoretical knowledge in practical works.
3. To let our students to excel in the area of computer and cognitive sciences and produce high quality engineers having self confidence in nation.
4. To develop fellowship between the students of our school along with the development of mutual understanding.

Esteemed Club Members:

Under the supervision of school's Principal Rev. Sister Jaya Pereira, Vice Principal Rev. Sister Esebella Justin, the club rocked. The club president Ms. Parveen Kaur and other efficient members Ms. Hunny, Ms. Pareena, Ms. Soma, Ms. Mukesh and Ms. Sapna tried their level best to sharpen the skills of students and promoted students to face the world of computer. At last, I am very thankful to the management for giving me the opportunity to serve as the leader of computer club.

GENERAL KNOWLEDGE CLUB REPORT

The more that you read, the more things you will know. The more that you learn, the more places, you'll go." - *Dr. Seuss*

These wise words echo the core values of the G.K. Club at Little Flower School.



Mr. Francis Joseph
G.K. Club President

MISSION & VISION:

Our Mission? To share what's happening around you and spark your curiosity. We fuel our young student's minds with a thirst for knowledge and equip them to navigate the dynamic world around them. We bridge the gap between textbooks and real-world scenarios, ensuring students don't just memorize facts, but grasp their relevance and impact.

The club's influence resonates throughout the school, igniting intellectual curiosity and encouraging critical thinking in our students. We empower them to become informed citizens, capable of engaging in meaningful contestations and contributing meaningfully to society.

CLUB ACTIVITIES:

- Our recent activities showcase our commitment to enriching the school experience. On November 4th, our annual exhibition captivated everyone with its informative displays. The theme? Exploring the marvels of space travel through the lens of the Chandrayan missions. Detailed charts, captivating visuals, and interactive models painted a vivid picture of our lunar expeditions, offering a truly immersive learning experience. Beyond this, our club members actively participated in various school events.
- November 4th: Led the annual exhibition on

Chandrayan missions, captivating students with interactive displays and presentations.

- November 30th - December 1st: Smoothly handled assigned volunteering tasks during the Sports Day, ensuring a successful event.

Our success extends beyond these specific events. A huge shout-out to our dedicated club member- Ms. Sushmeeta, Ms. Aarti, Ms. Manjit, Ms. Sudesh, Ms. Mamta, Ms. Sangita, Ms. Sneha and Ms. Anjali. Their unwavering enthusiasm and tireless efforts are the driving force behind our club's achievements.

SUMMARY: Looking ahead, the General knowledge Club remains committed to nurturing curious minds and fostering a generation of well-rounded individuals. We are proud of our achievements and eager to embark on new journeys of knowledge and discovery in the years to come.

Thank you!



SPORTS CLUB REPORT



Ms. Payal
Sports Club President

The Aims or Objectives of sports club is to develop qualities of hardwork, confidence, unity, trust and team spirit among students.

Sports are the physical activities that entertain and provide enjoyment to everyone.

In our school there are multifold outdoor and Indoor games: Volley Ball, Cricket, Football, Judo, Table-Tennis, Chess etc for mental and physical growth of each student.

PRETENSION OF SPORTS CLUB:

- To develop skills and fitness specific to a particular sports among students.
- Work effectively within a group towards common goals.
- Sports give motivation, positivity, courage, skill and concentration as well.
- Sports are a mandatory part of the school curriculum for the development of students.
- There is no age bar for participating in sports.

THE EVENTS ORGANISED BY SPORTS CLUB:

- 15th August (Independence Day) was gracefully organised by sports club with activities like: P.T, Dumb-bell, lezium etc. After flag hoisting , a cultural performance was presented, followed by National Anthem at last.
- “Clean India Mission” was organised on 23rd October, 2023. Assembly was conducted by

Sports Club. Sports Club members and Incharge promoted “Cleanliness” and “Saving Earth”. Students learned about “cleanliness” and cleaned the school premises.

- “This year our school has organised an “Annual Sports Meet” on 30th November, 2023 for all around development; Physical, Mental as well as Emotional attribute of the students, where various kinds of physical activities were held: Tug of war, 100m, 200m Race. Frog jump, slow cycling race, matki race, sack race, food eating activity etc. to expose the hidden talent.
- During the Annual Sports Meet the school’s playground overflowed with zeal, passion and excitement. Sh. Rajendra Singh (Ret. Boxing coach) was the guest of honor.
- The students displayed a wide array of energetic and bouncy sports events ranging from the flame, March-past, Drill and Track Events. They mesmerized the audience with their energetic performance of Yoga and Aerobic Dance. The School believes that sports is an integral part of education.

ESTEEMED CLUB MEMBERS:

- Mr. Parveen Kumar
- Mr. Shiv Kumar
- Mr. Jitender Jaglan
- Mr. Mukesh Kumar
- Mr. Navdeep Sharma
- Ms. Varsha Kwatra
- Ms. Monika Sharma
- Mr. Neeraj

SPORTS ACHIEVEMENT RECORD 2023-24

S.N.	Date	Name	Class	Achievement & Event	Place
DISTRICT					
1.	05.05.2023	Tarun	VIth	Gold Medal - THANG - TA	Kaithal
		Tanvi	VIth	Gold Medal - THANG - TA	
		Garima	IXth	Gold Medal - THANG - TA	
		Ghreetika	XIth	Bronze Medal - THANG - TA	
2.	16-06-2023	Lovenik	IXth	Gold Medal - 50m, 100m Freestyle Swimming	Kaithal
				Gold Medal - 50m, 100m Breast Stroke Swimming	
3.	30-07-23	Ayush	IIIrd	Bronze Medal - Martial Art	Kaithal
		Kunal	VIIIth	Bronze Medal - Martial Art	
SCHOOL DISTRICT					
4.	26-08-23 to 29-08-23	Lovenik	IXth	Gold Medal - 50m, 100m Freestyle Swimming	Kaithal
				Gold Medal - 50 m, 100m Breast Stroke Swimming	
		Kunal	VIIIth	Silver Medal - 100m Freestyle Swimming (U-17)	
		Dhirender	IXth	Silver Medal - 50m Freestyle Swimming (U-17)	
5.	26-08-23 to 29-08-23	Yashvi	VIIth	Gold Medal - 500m Speed Skating (U-17)	Kaithal
		Vanshika	VIIth	Silver Medal - 1000m Speed Skating (U-17)	
6.	26-08-23 to 29-08-23	Lakshay Saharan	XIIth	Ist Position - Chess (U-19)	Kaithal
		Prashant	XIIth	Ist Position - Chess (U-19)	
7.	26-08-23 to 29-08-23	Garima	VIIIth	Ist Position - Basketball (U-14)	Kaithal
		Deepanshu	XIIth	Ist Position - Basketball (U-19)	
8.	26-08-23 to 29-08-23	Aadi	VIIIth	Ist Position - Football (U-17)	Kaithal
9.	26-08-23 to 29-08-23	Kavya	VIth	IInd Position - 400 m Race Athletics (U-14)	Kaithal
10.	26-08-23 to 29-08-23	Rohit Jangra	VIIIth	Ist Position - Cricket (U-17)	Kaithal
		Naman	Xth	Ist Position - Cricket (U-17)	
		Jatin	Xth	Ist Position - Cricket (U-17)	
		Chaitanya	XIth	Ist Position - Cricket (U-17)	
		Harshit	XIth	Ist Position - Cricket (U-17)	
		Yakshit	XIth	Ist Position - Cricket (U-17)	
11.	26-08-23 to 29-08-23	Harshit	XIIth	Ist Position - Cricket (U-19)	Kaithal
		Vinay	XIIth	Ist Position - Cricket (U-19)	
		Krish	XIIth	Ist Position - Cricket (U-19)	
		Sukhman	XIIth	Ist Position - Cricket (U-19)	

SPORTS ACHIEVEMENT RECORD 2023-24

S.N.	Date	Name	Class	Achievement & Event	Place
12.	26-08-23 to 29-08-23	Kartik	Xth	Ist Position - Open Site in Shooting (U-17)	Kaithal
13	26-08-23 to 29-08-23	Nancy	XIIth	Ist Position - Shooting (U-17)	Kaithal
		Prachi	XIth	IIIrd Position - Shooting (U-17)	
14.	26-08-23 to 29-08-23	Yashender	IXth	Ist Position - Boxing (U-17)	Kaithal
		Lakshay	Xth	Ist Position - Boxing (U-17)	
		Aryan	XIIth	Ist Position - Boxing (U-17)	
STATE					
15.	27-06-23 to 29-06-23	Tarun	VIth	Gold medal - Tai-Kwondo	Panchkula
16.	27-06-23 to 30-06-23	Garima	IXth	Bronze medal - High Kick	Kurukshetra
		Ghreetika	XIth	Silver Medal - High Kick	
17.	15.06.23	Chavi	XIth	Silver Medal - Judo	Karnal
18.	14.09.23 to 17.09.23	Chavi	XIth	Gold Medal - Judo (-63 kg)	Kaithal
SCHOOL STATE NORTH ZONE-2 (CBSE TOURNAMENT)					
19.	12-10-23 to 15-10-23	Sushant	VIth	Gold medal - Judo (-35 kg)	Hisar
20.	12-10-23 to 15-10-23	Chavi	XIth	Gold Medal - Judo (-63 kg)	Hisar
21.	17-10-23 to 19-10-23	Kunal	VIIIth	Gold Medal - Judo (-40 kg)	Sirsa
22.	15-9-23 to 24-9-23	Lakshay	Xth	Bronze Medal - Boxing (44-46 kg) (North Zone National Game)	Rohtak
NATIONAL LEVEL TOURNAMENT					
23.	27-04-23 to 29-04-23	Tarun	VIth	Bronze Medal - Tae-Kwondo	Maharashtra
24.	07-06-23 to 13-06-23	Chavi	XIth	Participate Only- Judo	Bhopal (M.P.)
25.	02-11-23 to 03-11-23	Tarun	VIth	Gold Medal - Tae-Kwondo	IX th National TAA Sports, 2023 Taken Aback Association India
				Gold Medal- Kabbadi	
				Silver Medal - Football	
C.B.S.E. NATIONAL ALL INDIA CHAMPIONSHIP					
26.	22-11-23 to 26-11-23	Sushant	VIth	Participate Only - Judo	Noida
		Chavi	XIth	Silver Medal - Judo	
OPEN ATHLETE MEET					
27.	08-11-23 to 10-11-23	Kavya	VIth	Ist Position - 400m Race Athletics	Kurukshetra

Centennial Celebration



Exposition



Exposition



Christmas Celebration





A CREATIVE SPARK- AN ICON: SHEETAL DEVI



Ms. Jyoti, Staff Secretary

All birds find shelter during a rain but eagle avoids rain by flying above the cloud. Problems are common but attitude makes the difference - Stated by Dr. A.P.J Abdul Kalam.

In today's era, in increasing race it has become a bit difficult for people to achieve success, but those who are determined once, always acquire their goals. When we start our journey to fetch success, many times we get distracted and give up our goals due to lots of struggle, succwaa, problems and failures and sometimes people around us instigate and demolish us.

“Lord Krishna has also said in Geeta. Life is a struggle and every person has to face it.”

Running away from troubles is like inviting new troubles. The moment we give up, we fail. No single successful person will be found who has not faced failures and troubles before success as - “Failures are the stepping stones to success”.

Winners are not those who never fail but those who never quit.

There are people in the world who did not give up even in the most difficult circumstances. They continued to pursue their dreams because they never felt they are losing like Stephen Hawking, Helen Keller, Frida Kahlo, Sheetal Devi etc.

What Sheetal Devi did for the country at such a young age seems no less than a divine miracle.

Sheetal Devi was born in Loidhar Village in Kishtwar, Jammu and Kashmir on January 10, 2007 with “phocomelia”, a rare congenital disorder that causes underdevelopment of limbs. This condition resulted in her arms too, and remained armless.

“If one has the passion to achieve something in life, then a person can overcome every challenge, one has to bow before the high courage of man”.

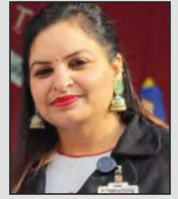
Indian female archer Sheetal Devi has done something similar. Despite being disabled in both hands, archer Sheetal, who shoots with her teeth and feet with the support of her chest has already made many achievements and earned her name and fame. She won a silver medal in the open women's compound archery event at The World Archery Para Championship 2023 in Czech Republic in July. She received The Arjuna Award 2023 from the President of India on 9 January 2024. She is the only active female international archer to shoot without arm. Although the length of her divine hands was not enough to hold the prize, but by winning many gold medals, she has drawn such a big line that not only the sports world but the whole country will remember her and will be grateful to her.

She has emerged as a living example of the victory of mental strength and dedication against physical disability. She is a new symbol of the new India.

Sheetal Devi once appeared on the Indian television platform “Kaun Banega Crorepati” and showed her talent along with Vidya Balan and won rupees 12,50,000.

She says, “Life was full of challenges, did not imagine doing something this big, from my mountainous homeland to the international shooting arena, It has been quite a journey.”

IMPORTANCE OF BEING AN ALL ROUNDER



Mrs. Nisha Madaan
Teacher

With cricket fever all over India and the world, being an all-rounder is something that is really important.

As we know, an all-rounder is a player who is able to consistently perform well with batting, balling and fielding. Similarly, being a student, it's essential to be an all-rounder as students often end up paying more attention to either academics or other activities that happen at school. But smart students make it a point to manage their time, energy and efforts cleverly. They not only manage to get noticed for their talent in different school activities but do good in academics too.

Students should not hesitate to participate in extracurricular activities, whether athletics, arts or any other type because these activities are aimed to increase a student's overall development. As a result an excellent student is actively involved in extracurricular activities in order to develop all aspects of his or her personality. Good students on the other hand do not put their academics aside when participating in these activities.

Well, having said that achievements earned in school get students credit, and benefit them when applying for higher education or considering career options. 'The more you are involved in co-curricular and extra curricular more are the chances that you will use skills learnt in them later in life. But in order to be an all-rounder, you need to make sure you have taken good care of your studies as well.

Being active comprehensively gives the students a perspective and to do better in all phases of life, Hence be an all-rounder.





TRUE HAPPINESS OF LIFE

What is happiness? What is the definition of happiness? Does a person become happy when he gets all the material comforts? Or is that person happy who is satisfied with his life? It is not so easy to define happiness because the definition of happiness is different for every person. Some become happy and satisfied when their small desires are fulfilled on the other hand some are not happy even if they get all the comforts of the world. Why is it like this?



Mrs. Neelam Rani
Teacher

The person who is contented when his small desires are fulfilled is happy while, the reason for a person who is not happy even after getting all the material comforts, is that he is not contented. Then what is the definition of true happiness?

According to Aristotle- "Happiness consists in achieving, through the course of a whole lifetime, all the goods, health, wealth, knowledge, friends, etc. - that lead to the perfection of human nature and to the enrichment of human life."

But nowadays we adopt wrong ways to get materialistic comforts. A brother fights with his brother to get his share in the property. One country wants to grab another country's land and uses its natural resources. That's why war breaks out between them. People misuse other people to gain power and position. They dominate others because they want to be powerful. A person sacrifices his relationships just to earn money. He does not take care of his health. When he starts getting sick, such materialistic comforts are of no use. No one has time to spend with his family even though we all know that we are mortal. We will die one day.

Then what does society need today?

Now we need to spread brotherhood including peace and harmony. We should understand the importance of relationships. Children should spend time with their parents. They ought to respect their elders. We should show our love to our parents. We should make them feel that they are very special to us. We should seek their advice in household matters. These little things will give us happiness and satisfaction. We should enjoy the small joys of life. This is true happiness. We should think that whatever is happening to us is only God's will. Whatever God has decided for us is Right. Only then we will be happy and contented.

USES OF MEDICINAL HERBS TO MAKE A HEALTHY LIFE...

- Medicinal herbs play a vital role in promoting a healthy body by offering natural remedies for various ailments.
- Herbs like ginger and turmeric possess anti-inflammatory properties, adding in maintaining a healthy immune system.
- Peppermint is known for its digestive benefits relieving indigestion and promoting overall gastrointestinal health.
- Ginseng is renowned for its adaptogenic properties, helping the body adapt to stress and enhance energy levels.
- Lavender, with its calming effects, is utilized to alleviate stress and promote mental well being.
- Garlic, known for its antimicrobial properties, contributes to cardiovascular health and immune support.
- Echinacea is a powerful herb often used to prevent common colds.



Riya, 8th-E

ATTRACTION OF TEENAGERS TOWARDS SOCIAL MEDIA

Adolescents cannot picture their lives without social media. They never miss a change to spend time online though it can have a variety of positive consequences and beneficial uses. Youth are mostly attracted towards the content that is irrelevant to them. How can one overlook the rising cases of social media having a detrimental impact on mental health as well as harming them in other ways? Youth use mobile phones in such large numbers which results chronic sleep loss and a negative influence on social interaction, academics and emotional functioning. Teenagers now tend to have less patience and creativity as they constantly try to use the internet for homework and crafts.

Privacy concerns, cyberbullying, mental distress, self-harming behaviours and suicidality all can be attributed due to excessive use of social media. The benefits and drawbacks of social media are often debated, which an individual uses it for long many hours.

However, teenagers can engage in social media interactions even without experiencing any mental disorder. Teens can establish boundaries on their time and how they spend it on social media, and by striking a healthy balance between social media and other aspects of everyday's life.

Khushvinder Kaur, 12th-Medical



LET'S SEARCH OUR ALIEN BUDDIES

Life on Earth is like a miracle, interrelated to specific conditions that our planet offers. Our planet is pretty awesome with all its life, but have you ever wondered if there is life beyond our homes? And why life is present on earth? The presence of life on Earth is because of perfect balance of factors such as the earth's distance from sun, lot of water and a breathable atmosphere.

Did you know earth has super life forms that can survive in extreme conditions. These tiny tough creatures can survive even in places where survival seems impossible like hot boiling volcanoes, freezing ice. But are these creatures present only on earth? These creatures are likely to be present in any part of our unimaginably vast universe. There may be another planet like earth that is at a perfect distance from its star and has perfect atmosphere for our alien buddies. In search of life on exo planets, scientists look for stars with heavy metals as stars without these metals can't form terrestrial planets or life. The common exploration targets include Mars and the moon. Water on moon was confirmed by India's Moon Impact Probe (MIP), which was a part of Chandrayaan-1 mission in 2009, while NASA's perseverance rover has discovered diverse organic matter on Mars.

The latest indications of extra terrestrial existence are the two corpses with only three fingers on each hand and elongated head, around 1000 years old, showcased before the Mexico Congress. However there is currently no conclusive evidence of their existence. The exploration is still ongoing and who knows what's out there in our fascinating universe? The possibilities are as vast as stars!

Ritika, 12th Non-Medical

FLAWS OF LIFE WITH SOCIAL MEDIA

If social media is a source for bright side, on the other hand it is a black hole for dull & wicked things. Youth become addicted to mobile phone. The addiction of social media is like that of alcohol & drug as if some signals are released by the brain to touch the phone screen & open instagram, snapchat, youtube etc. This addiction really effect hormonal balance & growth in our body. 'DOPAMINE' - A happiness hormone is increased on the use for what we desire. But if we are away from it the hormonal level decreases. This thing even make the students step back from their studies. More use of mobile phones decreased concentration and learning power of children. They may become unsocial to their friends offline. They may fell isolated. This isolation might result in several problems like depression & anxiety. Many teenagers face cyber bullying on social media which leaves a black scar on them. Their mind gets totally disturbed due to this action. It could leave a deep trauma over their heart & mind from which they could never arise. This could even force them for suicide or the usage of drugs & alcohols.

Afterall, Social media usage should not be overdosed for the better functioning of life.

Harshita, 12th-Medical

AREA OF MY LIFE: I WOULD LIKE TO IMPROVE

Identifying what's keeping me stuck:

Feeling stuck might look different for everyone, but for me, it is like tasks that take energy and focus from me. I feel empty or lonely or perhaps I engage in procrastination. There are three steps recommended by great psychologist:

1. **Stop:** Often it's a blind spot you can't see, so taking time to null things spot you see more clearly. Is it a decision you're afraid to make? Are certain people bringing you down? Are you in a cycle of negative thinking?
2. **Look Around:** Psychologists also recommend that consider how this blind spot is touching your life. Is it only at home or just at work or school?
3. **Listen to Yourself:** What are your heart and mind telling you about what you need to do? Learning to reflect on your inner thoughts and feelings will help you trust putting them into action.

Explore:

- Interpersonal conflict
- Career goals and job opportunities
- Emotional regulation and how it impacts your mood
- Physical health and lifestyle habits that impact it.

Mehak, 12th Non-Medical

WAYS TO WIN THE HEART

Love is the key and confident energy to win even the hardest of hearts.

- Show compassion to others, don't look others weakness but show compassion and guide them.
- Increase the level of your mental purity. Mental purity comes when you think positive.
- Be respectful and a good friend, make a comfortable environment with everyone.
- Control your ego, our ego is the first thing that breaks our relations, we should control it.
- Accept your flaws and be honest, honesty builds trust, and trust helps everyone to build a strong connection.
- Be kind and gentle, don't be so rude, and arrogant.

A good heart keeps you beautiful forever.

Shalini, 11th Humanities



CONSEQUENCES OF CLIMATE CHANGE

Climate change has a significant impact on human health. Over the last few years, we have seen that rising temperatures and extreme weather events may have huge effect on people's health worldwide. Global warming is one of the major causes of climate change. The burning of fossil fuels is the main cause of the alarming rise in greenhouse gases. The increasing temperatures can cause glaciers to melt and it can have a massive impact on the world like tsunamis. Climate change is a major factor in the emergence of diseases in different parts of the world.

Extremely warm temperatures, heating of the ocean can cause change in the weather and climate events, as well as rising sea levels. The change in climate and weather events that produce calamities like drought, floods and heatwaves are increasing around the world. These changes are harming our health on a large scale. This leads to poor mental health and chronic noncommunicable diseases like asthma and diabetes. Rising temperatures alter the evaporation process, affecting the rainfall pattern and causing snow to fall more frequently as rain. This can cause a different condition for many types of crops like maize, rice, wheat and soybean and can be adversely affected by the higher temperature. Warmer temperatures can also provide an ideal environment for food and water borne disease to thrive. As the climate changes, mosquitoes and the diseases they transmit, may spread at higher latitudes and altitudes while increased rainfall may also lead rise in population. In addition it raises allergens and harmful pollutants in the air we breathe which can cause chronic illness like cardiovascular and respiratory disorders, as well as lung cancer.

The first step to eliminate this problem is that we must reduce use of fossil fuels, stop deforestation and restore our natural habitats. To protect the human health into the future it is essential that we also adapt to ongoing climate change. Food needs to be stored at an appropriate temperature. Cycling and walking instead of driving will increase our daily physical activity. These will help to reduce greenhouse gas emission from vehicles that contribute to climate change. Eating plenty of fresh fruits and vegetables can reduce your risk of chronic disease. Try to reduce global warming. We must act quickly to avoid the worst impact of climate change on human health.

Himanshi, 12th-Medical



CHANDRAYAAN: HISTORY & SUCCESS

Chandrayaan, India's ambitious lunar mission, embarked on a historic journey in 2008, making the country's entry into space exploration beyond earth's orbit. Developed by the Indian Space Research Organisation (ISRO) Chandrayaan-I aimed to explore the moon's surface, study its mineral composition and map its topography. The spacecraft made significant studies in the realm of space technology, showcasing India's progress in the global space community.

Chandrayaan-1's success was highlighted by the discovery of water molecules on the moon, a breakthrough hinting at the possibility of lunar habitation and opening new avenues for scientific research. Despite an unexpected end to its mission due to communication loss, the knowledge and data garnered during its operational phase was invaluable.

Building on this success, India launched Chandrayaan-2 in 2019, a more advanced mission equipped with an orbiter, lander and rover, while the lander Vikram faced challenges during the descent. Chandrayaan history is a testament to India's determination in the space arena, fostering innovation and inspiring future generations of scientists and engineers. With each mission, India continues to carve its niche in space exploration, leaving an indelible mark on the cosmic map.

Chandrayaan-3 was a phenomenal success for India's progress in space. India became the 4th country to land on the moon and the 1st to land on the south pole of the moon. The soft landing of Chandrayaan-3 proves that we can create history from our past mistakes. Failure is the stepping stone to success and will eventually lead to victory.

Akshita, 12th Medical



LIFE CHANGING TIPS

- Mistakes are meant to be made. Don't be afraid of them. Take them as learning opportunities.
- Listen first, try to understand second and judge last.
- Take stand for yourself.
- Be a lifelong learner as there is no age-bar for learning.
- Always appreciate others.
- Listening is a life skill. Learn to listen.
- Believe is karma.
- Be kind to everyone.
- Everything cannot be achieved in a day.
- You are defined by your character. So, built your own character.

Kunal Sharma, 11th Non-Medical

FUNDAMENTAL RIGHTS & DUTIES



The Constitution of India provides every citizen some basic rights and duties individually. The fundamental rights are justified in the Article 12 to 35 of Part III of Constitution while Article 51 'A' contained in Part IV A of the Constitution deals with Fundamental Duties.

Fundamental Rights:

- Right to equality including equality before law, prohibition of discrimination on basis of religion, race, caste, gender, etc. and equality of opportunity.
 - Right to freedom of speech and expression, assembly, also association or union, right to practice any profession.
 - Right against exploitation, prohibition of forced labour, child labour and traffic in human being.
 - Right to freedom of conscience and free profession, practice of any religion.
 - Right to conserve one's culture, language and right of minorities to establish educational institution of their choice.
 - Right to constitutional remedies, enforcement of fundamental rights.
- To cherish and follow the noble ideals which inspired our national struggle for freedom.
 - To uphold and protect the sovereignty, unity and integrity of India.
 - To defend the country and render national service when called upon to do so.
 - To promote the spirit of common brotherhood.
 - To value and preserve the rich heritage of our composite culture.
 - To protect and improve the natural environment.
 - To develop the scientific temper, humanism and the spirit of inquiry and reform.
 - To safeguard public property and to abjure violence.
 - To strive towards excellence in all spheres of individuals and collective activity so that the nation constantly rises to higher levels of endeavour and achievement.
 - Duty to parent or guardian to provide opportunities for education to their children between 6 to 14 years.

Fundamental Duties:

- To abide by the Constitution and respect its ideals and institutions, the National Flag and the National Anthem.

Ishan, 11th Non-Medical

NATURAL GROWTH: WITH VALUES

A positive role model is an individual and particular we need to observe. Role models are usually people who display good values, strive to achieve greatness and inspire others to reach their full potential. Children are born with limitless grasping power. Parents are the first role models that children imitates. Therefore, parents are responsible for teaching their children how to talk, how to walk, important values and how to make healthy and wise decisions. National 4-H Youth Development Programme demonstrate that children who grow up with positive role models generally make better decisions. They are also less likely to compromise their values and are equipped to handle negative influence from peers. Popular psycho-therapist and author Stacy Kaiser from Live Happy Magazine outlines some ways to help parents get off to a great start as role models:

- Help children to focus on the positive.
- Help children to feel and see genuine support and a sense of community.
- Make sure there is good verbal and non verbal communication.



- Display respect, kindness and compassion for yourself and others.
- Being a positive parent role model means that parents should strive to become better version.
- Parents should respect each other in order to teach children about good values.
- Parents should use good words to enrich their children with values.
- They should not put pressure on their children, should allow them to grow naturally.

Simran, 11th Medical

1. Be honest with yourself.
2. Figure out the “why”.
3. Set goal and create a plan.
4. Write those goals down.
5. Tell a friend about your goals.
6. Give yourself some time.
7. Don’t give up.
8. Choose a substitute for your bad Habit.
9. Change your environment.
10. Let’s go to perfection.

HOW TO KICK BAD HABITS



NEVER GIVE UP

Do you know that Michael Jordan was once told by his high school teacher that he was too short to play basketball. And yet today he is one of the most successful basketball legends. Walt Disney failed several times, before he invented Mickey Mouse. All these people have one thing common, their ability to keep trying and never give up. Grit is one of the strongest predictors of success. So let us take the kids on their journey to build their skills through the inspirational stories of real people.

Arun, 7th-D



STILL WATERS RUN DEEP

Personal experience.

Don't judge a book by its cover. Have you ever heard this idiom? It means not to judge people or things by what they look like from the outside. Maybe you will wonder why I started this article with this idiom. Hmm... let me share a bit of my life lesson about some people who judged me by my appearance. This is a story about 3 months ago. I went to Chandigarh for giving my NDA exam. I saw a lot of students there coming for giving exam. Some of them were very nice and well behaved people but there were some children who looked very mischievous. A boy came and stood with me there. From the conversation, he appeared illiterate and uncultured. Because he was wearing simple clothes and did not even have shoes on his feet. Everyone was looking at him as if he was a strange person. I was feeling shy standing with him, but ignored everyone. But after talking to him for a longer period, I realised that he was a very intelligent and well educated person. I had no idea that his roll number would also come in my room. Then both of us did our respective papers and he knew the answers to every question. He did his paper very good, much better than I had imagined. Then I came to know that one can not define one's intelligence by beauty. That's why it is said not to judge a book by its cover.

Gobind, 12th Non-Medical

WORK WELL TOGETHER

Working in a team can be both beneficial and challenging. Sharing work can reduce your stress. Working well together helps in the development of country. Teams that work well together can greatly increase workplace productivity and create a more cohesive company culture. Here are some tips that will help to work together.

Communication: This is one of the most important element of strong team performance. Keeping the lines of communication clear, open, honest and respectful will allow members to express their feelings in a way that prevents a buildup of hidden anger or distrust.

Respect Individuality: When working with teams, managers must understand the importance of individuality. When a group of people with different aspects and personalities is formed to accomplish specific task, it is important to understand what each team member brings to the table.

Encourage Creativity: Creative input should be encouraged by every team member on

every project. Negative comment such as, “what a dumb idea” should not be given to anyone.

Gender Diversity: Members of team should not discriminate between male and female. Studies have shown that companies with female board members have better share price performance than those with board with only male members.

Trust Building Exercise: One way to enhance team spirit is to set aside time for trust building exercises.



Mansi, 11th Medical

FROM LIFT BOY TO FOUNDER OF GUCCI

One of the most famous brands in the world, Gucci turned 100 last year in 2021. Gucci brand was founded by Guccio. in Florence in 1921, it became famous for its travel bags, with a high standard of quality. Guccio Gucci was born to Tuscan parents, Gabreillo Gucci, a poor leather craftsman from San Miniato, and Elena Santini, from Lastra a Signa in Florence, Italy, in 1881.

When he was 17, he left his country to travel to London where he found a job at Savoy Hotel as a lift boy where he was inspired by the richness of the guests who carried the luxurious luggage and from there he understood what was the difference between quality bags and cheap bags, how it affects the design. Today, the luxury fashion brand has around 500 stores all over the world. Gucci generated the income of about 9.73 billion euros.



Ritik
12th Non-Medical



AN EMINENT PERSONALITY: **SUDHA MURTHY**

“Life is an exam where syllabus is unknown and question papers are not set. Nor are there model answer papers” is the words of that adulate person who galvanized me a lot that is none other than Sudha Murthy, is one of my incentive. I think that this article would not be able to express my absolute feeling towards her. She is the chairperson of one of the distinguished company, ‘Infosys’ and has made the greatest contribution to stand and build up this huge empire. She is very altruistic towards the children. Her own daughter, Akshata Murthy, is the wife of Britain's Prime Minister Rishi Sunak and his own son is chief technical officer of Digital Transformation Company. I had known about her by 2018 when one of my friend gave me her novel ‘The Day I Stopped Drinking Milk’ and it was one of my best novel which I ever read. There are many real life inspiring stories of Sudha Murthy and one of the best is how she contributed to Infosys. Sudha Murthy is very simple and elegant and very common like all others. When her husband Mr. Narayan Murthy wanted to start Infosys, Sudha Murthy had contributed ₹10,200 from her small savings hidden in one of the small container in kitchen. So, she kept only ₹200 with her and gave ₹10,000 to her husband which acted as an assist to Infosys and made it to touch the heights of sky. According to Sudha Murthy, Mr. Murthy, her husband eats, breathe, drink Infosys. He does not have spare time for his family. Today more than 340 thousand employees are employed in the ‘Infosys’. She is very cautious towards her children also. At one of the incident, her son was demanding for a grand birthday party in a 5 star hotel, she made him understand that it is not the matter of money and we should not compare us with others because others have some different qualities in different ways. She is the only lady who has cleared JEE Exam in late adulthood, the only female student in entire batch of male students. She taught her grandmother “to read and write” when she was only 11, that time she never knew one day she would become a computer teacher. She is the only idiosyncratic person, I ever knew.

Arpit Pannu, 11th Arts

Give One The Gate

We all have them-those pesky habits that cling to us like stubborn shadows, holding us back from our full potential.

But fear not, for you have the power to kick them to the curb and unlock a better version of yourself!

1. **Identify Your Foe:** The first step to defeat a bad habit is recognizing it. Take a moment to pinpoint what's holding you back. Is it procrastination, unhealthy eating, or excessive screen time?
2. **Set Clear Goals:** Once you've identified your bad habit, set specific, achievable goals. Define what success looks like in your journey to breaking free.
3. **Replace and Reframe:** Instead of trying to erase bad habits completely, replace them with healthier alternatives. Swap that bag of chips for a handful of almonds or exchange TV time with a good book.
4. **Stay Accountable:** Share your goals with friends or family who can offer encouragement and hold you accountable. Joining a support group or finding a mentor can also be incredibly helpful.
5. **Stay Persistent:** Breaking bad habits takes time and effort. Don't get discouraged by setbacks. Stay persistent and keep your eye on the prize.
6. **Celebrate Small Wins:** Acknowledge and celebrate your victories along the way. Small wins can provide the motivation needed to keep going.
7. **Practice Mindfulness:** Cultivate

mindfulness to become more aware of your triggers and temptations. This heightened awareness will help you make better choices.

8. **Be Patient with Yourself:** Remember, nobody is perfect. It's okay to stumble occasionally. What matters is your commitment to getting back on track.
9. **Mind Over Matter:** Your mind is a powerful tool. Use it to visualize your life without these habits. See the positive changes waiting to happen.
10. **Small Steps:** Begin your journey with baby steps. Break the habit down into manageable pieces, and tackle them one at a time.

Breaking free from bad habits is a journey towards self-improvement and personal growth. With determination and these strategies, you can kick out those unwanted habits and welcome a better brighter for you!

Another beginning for this topic - Bad habits can be like unwanted guests that overstay their welcome in your life. They hold you back, drain your energy, and hinder your personal growth, but fear not, because breaking free from these habits and ushering in a healthier, happier you is entirely possible!

Another ending for this topic - Kick out those bad habits and watch as your life transforms into a masterpiece of your own creation. Embrace change, and you'll discover a brighter, more empowered you on the other side. Your potential knows no bounds!

Sukhendra, 9th-D

DR. RITU KARIDHAL SRIVASTAVA



Dr. Ritu Karidhal Srivastava is an Indian scientist and aerospace engineer working in the Indian Space Research Organisation (ISRO). She was the 'Deputy Operations Director' to India's Mars Orbital Mission, Mangalyan.

Ritu Karidhal Srivastava was born in Lucknow, Uttar Pradesh on April 13, 1975. She grew up in a middle class family which placed great emphasis on education. In her childhood, she had a great interest in space sciences. She used to look at the night sky thinking about the outer space she thought about moon, as how it changes its shape and size. When she was a teenager, she had developed a habit to collect newspaper cuttings about any space related activity.

She completed her studies from St. Anjani's Public School in Lucknow. She completed her B.Sc. in Physics from University of Lucknow. She completed her M.Sc. in Physics from the University of Lucknow and got enrolled in a doctorate course in the Physics Department. She was a research scholar at Lucknow University for six months. She joined IISc Bangalore to pursue master's in aerospace engineering.

Ritu Karidhal has been working for ISRO since 1997. She plays an important role in the development of India's Mars Orbiter Mission, Mangalyan, dealing with the detailing and the execution of the craft & onward autonomy system. She was also the Deputy Operations Director of this mission. She also supervised the Chandrayan 2 mission as the mission director. India launched the Chandrayan-3 mission to land on the lunar south pole and finally India became the first country to land softly on the lunar south pole in 2023. Ritu Karidhal worked for the same mission and led India to this huge success.

Ritu Karidhal received the ISRO Young scientist Award in 2007 from A.P.J. Abdul Kalam. She also presented at TED and TEDx event describing the success of the Mars Orbiter Mission. Ritu Karidhal was awarded an honorary doctorate by the Lucknow University her alma mater. It was conferred by Governor Anandiben Patel.

Dr. Ritu Karidhal Srivastava has been referred to as one of the many "Rocket Women" of India. Owing tribute to her excellence in Mangalyan mission, a Bollywood film "Mission Mangal" was created where Indian actress Vidya Balan did her role.

Vanshika, 9th-E

THE COBRA & THE ANTS



Once upon a time, a huge king cobra lived in a dense forest. He ate all kinds of creatures like lizard, frogs, bird eggs and other small animals and insects. All night long, he hunted for food. And as soon as the sun rises, he would hide in his hole to sleep. The cobra was very lazy and he soon grew fat. As he grew fat it became difficult for the cobra to move in and out of his old hole. So, he found himself a new hole under a huge tree. The only problem was that the tree had a group of ants there at its root. So, the cobra went to the antbill and ordered them to live somewhere else as he considered to be the king of the forest. The other animals that were around them were very frightened. But the ants did not pay attention to his threat at all.

Soon, they swarmed all over the body of the cobra, stinging and biting him. Their sting caused unbearable pain to the cobra. He wriggled with pain and tried to keep ants away from his body, but he could not do so. After some time, the ants went away from the cobra. The cobra laid there hurt and wounded.

the cobra was crying in pain. All the animals who were afraid of him could only pity him. The ants taught king cobra a great lesson.

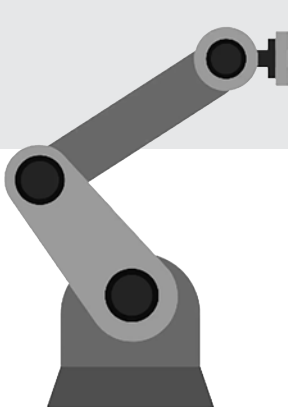
Ekta, 11th Non-Medical

A FRIEND IN NEED IS A FRIEND INDEED

Once upon a time, there were five friends in a city. They were college mates. They spent a lot of time together, ate, played, enjoyed and studied together. They all lived happily. Once, they decided to go for a road trip. After few days they all went on trip. Later they extended their trip and went to Jammu & Kashmir. They all explored, enjoyed there. All were happy, but suddenly some terrorists attacked the hotel in which they stayed. They all were at risk along with others who were present there. As one of the demands of the terrorists was fulfilled they agreed to release 30 hostages out of 100. All sent the senior citizens & the children 10 people more could go as they all were 20 only. The five friends were confused that who will go. One of them argued that he will go. From the other four Riyansh said to stay back to help others.

Now there were only three to decide that whether they wanted to go or not. Two decided to go, but at the same moment the terrorist at Riyansh's arm, and said to leave fast if they wanted to live. The three friends left but one stayed back with Riyansh to help him. He gave first aid to Riyansh and they both helped other people too. The boy who left back was Rudra who was Riyansh's true friend who didn't leave him alone at the time of need.

Nancy, 9th D



ROBOTICS

Asimo

ASIMO by Honda, the world's most advanced humanoid robot. In 1986, Honda engineers set out to create a walking robot.



Aibo

Aibo (stylized as aibo, abbreviated as Artificial Intelligence ROBOT, homonymous with aibo, “pal” or “partner” in Japanese) is a series of robotics dogs designed and manufactured by Sony. Sony announced a prototype Aibo in mid 1998, and the first consumer model was introduced on May 11, 1999.



Sophia

Sophia is the first humanoid to receive citizenship of a country. Perhaps the most recognisable face of humanoid, who was developed by Hong-Kong based Hanson Robotics, and was activated on February 14 , 2016.



Atlas

Atlas disaster-response robot made its public on July 11, 2013. In its original form, the 6'2",330-lb. humanoid robot developed for DARPA by Boston Dynamics of Waltham, Mass.



Nao

The biggest bank of Japan, Tokyo-Mustubishi UFJ has employed Nao to help people, answer their questions on how to open bank account, etc. It speaks and understand Japanese, English and Chinese.



Pepper

Pepper was introduced in Tokyo on June 5, 2019, by Masayoshi son, founder of Soft Bank. Pepper was scheduled to be available in December 2015 at Soft Bank Mobile stores. Pepper went on sale in June 2015 with the first batch of 1,000 units selling out in just 60 seconds.



Muskan, 5thB

KILL TIME WITHOUT KILLING YOURSELF

Today one of the main draw backs among students is poor time management because of which they lag behind in their academics and other aspects. So, now it is very important to learn the importance of time and how to manage it also as to attain our daily goals and achieve excellence in academic.

A good student known the importance of studies. The time passed never comes back. A topper student schedule his time while an average student does not do so. When someone manages time in turn time is left behind. Time is very precious. Therefore, it is very imperative for students as well as for all, to manage the time wisely for greater benefits and successful life ahead.

Tips for time management:

1. Create a master schedule.
2. Eliminate distractions.
3. Set goals for each study section.
4. Start working in assignments early.
5. Make a project plan. Schedule study session for 30 to 40 min.
6. Focus on one thing at a time.
7. Study in shorten bursts.

Drishti, 9th-B, 15

A STEP TO MOVE FORWARD

Parents are the first teacher of their children. They always maintain a positive surrounding around them. Parents mustn't talk or say negative words to the child's teacher or about school, because it will leave a negative impact on child they will think negative about their teachers, about their school as well. Parents must be connected with their child's teacher and also let the teacher tell the progress of the child. They must teach their child to become responsible for their school's work and their child must be attentive in every sphere of the school. They must observe whether the child is taking a proper sleep, completing homework as it will help them to concentrate for their studies. Parents must behave like a friend with their child. It will let their child to share everything what is happening in school. The child must take part in every curricular activity in the school. There must be a fix and proper time table of their daily routine. They should inculcate discipline and value, should also teach them to study by heart and to spend their allowance wisely.

By following the few steps parents can help children to achieve success in life.

Gunjan, 8th-A, 7

AN ENDEAVOR TOWARDS ACCOMPLISHMENT

“Only when you dream it, you can do it.”

- Dhirubhai Ambani

A boy from a Gujarati village built the Reliance Industries Empire.

Dhirajlal Hirachand Ambani, also well known as Dhirubhai Ambani was born in a Gujarati village named ‘Chorwad’ on 28 December 1932. His father’s name was Hirachand Govardhandas Ambani, he was school teacher in the village and his mother ‘Jamunaben’, was a homemaker. Dhirubhai Ambani had two brothers as well as two sisters. His father was an ordinary teacher, he was the only wage earner of the family. It was very difficult for him to manage all expenses of the family.



Sometimes, they did not have the money to fulfill their basic needs so his mother borrowed money from the neighbours. Time went on. Dhirubhai grew big. Due to poor financial condition, his brother and he started earning money to support their family by following mother’s command. At the age of 15, he started selling bhajia to the pilgrims at Grinar Peak. He also set fries stall at the village fair during weekends.

On 15 August 1947, on the occasion of the first Independence day, when entire India was celebrating this auspicious day, people of Junagarh were still tied with the strings as a Muslim Nawab did not agree to merge the state with India. They were all ordered to stay indoor by the ruler who ruled Junagarh. Rallies and flag hoisting was also banned.

Dhirubhai Ambani decided to revolt against the ban by celebrating the day. He gave his first public speech at the rally as a leader. Police took Dhirubhai Ambani to the police station as he went against the order of the state. Dhirubhai’s strong attitude didn’t let him disclose anything. He jumped into the Praja Mandal Movement by Junagarh. He fearlessly fought for Junagadh and on 12 November 1947 Junagadh officially became the part of Indian union.

In spite of being a politician he chose to go with his passion of becoming a businessman. He failed in his matriculation exams in 1948. He reappeared in the exams in 1949 and he promised to pass the exams.

His father asked him to go to Yemen, where his brother arranged a job for him. He wanted to study further but he had to drop his idea because of his family’s circumstances. At age of 17, he went to Aden (Yemen). He worked as a clerk for a salary of Rs. 300.

In 1955, he came back to India to marry ‘Kokilaben’. She played a vital role in his life and supported him throughout his journey. He shared every single thing with his wife, and encouraged her to learn English. In 1957 she gave birth to a genius child ‘Mukesh Ambani’. After marriage, he had to get back to work in Aden (Yemen). He promoted oil filling station from ‘A Berre

& Co.’ He also bought a car and started living a settled life. But the fire inside of him of being a businessman was still burning. He went back to India and explored multiple options to start business, later he decided to start a company in partnership.

He started ‘Reliance Commercial Corporation’ in 1960 with his second cousin Champaklal Damani. Later he entered into yarn industry, he experienced shortage of money. He solved his problem by borrowing money from Gujarati brokers and merchants at reasonable interest rates.

Dhirubhai’s business was going well. They were blessed with Anil Ambani in 1959, Dipti in 1961 and Nina Ambani in 1962. They all moved to a better house.

In 1965, Dhirubhai and Champaklal Daman split due to differences in business ideology. Further, he decided to create a textile manufacturing unit of his own.

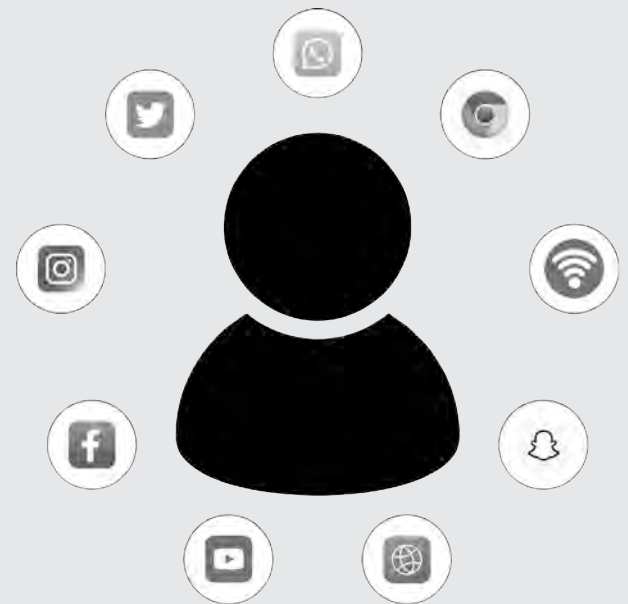
He changed the name of Reliance Corporation to Reliance Textile Engineering Pvt. Ltd.

By knowing about him a lot we came to know about his journey from a Gujarati village boy to a Billionaire. We learn from him “When there’s a lot of confusion in your life, just follow your heart.”

Simran, 12th Commerce

NESTLE: USE OF SOCIAL MEDIA

In the twenty first century, teenagers live a life of social networking and online. It’s hard to believe how much the world has changed over the decades, particularly in technology. Technology helps people to contact relatives and friends from a long distance more easily. People can now talk to each other from everywhere in the world simply through chat or video call. With the time, internet connections have been spread throughout the world. Social networking sites such as Facebook, Twitter, Instagram and Snapchat have been increased gradually. As in real life, teenagers are very shy about what comes out their mouths, but on social media, it's the opposite. Social media can lead to mental health issues in teenagers. Social media has become integral part of human life, and life cannot be assumed without it...



Technology has a significant impact on human life and some may take as an advantage or disadvantage. Many believe that the digital world is their real life and they can meet and talk to them, whomever they want through messenger and video calls. Teenagers often say the things that they want to say through messages by using the language that they would never say face to face, a language that, if used with classmates at school, would lead to disciplinary action.

Navneet, 9th C

Convocation Ceremony



Annual Sports Day



Annual Sports Day



Earth Day & Flagtastic Creation



TRUE VALUES LIE BENEATH THE SURFACE

Once there were a couple of birds. They were finding a perfect tree to make their nest on it. They saw a tree and found it good enough to make their nest on it. They asked that tree, "We want to make our nest on you" and the tree replied, "I am sorry but I don't want anyone to live on me". After hearing this they developed a disgust for that tree. After this, they saw a very enormous tree that was near that tree. They asked the same question to that tree also. That tree responded, "Ok! You can make your nest on me". They two were very ecstatic to hear this. They started to assemble their nest and within 2 weeks they accomplished it. They were happily living there. After sometime there was a sudden havoc of rain. There was a huge destruction caused by that rain. Those two birds saw that tree, who refused them to build their nest, flooded with water. Seeing this they poked fun at that tree and said, "You refused us for making nest na! now endure this. God has given you the best punishment!" After hearing this, that tree gave them a casual smile and said "I already knew that I am a very weak tree and I will not be able to protect you from this havoc and that's why I had refused you to make your nest on me." Hearing this, they two couldn't stop their tears and they hugged that tree tightly.

This is what we all do in our life. People usually judge others by their looks and their present status, but the truth is that, "What really matters is always invisible to the eyes". and we all have to accept it.

Always remember that we should take enough time to explore & judge someone as the outside may not reflect the inside feelings. I hope that it would be interesting for you and I am sure that you will get a good and useful moral from this story and it would definitely change your life.

Ashmeet Kaur, 9th E

Judgement or Assumption Beyond Outer Appearance

There are many reasons why we must never assume by appearance. This first one is that you know nothing about someone just by their outward appearance. We should never be the judge of someone's character. Both ways of judging a book and person are similar. For instance, if you look at a good looking person, you can see their skin colour, physical traits and may be fashion. But what about beyond that? You cannot solely make up your mind on their outward appearance.



This is very common scaring, and probably has got its perception in almost every aspect of our life. Well, talking about the present context, there are many items or services or departments that do not offer a lot of things in common and not to forget, they are common in various shapes, size and structure just to give you the best appeal and definitely you end up trying them.

Instead of judging others, try to judge yourself and find mistakes in yourself.

Kohana Kalra, 12th Non-Medical

RANI LAKSHMI BAI

Rani Lakshmi Bai came into my dream. She told me to serve the nation by: being bold, determined and courageous to instill the independence or liberation of our country. She inspires me to dream big and work persistently to achieve it. She makes me proud of being a girl amidst this male-dominated society. Her entire life was full of atrocities which she encountered with joy and acceptance.

Rani Lakshmi Bai was a Brahmin girl named Manikarnika. Her father was in service in the court of Maratha rule. She was addressed as 'Manu' or 'Chabili'. In her early teenage, she was married to the ruler of the Jhansi and was given the name 'Lakshmi Bai'. To strengthen relations between Jhansi and Maratha rulers to resist the flourishing British Empire. However, Rani Lakshmi Bai fell destiny because of early death of her beloved husband.



Rani Lakshmi Bai and Jhansi at that time, did not have any legal heir. So she decided to save her empire. Instead of living as a widow, she decided become the queen ruler of Jhansi and adopted a son. However the British opposed that on the basis of 'Doctrine of Lapse'. According to Lapse theory the kingdom that does not have any legal heir, will be considered part of the British Kingdom.

Rani Lakshmi Bai opposed that discriminatory theory. She was determined to uplift herself and the lives of others. She became the first woman to openly oppose the British monarchy. She therefore inspired me a lot. It boosted my esteem to know about her miseries and success.

Rani Lakshmi Bai was courageous enough to defeat the British not only in areas of Indian dominance but also in the English field. This is best exemplified in the context of Polo competitions. The Englishman invited the ruler of Jhansi for Polo game and used malpractices to defeat her. But it was Rani Lakshmi Bai who dared to come on the field and defeated the Britishers in the game in which they considered themselves the best. It invokes in me the sense that one should not remain confined to a specific culture or native culture but be broad and widened in interest.

Rani Lakshmi Bai was not afraid of death. She knew that she alone would not be able to resist the armed forces of the British but fought till death. She accepted losing her breath instead of losing her pride and honour. She fought with her son on her back and was killed very cruelly. She died when one of the horsemen pushed her down from her horse and the other injured her breast. Until the end of her life, she had a sword in her hand. She brought light to the fact that its not death but fear of death that instills terror in our minds. Instead of fighting death, one must fight fear.

Her entire lift is an inspiration. Above is only a small excerpt from her admirable life. She is a source of joy, courage, self-esteem for all women and girls. She resists the view of a female as having an inferior personality. She encourages us to be superior and confident. Her life provokes the women sector to dare, dream and bloom instead of falling prey to destiny. Her life can be best described as, "No dreamer is small and no dream is big to achieve."

Vanshika, 12th Arts

AREA OF YOUR LIFE WHICH YOU WOULD LIKE TO IMPROVE

It is generally said that a person with strong mentality is capable of revolutionising the society.”

Mental strength is the area which I would like to improve. Being a mentally empowered student, there are many instances in which I get constrained by self doubt. Too much thinking about, “What if I could not do?” makes the day really apprehensive. Just to manage the stress, I go for temporary refuge by watching movies, webseries, etc. which actually is not the solution of problem. It provides only a short term relief. After a couple of hours, I find myself gripped with same woes and worries. Besides, I get over stressed by the workload instead of managing it with calm and serenity. In spite of working hard, I choose temporary shelter by scrolling social media. Here, the main problem I realised was lack of mental strength. I made work schedule but failed to follow it. This adds to tension, which can be rooted out only if I carry out my work as planned. But with too much distractions around me it couldn't be possible.

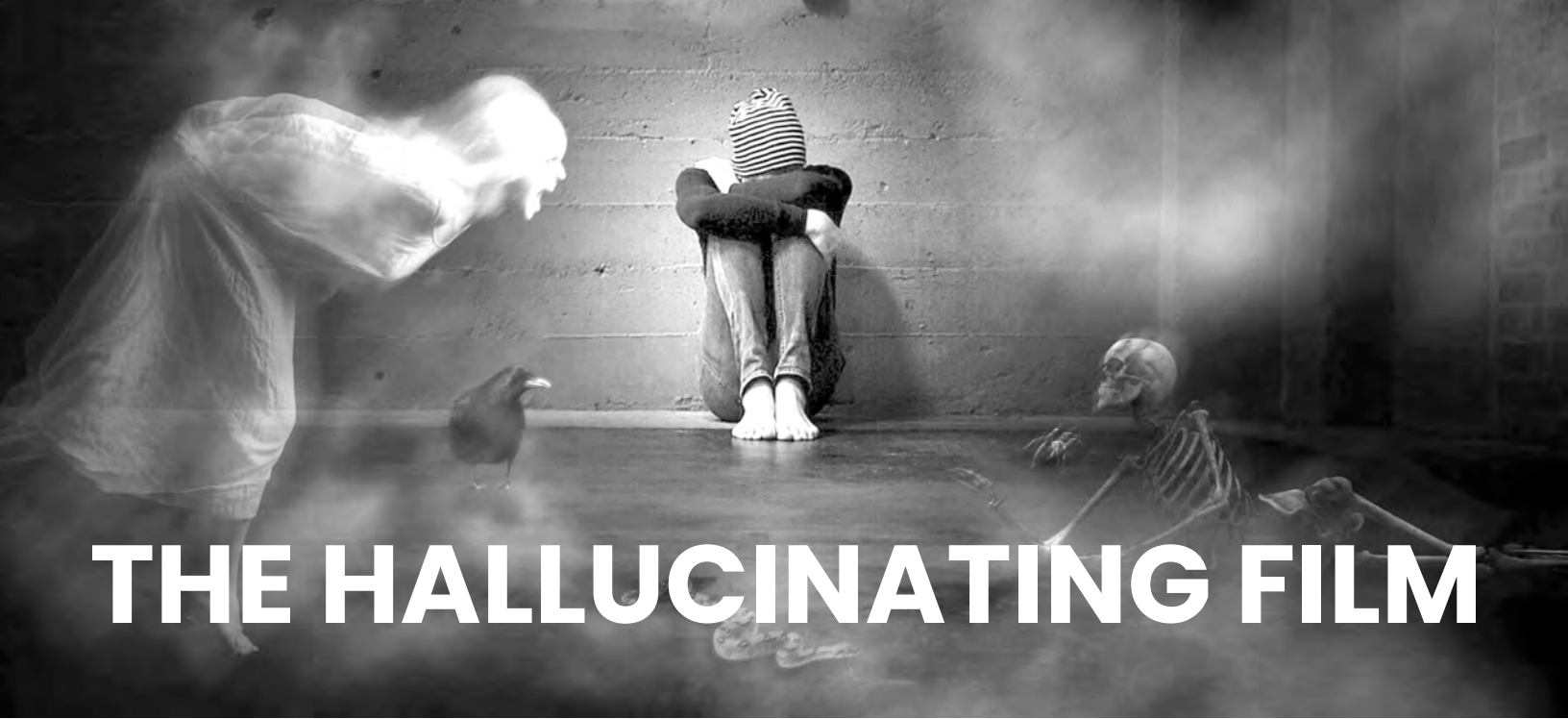


When I thought about it, it was not a big problem only if I own my mind, instead letting it own me. For instance, I know my goal as well as steps to climb ladder but what lacks is persistent and consistent efforts. The little research made me grab the issue which is my mental instability. I need to work to strengthen the conscious as well as subconscious part of my mind to remain in routed direction.

Besides, over thinking also holds tight control on me because of absence in required quantum of hard and smart work. The weak mental health also hinders me to keep my opinion in public gatherings, comparing myself with others often creates an inferiority complex in my mind. The solution to all these, step stones is, the strong subconscious mind which remains active all the time and is an affluent component of human personality.

Though I have started working on it via meditation, yoga and exercise but still have not reached the best. Unstable mind exaggerated the mental issues which are not even worth to thought. I have realised that its only lethargy of my mind, which is a hindrance. Once I overpower distractions and mind blogging, I think I will be able to become more productive asset. Hence, my goal is to build strong mentality, will power, determination and courage to put consistent efforts to my own priorities, avoid all the self doubts, be fearless, bold, designated and attain the goals of mind.

Vanshika, 12th Humanities



THE HALLUCINATING FILM

A door bell rings! A repugnance was heard! A sound came Zona, Zon, Zoo, Zo.....!

A haunted moment!

Zona, an 11 year old girl, once on Friday afternoon was sitting in the drawing room of her house in front of TV screen, watching a horrendous movie. Her mother went out to market and her father was at work. It was a winter afternoon and she was sitting alone in the giant room. Cold breeze blew! Wind chimes rang but she was busy in watching her movie. She was having a cup of coffee in her hands. A haunted scene in the movie appeared. She was dumbfounded. Suddenly the cup fell from her hands. As the scene in the movie continued, some things happened with her. She was doddering. Then she sat in a blanket and started shivering. Again, the movie ride the top of roller coaster, the scene was ghastly. Suddenly, she heard a door bell rang of her house. She murmured, "Oh My God! What is happening to me!" She did not stand up from her place and kept sitting. She was waiting for her mother to return home. Then after 10-15 minutes, she heard a sound which says Zona, Zon, Zoo....! She thought her mother had returned home but it was not so. She appallingly woke up and went to open the door. As she opened the door, a cold breeze blew her hair. She was terrified. Nobody was out. She just gave loud haunt and ran towards her room. She was so frightened. Again, afternoon time, the bell rang and a voice came, "Zona, open the door" but Zona remained quiet. She heard the sound again, but no replies. This time it was actually her mother who returned from market. Her mother said, "Zona beta, this is mem your mom, open the door." Then Zona sat up from her place and went to open the door. As she opened the door, she saw her mother standing. She hugged her mother tightly and cried aloud. Her mother asked, "What happened? Why are you weeping?" Then she told the entire story. Then her mother went inside the room to see the movie and then she was surprised to know-

"On the screen, below it was mentioned that the movie is based on illusion." "The thing that are continuing in the movie might happen to you."

Hence never fall prey to such fantasy.

Harshita, 12th-Med

Follow Your HEART

- Love your family, relatives and friends.
- Always focus on meaningful work.
- Keep yourself fit and healthy and sleep soundly but not like log.
- Be helpful.
- Laugh everyday with family members and friends.
- Love yourself, take out time for yourself.
- Enjoy the beauty of nature.

Adarsh Sharma, 6th-A, 27

- Respect others and behave like a good human being.
- Give time to others.
- Develop trust to win heart.
- Be kind, humble and gentle.
- Help others in their troubles.
- Admit your faults and mistakes.
- If you want to win someone's heart, you need to compliment them frequently.

Harman, 7th-D, 12

- Exercise: 7 minutes to make yourself healthy.
- Sleep more: You'll be more positive and less negative.
- Move closer to work: Brief communication is worth more than a big house.
- Go outside: To avail at its full length happiness.
- Help others: At least 100 hours in a year, will make you magically contested.
- Practice smiling: it can relieve pain.
- Practice gratitude: It increases happiness and gladden.

Sanvi, 6th-B, 27

Your smile makes all the difference
You will smile with me when I am happy
You cry with me in my tears of vain
No one can really see my sorrows
You only can feel all my pain
I am thankful to you for being so good
For changing my life, this way touchwood
I am happy that I am constantly with you
So special with whom I giggle
You are the divine who makes me cackle
Not for a moment but for every while
You are the reason why I call myself fortunate
Lucky to have a wonderful companion like boon.

Tulika, 11th Commerce

BOON COMPANION



CONQUER ON OVER PONDERING

At times, being trapped in your own thought can be the most difficult situation. I need to break free from over pondering.

One of the biggest challenge I encounter in my life is my inclination to imagine unrealistic situations in my head. I tend to scrutinizing everything, including how I am perceived by others, fitting in with people and meeting with families expectations. This is preventing me probe achieving my potential, pursuing my aspirations and leaving the life I generally crave. I have thoughts that I want to let go off, but it's not easy to do so. I constantly feel anxious and ruminate on past events, wasting time on regrets. Most of us are suffering with same. Maybe we can decrease this by learning mindfulness skills. Mindfulness will help us become more aware of here and now. Just like any other skill, mindfulness take practice, but over time we can be free from the clutches of over pondering.

So stop over thinking and worrying about what tomorrow may bring. Focus on what you can control. Stay positive and enjoy today. Expect good things to come.

Muskan
12th Non-Medical



PEEVES ME A LOT

Peeves are actions or things that are especially annoying to particular people. We all have the experience of feeling annoyed, It can be a friend, a stranger, things or from any situation. There are some things that peeves me or may be you also.

- When someone leaves the light on- in an empty room and not closing them, it is just a wastage of electricity.
- When someone leaves your text on read and not replying hardly, it takes only few seconds to reply but still most of the people ignore this.
- Children crying without any good reason makes me angry. I think most of you have suffered from this, sometimes I feel to throw those children away in order to get some peace.
- Slow Internet speed always annoys, especially online meet or an important video chat or in my case playing online games which required 24x7 high speed Internet.
- In this modern era staring at someone's phone is not considered good by the way you are inviting a free argument by getting a glimpse of their screen at what they are doing because a person's phone is their private property.

Smarth, 11th Medical

A TIME TO HUNT, A TIME TO SAW, A TIME TO MOVE TO A NEW FIELD



Birsa Munda was born in the mid of 1870s. He lived in the forest of Bhanodaya and was living in poverty. His father was working in a farm to fulfill their needs. Birsa spent most of the time in the local akhada and heard tales of mundas about their golden age, he just studied in the local missionary school and spent his time in playing, listening to the sermons. After a lot of struggle he managed to find out the reason why there was the oppression of Dikus on them and find a way to resolve it. He began to witness old theories about the history that the Mundas were the original settlers of the region.

He spent some time with the company of prominent Vaishav preacher and told his people to give up drinking and stop believing in witchcraft, also to clean the village. He initiated many types of movement to attain their rights, which were taken away by the Dikus and Europeans. British officials were worried because of the support he got from the tribal people and the protesting movement he launched.

He was arrested and convicted him on charges of rioting and was put in jail for 2 years. He was released in 1897, now he was full of revenge. He toured the villages and nearby regions to start the protests and gather people, urging them to destroy Ravana (Dikus and Europeans). They attacked the police stations, churches which represent British symbols.

In 1900, he died because of cholera and the movement faded out. All his supporters after his death raised white flag as a symbol of Birsa Raj.

This movement has an impact on British government at least for 2 years. The supporters of Birsa Munda forced the colonial government to introduce laws so that land cannot be easily taken from them by British officials. It showed that the tribal people had the capacity to protest against injustice and express anger against colonial rule. They did this in their own way, inventing their own ideas, rituals and symbols for struggles.

Smarth, 11th Medical

UNCONDITIONAL LOVE

- My parents are the best parents in the world.
- They are the most important part of my life.
- My parents are my role models
- My parents are my super heros.
- They help me at every step of my life.
- They love me unconditionally.
- My parents nurture me, teach me to become a good person.
- Their combined qualities are extremely rare
- They are the source of my inspiration.
- I love my parents so much.
- My parents clogged my life with happiness.
- I appreciate everything that they do for me.



Hinaya, 1st A

HEALTHY FOOD VS JUNK FOOD

1. Eating fruits and vegetables makes us strong and healthy.
2. Junk food like chips and candy can taste good, but they don't help us to grow.
3. Healthy food gives us energy to play and learn.
4. Too much junk food can damage internal organ.
5. Drinking water is better than sugary drinks like soda.
6. Whole grains like bread and rice are good for our brain and body.
7. Eating burgers and fries can be a treat, but cannot be everyday's meal.
8. Ice cream and cookies are okay sometimes, but not healthy everytime.
9. Protein foods like beans, eggs, and nuts help us to build strong muscles.
10. Remember, it's okay to enjoy junk food sometimes, but we should eat healthy food most of the time as healthy food makes us fit and also helps during hard times, by providing energy and strength.

Prachi Khatri, 1st C

EVS

Healthy Food

Fruits
Vegetables
Milk
Bread
Juice
Fish
Cornflakes
Eggs
Dry fruits
Honey
Curd
Cheese

Junk Food

Chocolates
Noodles
Pizza
Burger
Street food
Chips
Toffees
French Fries
Cookies
Coke
Doughnut
Cake

Navya, 1st A



HEALTHY LIFESTYLE

Some very wise people said, "Health is Wealth". In order to live a healthy life, one must start by eating healthy. It is essential to keep one's mind at peace and exercise regularly to maintain good health. Make sure to eat nutritional meals a day that include all the food groups (carbohydrates, proteins, fats, vitamins and minerals). Additionally ensure to get enough sleep ideally 8 hours per night. Mental health is just as important as physical health.

For a healthy lifestyle, aim to drink atleast 7 to 8 glasses of water a day. You should go for morning walk on grass and avoid harmful habits like smoking, lacking drinking, drugs, gambling etc. Eating healthy can help prevent major diseases such as cancer and heart diseases. Health is a state of complete physical, mental and social well-being. Be healthy, be happy.

Do good, have good...

Sanvi Berwal, ,6th-C



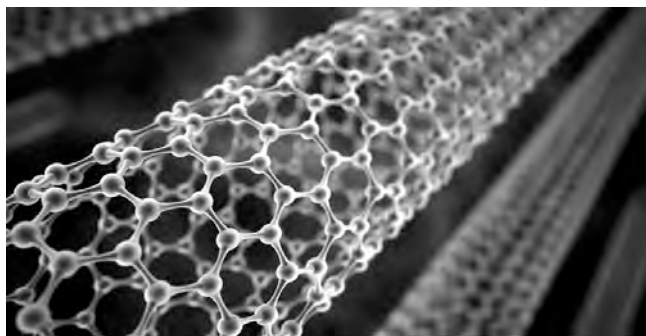
ENRICH GENERAL KNOWLEDGE

1. Bhikaji Cama is the father of GK.
2. Aluminum foil can be used to increase the speed of your Wi-fi connection.
3. Like fingerprints, everyone's tongue's print is different.
4. The 'Typewriter' is the only word (longest) than can be made using only the letters on the top row of the keywords.
5. The popular game of Snakes and Ladders originated in India.
6. The most common name in the world is Mohammad.
7. Wearing headphones for just an hour will increase the bacteria in the ear 700 times.
8. You cannot kill yourself by holding your breath.
9. India never invaded any country in her last 1,00,000 years of history.
10. India has the largest number of post offices in the world.

Riya, 9th-B

AMAZING FACTS OF SCIENCE

1. Analgesia is a rare disease in which a person does not feel any kind of physical pain.
2. The weight of a human eye is approximately 7.5 grams.
3. The largest part of human brain contains cerebrum.
4. The fish named Garmai also swims in water, walks on land and flies in the air.
5. The most educated bird in the world is a parrot named 'puck' whose dictionary has 1728 words. It has been accepted / recorded Guinness Book of world record since 1995.
6. Venus is the hottest planet in our solar system whose surface temperature is more than 450°C.
7. A dog's sense of smell is 1000 times better than that of humans.
8. Graphene is the most powerful material in the world. It is 1 million times thinner than a human hair but 220 times stronger than steel.



9. Giraffes cannot drink water unless they stretch their legs.
10. One drop of blood contains 10,000 white blood cells and 2,50,000 lakh platelets.

Anjali, 8th-E

SCIENCE FACTS

1. Japanese Scientists successfully created The MRI machine that can record your dreams and reconstruct them for you to watch while you're awoken.
2. The male brain is 10% bigger than the female but the female brain works more efficiently.
3. The science of healing is known as Therapeutics.
4. The colour which are seen when we close our eyes is Eigengrau which is different from Black.
5. Our fingers get wrinkly in water because wrinkled fingers would give us stronger grip on slippery objects underwater.
6. An egg contains every vitamin except Vitamin C.
7. A man's single sperm contains 37.5 MB of DNA information. One Ejaculation represents data transfer of 15,875 GB.
8. The little strings inside bananas are called Pholem Bundles. They distribute nutrients throughout the fruit.
9. Dermatographia is the condition when people scratch their skin, it becomes a whole blown-up drawing.
10. The small space between the nose and the upper lips in known as Philtrum.

Kriti, 8th E



NEED TO HEED

- Energy is neither creation nor destruction of matter.
- Energy can transform itself.
- Most people do not feel it necessary or essential to save energy for the future.
- Without conserving energy there is no way to survive in the future.
- Conservation of energy is a law of nature and takes a lot of time.
- A change in their habit can bring about a difference in the world.
- Conservation of energy is related to awareness.
- Please do not be a fool, save the fuel
- Be wise while using and stop misusing.
- It would be best if you choose not to maltreat.
- Save energy please be wise, Misuse of energy can make you compromise.
- Think to preserve energy to conserve life on earth.
- Electricity is the greatest wonder of science.
- Electricity is a kind of energy that is generated using natural resources.
- The more electricity we use, the more natural resources are consumed.
- Using electricity efficiently becomes very important for the survival of future generation.
- Please be kind but don't forget to turn off the light.

Namish, Vth B

MITALI MADHUMITA

My role model is Mitali Madhumita. She is the first woman officer who won the Gallantry Award for her bravery and distinguished services at military. She also won the Sena Medal in 2011. As we know that the life is not easy and also we have to fight with rights to gain something. So she also fought to stay in army. Madhumita requested the army for the permanent commission but Ministry of Defence refused to accept her request. When the tribunal found her request, they said to the Ministry of Defence to reinstate her.

As I have mentioned earlier that she won the Sena Medal for exemplary courage shown during the attack on the Indian Embassy by terrorists of Kabul, Afghanistan on 26 February 2010, when she was a Major and was posted in Jammu and Kashmir and the North East states of India.



‘A Soldier doesn't fight because he hates what's in front of him. He fights because he loves what's behind him.’

The values that I have learned from her are countless, not only me; everyone needs to be motivated from her as she says, “What do you want out of your life is, your individual aspirations. There are challenges in all areas. No, it doesn't come with its own difficulties and challenges, especially for women.”

Hence, in my opinion, you have to be motivated enough and willing to take on challenges, come with strong willpower. If you once join army, you have to preserve it. Army is the only organization where they teach you values and ethics. Now, she is appointed as the Principal of Sainik School.

I am very grateful to describe about Gallantry Award winner and paying heartfelt tribute to her.

Thank you!

Arshita, 8th-A

IMPORTANCE OF ENGLISH

English is regarded as an International language. The reason is quite clear that Britisher had conquered almost the whole world and they left their impression on all the countries. This may be the reason for English, to become popular in the world. It is commonly spoken by most of the educated people across the globe.

It become really crucial in today's time to communicate with different countries because of trade and commerce and I think a sophisticated language like English really justifies the need, it must

be spread as much as possible because only through a common language people can come together and world can progress. English is really important as, it is spoken by many countries. Through English students get to learn the cultures of different nations and also get opportunity to go abroad and receive better education.

Special features to display its importance are:

- It is the window of the world.
- It provides job opportunity.
- It improves the imagination and vocabulary.
- It helps to communicate every hook and corner.
- It helps people to exist in educated people's society too.

Urvashi, 9th-D



HIV AIDS AWARENESS SEMINAR

Our School Management has organised a seminar on HIV AIDS awareness on 27th December, 2023. It was carried out with the informative lecture by Dr. Vinay Gupta who is currently posted in the District Hospital, Kaithal.

He enlightened the minds with the etiology and epidemiology of HIV. He stressed out on its causes, precautions and prophylactics. As the number of cases of HIV AIDS are increasing day by day, it is mandatory to be aware of its spread. He guided everybody present there to have diagnosis of HIV in every 6 months by free testing in Civil Hospital.

Its causes are sexual contact without contraceptive methods, used needles, close contact, tears, etc. Precautions should be taken as precaution is better than cure.

Hence, the seminar was concluded by spreading the awareness about HIV among students, teachers and other staff members of the school who were present there. At the end of the seminar, Abha Mam expressed a word of gratitude for Dr. Vinay Gupta and gave message to students to be aware and to spread awareness among their own group and society to get a healthy India for a better tomorrow.

Mahak, 12th Medical



RIGID CONSEQUENCES

A bird who feared to fly didn't want to go beyond the nest, it's not that he didn't know to fly but the wounds that were already healed, remained as a bad memory with him. Then a strong storm aroused across the nest he was living in, staying in the same place was like committing suicide for him. He fled across the mountains and saw the ray of hope, and with that hope he never stopped because now the clouds of fear were replaced by his desire to touch the new skies, and he also understood life never ends with a small nest if you have faith within you the entire sky is your home, only efforts are what you need to make yourself tough and sturdy.

Harshita, 11th, Non-Medical

“HAPPY HUNTING GROUND” (A PART OF EXPOSITION)

Skating Rink was allotted to Social Science Club by the school management for centre of attraction.

- Shivani and Charu of XI Humanities presented painting of “Mother Mary” with “Jesus” and Coral reef, primary wing prepared “Ram Mandir” project and models were also displayed by 6 to XII classes.
- Special attraction was “G-20 Bharat Mandapam” presented by Purvi Sharma, Arshpreet, Harsh, Harman and Ekta of X class.
- “9/11 Attack on USA by Osama Bin Laden” model was presented Vanshika, Sukhman, Vinay, Babita, Shruti and Shivan of XII Humanities. This project gave in vision of destruction of World Trade Centre and Pantagon (famous building of USA) was base on NATO (group of USA and Europe Countries) was prepared by Uday and Karandeep of XII Humanities.
- “Ashoka Emblem” was made by Shalika, Harman, Babita, Rock Bharat and Himanshu Chaudhary of XII Humanities.
- “Rain Water Harvesting and Drip Irrigation” (working models) presented by VIII class students Anurag and Aayush. “Water Pollution” was exhibited by Diya of class X.
- “Solar System” was exposed by X-B and X-D under the guidance of Mrs. Jyoti, Mrs. Manjula Gupta and Mrs. Rekha.
- “Culture of Haryana and Rajasthan” flashed by XI Humanities girls Renu, Ramanna and Khushpreet.
- Paper made coloured “Mona Lisa” was designed and organised by Shalini of XI Humanities.
- “Sanchi Stupa” framed by Kirti and Manvi of XI Humanities.

Chesta, 11th Medical

HARD WORK: A KEY TO SUCCESS

HARDIK PANDYA

As per the man himself, he comes from a well-off family, as his father, Himanshu Pandya used to run a small car finance business. Being a cricket fanatic himself, he identified the hidden international cricketer inside his two sons and encouraged the duo to pursue their sporting career seriously. Himanshu shut down his business and moved to Uadodara to support the training of his sons.

Everything was going well until the family suffered a financial crisis. To support his family in Uadodara Pandya's father took up odd jobs. The family was already struggling when Hardik's father suffered two heart attacks in a single night. Six months later, he had another heart attack, causing great fear for his family. Fortunately, he received timely medical attention that saved his life.

After these incidents, Hardik and his brother Krunal's lives changed completely. Their family faced a severe financial crisis. For a period of three years, the brothers struggled to even save Rs. 5-10, often spending days on the field, playing in different tournaments to earn bread for their family.

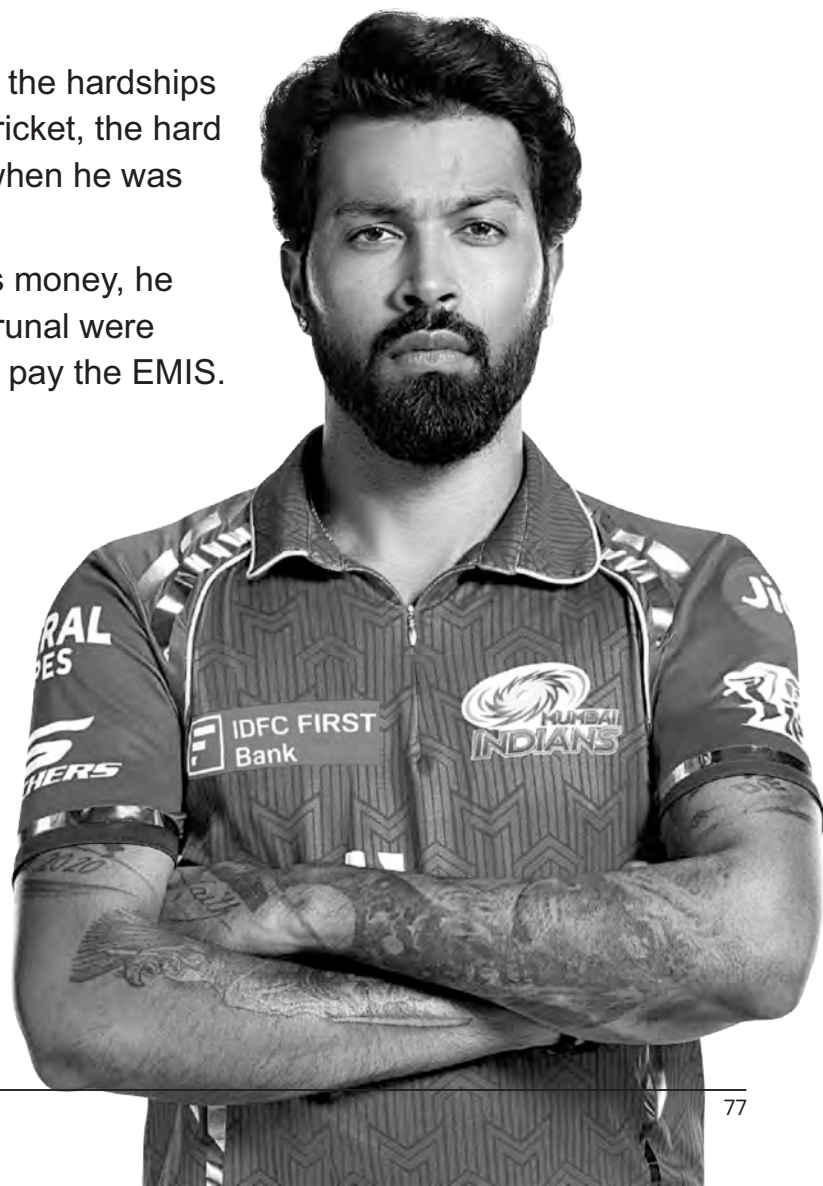
The Bounce Back: Having fought against all the hardships and making a name for himself in domestic cricket, the hard hours that Pandya had put in finally paid off when he was selected by Mumbai Indian in 2015.

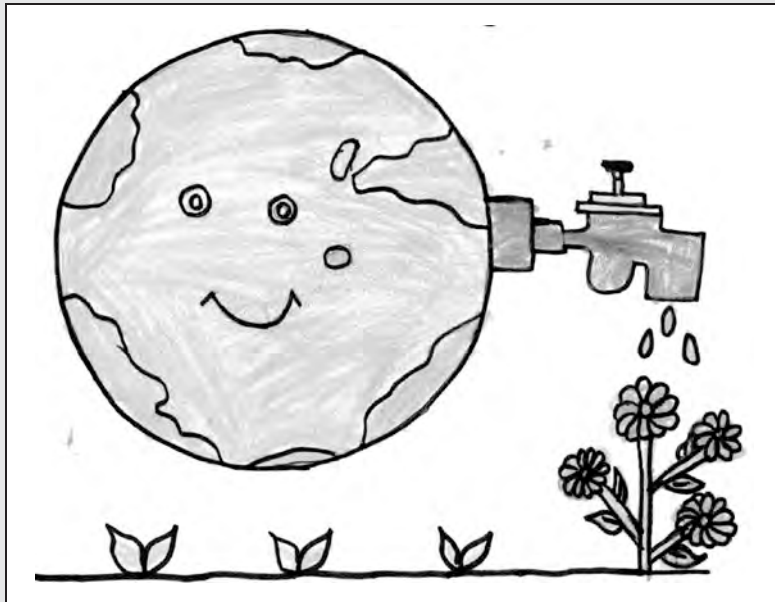
The cricketer had once revealed that with this money, he had freed his car, which he and his brother Krunal were hiding from the bank as they were not able to pay the EMIS.

Hardik Pandya's Net worth: The Gujarat Titans skipper, who lead the franchise to victory in last year's IPL, is currently estimated to hold a net worth of Rs. 91 crore. The Baroda cricketer makes 20 lakh per ODI match Rs. 30 lakh per test match and Rs. 15 lakh per every T20 match he plays in.

In this way accept challenges and look to those who have survived after struggle, the day will not be so far when you will be rewarded with success.

Mohit, 12th Non-Medical





WATER

1. There is no life without water.
2. We should save water.
3. Don't waste water.
4. All plants and animals need water to survive.
5. Water is life.

BET YOU DIDN'T KNOW

- A crocodile cannot stick its tongue out.
- It is physically impossible for pigs to look up into the sky.
- If you sneeze too hard, you could fracture a rib.
- Wearing headphones for just an hour could increase the bacteria your ear by 700 times.
- Some lipstick contains fish scales.
- Cat urine glows under a black light.
- Like fingerprints, everyone's tongue prints is different.
- The average person's left hand does 56% of the typing.
- Almonds are a member of peach family.
- A cat has 32 muscles in each ear.
- Most people fall asleep in seven minutes.
- Hot water turn into ice faster than cold water.
- When the moon is directly overhead, you will weigh slightly less.
- Women blink nearly twice as much as men.
- Honey is the only food that never spoil.
- All polar bear are left handed.



Paavani, 1st A

SCIENCE AND OUR TODAY'S MODERN WORLD

Science is the systematic knowledge of natural or physical phenomena. This is true that science has made human life easier. But science has both useful as well as harmful consequences for mankind.

Science is a tremendous source of power, packed with enormous energy which may be beneficial as well as detrimental humanity. We have automobiles , faster jets and much more modern devices. We can see the world from our home with the help of modern gadgets and the internet. We can exchange the knowledge around the global and explore joy with the help of modern scientific and technological marvels.

Television, cable TV, video, audio CD's and a variety of other digital devices have changed our lifestyle. The invention of satellites communication and information technology has made it possible to fax, e-mail, news, views and business documents across the world with a snap of a finger. It seems as the whole universe is a small village.

Science has greatly assisted man in his battle against diseases. Diseases so far considered to be incurable have been overpowered and cured. The deadly disease like TB, small pox, cancer and other physical ailments have been eradicated. Continue with our days of painful and time consuming surgeries, lasers have made the surgeries so slash and time consuming that without even making a cut.

On the other side, the picture is horrible when we analyse the sufferings caused by the misuse of scientific discoveries, science has produced deadly bombs and poisonous gases and is responsible for the deaths of millions of innocent people. The attack on World Trade Centre in New York during the airline season exemplifies of this destruction.

To sum up, we can say that science is a boon as well as bane to humanity. It must be used in a way which must provide human happiness, prosperity and take us away from the depth of despair, death and destruction.

Suryavanshi Balley, 8th-E

AI ROBOT



Types of Intelligence

- Naturalistic Intelligence
- Musical Intelligence
- Logical Mathematical Intelligence
- Existential Intelligence
- Interpersonal Intelligence
- Bodily-Kinesthetic Intelligence
- Linguistic Intelligence
- Intrapersonal Intelligence
- Spatial Intelligence

Ridhima, 6th C

Be Contented With

- Giving: Do things for others.
- Relating: Connect with other people.
- Exercising: Take care of your body.
- Appreciating: Notice the world around.
- Trying out: Keep learning new things.
- Direction: Have goals to look forward.
- Resilience: Find ways to bounce back.
- Emotion: Take a positive approach.
- Acceptance: Be comfortable with whom you are.
- Meaning: Be part of something bigger.

Aradhya, 6th-B

- Smile often.
- Connect with the nature.
- Do something you love.
- Listen to music.
- Go for a walk.
- Make someone happy.
- Love yourself.
- Accept others in your life.
- Enjoy each moment of your life.

Daksh, 1st-A

- Be positive, think positive.
- Be grateful towards Almighty each day.
- Take time to relax.
- Build memories and share with others.
- Practice positive envy and comparison.
- Enjoy the smaller things, that seems insignificant.
- Follow your dreams and set your goals. Touch the heights.
- Take the leadership of your life.
- Get connected with others.
- Help others and update yourself.
- Meditate everyday to get peace of mind.

Hardik, 3rd-A



BRIDGE THE GENERATION GAP

If you are young (or recently was) have you ever felt that your parents don't get you, that they have no respect for you as an individual? Generation gap is the modern term for the difference between generations. Clashes between the opinions, attitudes and behaviours of the younger and older generation. Conflict between parents and teenager is normal in today's generation!

It can result in lack of understanding between older and younger people that results from different experiences of life. We can see the generation gap, usually between parents and kids. Parents typically want to follow the traditions and norms and expect the same thing from their kids. But in the modern age, kids with broad thinking refuse to accept such traditions and customs. They want

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kids with broad thinking refuse to accept such traditions and customs. They want to live their life according to their ways. A generation gap does not mean an age difference. It means the overall difference in their views and opinions, way of talking, style of living etc.

1. To reduce the generation gap, communication should be initial step.
2. You should share your problems with your parents who can help you with solutions. Initially, they might scold you, but at last, they will support you and suggest some solution for your welfare.
3. Parents feel delighted when they see their kids behaving like grown-ups. It's better for

DO YOU KNOW?

1. Elephants can smell water up to 3 miles away.
2. Cows have 4 stomachs.
3. 200 flowers of roses are needed to produce one gram of rose oil.
4. Kumbh Mela gathering is visible from space.
5. The first rocket in India was transported on a cycle in ISRO.
6. Human saliva contains a painkiller called opiorphin that is 6 times more powerful than morphine.
7. Rain contains Vitamin B12.
8. A new born Kangaroo is so small and can fit in a teaspoon.
9. Disney world is larger than 17 countries.
10. Rat doesn't drink water.

MY DADDY

Daddy is so nice,
He takes care of me day and
night.
He fulfills my needs,
and helps me to proceed
I too care for him.
I want to do my best
To let his efforts success
I will never let him down
or put him into stress
Because I love my daddy,
who is the best.
I can say gladly.

Oorvi Goel, 1st A



SELF DETECTION

I miss myself as a younger self who was excited to be an adult, whose thoughts were cured, while ready to face the world but little bit knew that she lost her interest as soon as she grew.

To stay at her home, closing all the doors. She thought about fans and then she adores but left alone.

She was Bubbly, she was a sweet girl. Now what fear?

Why her eyes filled with tears?

She is finding herself recalling when she lost the path which used to seem easy had some frost.

She is caught in the trap

She doesn't know the map.

Her parents want to make her eyes shine

She wants to become divine.

But I miss myself, I miss my adolescence

I was adored by everyone's opinions.

I was perfect but not now?

My head is filled with the past memories where,

She used to smile with no worries,

She is trying to heal her inner child.

Her little self is lost, so she is mislaid.

Bhumika, 11th Medical

SCHOOL DAYS ARE THE BEST

When we get stuck into our busy life

Then we dream, can we go to our school life

Our classrooms is surrounded with sparkles

In school we do many things

Shimmering, shrinking and brightening

The mixture of love that all blends

We shout with screams many times

For this we get punishment sometimes

When teachers taught

Unseen our lunch we ate

By sitting in classrooms months after months

We will have to do much

From head to heel we went well dressed

From school to home we came messed

Now I am in school, I feel blessed

Really during school days, we splashed.

Himanshi, 11th Arts

THE INDIAN HERITAGE

The Indian culture in rainbow colours

With different mother tongue and full of valours

The carnival which highlight there togetherness and liberty

Where every one is free to like and dislike

The pretty folklore of dressing a sari

The attic dance that taught me the utility of it

The Hindustani melody taught me the change of the hope

Rise up your voice with each Indian and say

Vatan Humara Heere Jaisa,

Ronak Iski Damka Denge

Arpita, 9th C



Wreath Making, Rangoli & Pot Decoration



Principal Sr. Jaya - The Heart of Our School



Jubilant Eyeblinks with Manager & Vice-Principal



Kindergarten Master Thinker



THE NEED OF THE HOUR

Time is precious the only thing that doesn't come back if once it passed.....

Once upon a time, there was a very happy and enjoying family with four members. Brother, Sister, mother and father. The father was an employee in bank and mother was a simple house wife. The boy was of 12 years old studying in VIII grade and was not much intelligent. The girl was 15 years studying in X grade with very good marks because she was so, smart and intelligent. That's why she had decided to move further in Medical career, but the economical condition of the family wasn't good. They were not able to send her in good coaching centre for studying but she didn't give up and started working hard for getting a good scholar ship. She didn't get much time and a friendly environment for studies, because she had to think about her brother also because no one was there for teaching him. Even then she took out time for her proper studies,..... This was how she had managed her time. As we know that time is very precious, she worked hard and became a doctor as it was her dream that she had made true by managing her time and working hard. This was how she had improved her family's economical conditions also. This was the happy ending of this cute family.

So, from this story we get a message that time is very necessary and it is the only thing that can change your future Don't depend upon the present or lean in the past, just understand the need of the hour (Time) and work hard for achieving your goal.

Naisha, 9th B

HARMFUL EFFECTS OF NON BIODEGRADABLE WASTE

Non biodegradable waste is harmful for human beings, animals, birds and environment. Non biodegradable waste can not decompose easily. It takes thousands of years to decompose. We also cant burn it as it produces harmful gases which cause serious diseases and infections. It may even cause death. Animals, sometimes eat plastic bags that choke their wind pipe which cause death. Non biodegradable waste is so harmful for human being as in mostly hotels and restaurants, food is served in plastic bags. When we go to juice shop, we drink juice with plastic straws. Non biodegradable waste is used in all areas, even every corners of the world. So we should not use non biodegradable waste, instead of that we should use wood, jute bags, paper etc. If we do not stop using non biodegradable waste, it spread everywhere and cause diseases and infections. So stop using non biodegradable waste. Save your life and your mother earth.

Devanshi Vats, 7th-D



SUDHA MURTHY

Sudha Murthy is an Indian educator, author, philanthropist and entrepreneur, and also the Chairman of the Infosys Foundation. She is greatly revered for being a prolific writer, facilitating education for children and being one of the brain behind Infosys, one of India's leading IT company. Soberly dressed in traditional Indian attire, Sudha Murthy's philanthropic work has garnered global recognition. She began her professional career in computer science and engineering. She is also a member of the public healthcare initiatives of the Gates Foundation. From becoming the first female engineer in India to heading a company like Infosys her seriousness towards making a change in the society and her educational journey has played a significant role in her life. She had received numerous awards for her academic excellence like Padmashri in 2006, Best Teacher Award in 1995, Ojaswini Award for excellent social work, Millennium Mahila Shiromani Award, R,K, Narayan's Award of Literature, Hemmeya-Kamadiga Award for television, etc. She also took India's 3rd highest civilian award Padma Bhushan in 2023. With her masters in electrical engineering from the Indian Institute of Science, Bangalore, she started Infosys Foundation in 1996. She has built 2300 houses in flood affected areas through the foundation. She also covers public hygiene, healthcare, education, art and culture and poverty alleviation. She built 7000 libraries in schools and 16,000 toilets. Sudha Murthy was so much interested in writing books. Some of Sudha Murthy's widely acclaimed books include 'The Mother I Never Knew', 'There Thousands Stitches', 'The Man From the Egg' and 'Magic of the Lost Temple'. In 2018 she received the Lifetime Achievement Award and in 2019 she was conferred with the Padma Shri. She also wrote books in Kannada like Dollar Rose, Yashasvi, Runa, Tulma, Parindhi, Astitva, Mahashweta, Athirikthe, Hakkiya Teradalli, etc. Her contribution towards India as an excellent human being, an employment provider, a simple living being as incredible.

Muskan, 9th-D

Search a solution
to stop Pollution

Make our environment
Healthy and clean

Plant more & more trees
to make earth clean

Let's make our earth the best
Pollution has made it worst

Forest are destroyed
wild lives are demolished

Set up the leafy curled

To maintain a pollution free world

Plant More

Navya, 1st A

OLD GOLDEN DAYS

I still remember the golden days,
spent here in many ways.
Entered the school in LKG LILY
and now we are in +2 progressively.
I still remember the musical chair near the tree
and the count together of one, two, three.
Our enjoyment in school's garden collectively
and our first picnic to children's park in 10 rupees.
I still remember the vaccination in the school in winters
which was very painful and saviour.
Our birthday toffees distribution with our friends
which was considered as very grand.
The gift of calendars and posters on our birthday
which we used to see everyday.
Suddenly we were in secondary classes
where we had the great war of launches.
There was the time of online classes
Where we created much more memories.
Then we came to school with a mask
and we passed out 9th class.
And then it was the time for board classes,
which we spent almost in time pass.
And then the finals were near,
we studied together in a fear.
We sent maths solutions to each other late night
then said each other everything will be alright.
Then we got our DMC's in hands
and got divided in Commerce, Science & Maths.
Finally, we are in Senior Secondary
This is now the time passed rapidly.
In some months we will face our final boards
and we will not be classmates anymore.
I still remember the golden days
spent here in many ways.

Sonali, 12th Commerce



ANNOYS MUCH

- When anyone disturbs me while sleeping soundly.
- When power supply, during summer stops and irritates a lot.
- When my feet get hit by any object, table corner, Chair.
- While riding on bicycle, the chain gets off.
- While playing online games, the Internet goes off.
- When I get late sometimes, my mom does not go to sleep.
- When I didn't wish to have a bath and get pushed repeatedly by mom.
- When my heart says to have a bunk but I get caught when my absent is sent.

Sachin, XI-Medical



COURTESY

Always respect your elders,
No matter what they say.
Offer the seat to an elder,
On which you are sitting,
This is one of the ways of respecting.
Listen to elders when they are saying,
Instead of looking here and there and
playing and ignoring
Look into their eyes while speaking,
To show that you are concentrating,
This is one of the way of respecting.
Do whatever the adults say,
Never deny their request,
Even though you are on quest,
This is one of the way of respecting.
Don't forget the hard step they have
taken,
In order to make you a champion,
Always stay grounded to them,
And never raise your voice against
them.
This is one of the way of respecting.
These are few small ways,
In which you can respect your elders
always,
These steps keep them happy,
And sometimes they can even give
you glory.

DREADFUL DREAM

Darkness falls upon the land
The night, silent and so dark
Creatures make noise from their habitats
Went on my bed was time to sleep.
In a flash, I get lost
Monsters of the night are on the run
Terrorising my heart and soul
I made scream and sound louder
The soul is willing to fight,
But the Flash is paralysed
Ghost appear on the wall
Stretching their arms to me
Sweat on my skin start to flow
The whole room becomes scary
And my rapid eye movement
The darkest hour is at hand
Creeping the monster in search of prey
And they find only me
I could not even pray
I suddenly wake up
Sweating and screaming
It's already early morning
And I was dreaming.

Komal, 11th Medical

CAPTAIN MANOJ KUMAR

In the realms of Valour, a hero arose,
Captain Manoj Kumar, the legend still glows.
With honesty untamed and courage so pure,
He was a legend that would be remembered for sure.

A leader or novel, a warrior so strong,
He inspired everyone, by urging them along.
His bravery unmatched his determination unbreakable,
A captain gallant revered, his name unforgettable.

Stood still as a hero ignited heriosm,
With his affirm courage won many fights.
In the face of danger he stood tall and bold,
His action spoke louder than the stories once told.

Though he may have gone, but his spirit still lives on,
In the heart of the nation, this legend has shown.
Captain Manoj Kumar's bravery sang so grand,
His name is still remembered on this great land.

Harnoor Singh, 10th A



YOUR JOURNEY HAS NO END

Dream big, reach high
In your heart, let dreams fly
With each step you will grow
Unleashing radiant glow
Keep shining bright
Through darkness, Ignite
Believe in yourself, my friend
Your journey has no end.

Vanshika, 9th E

STRONG FAITH

Anything, something whatever thing.
You want to do.....
Have a strong faith on you that.
You can do.....
No one can stop you for sure.
You can do.....
Whenever you surrender yourself.
Be better with that thought,
Select one goal, determined towards it,

If someone, something makes you
away from your path,
Forget it, never ever remember it.
Work dedicately towards your goal,
Never ever lose your faith.
You can do it,
You can do

Tanishq, 11th Medical





AS WE SOW, SO SHALL WE REAP

Nowadays, many of the parents have one or two children. They try hard to suffice the needs of their modern children. Today's child wants to be known as the child of rich parents, not of the hard working, sincere or honest parents. Parents provide gadgets, but they don't spare sufficient time and ample room to their children to talk, laugh and discuss their problems and experiences. This creates a communication gap between parents and children. At home, the child finds way to spend time such as computer games, net surfing and social media. If he/she remains under the surveillance of any guardian, this may lead him/her to explore wonderful, but if not, it will lead him/her remain alone. Luckily, if a child achieves a successful goal, he moves away from parents and toys. Away from home does not feel important to come back and we with his/her parents. Parents are all alone in spite of their wish to be with the child. This bond of love being strengthened and closeness must have compelled your ward to remain bound with you and visit home now and then. So its rightly said, "As we sow, so shall we reap."

Society again needs to strengthen family bonds. Love is a great medicine. What to do with money, if love has been banished from the bones of child-parent, brother-sisters.

Dear parents! give ample time to your children. Know them first and nurture them with Sanskars.

Honisha, 2nd-C

BE PRODUCTIVE

There are many obstacles in our life that come around over and over with time. As the time is changing, I'm noticing that there are several bad habits that has taken birth in my life that seems unnoticeable. These areas of my life create problems with major consequences. There are many areas of my life that I would like to improve but as all say, "Start from small, so one day you can achieve big", so I wish to change my bad habits and improve myself. I want to stop drinking tea more, I want to reduce my screen time and playing games. These are the major obstacles in my life that I want to improve. It seems funny but I drink tea more than water and my screen time is affecting my eyes. But it doesn't mean I don't do any productive work on my gadgets. I use them for graphic design and other editing work. I do it for my clients in order to make them happy. Gaming is the part that started from the childhood. It is the waste of time and energy either I can spend this much time in my studies or something productive and I can manage myself to achieve these things by increasing time and learning about it from the experience. So I would like to request you that many things come across our life, but it's our decision and hard work that lead to the road of success. So try to change yourself because by making changes in yourself will lead to change the world.

Bringing changes in law of life and those who look only to the past or present are certainly going to miss the future and success. Being workaholic takes straight the road to success.

It is rightly said by Jon Gordon, "Every person and every team will be listed on their journey. It is part of the curriculum of life. It's just like riding a bicycle. In the beginning you are going to fall off and get knocked down but the important thing is to get back on, stay strong, and after a while once you master it you will ride with the confidence of a champion."

Rahul, 12th Non-Medical

OUR FUTURE SURVIVAL

As you all know water is the most important thing in our life. We can also say that it is a precious gift of nature. No one can live a life without water. We all need water to survive. 70% of earth is covered with water but only 2-3% of that is fresh water. Without water there will be no future. So we all should understand the importance of water and should try to save water.



So, let us learn some ways to save water:

1. Re-use of R.O. water.
2. Turn off the tap while brushing, shaving etc.
3. Instead of using showers, use bucket & mug.
4. Clean utensils by filling water in bucket or tub instead of running water.
5. Fix the leakage.

Harshika Beniwal, 6th C

THE WORLD OF AI

Alan Turing invented AI

Artificial Intelligence refers to the intelligence possessed by the machines under which they can execute various functions with human assistance. A.I. will enable to learn, solve problems, plan things, think and so on. Artificial Intelligence, for example, is the simulation of human intelligence by machine specifically computer systems. These processes include learning (the acquisition of information and the rules for using the information), reasoning (using rules to reach approximate conclusions) and self-corrections. As apposed to the natural intelligence in humans and animals. Artificial Intelligence performs functions such as learning, planning and problem-solving. Advances in computing and digital technologies have a direct impact on our personal, professional and social lives.

Ridhima, 6th C



LET'S KNOW

1. Water makes different sounds depending on its temperature.
2. It is impossible for most people to lick their own elbow.
3. Rabbits cannot be sick!
4. Australia is wider than the moon.
5. It is physically impossible for pigs to look up into the sky.
6. Mona Lisa has no eyebrows.
7. Dolphins sleep with their one eye open.
8. It is impossible to sneeze with your eyes open.
9. The pupil of your eye expands while you look at someone you love.
10. Closing your eyes help you remember things.
11. The word anagram has no anagram of its own.



Khushi, 9th-B

DON'T JUDGE A BOOK BY IT'S COVER

Often in life you must have heard, don't judge a book by its cover. The phrase itself explanatory and has a deep meaning behind it. It means that we must not underestimate anyone based on their looks. In fact, the deeds and character of the person matters the most.

There are many reasons why we must never judge a book by its cover. This first one is that you know nothing about someone just by their outward appearance. It should never be a factor to judge someone's character.

For instance, if you look at a good looking person, you can only see their skin colour physical traits, and may be fashion. But what about beyond that? You cannot solely make up your mind on their outward appearance.

What if the good looking person turns out to be horrible in nature? What if they lack any real talent or skill? Thus, you see how outward appearance can be misleading. They basically valueless things, so never judge someone on their face value.

On the other hand, someone who may not possess beautiful features, may have much more better value than others. In other words, the appearance of someone is not equivalent to their worth. Thus, we must judge the person on the basis of their personality and capability, and not merely by external appearance.

To conclude, it is not right to assess people on the basis of their external appearance. Some people possess a look like beautiful cover of a book and they feel that designer colour and text may mean it is better than a plain book. However, that does not happen, the inside of the book may not be what you expected. So never judge a book or person by its cover or face.

Mafi Jaglan, 12th Medical

GIFT OF GOD

To this ground journey, we call life
There is joy, pain and endless strife
Through up's and down's we must roam
Discovering our purpose, finding our home.
Sometimes the path is smooth and bright
With shining sun, everything feels right
We laugh, we dance we soar so high
Life's happiness that seems to multiply.

We learn to be brave and true
To stand bold when the infinite turns grey and blue
To cherish every breath with each passing day
And let happiness guide us along the way.
Life, a gift, a precious treasure
Let's live it happily without any measure
To live, my friend, is an enigmatic art
A wondrous Journey, from end to start.

Harnoor Singh, 10th A

LITTLE FLOWER

THE CENTRE FOR EXCELLENCE

School life is one of the most memorable time of everyone's life. It is that precious time, when a child enters the door of wisdom, makes new friends and learn new things. It helps us to face the challenges of life. Apart from learning, school life teaches us so many life changing experiences and life skills such as honesty, loyalty, obedience, punctuality, etc.

ABOUT MY SCHOOL LIFE:

I study at Little Flower Visitation Sr. Sec. Convent School. I joined this school from lower kindergarten (LKG), and I am glad that I could accomplish my 14th year at the same institution. This is the most beautiful journey of my life. I am so fascinated by all the teachers who contributed to my growth and educational journey. My school never fails to reflect my parent's trust and even I feel very happy to be a part of Little Flower Family. All the teachers, Principal and other administrative staff are so supportive, commendable, understanding and a pail full of knowledge.

I am so proud to be called a Little Florian and of course I will definitely miss this phase of my life. I am also so much nervous and enthusiastic about the new journey that will begin in college. I wish a bright future for my school, students and also I aspire to bring glory and gratification for my school by achieving fantabulous position in life. One should always remember that education is a privilege and everyone should be well enough to utilise this opportunity.

Message: Be very grateful towards teachers and the institution that provide wisdom, knowledge and advertence. Always remember that there is no substitute for hard work and education.

Shalika, 12th Humanities





LITTLE FLOWER: WE SOAR WITH PRIDE

I study at Little Flower Visitation Convent School. My school is the institution to which I love so much. As a child, I entered the school and it was my teachers who taught me so well. School is a place where I learned and studied new things everyday. Years after I grew up and completed my studies, I kept on learning, assimilating knowledge and developing a well rounded personality.

Memories have been a part and parcel of my life, much like everyone else. I still remember the good days that have gone by and the bad ones as well. It is a fact that school life is considered to be the best phase of life. A student only knows the importance of school life and considers it the golden period of life. And why should it not be?

It is the place where I started by learning the alphabet and can now solve equations using the same. The warm welcome I received when I first started my school is something I will never forget. I still remember the first day when I entered Little Flower School with all my love and kindness and my teachers taught me with a great deal of care, concern and patience. The teachers shaped and moulded me into what I am today. The things I have learned over the course of my school life will always stay with me. I would have missed out on so many things.

It has indeed been an unforgettable journey that will remain in my heart forever, it filled with lots of excitement and love. My teachers motivated me and punished me to achieve my best. Most importantly, I earned friends who will remain with me lifetime. They were the ones who made this journey memorable and easy. As well all know the first and last day of our school life are the most rememberable. I entered my school weeping, even while leaving the same tears in my eyes. This was surely countless and will remain to one of the best days of my life.

In our school we don't make easy. We make easy, happen through hardwork and learning.

Anjali, 12th Medical

A to Z Rules of Life.

- A - Always
- B - Be
- C - Cool
- D - Don't have
- E - Ego with
- F - Family and Friends
- G - Give up
- H - Hurting
- I - Individuals
- J - Just
- K - keep
- L - Loving
- M - Mankind
- N - Never
- O - Omit
- P - Prayers
- Q - Quietly
- R - Remember God
- S - Speak
- T - Truth
- U - Use
- V - Valid
- W - Words to
- X - Xpress
- Y - Your
- Z - Zeal

REVOLUTION IN SCIENCE

Science is the study and knowledge about the physical world and natural laws. Today, almost everyone is familiar with the word 'Science' because of its increasing influence on our daily lives. However, its impact is not limited to the present.

Science has spread its roots to such an extent that now even the simplest tasks are reliant on technology. This field of study has already secured its place in the future and we cannot even imagine our future without it. A prime example of this is AI (Artificial Intelligence) which enables machines to think and work like humans. Due to an increasingly hectic life in the future, AI will take over numerous human jobs and activities. Science will be used in every sector, from agriculture to large industries. Many significant global issues, like natural calamities, harmful diseases and other dangerous pursuits will be solved by science. A good knowledge of this subject will be compulsory, as it will be required in all aspects of our lives.

Science will be at the forefront in the future leading to tremendous advancements in this field. As we know, that science is the field of knowledge, so we should have a firm grasp of it in order to ensure a smooth future.



Rubalpreet Kaur, 12th Medical

SCOPE OF SCIENCE IN NATURE

Science is a body of knowledge obtained through methods based on observation. Observation is authentic and it is only through the senses of humans that observations can be made. Thus, anything outside the realm of man's senses is beyond the scope of science. In other words, science deals with the universe and galaxies in the form of matter and energy. Humans by birth have a quest for knowledge, as they are curious about understanding nature. They have a highly developed brain, which enables them to observe precisely, correlate observations and predict future events based on their observations. Science is a particular way of looking at nature:

- Science is a way of learning about what nature is, how it behaves and how it got to be the way it is.
- Science focuses exclusively on nature.
- It is not simply a collection of facts, but a path to understanding phenomenon.
- Everyday we look at the rising of the sun and pay great respect to it for bestowing the earth with its light and energy.
- Science encompasses everything in the universe from the tiniest subatomic particles in an atom to the vast expanse of the universe and galaxies.

Simran, XI-Medical

NAVIGATING THE DIGITAL AGE: SOCIAL MEDIA'S IMPACT ON YOUTH MENTAL HEALTH

Introduction:

In today's digital age, youth are growing up in a world dramatically different from that of past generations. Social media platforms like Instagram, Snapchat, Facebook and Tik-Tok have become ubiquitous, shaping the way young individuals interact, communicate, and perceive themselves and the world around them. While these platforms offer numerous benefits, they also raise concerns regarding their impact on the mental health of youth. This article delves into the complex relationship between social media and the mental well-being of young people, exploring both positive and negative effects.



kohana, 12th Non-Medical

The Positive Aspects:

1. **Social Connection:** Social media allows youth to stay connected with friends and family, bridging geographical gaps. It fosters a sense of belonging and helps to alleviate feelings of loneliness and isolation.
2. **Expression and Creativity:** Platforms such as Tik-Tok and Instagram provide outlets for creative expression. Young people can show off their talents, exchange art and music and engage in storytelling which boosts their self-esteem and sense of accomplishment.
3. **Information and Education:** Social media is a rich source of information and education. It can be an effective tool for learning, exploring diverse perspectives, and staying informed about current events.
4. **Support and Awareness:** Online mental health communities and organizations provide a platform for young individuals to seek support, share their experiences and reduce the stigma associated with mental health issues.

The Negative Aspects:

1. **Social Comparison:** A significant concern is the tendency for young people to engage in social comparison. Constant exposure to idealized images and lifestyles might elicit feelings to inadequacy, low self-esteem and even depression.
2. **Cyberbullying:** Social media sites may become breeding grounds for cyberbullying causing severe emotional anguish and harming mental health.
3. **Fear of Missing Out:** The fear of missing out on social events or experiences portrayed on social media can cause anxiety and stress, making pressure on youth to constantly stay connected at all times.
4. **Body Image Issues:** The prevalence of filtered and altered images may distort young people's perceptions of attractiveness and body images, contributing to body dissatisfaction and eating disorders.

JEWELS OF LIFE

Friends are the jewels of life,
Shining bright without a strike,
They are the ones who stand by you,
When the world turns and troubles,
 In the darkest hours, they bring the light,
 And make everything seem bright,
 When you feel lost in crowd,
 They lift you up and make you proud.
Their laughter in music goes to your ears,
Their smiles can banish all your fears,
They hold your hand and walk with you,
Through thick and thin and
Flow in doom and gloom are always true.
 So cherish your friends every day,
 And never let them slip away
 They are gems who make life sweet
 And keep your heart and soul replete.

Ishant, 11th A

KEEP STRIVING

Keep striving
You can be strong
You can be better
Future is still waiting
Raise your hope move ahead.
 I knew you are broken,
 But believe me,
 You can begin
 Your life again.
See the bright sun
It also burns itself
For shine and sprayed
A message of might.
 See the moon when it comes
 Out from dark clouds.
 Can't you keep moon as your ideal
 Maybe you will feel like real.
I know you want to disappear somewhere
Encounter the world filled with troubles
Curve yourself, maybe you will
Find yourself somewhere unexpected.
 I knew
 They laugh at you
 But you can
 Amaze them in future
If you want
You can be strong
You can be better.
You are never too old to start.

Kajal, 11th Comm.

CRADLE TO TEENS

The day I was so rememberable
For my mother to be cherishable
The day, I was born, was
The happiest day of my home.

The time frame crawl to walk
Was just beginning of life
The moral that was taught
By my parents and grandparents
Was virtue of my life.

The day of my childhood
That I want back in life
The time where there is joy in play
Happiness only in life.
Where there is no worry no tension
About the career in the life
No social media, but bond with life.

When we are a child we think
We are free birds
Freely to move here to there
But when we grow up
We start thinking we are the
Birds that live in fear.

The days of my childhood
That I never want to forget
Now I am in my teens
To achieve something I am so keen.

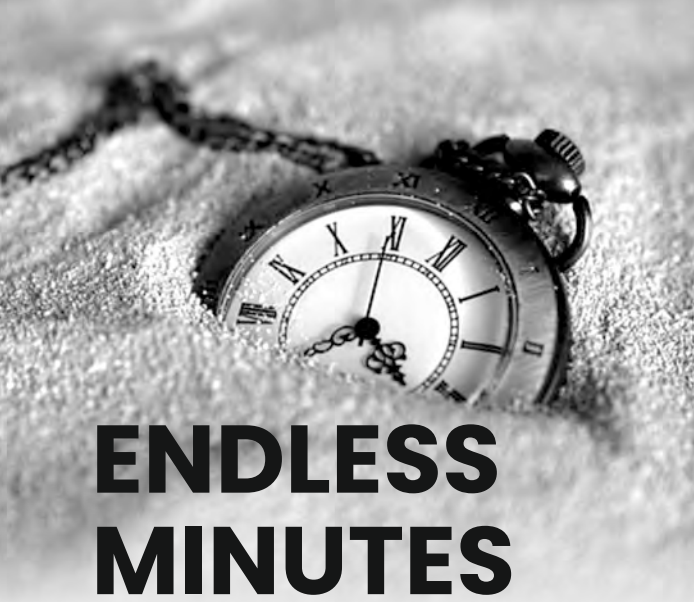


WHY DO I DOUBT MYSELF?

Why do I doubt myself?
Why I feel insecure,
Whether I would do well in board?
Why do not I believe in myself,
Which isolate me from success?
Why do I think whether,
I would make my parents proud or not?
Why am I so stressed?
Why my hands are over my head?
Even though I know I am a good student,
Still I don't keep trust in myself.
Why am I afraid of all subjects?
But remember,
It is not the time to take stress,
Because your parents are waiting for your success.
Endless success and vast provinces
To look forward you hang on to your hat,
Where to quit, to meet, to salute
Will offer and render you to elate.
Now I do not doubt myself,
And I believe in myself.

Harshita, 12th Medical

Pratham, 11th Arts



ENDLESS MINUTES

Precious, Precious, Precious
Something is more precious
Can you guess what?
It never stops
A sound of Tik-Tok, Tik-Tok
Like a flowing water
The once you pass
Will never come back.

Just like a never ending road
Can you guess what?
It never stops
A sound of Tik-Tok, Tik-Tok.

No one can hold
That is why it is more than gold
Always in hurry
To run away
But havoc is not a way
Utilize it in a way
That it can become okay
Last Tik-Tok Tik-Tok
It never stops
It's infinite, it has no limit
It's time
Eternal moments, endless minutes.

Arshpreet Kaur, 10th-E

AN EXPANSE OF PURE WHITE SERENITY

In the pure expanse of endless white
Where snow adorns the world with quiet might,
Tranquil realm, bathed in pristine light,
In this hushed beauty, our spirit take flight.
Each snowflake is a unique work of art,
Crafting a landscape that warms the heart,
In this canvas of snow, where was unite,
We find serenity in the tranquil night.
Natures embrace in soft silent descent,
A world transformed in stillness, we are contented
In the pure expanse of tranquil grace,
We discover peace in this wonderful place.

Ayush Gill, 11th Commerce

FROM RAGS TO RICHES

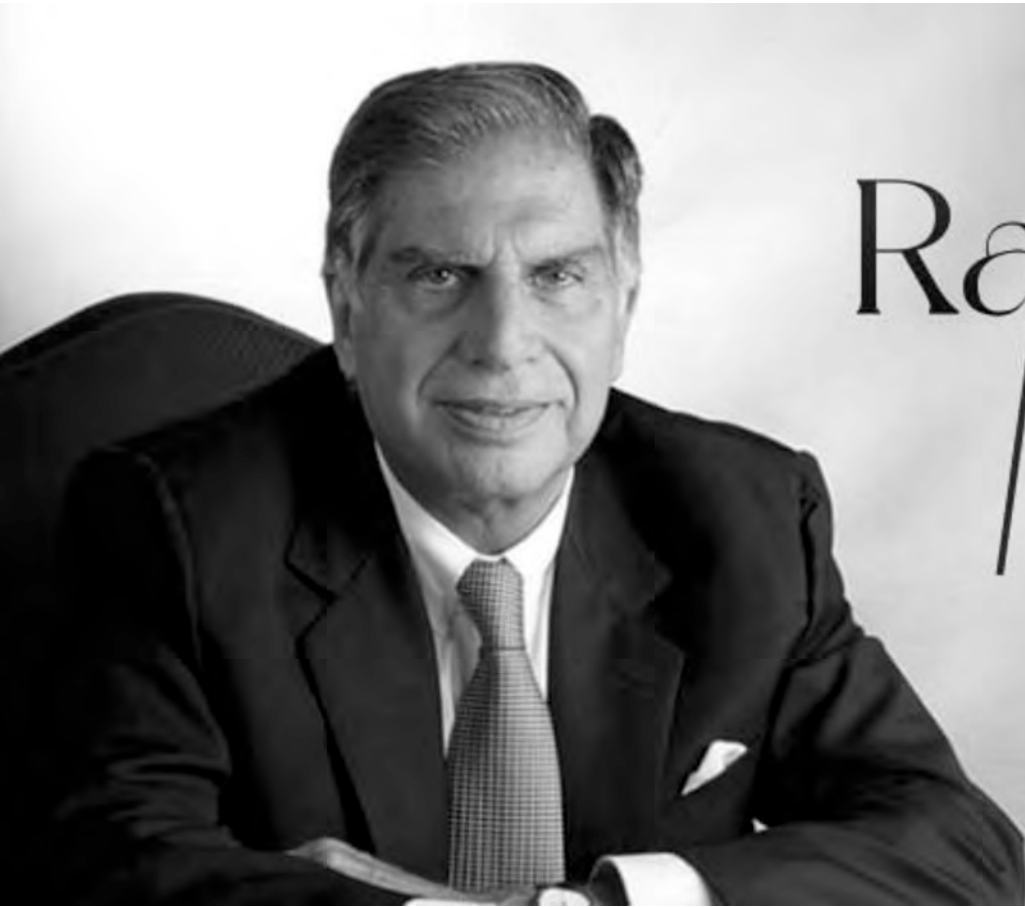
From rags to riches
When I see around at others
There pure Envy is what I see,
That they have beautiful things

I desire a new career
What I need to do,
But have no real experience
As compared to others.

My clothes have no style
So I wish to win the lottery
Then what else can I do?
With all that money.

After work I will buy one ticket
I can go right to the store
That my surprise, and I won a ground,
Rags to riches, not wanting more...

Muskan, 12th Commerce



Ratan Tata

*The Odyssey of an
Inspiring Leader*

Ratan Tata is an inspiring, intelligent and intellectual figure who has achieved great success as an entrepreneur. He has already taken the success 'Tata Group' to new heights and continues to actively work at the age of 83. His drive and determination to achieve more, despite his many accomplishments, sets him apart from others.

He earned his position as a chairperson of the company by working delightedly and learning everything about it for 10 years. He believed that everything should be earned and should not be inherited which defines his class and legacy.

Another factor that makes Tata special is his humility. Despite owning a billion dollar company, he remains extremely modest and manifest humility. One example of this was when Tata Motors released in India, India's first, made in India car, which did not perform well. Then Tata went to the owner of Ford Motors to sell it. The owner humiliated him and said that Indians could never manufacture cars. This incident made Tata to work even harder to make 'Tata Motor' the best automobile manufacturing company in India. Despite his success, he is also a philanthropist who donates heavily to various courses including education and healthcare. He has donated 60% of his wealth to help others, making significant positive impact on underprivileged people in his country. His role model quality includes his hard work, success, humility and selflessness. He is an excellent example of how we can bring positive change to the world by looking up to role models like him.

Madhu, 11th Medical

ILLUMINANT GUIDE

To have best friends,
Is a true gift forever,
To share things together,
To care and uplift.

In good times and bad,
The bond will endure,
Whether happy or sad,
The love will be pure.

True friendship does not give space for
distance

None is too vast,
True friendship span time,
Forever it will last.

Real companionship displays
Ray of hope, the path of righteousness.

A wolf in sheep's clothing
Never touch the flashlight.

Yuvraj Gill, 7th-C

VIRTUE OF TRUE FRIEND

- It simply states a true friend is the one who is available at the time of need.
- A true friend will never leave you aside and always be there at your side.
- Always makes effort to motivate you and elevate your mood.
- Advantages of a true friend is that you get to learn good habits and etiquettes.
- It's a blessing to have a true friend who is always be your side in need.
- A true friend tells the bitter truth about us definitely, that is our reality.

Renu Berwal, 11th Arts



THE JOURNEY OF LIFE

Life is to breathe in contentment,
Sharing joy with those who care.
A part of it is facing the hardships,
And not giving up in despair.
Life is not meant to be criticised,
It's something to reside.
Life is not an adversity,
It's something that we are blessed with.
Treating ourselves with love,
Embracing our own fears.
Life is accepting our flaws,

And battling the insecurities that we bear.
Life is as beautiful as you believe it to be,
Or as horrific as a nightmare.
It depends on us, what we focus on
And on the things we really care.
Life is a beautiful gift,
So treat it like fun.
Be grateful for blessings of everyday.
And you will be rewarded with the amazing ones.

Ritika, 11th Medical

FROM DESPAIR TO TRIUMPH

No one is born successful, they have worked hard to become successful. Change is constant in life. One should work hard to bring changes for good in his life.

We have many examples around us about the people who came from humble beginnings to achieve greatness in their lives. Then never give up and dealt courageous with every problem. Some of them are:

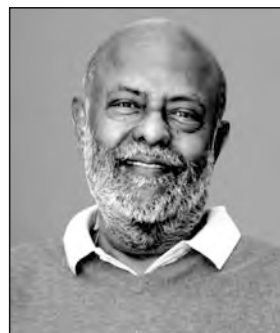
1. Reliance Industries Limited, one of India's biggest conglomerates was founded by Dhirubhai Ambani. He began his career as a part time trader before creating his vast empire in her petrochemical and energy industries. He was born in a small Gujarati village.
2. N.R. Narayana Murthy is a Co-founder of Infosys, one of the biggest IT business in India. He began his career as an engineer and worked as a system programmer.
3. HCL Technologies Limited, one of India's biggest software firm, was founded by Shiv Nadar. He started his career as a research engineer.
4. Prime Minister, Mr. Narendra Modi, he started his career at a tea stall by selling tea. After a lot of struggle he achieved highest position in India.
5. Azim Hashim Premji, Chairman of one of India's biggest IT firm Wipro. He started his career by taking care of his fathers vegetable oil company and lateral branched out into the IT industry.



These people serve as an example of how one can rise from modest beginning and achieve great success through perseverance hard work and astute business practices. Young business people and entrepreneurs in India and other countries can draw inspiration from them.

In conclusion, I would like to say that we should never give up. No work is small or big. We should accept our condition instead of feeling bad as our hard work and desire can change everything.

Bhumi, 12th Commerce



FIRST IMPRESSION: NOT ALWAYS ACCURATE



Hey, I think you are known with a quote that is “Don't judge a book by its cover.” I would like to tell you a story.

Once there was a girl named Deepa. She went to a school situated in the neighbouring village. However, no one knew her there. For three weeks she came to school late, but every time when she reached late to school, her teachers never asked why she was late. Instead she was punished for coming late to school. Deepa did not go to school in the 4th week of her term. Her classmates and teachers thought she had left the school for fear of punishment. Even then, no one tried to know why she was absent from school. But the next week, Deepa came to school again. But this time she came earlier than her other classmates. Of course, all her classmates were astonished to see her at school so early. But no one asked anything to her. When the teacher came to her class, she did not ask Deepa any question regarding her absence from school. But the teacher complimented her for coming to school early that day. She said, “you have started to build a good habit, but make sure to maintain this habit every day Deepa.’ She also stated, “I'm glad to see that the punishment has started showing results.” Now Deepa asked for permission from her teacher to share some thoughts. Maam, can I say something? Yes, you can. The teacher replied. Deepa said to the class, “I have been raised by my mother all my life. She was a single mother and I have no brothers or sisters. At first, no one understood what she wanted to say, but everyone listened attentively. My mother had suddenly fallen five weeks ago and was hospitalised. That's why, I came to school late. I had to prepare some food for her every morning and go to the hospital to give it to her. Unfortunately my mother died previous week. That was why I couldn't attend school throughout the week. I buried her last Friday. Today I came early to school because I neither had to prepare any food for her nor did I need to go to the hospital to deliver the food. Now that she has gone forever, I will never have to prepare anything for her, so I will not be late to school again.” After saying this Deepa sat down. No one could see her crying, but surprisingly no one in the whole class could say anything. Everyone, including the teacher, could not hold their tears after listening to Deepa's story. That day the teacher and the students understood that they had judged Deepa without knowing about her problems and mental struggle. Judging someone without knowing everything about that person is not good. So, do not judge a book by its cover.

Kiran

12th Commerce

Space Innovation



Senior's Valediction



Little Flower Day & Children's Day



Morning Assembly & Notice Board



DHIRUBHAI AMBANI

Introduction: Dhiajlal Hirachand Ambani is real name of Dhirubhai Ambani. He was born on 28th December 1932 in Chorwad Maliya Taluka, Junagadh district, Gujarat. He was the person who changed the economy of India. He founded Reliance Industries in 1958 which result in significant contribution to Indian economy and create employment opportunities.

Parents and siblings: Dhirubhai Ambani was one of the sons of Hirachand Gordhanbhai Ambani, a village school belonging to Baniya community. His mother's name was Jamnaben Ambani. Dhirubhai Ambani had 3 siblings: Trilochana Ben, Ramnik Lal Ambani, Dhirubhai Ambani.

Career: After doing matriculation, at the age of 16, Dhirubhai Ambani moved to Aden, Yemen. He worked there as a gas station attendant and as a clerk in an oil company. After that, he travelled to India in 1958 to start his first company, the spice trading firm Reliance Commercial Corporation. Dhirubhai switched to a new line of business after sporting a growing possibility in yarn trade industry in 1962.

Qualities of Dhirubhai Ambani: Dhirubhai Ambani, the founder of Reliance Industries, was a genius who had extraordinary talent. He was creative and mastered the secret of business, a pioneer among businessmen in India. He wrote his own story and became a hero of his country, changing the shape of Indian investing. The most important creation of Dhirubhai is optimism. He was constantly optimised one of the reason why he was so successful. He is optimistic, played to fulfill his dream, which was to be successful. Despite the riches he had, he always saw himself as a small man.

Thought of Dhirubhai Ambani: There are many people who present their thoughts for today's youth to build a better future. But Dhirubhai, Ambani thought to motivate youth as well as the adults. One of the thought given by Dhirubhai Ambani is keep your moral high in spite of setback. In the end, you are bound to succeed. There is no difference between our method and those of anybody but else the only difference is that our motivation and dedication is much greater. For those who dare to dream, there is a whole world to dream.

Learning from Dhirubhai Ambani: Think big, think fast, think ahead. Ideas are no ones monopoly. If you are born poor, it's not your fault, but if you die poor, its your fault. If you work with determination and with perfection, success will follow. He inspired people to beat the system rather than be in the system if once dream asked for it.

A rag to riches in the term that truly defines Dhirubhai's life story. From an initial investment of mere ₹15,000 in 1958 to start a trading house followed by the setting up his own manufacturing facility in Gujarati in 1966. His people trusted Dhirubhai to have the Midas-touch and knew he could convert anything to profitable venture.

Yuvraj

9th-E, Roll No. 35

Indian Emirates

- Sikkim is famous for its elevation,
But Himachal Pradesh is spot for vacation.
- Chhattisgarh paint the world with its art and craft,
Tamil Nadu decorates it with handcraft.
- Meghalaya is enriched with traditional festivals,
Karnataka is filled with prominent temple.
- If Kerala owns misty hills,
Jharkhand possesses mineral hills.
- Uttar Pradesh is emerged with the purity of Ayodhya,
Bihar is emerged with Ikkis Nadiyan.
- Rajasthan shines with its jewellery,
Assam is no less when it comes to greenery.
- Tripura is well known for wood carvings,
Telangana adorns it with bronze castings.
- Gujarat glows with magnificent diamond,
Arunachal Pradesh surprise with first sunrise Indian land.
- Odisha is rich in historical junctures,
Mizoram and Nagaland have magnificent, vibrant culture.
- Punjab is filled with sanctity of Golden Temple,
Uttarakhand lights it up with its candles.
- Haryana spreads sweetness with its ghewar,
Let us feel luxurious with Kashmir's Kesar.
- West Bengal has the largest mangrove forest,
Goa's beaches are the finest.
- The rice of Andhra Pradesh highly hoists,
Manipur's scenic landscape never disappoints.
- Madhya Pradesh is India's heart,
Maharashtra is known for attire and art.

Leena Goyal, 12th Commerce



APPEARANCE CAN BE DECEIVING

The phrase - "Don't judge a book by its cover" was given by George Eliot, an English novelist and poet.

The phrase gives a simple meaning, which is one should not be judged by the outer beauty of a person. In maximum cases the way a person looks from outside is not same in reality. The dominance in this world is generally by quadron people, which leads to a tedious society.

Now, in references to the topic, one should not make judgment only by looking at a person. A person with a very good experience is only able to acumen a person till some extent. If a person is good and very close to you, then also one should not trust blind folded on him/her because we cannot read the real intentions of the person. Might be he is harsh to you or you think he/she is very strict to you, but you never know that if he/she is really harsh to you or he/she want to see you as a successful person in life. Same in the other cases, if any of your friend or very close one is very benevolent to you might be planning a big game for you at your back. I believe that trusting someone is good, but blind trust is Red Alert, so be careful. It would be very clear with some real life examples.

A doctor, with completely messy clothes, dusty hands, seems no to be a good person, but in reality he is a very old and experienced person with the lots of successful cases.

A girl falls in love with a boy if he is handsome, rich and decides to marry him against her parents, but if unfortunately he is a devil soul and shows his reality after marriage, the girl's life is completely ruined.

A person/boy with cheap clothes and dressing sense goes for an interview in a very big company, but was not allowed to give it because of his outer appearance. He was sent out of the campus but the thoughts he had, were really virtuous. If people cannot judge the reality but remember God knows everything. Suddenly, the founder of the company came out of the campus for a phone call and he saw the boy weeping, and asked him the reason after seeing a file in his hand. Now the story was revealed, the boy is the CEO of the company.

Likewise, there are many more stories. Hence, it is very clear that one would not be attracted by the outer beauty of a person, rather they should look for inner beauty.

Harshita, 12th Non-Medical



POSSIBILITIES OF LIFE BEYOND EARTH

Is there life beyond Earth? Whether anywhere else our own solar system, or farther among the exo planets, the question remains unanswered but the answers might be getting closer. Sending humans to other star systems, Way said, “remains firmly in the realm of science fiction. While further human exploration of the solar system in the decades ahead seems within reach, no existing or planned technology could preserve human life for the tens of thousands of years it might take to reach another star.”

Biology may be common in the universe

1. Evidence suggests that organic molecules form easily and naturally.
2. Evidence showing that ingredients for life are widely available in time and space.
3. Evidence suggests habitable locations on planets and moons are abundant.
4. Although only in a million has the right calcination of chemicals, temperature, water, days and nights to support planetary life as we know it. We study the possibilities of life beyond earth to understand the nature and distribution of life in the universe.

Would that be the end of our chapter in the cosmic history of life? May be not. If humanity hasn't become extinct, by then, We might have migrated to another planetary system.

Assuming we don't exterminate ourselves in the meantime, we will find a way to go some where else. Such a story could, infact have been repeated many times throughout the history of the cosmos.

Laskhay, 12th Non-Medical

MEDICAL STUDENT'S LIFE

Medical a word of 7 letters but this word possess a deep meaning. In the life of NEET aspirants like us isn't? After 10th exams I have decided to opt medical but this stream requires a lot of determination, consistency and hardwork. NEET we all are familiar with this word because it is the only exam which takes us to the journey of becoming a doctor and even by listening this word we all can imagine ourselves with a white coat and a respectable life, but to become a doctor the journey is not easy. It needs a complete boycott from every fun, parties etc. and requires a quite strong determination to study for long hours which is not possible for everyone. Sometimes we shake confidence in ourselves just because of seeing our marks feel low and think we don't stand anywhere. Many of us face a lot of family pressure but when it is not fulfilled we start losing interest in our dream. But after all these problems a famous person has said, “To glow too much, gold harms itself the best to encounter it. After the selection the life will be the best, which we can't imagine even. Your parents imagine to see you in white coat, is the best feeling ever because we can. Isn't it? But after all this I want to conclude that after all the demerits medical is a journey to life. An exam can't judge your limits, This all things motivated me and I performed better in my 11th class.

Pranjal, 12th Medical

MY EXPERIENCE AS HEAD BOY

Adarsh Pathak
11th-A, Commerce



“Opportunities don’t knock twice, Be ready to open the door- the first time.” - Tempest

Thanks to Almighty, Heading Team, entire staff and school mater to express my feelings, emotions and my gratitude.

Being appointed as the Head Boy of the school is not just a position. It is a responsibility that shaped my perspective on leadership and teamwork. From the outset, I understood that this is a duty to uphold school’s values and to nurture a positive environment for students and teachers.

One of the most fulfilling aspect of my tenure was the opportunity to work closely with the school faculties. Through collaborative efforts, we organised various events including exhibition, sports meet, fostering a sense of unity within the school community. Serving as a bridge between the student bodies and the school management, I learned the importance of effective communication and the art of solving disputes.

The most important thing I learned during my leadership is that being a good role model is really important. I learned that being honest and treating others with respect is crucial because my schoolmates could trust and learn from it. It made me feel great and proud when someone recount on me. As a head boy during school function the opportunity of escorting “Chief Guests” had made me feel honoured, walking with guests till the stage was an awesome and aesthetic feeling. A salute to my school “Little Flower Visitation Convent School”. I shall never let ‘You’ down and will try to take you to the greater height of success.

MY EXPERIENCE AS HEAD GIRL

Jiya Ravish
11th Non-Medical



Life is like riding a bicycle, to keep your balance, you must keep moving. - Albert

Availing this opportunity I felt ethereal, I still reminisce the first day of my school that young girl had never thought to be the head girl of the school. I am indebted for each and every teacher who made me what I am today. They all play a significant part in my life choice. I appreciate all the hard work they put to make me a good human being. The school has altered me from a shy and timid girl to an optimistic and self reliant person. I utterly pray for this school to reach heights and get recognition that is merit. The school has taught me several things like being disciplined, respecting each other, importance of prayer, kindness, being optimistic, and the list never stops. As a head girl, I have learnt more than from my textbooks. The school has made me confident by dealing with the challenges of day to day life. All the experiences and knowledge gained through this has made me a better student, a better person, a better citizen and a trustworthy human being.

My Journey as a school head girl is still continued. I thank each everyone from bottom of my heart who believed I me and gave this opportunity for the betterment of the school. I hope I would be able to fulfill the expectations of everyone and can help the school in every aspect.

Experience at School



Puneet

Advocate Haryana & Punjab, Kaithal

Hey everyone at Little Flower Visitation Convent School. I'm so excited to share my school experience with you through our school magazine. Being an old student, I've got lot of cool memories to talk about, and I hope you enjoy reading them!

Let's Dive In:

- **Learning Stuff:** So, in the classrooms, I got to learn all sorts of interesting things. The teachers were super, nice and helped to me understand stuff better. I found out what subjects I liked and what I was good at. Those lessons helped me later in life!
- **Fun Outside Class:** Besides studying, there was a bunch of fun stuff to do outside the class at school. I played sports, participated in various cultural activities, and even got to be part of cool events. It wasn't just about books; it was about discovering what I loved to do and making friends along the way.
- **Life Lessons:** It wasn't just about books and tests. I learned important stuff like how to handle problems, bounce back from tough times, and adapt to new things. These lessons turned out to be super useful in real life.
- **Friends Forever:** The best part? Making awesome friends at school. The people I met during my time there are still my buddies today. We stuck together through thick and thin, and that's something really special about our school.
- **Getting Ready for the Big World:** After leaving School, I realized how ready I was for the outside world. The school taught me not just about academics but also about life skills – how to think smart, talk well, and understand the world. That's been a huge help in my grown-up life!

In a Nutshell:

I want to say a big thanks to everyone at Little Flower Visitation Convent School – teachers, friends, and everyone else. You guys played a big part in making me who I am today. To all you current students, keep having fun, learn a lot, and make memories. Little Flower Visitation Convent School is a pretty special place, and I'm proud to be a part of it. Cheers to Little Flower Visitation Convent School - where dreams start and friendship last.

SOLUTION: TIME MANAGEMENT

Tushar Sharma

MBBS - Final Year

Kalpana Chawala Govt. Med. College, Karnal



Juggling school, hobbies, social life, and sports – sometimes it feels like there just aren't enough hours in a day. But fear not, dear Juniors! The secret weapon to accomplish everything smoothly and not wearing out lies is the art of time management.

Think of your day as a blank paper, which is ready to be filled with beautiful words and memories of your daily activities, but without a well-defined plan, your masterpiece can quickly turn into a meaningless criss-cross, and that's where scheduling comes in. Imagine it as your trusty pencil, which is helping you to outline the big blocks of your day that are classes, self-study sessions, practice time, family meals, and yes, even that Cricket Match live stream you deserve!

A schedule alone is not enough. We all know the feeling of looking at a perfectly planned day but keep on delaying it and never starting at all. To combat this, use these productivity hacks:

1. Set timers to keep yourself focused during study sessions.
2. Prioritize tasks according to their importance and urgency.
3. Reward yourself for completing smaller goals, like a mini dance party after finishing an essay draft.

Always remember, not perfection but the progress you make, is the key to success!

Don't forget to leave space for flexibility. Life is very unexpected sometimes, and your schedule should be able to change accordingly. If any unexpected tasks appear out of nowhere, No problem! Adjust your plan without taking any stress, and most importantly, be kind to yourself. Take frequent breaks, listen to your body needs, and don't be afraid to say no to extra commitments if your paper is already full. Never be afraid to do less, be afraid of not even starting.

Time management isn't about staying busy for the entire day. It's about living your life to the fullest, with purpose and balance; having a feeling of accomplishment when you lie down to sleep at night. So grab your schedule, your productivity tools, and a healthy dose of self-love, and write your masterpiece of a day! Remember, you are the writer, and your time is your blank paper. Now go out there and create!

Bonus Tip: Check out some cool apps and tools I used to help with my time management during my school days.

- Forest: It offers you to grow a virtual forest one focused minute at a time to prevent distractions and enhance focus.
- Todolist: A to-do list making app. Use it to manage tasks, set deadlines, etc.
- Focus Keeper: I often used the Pomodoro Technique for timed productivity bursts.
- Evernote: Very frequently used by me to organize notes, ideas, and to-do lists in one place.

With a little effort and these handy tools, you'll be a time management master in no time! And trust me there is no better feeling than hitting the bed after a hard working day.

SCHOOL TIME: SPRINGTIME OF LIFE



Khushi Chahal

MBBS-II Year

Guru Gobind Singh Medical College

School life is a cluster of memories which we cherish throughout our life. Beautiful memories I made with my friends, lessons learnt from teachers, mistakes made and put right, recess table conversations, waiting for the sports period, putting my best efforts in studies and the list goes on.

I remember how eager and excited I was to go to medical college and be an adult. I always thought that I would have all the freedom I wanted, but with freedom, comes responsibilities, and challenges.

I always wanted to be a doctor. After scoring 100 in maths in my 10th boards I thought of opting PCMB, I loved Maths so I couldn't leave it and here my journey of NEET preparation begins. I cracked NEET a year after 12th. I took coaching from Allen Chandigarh in that year.

This journey taught me a lot of things. All the competitive exams in India can be easily cracked through consistency and discipline.

Having a disciplined routine does not only help with the work but also with all the other aspects of life. You develop a very positive attitude towards life and lazy routine serves as an inoculum for a miserable and sad life.

In today's era of social media, another major mistake the teenagers make is; they constantly compare themselves with the people they see on social media sites which not only disrupts their mental peace but also affects the studies and health. One must always learn to prioritize the important aspects of life such as health, work and family.

The lesson that I would never forget is that "hard work beat talent if talent doesn't work hard" and "the only impossible journey is the one you never begin". So you must always believe in yourself and your dreams. It's only the first milestone and there are many more to come. As said by an American poet Robert Frost, "miles to go, before I sleep". My school has played a vital role in everything I have achieved in my life. Without my teachers It would have never been possible for me to reach this far. I would forever be grateful for my teachers.

At last I would like to ask you to never give up your dreams, always keep your inner child life and be grounded. "Learn as much as you can in school because life gets busy as you age"

PROFESSIONAL EXPERIENCE



Mr. Ajay Shakalya
2004

Teaching is a noble profession but for me it is not only a profession, it is a vocation. One does not go into teaching for the money but rather for the twinkle in the eyes of a student. Teachers are facilitators making things happen in the class room and outside. The greatest compliment is, when a student approaches you on the bus or in the market and shares like, "You really helped me to learn a lot".

30 years of teaching have been a journey of growth and learning and I am excited to see what the future holds.

As an individual I have learned a lot while teaching my students.

1. Flexibility is more important than I could have ever imagined. I have learned that teaching requires the ability to adapt to different situations and after many years I finally became more comfortable with this.
2. I have learned to be more comfortable reaching out to people, the colleagues and the mentors when I need help or advice, and this quality has made me remain updated with the latest technology and methodology so that I can reach out to my student as per their needs.
3. Over the years I have realised that it is very important to build a strong relation with the students to whom you are teaching. This helps to create an understanding and inclusive environment in the classroom.
4. Effective communication is key to become successful teacher, as a teacher should maintain open lines of communication with the students, encourage them to express their thoughts, concerns.
5. Positive reinforcement is what as Teachers we should use to motivate students, recognize and praise their efforts achievements to boost their self- esteem and foster a positive classroom ambiance.
6. We need to develop a broad mind. Apart from school curriculum, we have to teach moral values, discipline, protect environment, social values, outdoor activities, and ethics too.

What I derived and originated from my teaching experience, is quoted here in verses below:

"I believe the children are our future,
teach them well and
let them lead the way,
show them all the beauty they possess inside,
give them a sense of pride,
to make it easier,
let the children's laughter remind us how we used to be..."

Mrs. Loveena Lal
2005



Two Decades of Dedication: A Journey of Teaching and Growth at Little Flower Visitation Convent School

Over the past two decades, I've had the privilege of teaching at Little Flower Visitation Sr. Sec. Convent School, Kaithal where I've witnessed significant growth, both in the institution and in my own professional journey. I still remember the day I first stepped in Little Flower, was guided by our loving Sisters, supported by my respectable colleagues and loved by my dear students. Throughout these years, I have developed and refined my teaching methods to meet the evolving needs of students, incorporating new technologies and pedagogical strategies.

This long tenure has allowed me to build strong relationships with my fellow workers and students alike, fostering a supportive and collaborative learning environment. I've seen multiple generations of students pass through my classes, each bringing unique challenges and rewards. My experience here has been marked by a commitment to continuous improvement, both in curriculum design and in nurturing students' intellectual and personal growth. Remaining in one organization for so long has also provided me with a deep understanding of its culture and goals, enabling me to contribute meaningfully to its mission. The consistency and stability have allowed me to take on various roles beyond teaching.

As I reflect on these twenty years, I am filled with a sense of accomplishment and gratitude. Teaching at Little Flower has been more than just a job; it has been a fulfilling journey of lifelong learning and an opportunity to make a lasting impact on the lives of many students.

Mrs. Abha Mast
2006



Time flies like an arrow and in the blink of an eye I could not get the hang of that how I grew to a professional English teacher from a novice teacher, this idiom truly suits at this moment: 'when the going gets tough the tough gets going'

One Pearl was added in 1994 to increase the glory of the city Kaithal "Little Flower Visitation Convent School", for physical, mental and spiritual development of the students. I mustered my courage to join this institution in 2006 and taught to the 4th to 7th graders. I was not contented with my performances, hence updated and improved myself and developed my skill in all the fields of English, such as poetry, spoken English, writing task, to enhance writing skill. I felt more confident and competent that could be possible only by practicing phonetics, linguistics, translations and grammar. I had firm desire and passion for teaching profession and my sturdiness helped me to achieve my goal when I was offered to teach English in grade XI.

Where there is a will, there is a way & there is no such lock which doesn't have its key, every problem has its solution with this thought I stay connected with the institution. For several years worked as Language & Literature club President, Staff Secretary, years and years worked with editorial committee; as a chief editor, sub-editor and as a member. It is rightly said that nobody is perfect in the world and practice makes a person perfect. This way nothing is difficult or impossible to transform ourselves if one is determined, it is possible with positive attitude, dedication honesty towards profession and inquisitiveness.

"The way I see it, if you want a rainbow, you gotta put up with rain." - Dolly Parton

Laughter is the Best Medicine

Mrs. Archana
Teacher



Life is full of ups and downs. But a good hearty laugh everyday relieves a person from stress and tension. Now a days people's life is full of problems. They have forgotten to laugh. In childhood we laugh hundreds of times a day but as adults life tends to be more serious. We are reading in the newspaper the hopeless situation of mankind students are committing suicide because of stress and depression. These conditions inspired me to write this article.

Laughter has the solution to heal the mind and body of a person. Happiness can suppress all our problems and overcome them with ease. Laughter strengthens immune system, boosts mood and diminishes pain. Laughter therapy helps in reduction of stress and depression.

A smile is a perfect weapon to overcome all pains. Be happy and spread happiness all around.

Health does not always come from medicine. Most of the time it comes from peace of mind and soul. and it comes from laughter and love. So keep laughing and the world will laugh with you.



असंभव कुछ भी नहीं

माधुरी गुप्ता
अध्यापिका



कोई लक्ष्य इंसान के साहस से बड़ा नहीं, हारा वही जो लड़ा नहीं। इसलिए कहते हैं असंभव कुछ भी नहीं।।

जब हमें कोई काम मुश्किल लगता है, और ऐसा लगता है इसे कर ही नहीं सकते। ये तो हो ही नहीं सकता और मुझसे बिल्कुल भी नहीं होगा। उसे हम असंभव मान लेते हैं। देखा जाए तो असंभव का अर्थ भी यही है कि ये काम किसी भी हालात में हो ही नहीं सकता। मतलब न होने वाला काम।

लेकिन कभी ये भी सुना होगा कि असंभव कुछ भी नहीं और असंभव को संभव बनाया जा सकता है। इसका अर्थ है दुनिया में ऐसा कोई काम नहीं जो हम नहीं कर सकते। सब कुछ काम हो सकता है।

मुझे ऐसा लगता है कि कई बार हम अपने ऊपर विश्वास नहीं करते, मन का डर उस काम को करने ही नहीं देता और फिर कोई दूसरा आकर समझाता है कि तुम में क्षमता है तुम कर सकते हो क्योंकि वो आपकी योग्यता को पहचानता है और आप भी विश्वास करने लगते हो अपने ऊपर।

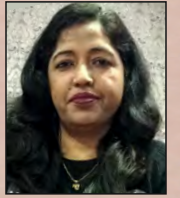
मन का विश्वास रगों में साहस भरता है, यही साहस असंभव को संभव करता है। इसे एक उदाहरण से भी समझ सकते हैं रामायण के प्रसंग में जब हनुमान जी को समुद्र पार जाने का विश्वास नहीं था। तब जामवंत जी ने उन्हें उनकी क्षमता से अवगत करवाया और उसी विश्वास से हनुमान जी समुद्र पार कर गए। बस बात इतनी सी है हर काम असंभव या संभव नहीं होता। कुछ काम हमारी सोच पर, क्षमता पर विश्वास और कर्म पर निर्भर करते हैं। इसे मन का विश्वास या संभव को जानने की कला। इन दोनों शब्दों के बीच की दूरी हम ही तय कर सकते हैं। मेरा मानना है कि:—

हारों नहीं तब तक जब तक सामने वाला जीतने की कोशिश में लगा है और जीत तब तक न मानो जब तक सामने वाला हराने में लगा है।



भारत की राष्ट्रपति: द्रौपदी मुर्मू

मममेश भार्गव
हिन्दी अध्यापिका



द्रौपदी मुर्मू (जन्म 20 जून 1958) एक भारतीय राजनीतिज्ञ है जो भारत की नवनिर्वाचित 15वीं राष्ट्रपति है। वह भारतीय जनता पार्टी की सदस्य है। वह ओडिसा की पहली व्यक्ति हैं और प्रतिभा पाटिल के बाद इस पद पर होने वाली दूसरी महिला है। वह 1947 में भारत की आजादी के बाद पैदा होने वाली सबसे कम उम्र की और पहली व्यक्ति हैं, जो इस पद के लिए चुनी गई हैं। अपनी अध्यक्षता से पहले उन्होंने 2015 और 2021 के बीच झारखण्ड के नौवे राज्यपाल के रूप में कार्य किया और 2000 से 2004 के बीच ओडिशा सरकार के मंत्रिमंडल में विभिन्न विभागों का कार्यभार संभाला राजनीति में प्रवेश करने से पहले उन्होंने 1979 से 1983 तक राज्य सिंचाई और बिजली विभाग में एक कनिष्ठ सहायक के रूप में काम किया और फिर 1997 तक रायरंगपुर में श्री अरविंदो इंटीग्रल एजुकेशन सेंटर में एक शिक्षिका के रूप में कार्य किया। द्रौपदी मुर्मू का जन्म 20 जून 1958 को ओडिशा के मयूरगंज जिले के रायरंगपुर के बैदापोसी इलाके में एक संताली आदिवासी परिवार में बिरंची नारायण टुडू के घर हुआ था। उनके पिता और दादा दोनों पंचायती राज व्यवस्था के तहत सरपंच के रूप में चुने गए थे। मुर्मू रमा देवी महिला कॉलेज से कला स्नातक है। मुर्मू ने राज्य की राजनीति में प्रवेश करने से पहले एक स्कूल शिक्षिका के रूप में शुरुआत की। उन्होंने श्री अरविंदो इंटीग्रल एजुकेशन एंड रिसर्च इस्टीट्यूट, रायरंगपुर में सहायक प्रोफेसर और ओडिसा सरकार के सिंचाई विभाग में कनिष्ठ सहायक के रूप में कार्य किया।

सुनहरा बचपन

सीता देवी
हिन्दी अध्यापिका



जिसे याद कर आँखों से खुशी के आँसू निकल आते हैं जिसे याद करके हम अकेले मुस्कुराते हैं जिसे दोबारा जीने का अरमान होता है, वो जिसे हम फिर से जीना चाहते हैं वो तो हमारा बचपन है जिसे हम फिर से जीना चाहते हैं।

वो दिन होते थे बहुत खास,
जब माता—पिता, भाई बहन होते थे पास,
जिंदगी से बस अब यही है आस,
फिर से बचपन लौट कर आ जाए मेरे पास।

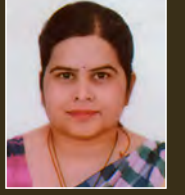
बचपन के वो दिन जो भुलाए नहीं भूलते हमारे बचपन और आज के बच्चों के बचपन में दिन—रात का अंतर है। हमारे जीवन के वो दिन बहुत खास थे लेकिन आज कल के बच्चों के बचपन में कहां वो बात है। आज के बच्चे सारा दिन मोबाइल में लगे रहते हैं। जो खेल हम खेलते थे आज के बच्चों की उन खेलों में रूचि नहीं है। उनके बचपन में हमारे बचपन जैसी मौज—मस्ती नहीं है। वो तो सारा दिन घर में कैद रहते हैं। उनको बाहर के खेलों की जानकारी नहीं होती।

बात है उन दिनों की जब हम बच्चे थे,
करते थे शरारते लगते फिर भी अच्छे थे,
सब कहते थे हम बहुत अच्छे थे,
असल में हम तो अक्ल के कच्चे थे।

हम अपने बचपन में बहुत मौज—मस्तियाँ किया करते थे आज के बच्चों की तरह हमारे पास मँहगे—मँहगे खिलौने व मोबाइल नहीं होते थे फिर भी हम बहुत खुश होते थे क्योंकि हम अपने बचपन को मन से जिया करते थे। परेशानियाँ हमारे आस—पास नहीं होती थी क्योंकि हम मस्ती में रहते थे। हम अपने भाई—बहन व दोस्तों के साथ गलियों में इधर—उधर घूमते, कंचे खेलते थे, पेड़ों पर चढ़कर फलों को तोड़ना, बर्फ के गोले का स्वाद, खट्टी इमली के चटकारे, बुढ़िया के बालों का मुँह में लेते ही घुल जाना, ये सब मेरे बचपन की प्यारी—प्यारी अठखेलियाँ हैं, जिसे याद करके आज भी मैं आनंद का अनुभव करती हूँ।

बेटी घर की शान

कुसुम राणा
हिन्दी अध्यापिका



जिस घर में जन्म लेती है बेटी
उस घर को खुशियों से भर देती है
सूर्य की पहली किरण है बेटी
चाँद की शीतलता है
बाप की पगड़ी है
भाई का गरूर है
कभी माँ, कभी बहन, कभी पत्नी
है बेटी।
नये—नये रिश्ते बनाती है
हर रिश्ते को जोड़ती है
मेरे घर की शान है मेरी बेटी।

अच्छी आदतें

1. हमें हमेशा बड़ों का सम्मान करना चाहिये।
2. हमें उनके कामों में मदद करनी चाहिए।
3. हमें अपना कुछ समय उनके साथ बिताना चाहिए।
4. हमें उनके साथ विनती भाव से बात करनी चाहिए।
5. हमें उनके लिए कुछ ऐसा करना चाहिए ताकि वह खुश रहें।
6. हमें उनकी बातों की कद्र करनी चाहिए।
7. हम अपने जीवन में आगे बढ़ने के लिये उन्हें सलाह लेनी चाहिए।
8. हमें उनके साथ बैठकर समाचार पत्र पढ़ना चाहिए।
9. हमें उनसे उतना ही प्रेम करना चाहिए जितना हम अपने माता पिता से करते हैं।

रेहान, पांचवी

अच्छे विचार

1. बड़ों का सदा ही आदर करना।
2. उनका दिल कभी न दुखाना।
3. करोगे इनकी तुम जो सेवा, तभी मिलेगा तुमको मेवा।
4. सुबह सवेरे करो नमन, सभी बड़ों के छुओ चरण।
5. लेकर सबका आशीर्वाद, शुरू करो तुम अपने काज।

रोज सबेरे उठने का लाभ

1. तनाव में कमी।
2. दिल के लिए फायदेमंद।
3. थकान की समस्या नहीं रहती है।
4. स्किन के लिए लाभकारी है।
5. मानसिक स्वास्थ्य को सुधारता है।
6. संतुलित वजन रखने में सहायक।
7. रात को समय पर नींद आ जाती है।
8. व्यायाम के लिए उचित समय।
9. पाचन सही रहता है।
10. सुबह जल्दी उठने से दिमाग शांत रहता है।



पहेलियाँ

1. लोग मुझे खाने के लिए खरीदते हैं, मगर मुझे खाते नहीं।
 2. रात को आती है, बिना कुछ चुराए चली जाती है।
 3. ऐसी कौन सी चीज है जिसे आप तोड़ सकते हैं, लेकिन उसे कभी उठा या छू नहीं सकते।
 4. एक कहानी मैं कहूँ, सुन ले मेरे पूत।
बिन परों के उड़ जाए, वो बांधे गले से सूत।
 5. छोटा सा है उसका पेट, लेता सारा जगत समेट।
चार अक्षर का उसका नाम, कहानी कविता भी करता हमको भेंट।
1. प्लेट, 2. नींद, 3. विश्वास, 4. पतंग, 5. अखबार

अनिका अग्रवाल, चौथी-ए



अध्यापिका व छात्रा के बीच स्वच्छता अभियान पर संवाद

छात्र : नमस्ते मैम ।

अध्यापिका : नमस्ते बच्चों, बैठ जाओ ।

अध्यापिका : बच्चों, आज हम स्वच्छता अभियान के बारे में पढ़ेंगे ।
जैसा कि हमारे देश के प्रधानमंत्री जी के द्वारा शुरू
करवाया गया है । क्या आपको स्वच्छता के बारे में
पता है?

छात्रा (जैसमीन) : मैम ये अभियान 2 अक्टूबर 2014 को गाँधी
जयंती के दिन शुरू करवाया गया था ।

अध्यापिका : बहुत अच्छा! बच्चों क्या आपको पता है कि स्वच्छता
क्या होती है?

जैसमीन : मैम हमें अपने आसपास की सफाई रखनी चाहिए
जिससे हम बहुत सी बीमारियों से बच सकते हैं ।

अध्यापिका : अच्छा बच्चों! हम अपने आसपास की सफाई कैसे
रख सकते हैं और हमारे राष्ट्रपिता महात्मा गांधी जी
का सपना "स्वच्छ भारत" कैसे पूरा कर सकते हैं?

जैसमीन : मैम, हमे कूड़ा कर्कट खुले में नहीं फेंकना चाहिए ।
खुले में शौच नहीं करना चाहिए । अधिक से अधिक
पेड़-पौधे लगाकर हम भारत को स्वच्छ बना सकते
हैं व महात्मा गाँधी जी के सपने को पूरा कर सकते
हैं ।

अध्यापिका : शाबाश बेटा, बहुत अच्छा ।

जैसमीन, तीसरी-बी

सुख-दुख की साथी मेरी बहना

मेरी बहन सिर्फ बहन ही नहीं बल्कि एक साथी और मेरी सबसे बड़ी अच्छी मित्र भी है । मेरी बहन मुझसे बड़ी है जो मेरी हर काम में मदद करती है । मुझे सही और गलत का बोध कराती है । माँ की तरह प्रेम करती है । मेरी बहन सिर्फ पढ़ने-लिखने में ही मदद नहीं करती, बल्कि मेरी सब मुश्किलों में भी मेरे साथ हमेशा खड़ी रहती है । मेरे जीवन रूपी गाड़ी के शानदार सफर में वह मेरे अच्छे और बुरे समय की साथी हैं । जब भी मैं कुछ गलत करती हूँ तो मेरी बड़ी बहन प्यार से समझाकर मुझे अपनी गलती का अहसास कराती है । मेरी बड़ी बहन सही रूप से मेरी मार्गदर्शिका है, जो मुझे नए-नए कार्य करने के लिए भी प्रेरित करती हैं । मेरी बड़ी बहन के हृदय में दया और प्रेम भरा है । वह सब से प्रेम करती है और अपने हर कर्तव्य को बड़े ही लगन और निष्ठा से पूर्ण करती है । वह दिखने में मासूम और बड़े ही शांत स्वभाव की हैं, जो हमेशा मुझसे प्रेम करती है । मेरी बड़ी बहन मेरे लिए भगवान का दिया सबसे लाजवाब और हसीन तोहफा है, जिसे पाकर मैं स्वयं को भाग्यशाली मानती हूँ और हमेशा के लिए भगवान की कर्जदार रहूँगी ।

नीरज, दसवीं-सी



हमारे राष्ट्रीय पर्व

1. भारत में तीन राष्ट्रीय पर्व बड़े ही जश्न के साथ मनाते हैं।
2. 26 जनवरी को भारत में संविधान लागू होने के उपलक्ष्य में गणतंत्र दिवस मनाते हैं।
3. अंग्रेजों से भारत की आजादी को स्वतंत्रता दिवस के रूप में 15 अगस्त को मनाया जाता है।
4. 2 अक्टूबर महात्मा गाँधी के जन्म दिवस को हम गाँधी जयंती के रूप में मनाते हैं।
5. 15 अगस्त को भारत के प्रधानमंत्री लाल किले पर ध्वजारोहण करते हैं।
6. भारत के राष्ट्रपति द्वारा 26 जनवरी को राजधानी में झंडारोहण किया जाता है।
7. गाँधी जयंती के दिन लोग गांधीजी को याद करते हैं और उन्हें श्रद्धांजलि देते हैं।
8. राष्ट्रीय पर्व हमारे अंदर गौरव और देशभक्ति की नई चेतना भर देते हैं।

पावनी, सातवीं-बी

हंसो-हंसो

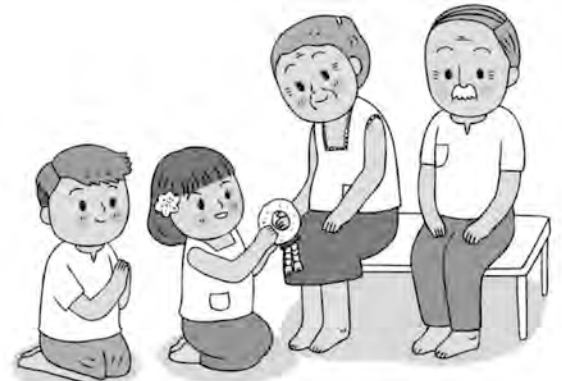
1. छात्र – सर जी।
टीचर – हाँ बोलो।
छात्र – मैंने जो काम नहीं किया, क्या आप उसकी मुझे सजा देंगे?
टीचर – नहीं, बिल्कुल नहीं।
छात्र – मैंने आज होमवर्क नहीं किया।
2. संता को फांसी की सजा सुनाई गई.....
जज – कोई आखिरी ख्वाहिश?
सन्ता – हमारी जगह तुम लटक जाओ।
3. गोलू – बचपन में माँ की बात सुनी होती तो आज यह दिन नहीं देखना पड़ता।
जज – क्या कहती थी माँ?
गोलू – जब बात ही नहीं सुनी तो कैसे बताऊँ क्या कहती थी।
4. पिता – एक काम भी ठीक से नहीं होता तुझसे, तुम्हें पुदीना लाने के लिए कहा था और तुम धनिया ले आए। तुम जैसे बेवकूफ को तो घर से निकाल देना चाहिए।
बेटा – पापा चलो इकट्ठे ही चलते हैं।
पिता – क्यों?
बेटा – मम्मी कह रही थी कि यह मेथी है।



साक्षी, सातवीं-ई

बड़ों का सम्मान

बड़ों का सम्मान करना, भावनाओं का आदर करना,
छोटे से प्यार करना, बड़ों का सम्मान करना,
हर परिस्थिति में मुस्कुराते रहना,
बस इतना ही मुझे कहना, कि बड़ों का सम्मान करना। गरिमा, दसवीं-ए





बेटी बचाओ बेटी पढ़ाओ



बेटी नहीं बचाओगे, तो बहू कहाँ से लाओगे?

इस बात में कोई दो राय नहीं है कि सुशील बेटियाँ दो कुलों की आन व शान होती है। दो परिवारों का नाम उज्ज्वल करती हैं। प्राचीन काल से ही इस महत्त्व को स्वीकार किया जाता रहा है। सुशिक्षित व सुघट्ट माता-पिता के साथ-साथ ससुराल पक्ष में भी अपना अस्तित्व एवं वर्चस्व बनाती हैं। परिवार को एक बंधन में बाँध कर रखती है। परन्तु बड़ी विडंबना है कि लड़कियों को शिक्षित होने से वंचित रखना और पैदा होने से पहले ही मार देना आदि समस्याएं भारत देश में संकट की तरह है। लड़के और लड़की के लिंग अनुपात में काफी अंतर है। प्रधानमंत्री मोदी जी ने इस समस्या को गहराई से समझा और 22 जनवरी को हरियाणा राज्य में "बेटी बचाओ, बेटी पढ़ाओ" योजना की शुरुआत की। इस योजना का मुख्य उद्देश्य लिंग अनुपात की असमानता में संतुलन लाना और बेटियों को शिक्षा दिलाना है। "बढ़ें बेटियाँ" से आशय है कि जन्मदर में वृद्धि होना। सरकार द्वारा ऐसे कार्यक्रमों का आयोजन किया जा रहा है, जिसमें बेटियों की संख्या बढ़ाने के लिए जागरूकता संदेश दिए जा रहे हैं। समाज में ऐसे माहौल का निर्माण करें कि माता-पिता की सोच लड़के और लड़की के लिए समान हो। घर के बाहर निकलने वाले बेटी के लिए उनके मन में सुरक्षा का भय है। अगर उन्हें सामाजिक सुरक्षा मिल जाए तो शिक्षित होकर बेटियाँ बहुत हद तक अपनी सुरक्षा स्वयं कर सकती हैं।

हितैषी, आठवीं-सी

कोचिंग का बढ़ता बोल-बाला

विद्यार्थी के जीवन में स्व-अध्ययन का एक विशिष्ट महत्त्व होता है। स्व-अध्ययन अर्थात् जो गुरु ने पढ़ाया, उसी को खुद को पढ़ाना। किसी विषय को समझने के लिए स्व-अध्ययन या सेल्फ स्टडी बहुत आवश्यक होती है। परन्तु आज के समय में ट्यूशन-कोचिंग ने अध्ययन करने का समय लुप्त कर दिया। विद्यार्थी स्कूल से घर, घर से कोचिंग तथा कोचिंग से घर आने-जाने में ही रह लेता है। वहाँ अध्यापक के समझाने पर उसे लगता है कि इससे विषय याद हो गया परन्तु वास्तव में घर आने तक पढ़ाए हुए विषय का 50 प्रतिशत वह भूल चुका होता है। यदि वह घर आकर चिंतन न करें तो दो-तीन दिन बाद पूरा विश्व ही उसके दिमाग से लुप्त हो जाता है।

कोचिंग का बढ़ता बोल-बाला विद्यार्थियों के मन में विद्यालय के प्रति अनुपयोगिता का भाव उत्पन्न कर रहा है। विद्यार्थी स्कूल आकर केवल टाइम पास करने लगते हैं क्योंकि उन्हें होता है वे विषय ट्यूशन पर समझ लेंगे। इस तरह वह अपने स्वयं अपने माता-पिता के पैसे फिजूल में खर्च करते रहते हैं।

कोचिंग हर बार बुरी भी नहीं। वह विद्यार्थियों को अपने लक्ष्य के प्रति बहुत लाभदायक होती है। आज बच्चे नेट व जे.ई. की तैयारी करने के लिए कोचिंग पर निर्भर है, परन्तु कोचिंग विद्यार्थी पर दोगुना दबाव डालती है। वह स्कूल का काम करें या कोचिंग का इसी बीच ग्रस्त होकर रह जाता है। अब यदि दो नौका में सवार होंगे तो डूबने के चांस भी अधिक होते हैं।

इसलिए विद्यार्थियों को स्कूल में पढ़ाया जाने पर प्रथम ध्यान देना चाहिए। यदि फिर भी कोचिंग आवश्यक लगे तो लेने में कोई बुराई नहीं है। परन्तु विद्यालय कोचिंग में फंसकर स्व-अध्ययन को इग्नोर नहीं करना चाहिए।

वंशिका, बारहवीं (आर्ट)

पहेलियाँ

1. फूल भी हूँ, फल भी हूँ, और हूँ मिठाई,
तो बताओ क्या हूँ मैं भाई?
2. दिन में सोए, रात में रोए,
जितना रोए, उतना खोए।
3. तीन अक्षर का मेरा नाम,
उल्टा सीधा एक समान।
4. हरी-हरी मछली के हरे-हरे अंडे,
जल्दी से बूझो पहेली, वरना पड़ेंगे डंडे।
5. ना कभी आता, ना कभी जाता,
इसके भरोसे जो रहता, वह सदा पछताता।
6. हरा चोर लाल मकान,
उसमें बैठा काला शैतान। बताओ क्या?
हेमंत, नौवीं-बी



1. गुलाब जामुन
2. मोमबत्ती
3. जहाज
4. मटर
5. कल,
6. तरबूज

स्लोगन नारे

1. हिंदी हम अपनाएंगे,
राष्ट्र की शान बढ़ाएंगे।
2. जब तक जान में जान है,
हिंदी हमारी पहचान है।
3. जब है नारी में शक्ति सारी,
तो फिर क्यों कहे नारी को बेचारी।
4. ऑनलाइन क्लास में
दो तरफ की खौफ सताती है,
एक तरफ माँ और
दूसरी तरफ टीचर नजर आती है।
5. मिठास जन्म दिन की बढ़ जाती है,
जब किसी अपने की शुभकामना
आती है।

हितैषी, आठवीं-सी

चिंता का पिटाया: एक अभिशाप



संतोष

हिन्दी अध्यापिका

दोस्तों हम हमेशा अपने जीवन में चिंता को लेकर परेशान रहते हैं। इसके कारण हमारा मन अशांत रहने लगता है। हम कार्य तो कुछ और करना चाहते हैं लेकिन हमारा अशांत मन हमारे से कुछ और करवाना चाहता है। हमारा अशांत मन हमसे ऐसे कार्य करवाता है जिसकी हम कल्पना भी नहीं कर सकते। हमारा मन कभी भी शांत होने वाला नहीं है। अगर मन शांत होने वाला होता तो इस संसार में सभी खुशी से शांत व चिंता रहित रहते और किसी का किसी के साथ कोई झगड़ा नहीं होता। न तो आप और न मैं पैसे के पीछे भागते।

आज का समय सभी मनुष्यों के लिए भाग-दौड़ का समय है किसी को किसी के लिए टाईम नहीं है। हर व्यक्ति इतना व्यस्त है कि वह अपने लिए भी समय नहीं निकाल पाता कि खुद के स्वास्थ्य का ध्यान रख सके क्योंकि चिंताओं का टोकरा उसने खुद अपने सिर पर रख रखा है। इसका कारण है हमारी बढ़ती हुई जरूरतें जैसे- यदि किसी व्यक्ति के पास घर नहीं है वह मेहनत करके पैसा जोड़-जोड़कर मकान बना लेता है फिर उसे गाड़ी की जरूरत होती है व उसको पाने के लिए चिंतित हो जाता है चलो जी गाड़ी भी मिल गई फिर कम्प्यूटर और एसे करते-करते सारी उम्र ऐश-ओ-आराम का सामान इकट्ठा करते-करते चिंताओं से भरा जीवन जीता रहता है। मनुष्य को ये ही नहीं पता कि बाहर की कोई चीज सुख नहीं देती उसका मजा थोड़े ही समय में समाप्त हो जाता है। चिंता कहीं बाहर से नहीं आती उसे मनुष्य स्वयं अपने जीवन में पैदा कर लेता है और दुखी रहता है। कहा जाता है कि-

“कई दिनों से भूखे भिखारी को सूखी रोटी भी इतना आनंद देती है कि वह उसे खुशी से खाकर झूम उठता है लेकिन सेठ जी छप्पन पकवान खाने पर भी खुश नहीं होता” वह रातें जाग कर, चिंता की गठरी लेकर बिताता है जबकि गरीब शांत मन से संतोष से जीवन जीता है। जब हम अपने जीवन से हताश, निराश व चिंतित हो जाते हैं तब हमारा ध्यान ‘ईश्वर’ की ओर जाता है और वहीं पर पहुँच कर हम परमआनंद पाते हैं।



औरत



ममता सिंधवानी

हिन्दी अध्यापिका

हाँ, मैं एक औरत हूँ।
सुबह-सवेरे उठती हूँ,
घर का सारा काम निबटाती हूँ,
“क्या करती हो” यही सुनाई जाती हूँ।
हाँ, मैं एक औरत हूँ।

मैं गर्वीली हूँ, पर घमंडी नहीं हूँ
अंधेरे में रोशनी करना और
इतिहास बदलना जानती हूँ।
हाँ, मैं एक औरत हूँ।

अपमान मत करना औरत का,
अपने बल पर सबको चलाती है।
इतना सब करने पर भी, हाय!
वो अबला नारी कहलाती है।
हाँ, मैं एक औरत हूँ।

औरत को सदा सम्मान दीजिए।
जिसकी वह हकदार है।
माना पुरुष चला रहा दुनिया,
पर वो भी समान कर्णधार है।
हाँ, मैं एक औरत हूँ।

महापुरुषों के विचार

1. **डॉ. भीमराव अंबेडकर:** ज्ञान मानव जीवन का आधार है। छात्रों की बौद्धिक क्षमता को बढ़ाना और बनाए रखना, साथ ही उनकी बुद्धि को उत्तेजित करने का हर संभव प्रयास करना चाहिए।
2. **कबीरदास जी:** जो जितनी मेहनत करता है उसे उसका फल अवश्य मिलता है। गोताखोर गहरे पानी में जाता है तो कुछ लेकर ही आता है। लेकिन जो डूबने के डर से किनारे पर ही बैठे रह जाते हैं वे कुछ नहीं कर पाते।
3. **अल्बर्ट आइंस्टाइन:** जो छोटी-छोटी बातों में सत्य को गंभीरता से नहीं लेता है, उस पर बड़े मसलों पर भी भरोसा नहीं किया जा सकता।
4. **बिल गेट्स:** सफलता एक घटिया शिक्षक हैं। यह लोगों में यह सोच विकसित कर देता है कि वे असफल नहीं हो सकते।
5. **कॉल मार्क्स:** अमीर गरीबों के लिए कुछ भी कर सकते हैं, लेकिन उनके ऊपर से हट नहीं सकते। इंसान अपना खुद का इतिहास बना सकता है, लेकिन वह जैसा चाहता है उसे वैसा नहीं बना सकता।

हर्ष राना, दसवीं-सी



प्यारा भाई-एक भरोसा

भाई बहनों का एक अनोखा प्यार का रिश्ता है। लड़ते हैं, झगड़ते हैं, पर एक दूसरे के बिना भी नहीं रह सकते। रक्षा बंधन तो भाई-बहन का एक त्यौहार भी है। जिस दिन बहन अपने भाई की कलाई पर राखी बांधकर अपने रिश्ते को और गहरा बनाती है और भाई भी अपनी बहन के लिए कुछ भी करने को तैयार रहते हैं। वैसे तो हमारे जीवन में अनेकों महत्वपूर्ण रिश्ते होते हैं जिसमें कुछ खास रिश्ते होते हैं और भाई बहन का तो बहुत ही महत्वपूर्ण रिश्ता होता है। जिसमें भाई का रिश्ता भी है जो कभी पिता की तरह डांटता है तो कभी माँ की तरह दुलारता भी हो।

गलती पर मुझको जो है डांटता,
मेरे सुख-दुख सब कुछ वो है बांटता।

दीवार बना वो खड़ा रहे कोई जब भी मुसीबत आई है,
मेरे पिता की वो परछाई है, वो मेरा प्यारा भाई है।

वंशिका, दसवीं-ए

मेरा प्यारा भाई

मेरे भाई का नाम अरमान है। वह बहुत प्यारा है। वह 5 साल का है। वह पहली कक्षा में पढ़ता है। हम दोनों एक ही स्कूल में पढ़ते हैं। वह मेरी देखभाल करता है।

वह बहुत बुद्धिमान है। वह मेरा भाई है। मैं उससे बहुत प्यार करती हूँ। वह बहुत नटखट है। वह मेरे हर काम में मेरी मदद करता है। मेरा भाई बहुत समझदार है। वह पढ़ाई में बहुत अच्छा है।



अरमान

Desert Without Fire



Earth Day Celebration



Kids on Trip



A Visit to an Orphanage



Festive Flow



India Our Pride



राम मंदिर

अयोध्या राम मंदिर भारत में एक प्रसिद्ध और चर्चित मंदिर है। अयोध्या विवाद लगभग 1858 में शुरू हुआ था। पहला 1885 मामला में दर्ज किया गया था। 1989 में विश्व हिंदू परिषद द्वारा उस स्थान पर शिलान्यास किए जाने के बाद मुख्य आग भड़की थी।

राम मंदिर अयोध्या से जुड़ी घटनाएं और मामले को सुलझाने का संघर्ष एक राजनीतिक एजेंडा बन गया। 2019 में सुप्रीम कोर्ट ने विवादित स्थान को राम मंदिर को आबंटित करके इस मसले पर पूर्ण विराम लगा दिया।

प्रधानमंत्री नरेंद्र मोदी ने 5 अगस्त 2020 को अयोध्या में रामलला मंदिर का शिलान्यास किया। पूर्व निर्धारित तिथि के अनुसार राम मंदिर प्राण प्रतिष्ठा समारोह 22 जनवरी 2024 को आयोजित किया गया।

बालस्वरूप में प्रभु श्रीराम की मूर्ति विराजमान हो चुकी है। प्रभु का बालस्वरूप अति मनमोहक और निराला है। चेहरे पर तेज, हाथ में धनुष बाण लिए बाल स्वरूप के रामलला सबका मन मोह रहे हैं। बड़ी अनोखी तरह से प्रभु की मूर्ति की कारीगरी की गई है। रामलला की मूर्ति में भगवान विष्णु सहित उनके 10 अवतार मत्स्य, कूर्म, वराह, नरसिंह, वामन, परशुराम, कृष्ण, बुद्ध और कलकी के दर्शन भी मिलेंगे।

अयोध्या में राम मंदिर को आबंटित भूमि 2.7 एकड़ है, जिसमें राम मंदिर निर्मित क्षेत्रफल 57,400 वर्ग फुट है। मंदिर 360 फीट लंबा, 235 फीट चौड़ा और 161 फीट ऊँचा है। यह मंदिर हिंदुओं के लिए एक महान पर्यटक आकर्षण और तीर्थस्थान बनेगा।

खुशप्रीत, बारहवीं (आर्ट)



गुरु

शिक्षक हैं वे कल्पवृक्ष
जो मनचाहा फल देता है।
ज्ञान का पाठ पढ़ाकर
रास्ता साफ कर देता है।
शिक्षक पारस का पत्थर
जो लोहे को कंचन कर देता है।
भटक रहे हैं जो भ्रम में
उनमें ज्ञान ज्योति भरा देता है।
गुरु वहीं जो भगवान को
पाने का रास्ता दिखाता है।
इसलिए तो हरि से भी पहले
गुरु पूजा जाता है।

निकुंज, सातवीं-ई

रहीम और कबीर के दोहे

कबीर

1. काल्ह करे सो आज कर, आज करै सो अब।
पल में परलै होगी, बहुरि करैगो कब॥
2. वृच्छ कबहु नहिं फल भखै, नदी न सचै नीर।
परमाथ के कारने, साधुन धरा शरीर॥
3. बोली एक अमोल है, जो कोई बोलै जानि।
हियै तराजू तौलि के, कब मुख बाहर आनि॥

रहीम

1. जो रहीम उत्तम प्रकृति, का करि सकत कुसंग।
चंदन विष व्याप्त नहीं, लिपटे रहत भुजंग॥
2. करत-करत अभ्यास के जड़मति होत सुजान।
रसरी आवत जात ते, सिर पर परत निशान॥
3. रहिमन चुप है बैठिए, देख दिनन को फेर।
जब नीके दिन आइहें, बनत न लागि है बेर॥

निकुंज, सातवीं-ई

बाल मजदूरी

मासूम बच्चों पर रहम करो,
बाल मजदूरी को बंद करो।

जिन बच्चों के हाथों में
होने चाहिए कलम किताब
उनसे काम करना बंद करो।

कुछ पैसों के कारण उन छोटे मासूमों का
भविष्य बर्बाद करना बंद करो।

उन्हें स्कूल भेजने के बजाय
उनसे काम करवाना बंद करो,
बाल मजदूरी को बंद करो।

रिया, दसवीं-ई



बड़ों का सम्मान

हमें हमेशा अपने बड़ों का आदर करना चाहिए। हम भले ही जीवन में सफल हो जाए, भले कितना ही जीवन में आगे बढ़ जाए, परंतु हमारे बड़ों का आशीर्वाद अगर साथ न हो, उनका प्यार अगर साथ न हो तो हम सब अधूरे हैं। जीवन में बड़ों का आदर करना सबसे महत्वपूर्ण होता है। बड़ों का आदर जब हम करते हैं तब वास्तव में हम उनका आशीर्वाद पाते हैं और जीवन में आ रही बड़ी से बड़ी समस्याओं को हम हल करते हैं। जब हम बड़ों का आदर करते हैं तभी जीवन को सही ढंग से जी पाते हैं। यदि किसी व्यक्ति में बहुत सारा ज्ञान हो, लेकिन यदि उसमें बड़ों का आदर करने की सीख नहीं होती तो उसका सारा ज्ञान व्यर्थ है। यदि आप बड़ों का सम्मान करते हैं तो बड़ों का आशीर्वाद आपके सिर पर हमेशा रहता है जिससे जीवन में आपके कार्यक्षेत्र में सफल होने के आपके परिणाम काफी अधिक हो सकते हैं।

हरनूर सिंह, दसवीं-ए

मेरा विद्यालय का सफर

विद्यार्थी जीवन सभी के लिए सबसे यादगार पड़ाव होता है। विद्यार्थी जीवन में हम कई चीजें सीखते हैं जैसे की भावनात्मक, शारीरिक तथा सामाजिक नियमों को सीखते हैं।

मैं जिया, मुझे लिटिल फ्लॉवर स्कूल में तकरीबन 13 साल हो चुके हैं। मुझे आज भी अपने स्कूल का पहला दिन याद है। मैं अपने स्कूल का तहेदिल से धन्यवाद करती हूँ। अध्यापक, अध्यापिका तथा प्रधानाचार्या मैं सभी को धन्यवाद करना चाहती हूँ जिन्होंने मुझे एक आत्मविश्वासी इंसान बनाया। मैं दिल से धन्यवाद करना चाहती हूँ सुजैन मैम का, जिन्होंने हमें अच्छे संस्कार दिए, अच्छी आदतें सिखाई और भगवान के प्रति हमारी आस्था बनाई और हमें आध्यात्मिक कहानियाँ सुनाई और हमें एक बेहतर इंसान बनाया। मैं शुक्रिया करना चाहती हूँ प्रधानाचार्या महोदया का, जिन्होंने मुझे हैड गर्ल बनने का मौका दिया। मैं अपनी पूरी कोशिश करूँगी कि मैं सबकी उम्मीदों पर खरी उतरूँगी।

धन्यवाद।

जिया, ग्यारहवीं

महापुरुषों के अनमोल विचार

1. माली 100 बाल्टी पानी दे सकता है परंतु फल अपने मौसम में ही आता है।
2. जीवन में आपको कई हार का सामना करना पड़ेगा, लेकिन खुद को कभी हारने नहीं देना चाहिए।
3. मनुष्यों के प्रति मित्रता, दुखी के लिए करुणा, सदाचारियों में प्रसन्नता और दुष्टों के प्रति उदासीनता से मन को शांति प्राप्त होती है।
4. कोई भी जन्म से बुद्धिमान नहीं होता क्योंकि ज्ञान अपने प्रयास से ही प्राप्त होता है।
5. यदि आप लेना चाहते तो केवल आशीर्वाद लो, बोलना चाहते हो तो मीठे वचन बोलो, छोड़ना चाहते हो तो पाप तथा अत्याचार छोड़ो।
6. वह व्यक्ति है जो अपने गरीबी में भी संतुष्ट है, वह व्यक्ति वास्तव में गरीब नहीं बल्कि धनवान है।

स्नेहा, दसवीं—ए



देश मेरे

अंबर को झुका देंगे, धरती को हिला देंगे
झुकने ना देंगे हम तिरंगा, दुनिया को ये बता देंगे।
देश मेरे, देश मेरे।

मेरा तो सम्मान तुम ही हो
दिल धड़कन और जान तुम ही हो
खून का कतरा—कतरा तेरे लिए बहा देंगे
देश मेरे, देश मेरे।

भारत माता तुझको है नमन, खुशहाल रहे मेरा ये वतन,
खून से सींचा है तिरंगा, दुश्मनों को यह बता देंगे
देश मेरे, देश मेरे।

मानिक, दसवीं—ए



मेरे पिता मेरा स्वाभिमान

पिता व पुत्र एक दूजे के बिन अधूरे,
नहीं कर सकता कोई इनके व्याख्यान पूरे,
पिता पुत्र का, पुत्र पिता का है साया,
दोनों ने एक—दूजे में सारा जहान है पाया।

माँ पुत्र को जन्म देती है,
तो पिता दिखाता है उसे मंजिल,
जब तक वो जिंदगी का सफर तय नहीं करता,
तब तक बनता है उसका साहिल।

अभिमान व स्वाभिमान है पिता,
कभी धरती तो कभी आसमान है पिता,
नहीं चुका सकते हम पिता का उपकार,
चाहे भगवान को शुक्रिया करें बार—बार।

मेरे पिता हैं मेरा साहस, मेरी हैं पहचान,
सारे घर की रौनक उनसे, सारे घर की हैं शान,
मेरे दिल की है धड़कन,
मेरे दिल की है जान।

सारी दुनिया तुम भी मानों, मैंने लिया है मान,
मेरे पिता है भगवान, मेरे पिता हैं भगवान।
अन्त में दो पंक्तियाँ मेरे पिता के लिए —
“खुशियाँ सारे संसार की मुझे मिल जाती हैं,
मेरे पिता की बाहें जब मुझे मिल जाती हैं।”

पर्व मनचंदा, चौथी—बी

गुरु का महत्त्व

“गुरु का महत्त्व कभी होगा न कम
भले कर ले कितनी भी उन्नति हम”

हमारी जिन्दगी में जितना महत्त्व हमारे माता—पिता का होता है, उनसे कहीं ज्यादा महत्त्व गुरु का होता है, तभी गुरु को परमात्मा के समान महत्त्व दिया गया है। माँ के बाद गुरु ही है, जो बच्चे को उचित—अनुचित तथा अच्छे—बुरे का ज्ञान देता है। गुरु का महत्त्व हमारे जीवन में प्रकाश की किरण के समान है, जो अपने तेज से हमारे संसार के अंधेरे को दूर करता है। भारतीय संस्कृति में गुरु का स्थान अत्यन्त महत्त्वपूर्ण है, इसका एक उदाहरण गुरु पूर्णिमा है, जो हमारे देश में बड़े उल्लास के साथ मनाया जाता है।

“गुरु गोविन्द दोऊ खड़े, काके लागू पाय।
बलिहारी गुरु आपने, गोविन्द दियो बताय।।”

भव्य गोयल, चौथी—बी

गर्मी की छुट्टियाँ

गर्मी की छुट्टियाँ आई,
अपने साथ बच्चों की खुशियाँ लाई।
स्कूल जाने की जल्दी नहीं,
गृहकार्य की चिंता नहीं।
नानी के घर हम जाएंगे,
खूब धमाल मचाएंगे।
मासी जी आएगी,
खूब लाड़ लड़ाएगी।
मामा को घोड़ा बनाएंगे,
पूरा आंगन घुमाएंगे।
नाना जी के संग खेतों में,
खूब आम खाएंगे, मोटे होकर आएंगे।
छुट्टियाँ आई, छुट्टियाँ आई,
साथ में खूब मस्ती लाई।

परमीत, पाँचवी—डी

भारतीय सेना मेरा गौरव

भारतीय सेना पर हमारे देश के हर एक नागरिक को गर्व है। यह एक सुरक्षा कवच बनकर हमारे देश की दुश्मनों से रक्षा करते हैं। इसलिए हमें अपनी भारतीय सेना पर अभिमान है। देश पर जब संकट के बादल छा जाते हैं या जब दूसरा देश हमारे देश पर आक्रमण करता है, तब भारतीय सेना के सैनिक अपनी वर्दी पहनकर, अपने अस्त्र-शस्त्र पहनकर कदम से कदम मिलाकर निकलते हैं, तब जवानों के अंदर एक नया उत्साह, ताजगी व हिम्मत होती है तथा वे देश की संस्कृति व गौरव के लिए अपने प्राण न्यौछावर करने के लिए तैयार रहते हैं। सेना में भर्ती होने वाले लोग साहसी व बहादुर होते हैं, जो केवल देश के लिए जीते हैं और देश के लिए ही मरते हैं।

हम भारतीय सेना की बदौलत ही अपने आपको घरों में सुरक्षित रहते हैं। भारतीय सेना तीन प्रकार की होती है। थल सेना भारतीय सीमाओं की रक्षा करती है। वहीं हमारी वायु सेना आकाशीय सीमाओं की रक्षा करती है तथा जल सेना समुद्री सीमाओं की रक्षा के लिए हमेशा तैयार रहती है। तीनों ही सेनाएं बाढ़-भूकम्प और अन्य प्राकृतिक आपदा आने पर मिलकर हमारे देश की रक्षा करती हैं। हमारे देश के जवान अपने घर-परिवार की फ्रिक किए बिना दिन-रात हमारी सेवा और सुरक्षा में लगे रहते हैं।

तो हम सभी भारतीय नागरिकों का यह कर्तव्य बनता है कि हमेशा अपनी सेना का मनोबल बढ़ाएं। उनके लिए निरंतर प्रार्थनाएं करें। अपनी देश की सेना के प्रति सम्मान व गौरव का भाव बनाकर रखें और ज्यादा से ज्यादा लोगों को सेना में भर्ती होने के लिए उत्साहित करें।

जय हिन्द, जय भारत।

तन्वी सचदेवा, छठी-बी



माँ का प्यार

माँ से बढ़कर त्याग और तपस्या की मूरत भला और कौन हो सकता है? हम पढ़-लिख लें, बड़े होकर कुछ बन जाएं, इसके लिए वह न जाने कितनी कुर्बानियाँ देती हैं। अपनी जरूरतें मार कर हमेशा हमारे शौक पूरा करती है। माँ के प्यार को भुलाया नहीं जा सकता। हमारी जिंदगी में माता-पिता अनमोल उपहार की तरह होते हैं। इसलिए माँ को ममता की देवी कहा जाता है। माँ हमेशा अपने बच्चों की खुशी में अपनी खुशी ढूँढ लेती है। माँ के प्यार की तुलना अन्य किसी से नहीं की जा सकती। “माँ” सिर्फ एक शब्द नहीं है, वह अपने आप में एक एहसास और प्यार है। जब हम माँ कहते हैं, तो हमारी कई समस्याएं किसी चमत्कार की तरह दूर हो जाती हैं।

“ऊपर जिसका अंत नहीं, उसे आसमां कहते हैं,

जहां में जिसका अंत नहीं, उसे माँ कहते हैं।”

दिव्यांशु, पहली-सी

मेरा प्रिय कार्टून

कार्टून देखना किसे अच्छा नहीं लगता। कार्टून देखने में मुझे बहुत आनंद आता है। मेरा प्रिय कार्टून डोरेमोन है। डोरेमोन कार्टून मैं इसलिए देखता हूँ क्योंकि उसकी आवाज मुझे बहुत अच्छी लगती है।

डोरेमोन सबसे लोकप्रिय कार्टूनों में से एक है जिसे सिर्फ मैं ही नहीं, बल्कि सारी दुनिया भर के लोग पसंद करते हैं। डोरेमोन कार्टून को मैं अपने दोस्तों के साथ भी देखता हूँ। डोरेमोन कार्टून देखने पर मुझे बहुत हंसी आती है। यह एक जापानी कार्टून है। इस कार्टून में से मुझे नोबिता और शिजुका ज्यादा पसंद है।

डोरेमोन कार्टून कई देशों में पदर्शित होता है। डोरेमोन एक रोबोट है। वह एक जादुई रोबोट बिल्ली है।



शिवांश, पहली-बी

हमारी संस्कृति हमारी विरासत

हमारी संस्कृति हमारी विरासत है। संस्कृति विरासत जो पीढ़ी-दर-पीढ़ी चलती रहती है। इसके अन्तर्गत खान-पान, पहनावा, गीत-संगीत, धर्म-जाति, तीज-त्योहार शामिल हैं। हमारे देश के मान-सम्मान की बात आती है तब सभी लोग आपसी मतभेद को भुलाकर एकमत होकर देश की रक्षा करते हैं। हमारे देश में विभिन्नता है लेकिन फिर भी अनेकता में एकता के दर्शन होते हैं।

जैसे विभिन्न रंगों को मिलाकर रंगोली बनती है वैसे ही विभिन्न धर्मों को मिलाकर भारतीय संस्कृति बनती है। हमारी संस्कृति हमारी पहचान है। ऋषि-मुनियों से लेकर आज-तक हमने अपनी सांस्कृतिक धरोहर का सहेज कर रखा है और उसके कुछ उदाहरण आज भी हमारे सामने हैं-जैसे कुतुबमीनार, लाल-किला, ताजमहल, इंडिया गेट आदि विशाल इमारतें हमारी सांस्कृतिक विरासत के जीते-जागते नमूने हैं जिन्हें देखने के लिए विदेशी पर्यटकों की भीड़ लगी रहती है।

जब देश में संस्कृति की परिभाषा लिखी जाएगी।

तो मेरे देश की तस्वीर ही इनकी नजर में आएगी।।

धीरे-धीरे हमारी संस्कृति ने अपनी पहचान विदेशों तक बना ली है इसका जीता-जागता उदाहरण है वृंदावन में विदेशी लोगों का लगातार आना और हमारी संस्कृति को अपनाकर यहीं बस जाना है।

हरगुन कौर, छटी-बी

जन्मदिन का तोहफा

आज तुम्हारे जन्मदिन पर,
मिले तुमको यह उपहार।
खुशियाँ तुम्हारी दुगुनी हो,
ऐश्वर्य मिले अपार।

आने वाली हर घड़ियाँ,
लाये भविष्य सुनहरा।
ना आये कोई बाधा,
ना मिले दुख गहरा।

उजियारी हो अमावस रात,
हर दिन हो वसंत जैसा।
मिले सदा अपनों का साथ,
जेब में हो पैसा ही पैसा।

तुम्हारे इस जन्मदिवस पर,
प्रभु से करें हम विनती।
मिले तुम्हें इतने उपहार,
कि कर न पाओ गिनती।

इशानी, पहली-सी

मेरे जीवन का लक्ष्य: डॉक्टर



“लक्ष्य के बिना जीवन जीना व्यर्थ है।”

हर किसी के जीवन का लक्ष्य अलग-अलग होता है, कोई अध्यापक, कोई वकील, तो कोई इंजीनियर बनना चाहता है। कोई किसी क्षेत्र में तो कोई किसी क्षेत्र में अपनी प्रतिभा दिखाना चाहता है।

लक्ष्य प्राप्ति द्वारा ही मनुष्य एक सुखमयी जीवन जी सकता है। मेरे जीवन का भी एक लक्ष्य है और वो है एक सफल डॉक्टर बनना। मैं डॉक्टर बनकर गरीब लोगों की सेवा करता चाहता हूँ। अमीर लोग बड़े-बड़े अस्पतालों में अपना ईलाज करवा सकते हैं, परंतु गरीब लोग जिनके पास दो वक्त की रोटी के लिए पैसे नहीं होते, वो अस्पतालों के बड़े-बड़े बिलों का भुगतान करने के लिए पैसे कहां से लाएंगे?

मैं बेसहारा लोगों का सहारा बनना चाहता हूँ। मैं डॉक्टर बनकर अपने गांव में एक चिकित्सालय खोलना चाहता हूँ जिसमें चिकित्सा की आधुनिक मशीनों के द्वारा गांव वालों का ईलाज कर सकूँ। जिनसे अभी तक मेरा गांव वंचित है।

डॉक्टर बनकर मेरा उद्देश्य पैसा कमाना नहीं बल्कि गरीब लोगों की सेवा करना है। मैं डॉक्टर बनकर लोगों को स्वच्छता और प्राथमिक चिकित्सा के प्रति जागरूक करूंगा। मैं एक कुशल डॉक्टर बनकर अपने देश की सेवा करना चाहता हूँ। यही मेरे जीवन का लक्ष्य है।

दक्ष शर्मा, चौथी-ए

स्कूल का पहला दिन

मेरा स्कूल में पहला दिन था। पहला दिन मुझे अच्छी तरह याद है। मेरे लिए यह दिन बड़ा यादगार दिन था। मुझे बहुत खुशी हो रही थी।

एक दिन पहले मैं अपने पिताजी के साथ बाजार गया और पिताजी ने मेरे लिए नया बैग, पुस्तकें खरीदी और मेरे लिए नई यूनिफॉर्म भी ली। अगले दिन मेरी माताजी ने मेरा बैग तैयार किया और मेरे लिए खाना भी बनाया।

मेरे पिताजी ने उत्साह भरे शब्दों के साथ मुझे स्कूल के लिए रवाना किया। मैं अपनी कक्षा में जाकर बैठ गया। वहां पर मेरे जैसे और भी नए विद्यार्थी थे। थोड़े ही समय में हमारी अध्यापिका कक्षा में आई। उन्होंने सब बच्चों से उनका नाम पूछा और खुद का परिचय भी दिया।

फिर अध्यापिका ने सभी विद्यार्थियों को तिलक लगाकर उनका स्वागत किया। इसके बाद अध्यापिका ने हमें अपने विषयों का ज्ञान दिया। फिर दो पीरियड के बाद खेल का पीरियड आया। मैंने अपना पसंदीदा खेल खेला। और फिर लंच ब्रेक हुआ। कुछ पीरियड बाद छुट्टी की घंटी बजने पर बच्चे उछल-कूद करते हुए लाईनों में अध्यापिका के साथ आते हैं। मैं इस दिन को अपने जीवन में कभी नहीं भूलूंगी।

वृंदा, पहली-बी

नहीं करना चाहिए

मेहनत से जी चुराना नहीं चाहिए,

माता-पिता का दिल दुखाना नहीं चाहिए,

बुजुर्गों का मान करें उन पर हंसना नहीं चाहिए,

रास्ते से भटकाएंगे लोग तुम्हें, पर तुम्हें भटकना नहीं चाहिए,

दूसरे की संपत्ति को देखकर लालच यदि आए, तो उसे हड़पना नहीं चाहिए,

अपने पथ पर रहो अडिग, पीछे मुड़कर देखना नहीं चाहिए।

अंगद विशाल कौशिक, तीसरी-सी



बेटी की कहानी बेटी की जुबानी

मैं एक बेटी हूँ, मेरी एक कहानी है
मेरे सपने मेरे अरमान हैं
मैं उड़ना चाहती हूँ, मैं बढ़ना चाहती हूँ।
मेरे हौंसले की उड़ान, मेरे जीवन की धूप
मैं चली हूँ, मैं चली हूँ
मेरे सपनों की ओर।
मेरे सपने मेरी धुन में हैं
मैं चली हूँ अपने रास्ते पर
ना झुकी हूँ, ना रुकी हूँ।
मैं चाहती हूँ मेरी मंजिल
मेरे पिता की आँखों का सपना।
मैं पिता की लाड़ली हूँ
माँ की प्यारी हूँ
मैंने माँ की गोद में जन्म लिया
मैंने माँ के आँचल में पलना किया
मेरे पिता का साया,
मेरी माँ का प्यार
मैंने देखा है, मैंने जाना है।
मैं अपने फँसले खुद लेती हूँ,
मैं अपने रास्ते खुद बनाती हूँ,
मैं उड़ना चाहती हूँ, मैं बढ़ना चाहती हूँ,
मैं अपने सपने पूरा करना चाहती हूँ।
मैं चली हूँ अपने रास्ते पर
ना झुकी हूँ, ना रुकी हूँ।

बरसात का पहला दिन

जून महीने का तीसरा सप्ताह था। खूब गर्मी पड़ रही थी। सभी भगवान से प्रार्थना कर रहे थे कि

“रब्बा—रब्बा मेघ दे”

लोगों की पुकार भगवान ने सुन ली। तीन—चार दिन बाद ही आकाश में बादल छा गए। स्कूल की छुट्टियां थी और मैं छुट्टियों का काम कर रही थी कि अचानक बिजली कड़कने लगी और छमाछम बरसात होने लगी। मैंने अपनी पुस्तकें वहीं छोड़ी और बरसात का मजा लेने बाहर की ओर भाग गई। मैंने देखा कि आंगन में पानी ही पानी था। मैंने और मेरे भाई ने कागज की किशती बनाई और पानी में चलाने लगे। हम दोनों बरसात में पूरी तरह भीग गये थे। गली में बाहर जाकर देखा सभी बच्चे बरसात का मजा ले रहे थे। जब तक बारिश होती रही हम सब बाहर ही खेलते रहे। इतने में मम्मी ने आवाज लगाई—

“बच्चों आओ, बच्चों आओ, गरमा—गरम पकौड़े खाओ।”

सुनते ही हमारे मुँह में पानी आ गया। हमने झटपट कपड़े बदले और मम्मी के हाथ के गरमा—गरम पकौड़े खाए।

भीषण गर्मी के बाद मौसम में थोड़ी ठंडक हो गयी थी और धरती से सौंधी—सौंधी खुशबू आ रही थी। सच में बरसात का पहला दिन बड़े आनंद का होता है। सूखे हुए नीरस मन में बारिश की बूंदे अमृत बन कर बरसती हैं।

साई अंश, पाँचवीं—डी

उर्वी, तीसरी—बी

हिन्दी का भविष्य

हिन्दी हमारे देश की सबसे प्राचीनतम भाषाओं में से एक है। यह भाषा हमारी भारतीय संस्कृति की पहचान है और हमारी एकता का प्रतीक है। इसने समाज के विकास में महत्वपूर्ण भूमिका निभाई है।

यदि हम विशेषज्ञों की मानें तो अनुमान है कि 2050 तक और भी अधिक लोग हिन्दी को चुनेंगे, जिससे यह दुनिया की सबसे अधिक बोली जाने वाली भाषाओं में से एक बन जाएगी। डिजिटल धमाका, टेक्नोलॉजी, भाषा मित्र, ऑनलाईन शिक्षण, अनुवाद उपकरण और हिन्दी सामग्री निर्माण हिन्दी सीखना और उपयोग करना आसान से आसान बना रहे हैं। दुनिया में कहीं से भी खाना मंगवाने, दोस्तों के साथ बातचीत करने यहां तक कि फिल्में देखने की कल्पना करें, सब कुछ हिन्दी में।

यह निश्चित रूप से कहना कठिन है, लेकिन एक बात स्पष्ट है कि हिन्दी का भविष्य हमारे हाथ में है। इसकी क्षमता को अपनाकर चुनौतियों का समाधान करके और इसकी विविधता का जश्न मनाकर, हम यह सुनिश्चित कर सकते हैं कि हिन्दी भारत की 2050 में एक जीवंत आवाज बनी रहेगी। याद रखें, लाखों लोगों का भाषा केवल शब्दों के बारे में नहीं है, यह संस्कृति, संबंध और एक साझा कहानी के बारे में है जो विकसित होती रहती है।

वरदान, ग्यारहवीं-ए (कॉमर्स)

मेरी प्रिय भाषा हिन्दी

क्या है भाषा?

विचारों को प्रकट करने का माध्यम है भाषा। दूसरों के मन के भावों को समझने का साधन है भाषा।

हर व्यक्ति की अपनी एक पसंदीदा भाषा होती है। ठीक उसी तरह "हिन्दी" मेरे दिल में एक विशेष स्थान रखती है। मुझे बचपन से ही हिन्दी साहित्य में रुचि रही है। हिन्दी हमेशा से ही मुझे अपनी ओर आकर्षित करती है।

हिन्दी की कविताएं पढ़ना मुझे बहुत अच्छा लगता है। हिन्दी की कहानियाँ, दोहे, कविताएँ बहुत ही आकर्षक होती हैं।

मेरे हिन्दुस्तान की पहचान है हिन्दी। हिन्दुस्तान की शान है हिन्दी।।

हिन्दी हमारी सांस्कृतिक विरासत का प्रतीक है। मेरे द्वारा हिन्दी को पसंद करने का कारण इसका ऐतिहासिक महत्त्व है। हिन्दी भाषा अपने साथ भारत की विरासत, अभिमान, गौरव और पहचान लेकर चलती है।

हिन्दी की व्याकरण थोड़ी कठिन है, परन्तु बड़ी ही रोचक है। भारत के अधिकतर राज्यों में हिन्दी बोली जाती है।

आजकल के बच्चों को हिन्दी एक उबाऊ विषय लगता है। परन्तु हिन्दी मुझे इतनी पसंद है कि मैं उसे घंटों बैठकर पढ़ सकती हूँ।

हिन्दी का सम्मान देश का सम्मान है।

प्रकृति की पहली ध्वनि ॐ है। मेरी हिन्दी भाषा भी इसी ॐ की देन है।

वैष्णवी राणा, दसवीं-सी

उंगली को पकड़कर सिखलाता,
जब पहला कदम भी नहीं आता।
नन्हें प्यारे बच्चे के लिए,
पापा ही सहारा बन जाता।

पापा हर फर्ज निभाते,
जीवन भर कर्ज चुकाते।
बच्चे की एक खुशी के लिए,
अपने सुख भूल जाते।

प्यारे पापा के प्यार भरे,
सीने से जो लग जाते हैं।
सच कहती हूँ विश्वास करो,
जीवन में सदा सुख पाते हैं।

पावनी, सातवीं-बी

एक सहारा



छोटी से कोशिश

छोटी सी कोशिश कर, कुछ कर गुजरने की
जो कुछ थमा-थमा है, चल निकलेगा
मेहनत कर पौधों को पानी दे,
बंजर में फिर फल निकलेगा।
अर्जुन सा लक्ष्य रख, निशाना लगा,
मरुस्थल में भी जल निकलेगा।
सीने में उम्मीदों को जिंदा रख,
समन्दर से भी गंगाजल निकलेगा।
ताकत जुटा हिम्मत को आग दे,
फौलाद का भी बल निकलेगा।
छोटी से कोशिश कर कुछ कर गुजरने की,
जो कुछ थमा-थमा है, चल निकलेगा।

लविका, आठवीं-सी

माँ पर कविता

मेरी माँ सबसे न्यारी,
लगती है मुझको वो सबसे प्यारी।
ममता भरे हाथों से मुझे सुलाती,
सुबह प्यार से वो हैं उठाती।
माँ दुर्गा बनकर हमें बचाती,
तो कभी सरस्वती बनकर मुझे पढ़ाती।
लबों पर उसे कभी बटुआ नहीं होती,
बस एक माँ है जो कभी खफा नहीं होती।

फियांशी, तीसरी

अनमोल वचन

1. कृष्णा कहते हैं, भरोसा खुद पर रखो तो ताकत बन जाती है और दूसरों पर रखो तो कमजोरी बन जाती है।
2. आप कभी सही थे इसमें कोई याद नहीं रखता, लेकिन आप कब गलत थे यह सब याद रखते हैं।

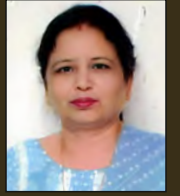


मेरे प्रिय लेखकः मुंशी प्रेमचंद

शालू अत्री
हिन्दी अध्यापिका

वैसे तो मैंने बहुत से लेखकों की कहानियाँ, कविताएँ आदि पढ़ी है परंतु उन सभी में से जिनसे मैं सबसे ज्यादा प्रभावित हुई हूँ वे हैं मेरे प्रिय लेखकर मुंशी प्रेमचंद जी। इनका जन्म 31 जुलाई सन् 1880 ई. में '(लमही गांव) वाराणसी में हुआ था। इन्होंने बी.ए. तक शिक्षा ग्रहण की। लिखने की शुरुआत इन्होंने उर्दू भाषा से की जिसमें इन्होंने अपना परिचय नवाबराय के नाम से दिया। इन्होंने अपने जीवन में बहुत से उपन्यास, कहानियाँ, नाटक, निबंध आदि लिखे। उपन्यास में इनके सेवासदन, कर्मभूमि, रंगभूमि, गोदान आदि प्रसिद्ध उपन्यास थे। प्रेमचंद जी ने अपने उपन्यासों में उस समय की स्थिति का जीवंत परिचय करवाया है कि कैसे उस समय गरीब, असहायों, मजदूरों और छोटे तबके के लोगों का जीवन होता था। उन पर तरह-तरह के अत्याचार होते थे। इनकी रचनाओं में कहीं भी बनावटीपन दिखाई नहीं देता। जो सच था वह उसी रूप में समाज के सामने प्रस्तुत करने का उन्होंने भरसक प्रयास किया था। भारत उस समय जिस दौर से गुजर रहा था उसका जीवंत उदाहरण हमें प्रेमचंद जी की रचनाओं में मिलता है। नारी की दयनीय स्थिति का वर्णन उन्होंने खुल कर किया है। वे अपनी रचनाओं द्वारा समाज में परिवर्तन लाना चाहते थे और वे इसमें कहीं न कहीं सफल भी हुए। लोगों में उनकी रचनाओं को पढ़कर नई क्रांति पैदा हुई। कुछ लोगों ने समाज में परिवर्तन लाने के प्रयास भी किए। समाज के बारे में सब कुछ सही-सही लिखना भी अपने आप में एक प्रशंसनीय कार्य है। इसके लिए हिम्मत और दृढ़ निश्चय होना आवश्यक है जोकि प्रेमचंद जी के पास विरासत में था। धन्य है ऐसे लेखक जिन्होंने अपने लेखों से समाज में परिवर्तन ला दिया। धन्य हैं जिन्हें उनकी रचनाएं पढ़ने का सौभाग्य मिला। अंत में ऐसे महान लेखक के चरणों में मेरा शत-शत नमन।

जीवन के पांच रत्न



मंजुला शर्मा
संस्कृत अध्यापिका

- 1. आधार:** नींव पक्की होगी तो ही मकान मजबूत बनेगा। नित्य प्रति ईश्वर का नाम स्मरण, प्रार्थना और कुछ मिनट का मौन-धारण जीवन का मजबूत आधार है।
- 2. आहार:** शुद्ध सात्विक आहार, मांसाहार एवं किसी प्रकार का नशा बिलकुल नहीं। खाने के लिए नहीं जीयें, स्वास्थ्य को ध्यान में रखकर जीने के लिए खायें, क्योंकि स्वास्थ्य जीवन का अमूल्य धन है।
- 3. विचार:** सादा जीवन उच्च विचार। विचारों में ईर्ष्या, द्वेष, क्रोध, अहंकार नहीं, किसी को कष्ट देने की संकीर्ण सोच नहीं, इससे अपनी ही ऊर्जा नष्ट होती है। विचार निराशावादी नहीं, आशा एवं उत्साह से भरे हुए होने चाहिए।
- 4. आचार:** चरित्रवान बनें। चरित्र, जीवन की ऊर्जा, तेज, एवं महानता है। अच्छी आदतें, अच्छा आचरण। देखना बोलना, सुनना, खाना-पीना सब संयमित है। मोबाईल, कम्प्यूटर, इंटरनेट आदि का अच्छा उपयोग। वेशभूषा, सौन्दर्य एवं बड़प्पन ही हमारी पहचान नहीं है असली पहचान है हमारा आचरण।
- 5. व्यवहार:** अच्छी बुद्धि मजबूत मन के साथ समता, सौम्यता, सद्भावना, विनम्रता के रूप में खुला-खिला व्यवहार। वाणी में तीखापन एवं स्वभाव में रूखापन नहीं होना चाहिए। हमारा व्यवहार माता-पिता, बुजुर्गों, शिक्षकों, गुरुजनों की प्रसन्नता बढ़ाये, परेशानी नहीं। ये जीवन के महान पांच रत्न हमें अपने जीवन में अपनाने चाहिए।

सूक्तयः

1. संघे शक्तिः कलौ युगे।
अथ- कलयुग में संघठन में शक्ति है।
2. विद्याधनं सर्वधनप्रधानम्।
अर्थ- विद्या रूपी धन सभी धनों में श्रेष्ठ है।
3. जननी जन्मभूमिश्च स्वर्गादापि गरीयसी।
अर्थ- जन्म देने वाली माता और मातृभूमि स्वर्ग से भी बड़ी होती है।
4. वीरभोग्या वसुंधरा।
अर्थ- यह पृथ्वी वीरों द्वारा उपभोग की जाने योग्य है।
5. वाग्भूषणं भूषणम्।
अर्थ- वाणी सभी आभूषणों की आभूषण है।
6. न्यायात् पथात् न प्रविचलन्ति धीराः।
अर्थ- धैर्यवान् लोग न्याय के मार्ग से नहीं हटते हैं।
7. विभूषण मौनमपण्डितानाम्।
अर्थ- मूर्ख लोगों का आभूषण मौन (चुप रहना) होता है।
8. बुभुक्षितः किं न करोति पापम्।
अर्थ- भूखा आदमी क्या पाप नहीं करता अर्थात् अपनी भूख शांत करने के लिए सारे गलत काम करता है।
9. शरीरमाद्यं खलु धर्मसाधनम्।
अर्थ - शरीर ही धर्म की पूर्ति (पालन) का साधन होता है।
10. क्षीरो नराः निस्करूणाः भवन्ति।
अर्थ- कमजोर व्यक्ति दयारहित हो जाते हैं।

मनीष, सातवीं 'ई'

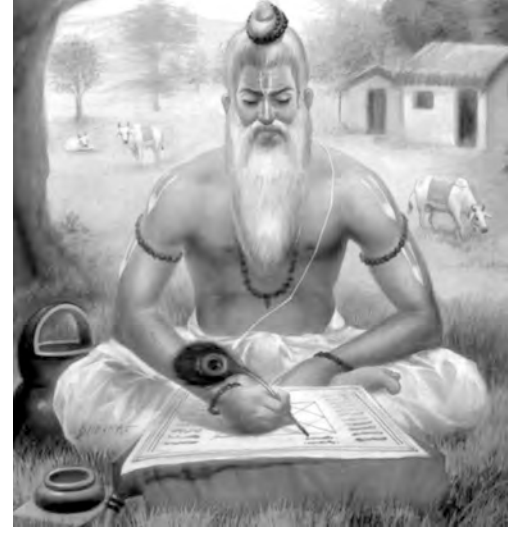
1. पण्डिताः समदर्शिनः।
अर्थ- पंडित (विद्वान) लोग सभी को समान दृष्टि से देखते हैं।
2. अल्पविद्या भयङ्करी।
अर्थ- कम जानकारी भयंकारी अर्थात् खतरनाक होती है।
3. नास्ति क्रोधसम रिपुः।
अर्थ- क्रोध के समान कोई शत्रु नहीं है।
4. हितं मनोहारि च दुर्लभं वचः।
अर्थ- हितकारी एवं अच्छी लगने वाली बातें दुर्लभ होती हैं।
5. माता भूमिः पुत्रोऽहं पृथिव्याः।
अर्थ- यह पृथ्वी (धरती) हमारी माता है और हम सब उसके पुत्र हैं।
6. मूर्खस्य नास्ति औषधम्।
अर्थ- मूर्ख के लिए कोई औषधि (दवा) नहीं है।
7. विनाशकाले विपरीतबुद्धिः।
अर्थ- विनाश के समय व्यक्ति की बुद्धि विपरीत हो जाती है।
8. अविवेकः परमापदां पदम्।
अर्थ- अविवेक (मूर्खता) मुसीबतों का घर है।
9. मतिरेव बलाद् गरीयसी।
अर्थ- बुद्धि ही बल से श्रेष्ठ है।

हंसिका शर्मा, आठवीं 'डी'

1. अवक्रता यथा चित्ते तथा वाचि भतेद यदि। तदेवाहुः महात्मानः समत्वमिति तथ्यतः।।
अर्थात्- जैसी सरलता चित्त में होती है, वैसी ही यदि वाणी में हो जाए तो वास्तव में इसे ही महापुरुष समता कहते हैं।
2. विद्वांस एव लोकेऽस्मिन् चक्षुष्मन्तः प्रकीर्तिताः। अन्येषां वदने ये तु ते चक्षुर्नामनी मते।।
अर्थात्- इस संसार में विद्वान व्यक्ति ही नेत्रों से युक्त पुरुषों के रूप में स्वीकार किए गए हैं। दूसरों के मुख पर जो आँखे हैं, वे तो सिर्फ नाम की मानी गई हैं।
3. आचारः प्रथमो धर्मः इत्येतद् विदुषां वचः। तस्माद् रक्षेत् सदाचारं प्राणेभ्योऽपि विशेषतः।।
अर्थात्- आचरण सबसे पहला धर्म है, ऐसा विद्वानों का वचन है। इसलिए सदाचार की रक्षा प्राणों से भी अधिक विशेष रूप से करनी चाहिए।

मनप्रीत, दसवीं 'ए'

संस्कृत ग्रन्थाः



1. मनु स्मृतिः- मनु द्वारा प्रतिपादित प्राचीन भारतीय समाज की आचार-संहिता का यह पद्यात्मक ग्रन्थ 12 अध्यायों का है। इसमें प्राचीन भारतीय समाज के लिए पालन करने योग्य नियमों का व्यापक संकलन है।
2. विदुरनीतिः- महाभारत के उद्योग पर्व में कुरुवंशी विद्वान द्वारा दिए गए उपदेशों का संग्रह है जो भगवद्गीता के समान स्वतंत्र ग्रन्थ के रूप में है। इसमें नौ अध्याय हैं।
3. चाणक्यनीतिः- इसके रचयिता चाणक्य हैं। इसमें 17 अध्याय हैं तथा 340 श्लोक हैं। लोक व्यवहार लोक व्यवहार की शिक्षा सरल श्लोकों में देने के कारण नीतिग्रन्थों में यह बहुत लोकप्रिय है।
4. सुभाषितरत्नभाण्डागारम्:- अनेक कवियों द्वारा रचित तथा अज्ञातकर्तृक श्लोकों का संग्रह है। इसमें प्रायः दस हजार छोटे-बड़े श्लोक हैं।
5. नीतिशतकम्:- भर्तृहरि रचित एक सौ से अधिक सरल नीति-विषयक पद्यों का ग्रन्थ है। इसमें मूर्खों की असाध्यता, विद्वानों के महत्त्व, धन की शक्ति, मनस्विता इत्यादि विषयों पर प्रकाश डाला गया है।
6. भामिनीविलासः- संस्कृत भाषा के उत्कृष्ट कवि तथा काव्यशास्त्री आचार्य पण्डितराज जगन्नाथ द्वारा रचित स्फुट (मुक्तक) पद्यों का संग्रह है, जिसमें चार भाग (विलास) हैं - अन्योक्ति, श्रङ्गार, करुण तथा शांत। प्रथम विलास में कवि ने सिंह, हंस, कमल, मधुकर, चन्दन, मेघ, समुद्र आदि को लक्षित कर सुंदर तथा भावपूर्ण अन्योक्तियाँ दी हैं।
7. हितोपदेशः- नारायण पण्डित द्वारा रचित नीतिकथाओं की लोकप्रिय पुस्तक है। इसकी कथाओं में 25 पंचतन्त्र से ही ली गई हैं। इसके चार भाग हैं - मित्रलाभ, सुहृदभेद, विग्रह तथा सन्धि। कथा कहने की इसकी पद्यति पंचतन्त्र के समान है।
8. पञ्चरात्रम्:- इसके रचयिता भास हैं, जिसका कथानक महाभारत से लिया गया है।
9. छान्दोग्योपनिषद्:- सामवेद में कौथुम शाखा से सम्बद्ध उपनिषद् है जो आठ अध्यायों से विभक्त है। इसमें अनेक रोचक कथाओं द्वारा दार्शनिक विषयों को स्पष्ट किया गया है।

गीतिका, नौवीं 'सी'

सुभाषितानि

पृथिव्यां त्रीणि रत्नानि जलमग्नं सुभाषितम् ।

मूढैः पाषाणखण्डेषु रत्नसंज्ञा विधीयते ।।

दाने सपासि शौर्यं च विज्ञाने विनये नये ।

विस्मयो न हि कर्तव्यो बहुरत्ना वसुन्धरा ।।

सद्भिरेव सहासीत सद्भिः कुर्वीत सङ्गतिम् ।

सद्भिर्विवादम् मैत्रीं च नासद्भिः किञ्चिदाचरेत् ।।

धनधान्यप्रयोगेषु विद्यायाः संग्रहेषु च ।

आहारे व्यवहारे च त्यक्तलज्जः सुखी भवेत् ।।

क्षमावशीकृतिलौकि क्षमया किं न साध्यते ।

ज्ञान्तिखड्गः करे यस्य किं करिष्यति दुर्जनः ।।

स्नेहा, सातवीं-डी

बाल प्रतिज्ञा (संस्कृत कविता)

करिष्यामि नो संङ्गतिं दुर्जनानाम्, करिष्यामि सत्सङ्गति सज्जनानाम् ।
धरिष्यामि पादौ सदा सत्यमार्गे, चलिष्यामि नाहं कदाचित् कुमार्गे ॥
हरिष्यामि वित्तानि कस्यापि नाऽहम्, हरिष्यामि चित्तानि सर्वस्य चाऽहम् ।
वदिष्यामि सत्यं न मिथ्या कदाचित्, वदिष्यामि मिष्टं न तिक्तं कदाचित् ॥
भविष्यामि धीरो भविष्यामि वीरो, भविष्यामि दानी स्वदेशाभिमानी ।
भविष्याम्यहं सर्वदोत्साहयुक्तः, भविष्यामि चालस्ययुक्तो न वाऽहम् ॥
सदा ब्रह्मचर्य-व्रतं पालयिष्ये, सदा देशसेवा-व्रतं धारयिष्ये ।
न सत्ये शिवे सुन्दरे जातु कार्ये, स्वकीये पदे पृष्ठतोऽहं करिष्ये ॥
सदाऽहं स्वधर्मानुरागी भवेयम्, सदाऽहं स्वकर्मानुरागी भवेयम् ।
सदाऽहं स्वदेशानुरागी भवेयम्, सदाऽहं स्ववेषानुरागी भवेयम् ॥

पारस, आठवीं-ई

कालिदासो जने-जने

कालिदासो जने जने, कण्ठे कण्ठे संस्कृतम् ।
ग्रामे ग्रामे नगरे नगरे, गेहे गेहे संस्कृतम् ॥
सरलाभाषा मधुराभाषा-2
दिव्याभाषा संस्कृतम् ।
कालिदासो जने जने, कण्ठे कण्ठे संस्कृतम् ॥
मुनिजनवाणी कविजन वाणी-2
परिजनवाणी संस्कृतम् ।
कालिदासो जने जने, कण्ठे कण्ठे संस्कृतम् ॥
सद्व्यवहारो कार्यक्षेत्रे वार्तालापे संस्कृतम् ।
कालिदासो जने जने, कण्ठे कण्ठे संस्कृतम् ॥
जने जने रामायणचरितम्-2
प्रियजनभाषा संस्कृतम् ।
कालिदासो जने जने, कण्ठे कण्ठे संस्कृतम् ॥
स्थाने स्थाने भारत देशे-2
सदने सदने संस्कृतम् ।
कालिदासो जने जने, कण्ठे कण्ठे संस्कृतम् ॥
मुनिजनवाञ्छा कविजनवाञ्छा-2
परिजनवाञ्छा संस्कृतम् ।
कालिदासो जने जने, कण्ठे कण्ठे संस्कृतम् ॥

अनन्या, आठवीं-ई



लालनगीतम् (लोरी)

उदिते सूर्ये धरणी विहसति । पक्षी कूजाति कमलं विकसति ॥1॥
नदति मन्दिरे उच्चैर्दक्का । सरितः सलिले सेलति नौका ॥2॥
पुष्पे पुष्पे नानारङ्गाः । तेषु डरन्ते चित्रपतङ्गा ॥3॥
वृक्षे वृक्षे नूतनपत्रम् । विविधैर्पणेविभाति चित्रम् ॥4॥
धेनुः प्रातर्यच्छति दुग्धम् । शुद्धं स्वच्छं मधुरं सिनग्धम् ॥5॥
गहने विपिने व्याघ्रो गर्जति । उच्चैस्तत्र च सिंहः नर्दति ॥6॥
हरिणोऽयं खादति नवद्यासम् । सर्वत्र च पश्यति सविलासम् ॥7॥
उष्ट्रः तुङ्गः मन्दं गच्छति । पृष्ठे प्रचुरं भारं निवहति ॥8॥
घोटकराजः क्षिप्रं धावति । धावनसमयं किमपि न खादति ॥9॥
पश्यत भल्लुकमिमं करालम् । नृत्यति थथथै कुरू
करतालम् ॥10॥

याशी, सातवीं-डी

विद्यायाः महत्त्व

विद्या एव मानवस्य वास्तविक चक्षुः भवति। अनया एव मानवः उचितं अनुचितं, करणीयम्-अकरणीयं ग्राह्यं-त्याज्यं वा इति सम्यक् निर्णयं कर्तुं शक्नोति। प्रतिष्ठिते कुले उत्पन्नः रुपयौवनसम्पन्नः जनः अपि यदि विद्यया हीनः भवति तदा समाजे सः सम्मानं न प्राप्नोति। विद्यया एव सः विविधविधं ज्ञानं प्राप्य आत्मनः समाजस्य च उत्थानं करोति लोके धनं कीर्तिं च विन्दति। विद्यया एव मानवः विनम्रतां योग्यतां वैभव सुखं च लभते विद्या मनुष्यस्य सदा मातेव रक्षां करोति पितेव हिने नियोजयति। अत एव उच्यते किं-किं न साधयति कल्पलतेव विद्या।

ताराणां भूषणं चन्द्रः, नारीणां भूषणं पति। पृथिव्याः भूषणं राजा, विद्या सर्वस्य भूषणं।।

करीति शर्मा, आठवी 'ई'

हास्यगोलकानि

1. देव - जानासि त्वं सर्वे जनाः मम जनकस्य अग्रे शिरः नमन्ति ?
अभनिव - देव ! किं त्वम् पिता प्रधानमंत्री अस्ति।
देव - नहि, नहि, मम् पिता तु नापितः अस्ति।
2. यमराजः भवतः कालः समाप्तः
अतः कापि अन्तिमेच्छा ?
मानवः - काग्रेसदलस्य सर्वकारं द्रष्टुम् ईहे।
यमराजः चतुर प्राणिन्।
अमरत्वम् वाञ्छति
3. रमेशः भवतः विवाहोऽभवत् वा ?
राजेशः आम्
रमेशः - अधुना किं करोति भवान् ?
राजेशः - पश्चात्तापम्।

प्रभुनूर, आठवी 'डी'

मम जन्नी (कविता)

त्वमस्ति मम प्रथमो गुरुः
दर्शयति सन्मार्गं सदा।
यदा धारयति मां स्वाङ्के
धन्यं भवामि अहं तदा।।1।।
ददाति भोजनम् महयम्
करोति सदैव हितम्।
पाठयति सत्यस्य पाठम्,
करोति स्नेहम् अपरमितम्।।2।।
त्वमेव मम जीवनाधारम्,
त्वमेव मम एकं शरणम्।
त्वामेव अहं नमामि नित्यम्,
त्वं बिना नास्ति मे जीवनम्।।3।।

श्रेया शर्मा, छट्टी 'डी'

पुत्री रक्षत पुत्रीं पाठयत च

अस्माकं देशे भारते जनानां मनसि पुत्र प्राप्तये प्रबला इच्छा भवति। केचित् जनाः परिवारस्य पूर्णतायै पुत्रम् एव इच्छन्ति एतदर्थं ते गर्भस्यशिशोः परीक्षणम् अपि कारयन्ति। यदि गर्भे एव हत्यां कृत्वा पुनः पुत्राय एव इच्छन्ति। एतत् समीचीनं नास्ति। अस्मात् कारणात् अस्माकं देशे कन्यानां संख्या पुरुषाणां अपेक्षया न्यूनतरा जाता। एतस्याः रूढिगतमानसिकतायाः परिवर्तनार्थं भारतसर्वकारेण 'पुत्री रक्षत पुत्रीं पाठयत' इति नाम्ना एकः अभियानः प्रारम्भः कृतः। अस्य अभियानस्य प्रमुखं उद्देशं सामाजिकदृष्ट्या परिवर्तनम् अस्ति। पुत्रीपुत्रयोः मध्ये कोऽपि भेदः न कर्तव्यः। पुत्री पुत्रात् अपेक्षया कश्चित् अपि क्षेत्रे न्यूनतरा नास्ति। विगतवर्षेषु ताः विभिन्नक्षेत्रेषु उल्लेखनीयं प्रदर्शनम् अकुर्वन्। यथा-विज्ञानक्षेत्रे, कला-साहित्यक्षेत्रे, क्रिडाक्षेत्रे, चिकित्साक्षेत्रे संगीत गायनक्षेत्रे च।

अनीका, आठवी 'ई'

पर्यावरणम् महत्त्वम्

वयं वायुजल मृदाभिः आवृत्ते वातावरणे निवसामः एतदेव वातावरणं पर्यावरण कथ्यते । पर्यावरणेनैव वयं जीवनोपभोगिवस्तुनिः प्राप्नुम जलं वायु च जीवने महत्त्वपूर्णं स्तः । साम्प्रतं शुद्ध-पेय जलस्य समस्या वर्तते । अधुना वायरपि शुद्ध नास्ति । एवमेव प्रदूषित-यर्थावरणेन विविधाः रोगाः जायन्ते । पर्यावरणस्य रक्षायाः अति आवश्यकता वर्तते । प्रदूषणस्य अनेकानि कारणानि सन्ति । औद्योगिकायशिष्ट- पदार्थ- उच्च-ध्वनि- यानधूम्रादयः प्रमुखानि कारणानि सन्ति । पर्यावरणरक्षायै वृक्षाः रोपणीयाः । वयं नदीषु तडागेषु च दूषितं जलं न पतेम् । तैल रहित वाहनानां प्रयोगः करणीयः । जनाः तरुणां रोपणम् अभिरक्षणं च कुर्युः ।

अर्जुन, सातवी 'ई'

नमामि-रक्षामि

1. अन्नं रत्नम्, वृक्षः देवः ।
नमामि देवं, रक्षामि रत्नम्
2. ददाति अन्नं बलम्, पौरुषम् ।
वृक्षाः ददाति छायां, पुष्पम् ।।
3. एतद अन्नं शक्तिवर्धकम् ।
एषः वृक्षः ददाति फलम् ।।
4. नमामि वृक्षं, रक्षामि अन्नम् ।
रक्षामि वृक्षं नमामि अन्नम् ।।
5. ददाति अन्नं मह्यं जीवनम् ।
ददाति वृक्षः अपि जवीनम् ।।

निकुंज, आठवी 'इ'



बुद्ध्या कार्यस्य सिद्धिः भवति

नद्याः तीरे एको वृक्षः अस्ति । तस्य उपरि एकः काकः निवसति । एकदा काकस्य मुखे रोटिकायाः एक खण्डम् आसीत् । वृक्षस्य अधः एकः श्रृगालः अधितिष्ठति । सः रोटिकायाः खण्डं खादितुम् इच्छति । श्रृगाः काकं वदति - “ भो मित्र ! तव शरीरस्य वर्णः कृष्णः अस्ति परन्तु कण्ठस्य स्वरः अतीव मधुरः अस्ति । अतः एकं मधुरं गीतं गाय । ”

श्रृगालस्य वचनेन काकः प्रफुल्लितः भवति । यदा सः गीतं गातुं मुखम् उद्घाटयति तदा तस्य मुखस्य रोटिकायाः खण्डम् अधः पतति । तत् खण्डम् श्रृगालः आनन्देन खादति । अतः कथितम् अस्ति- बुद्ध्या कार्यस्य सिद्धिः भवति ।

तनुषा, छड़ी 'ई'

मान्यवर शिक्षकः ।

अहं अब्राहम लिंकनः भवन्त नमस्करोमि ।

न सर्वे समुचितं व्यवहरन्ति, न च ते जन्मनः एव सुसंस्कृताः भवन्ति । केवलमाध्यापकः एव बालकं सर्वे शिक्षयितुं शक्नोति । भवतः शिक्षा प्राप्य बालः जानाति- ‘किं सत् किं-चासत्’ इति ।

- स्वजीवने बालकः परस्परं विरुद्धानि बहूनि तथ्यानि पश्यति । दुष्टान् सज्जनान् च समर्पितान् अलसान् च, शत्रून् मित्राणि च । भवानेन तं बोधयति यत् संसारे सः कथं परस्परविरुद्धेषु समन्वयं करिष्यति ।
- दुष्टः स्वयमेवान्तरे भीतः, दुर्बलः, चिन्तितः च भवति । चरित्र बलं भवति ।
- ग्रन्थेषु निहितं सुगदकोषं प्रकटयितुं भवानेव समर्थः । कृप्या बालकं बोधयतु-प्रकृतेः सुषमाम् तन्महत्वं च ।
- वेदनासु धीरता, कष्टेषु वीरतापि कृपयां बोधनीया । छलकःपटयोगात् प्राप्तं यत् तत् न चिरं तिष्ठति । सत्यमार्गं यदल्पं वा बहु प्राप्तं तदेव श्रेयस्करम् ।
- प्रेमातिशयः बालकः मानवमूल्येषु विश्वसिति । सर्वथा बालकः प्रबोधितव्यः, यतः-
अग्नौ संतप्य काञ्चनं भूयो भूयः प्रकाशयते ।

भवदीयः

अब्राहम लिंकनः

शिक्षकः प्रति पत्रं



कशिश, सातवी 'ई'

प्रहेलिका:

पञ्चभर्ती न पाञ्चाली द्विजिहवा न च सर्पिणी ।
कृष्णाननामुखी न मार्जारी, काऽहं वदतु साम्प्रतम् ॥1॥
स्नहें ददाति यो महयं, नित्यं तस्मै दादाम्यहम् ।
ज्योतिः पदार्थज्ञानार्थ, कोऽहं वदतु
साम्प्रतम् ॥2॥
यानस्यागुकं हरेः शस्त्रं, चिह्नं भारतभुपतेः ।
चलन्तं वर्तुलाकारं, यो जानाति स पण्डित ॥3॥
त्रिनेत्रोहपि शिवो नस्मि, घटो नास्मि जलान्वितः ।
कूर्चशमश्रुयुतो नित्यं, नो नास्मि ब्रवीतु माम् ॥4॥
अपदो दूरगामी च साक्षरो न च पण्डितः ।
अमुखः स्फुटवक्त्रता च यो जानाति स पण्डितः ॥5॥



उत्तराणि:- लेखनी, दीपकः, चक्रम्, नारिकेलफलम्, पत्रम्
सरगम, आठवी 'डी'

शिक्षाप्रद कथा नृपः वानरश्च कथा

एकस्मिन् नगरे कश्चन् राजा आसीत् । तस्य भवने कश्चन् वानरः आसीत् । सः वानरः महाराजस्य अतिव प्रियः अभवत् । मूलतः तस्य वानरस्य नक्षत्रे सर्वत्र गन्तुं लियाः आसीत् । सः वानरः दैनिक क्षत्रियं गत्वा स्वेच्छया उद्याने क्रीदित्वा सुखं अवसत् । एकदा राजा निद्रायम् आसीत् ।

तदा वानरः एकं विज्ञानं गृहित्वा विजनं कर्तुम् आरभत् । अत्रेन्ने एक मक्षिका राजस्य वक्षस्थले उपविषत् । तं मक्षिकां दृष्ट्वा कुपितः वानरः व्यजनेन तां दूरकर्तुं प्रयासम् अकरोत् । परंतु सा मक्षिका ततः दूरं न अगच्छत् । तांमक्षिकां हन्तुम् एकं तीक्ष्णम् खंडं गृहित्वा वेगेन तदयितुं यत्नं अकरोत् । वानरस्य चेष्टाम् दृष्ट्वा सा मक्षिका झटति उड्डयनं कृत्वा दूरं अगच्छत् । खंडप्रहारः तु महाराजस्य वक्षस्थले अपतत् । तेन साः महाराजः तत्रैव व्याणितः अभावत् ।

शिक्षाः मूर्खैः सह मित्रता कदापि न उचिता ।



अंशुमन, आठवी 'डी'

सदाचारः श्लोक

1. आलस्य हि मनुष्याणां शरीरस्थो महान् रिपः । नास्तयुधमसमो बन्धुः कृत्वा य नावसीदति । ।
अर्थात्- आलस्य मनुष्य के शरीर में रहने वाला सबसे प्रबलतम शत्रु होता है । उद्यम के समान दूसरा कोई बंधु नहीं होता जिसको करने से वह कभी दुखी नहीं होता ।
2. श्रेष्ठं जनं गुरुं चापि भातरं पितरं तथा । मनयां कर्मणा वाचा सेवेत सवत सदा । ।
अर्थात्- श्रेष्ठ व्यक्ति गुरु माता और पिता की हमेशा मन, वाणी एवं कर्म से निरन्तर सेवा करनी चाहिए ।
3. मित्रेण कलहं कृत्वा न कदापि सुखी जनः । इति ज्ञात्वा प्रयासेना तदेव परिव्रजयेत् । ।
अर्थात्- मित्र के साथ झगड़ा करके मनुष्य सुखी नहीं रह सकता । यह जानकर उस झगड़े को ही छोड़ देना चाहिए ।
4. सत्यं त्रूयात् प्रियं ब्रूयात् न ब्रूयात् सत्यताप्रियम् । प्रियं च नानृतं ब्रूयात् एवं धर्मैः सनातनः । ।
अर्थात्- प्रिय सत्य बोलना चाहिए, अप्रिय सत्य नहीं बोलना चाहिए और प्रिय झूठ नहीं बोलना चाहिए ।

गुलशन,
सातवी 'ई'

नीतिश्लोकाः

1. ताराणां भूषणं चन्द्रः, नारीणां भूषणं पतिः ।
पृथिव्याः भूषणं राजा, विद्या सर्वस्य भूषणम् ।।
अर्थ- तारों का आभूषण चांद्र है, नारी का आभूषण उसका पति है। पृथ्वी का आभूषण राजा है, विद्या सब का आभूषण है।।
2. उत्सवे व्यसने प्राप्ते, दुर्भिक्षे शत्रुसंकटे ।
राजद्वारे श्मशाने च, यः तिष्ठति सः बान्धवः ।।
अर्थ- उत्सव में, बुरी आदतों में, बुरे समय में, शत्रु द्वारा संकट में, न्यायलय में और श्मशान में जो साथ रहता है वही मित्र है।।
3. प्रारभ्यते न खलु विघ्नभ्येन नीचैः, प्रारभ्य
विघ्नविघ्नाः विरमन्ति मध्याः ।
विघ्नैः पुनः पुनरपि प्रतिहन्यमानाः, प्रारभ्य
चोत्मा न परित्यजन्ति ।।
अर्थ- नीच लोग मुसीबतों के डर से काम को शुरू नहीं करते, मध्यम लोग काम को शुरू तो करते हैं परन्तु मुसीबत आने पर बीच में छोड़ देते हैं। उत्तम लोग काम को शुरू भी करते हैं, और बार-बार मुसीबत आने पर भी उसको पूर्ण (पूरा) ही करते हैं।।
4. मित्रेण क्लहं कृत्वा न कदपि सुखी जनः ।
इति ज्ञात्वा प्रयासेव तदेन परिवर्जयेत् ।।
अर्थ- मित्रों के साथ झगड़ा करके मनुष्य कभी भी सुखी नहीं होता। झगड़े को जान कर उसे दूर करने का प्रयास करना चाहिए।
5. उद्यमेन विना राजन! न सिध्यन्ति मनोरथाः ।
कातराः इति जलपन्ति, यद्भाव्यं तद्भविष्यति ।
अर्थ- हे राजन परिश्रम के बिना, कार्य सफल नहीं होते। कायर लोग कहते हैं, जो भाग्य में वही होगा।

हंसिका शर्मा, आठवीं 'डी'



तरवे नमोऽस्तु (वृक्ष का अभिनंदन करें)

वृक्षा अस्माकं जीवनस्य आधाराः सन्ति। वयं वृक्षेभ्यः फलानि, काष्ठानि, अन्नानि, पुष्पाणि, पत्राणि, औषधानि, शीतला छाया शुद्धवायुं च प्राप्नुमः। वृक्षाः सदैव परोपकारिणः इव अस्मान् ददति कदापि किमपि न वाञ्छन्ति। ते अन्यस्य हेतोः छायां कुर्वन्ति स्वयम् आतपे तिष्ठन्ति; स्वफलान्यपि परेभ्यः ददति ते सत्पुरुषाः इव अस्मान् बहु उपकुर्वन्ति। अतएव कथितमिदं तेषां विषये-

छायामन्यस्य कुर्वन्ति, स्वयं तिष्ठन्ति चातपे।

फलायन्यपि परार्थाय, वृक्षाः सत्पुरुषाः इव ।। 1 ।।

वृक्षाः केवलं प्रकृतेः शोभां न वर्धयन्ति अपितु तस्य संतुलनमपि साधयन्ति। ते वायुमण्डले स्थितं 'कार्बनडाई ऑक्साइड' इति वायुं शोषयन्ति प्राणवायुं (आम्सीजन) च विसृजन्ति। एतेन पर्यावरणे वायोः संतुलनम् भवति। यत्र वृक्षाः भवन्ति तत्र वर्षा अपि प्रचुरमात्रायाम् भवति। यदि वृक्षाः न स्युः तर्हि कुतः फलानि, काष्ठानि, शुद्धः वायु च? वृक्षणाम् अभावे भूमिक्षरणस्य, भूस्खलनस्य, जनावृष्टेः च अनेके उत्पाताः भवन्ति। अधुनाम् अस्माकम् जीवने वृक्षणाम् महती उपयोगिता वर्तते। अतएव कथितामिदं तेषां विषये-

पत्र-पुष्प-फलच्छाया-मल-वल्कल-दारुभिः।

गन्ध-निर्यास-भरमास्थिताकमैः कामान्वितन्वते ।। 2 ।।

अस्माकम् शास्त्रेष्वपि एकः वृक्षः दशपुत्रसमः कथितः। एते वृक्षाः अस्माकम् रक्षकाः सन्ति, तेषां रक्षणे एव अस्माकं रक्षणं निहितमस्ति। अतएव कथितम्:

अहो! एषां वरं जन्म, सर्वप्राण्युपजीवनम्।

धन्याः महीरुहाः येभ्यो, निराशाः यन्ति नार्थिनः ।। 3 ।।

गीतिका, आठवीं 'ई'

ਪਾਣੀ ਦੀ ਮਹਾਨਤਾ ਤੂ ਸੰਭਾਲ



ਪਾਣੀ ਸਾਡੇ ਜੀਵਨ ਦਾ ਆਧਾਰ ਹੈ। ਇਸ ਤੋਂ ਬਿਨਾਂ ਜੀਵ-ਜੰਤੂ ਅਤੇ ਪੌਦੇ ਜਿੰਦਾ ਨਹੀਂ ਰਹਿ ਸਕਦੇ। ਧਰਤੀ ਉੱਤੇ ਪਾਣੀ ਦੇ ਕਈ ਸ੍ਰੋਤ ਹਨ, ਜਿਵੇਂ- ਵਰਖਾ ਦਾ ਪਾਣੀ, ਧਰਾਤਲੀ ਪਾਣੀ, ਜ਼ਮੀਨ ਹੇਠਲਾ ਪਾਣੀ, ਸਮੁੰਦਰਾਂ, ਝੀਲਾਂ ਖੇਤਾਂ ਤੇ ਬਨਸਪਤੀ ਤੋਂ ਪਾਣੀ ਭਾਫ਼ ਬਣ ਕੇ ਲਗਾਤਾਰ ਵਾਯੂਮੰਡਲ ਵਿੱਚ ਮਿਲਦਾ ਹੈ। ਬਨਸਪਤੀ ਅਤੇ ਜੀਵ ਆਪਣੀਆਂ ਲੋੜਾਂ ਪੂਰੀਆਂ ਕਰਨ ਲਈ ਪਾਣੀ ਦੀ ਵਰਤੋਂ ਕਰਦੇ ਹਨ। ਪਰੰਤੂ ਸਭ ਤੋਂ ਵੱਧ ਵਰਤੋਂ ਮਨੁੱਖ ਹੀ ਕਰਦੇ ਹਨ। ਅੱਜ ਦੀ ਖੇਤੀਬਾੜੀ ਵੀ ਸਿੰਜਾਈ ਤੇ ਨਿਰਭਰ ਕਰਦੀ ਹੈ। ਵੱਧ ਝਾੜ ਦੇਣ ਵਾਲੀਆਂ ਫ਼ਸਲਾਂ ਨਿਸਚਿਤ ਸਮੇਂ ਤੋਂ ਬਾਅਦ ਪਾਣੀ ਦੀ ਮੰਗ ਕਰਦੀਆਂ ਹਨ। ਇਸ ਤਰ੍ਹਾਂ ਵੱਡੇ-ਵੱਡੇ ਉਦਯੋਗ; ਜਿਵੇਂ:- ਲੋਹਾ ਤੇ ਇਸਪਾਤ, ਐਲੂਮੀਨੀਅਮ, ਕੱਪੜਾ, ਕਾਗਜ਼ ਆਦਿ। ਵਰਤਮਾਨ ਸਮੇਂ ਵਿੱਚ ਕਈ ਕਰਨਾਂ ਕਰਕੇ ਪਾਣੀ ਦਾ ਪੱਧਰ ਨੀਵਾਂ ਹੋ ਰਿਹਾ ਹੈ। ਆਬਾਦੀ ਵੱਧਣ ਅਤੇ ਨਵੇਂ-ਨਵੇਂ ਧੰਦਿਆਂ ਆਦਿ ਨਾਲ ਤਾਜ਼ੇ ਤੇ ਸੁੱਧ ਪਾਣੀ ਦੀ ਘਾਟ ਵੀ ਸਾਹਮਣੇ ਆ ਰਹੀ ਹੈ। ਕਿਸਾਨਾਂ ਨੂੰ ਪਾਣੀ ਦੀ ਉਪਲੱਬਧਤਾ ਨੂੰ ਧਿਆਨ ਵਿੱਚ ਰੱਖ ਕੇ ਹੀ ਫ਼ਸਲਾਂ ਦੀ ਚੋਣ ਕਰਨੀ ਚਾਹੀਦੀ ਹੈ। ਕਾਰਾਂ, ਫ਼ਰਸ਼ ਆਦਿ ਨੂੰ ਪਾਣੀ ਨਾਲ ਧੋਣ ਦੀ ਬਜਾਏ ਕੱਪੜਾ ਗਿੱਲਾ ਕਰਕੇ ਸਾਫ਼ ਕਰਨਾ ਚਾਹੀਦਾ ਹੈ। ਅੰਤ ਵਿੱਚ ਇਹੋ ਕਿਹਾ ਜਾ ਸਕਦਾ ਹੈ ਕਿ ਵਿਸ਼ਵ ਭਰ ਵਿੱਚ ਪਾਣੀ ਦਾ ਸੰਕਟ ਡੂੰਘਾ ਹੁੰਦਾ ਜਾ ਰਿਹਾ ਹੈ। ਇਸ ਲਈ ਅੱਜ ਸਾਫ਼ ਪਾਣੀ ਨੂੰ ਬਚਾਉਣ ਅਤੇ ਪਾਣੀ ਨੂੰ ਦੂਸ਼ਿਤ ਹੋਣ ਤੋਂ ਰੋਕਣ ਦੇ ਉਪਰਾਲੇ ਕਰਨੇ ਚਾਹੀਦੇ ਹਨ ਕਿਉਂਕਿ “ਪਹਿਲਾਂ ਪਾਣੀ ਜਿਉ ਹੈ, ਜਿਤੁ ਹਰਿਆ ਸਭੁ ਕੇਈ।”

Swati, 8th A

ਪੰਜਾਬ

'ਪੰਜਾਬੀ' ਸ਼ਬਦ ਦਾ ਅਰਥ ਉਹ ਵਿਅਕਤੀ ਹੋ ਸਕਦਾ ਹੈ ਜੋ ਪੰਜਾਬ ਵਿੱਚ ਰਹਿੰਦਾ ਹੈ ਅਤੇ ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਨੂੰ ਬੋਲਣ ਵਾਲਾ ਵੀ ਹੈ। ਇਹ ਨਾਮ ਫਾਰਸੀ ਭਾਸ਼ਾ 'ਪੰਜ' ਅਤੇ 'ਆਬ' ਤੋਂ ਆਇਆ ਹੈ। ਪੰਜ ਆਬ ਜਾਂ ਪੰਜਾਬ: ਪੰਜ ਦਰਿਆਵਾਂ ਦੀ ਧਰਤੀ। ਸਿੰਧ ਨਦੀ ਅਤੇ ਦੱਖਣ ਵੱਲ ਜਾਣ ਵਾਲੀਆਂ ਪੰਜ ਹੋਰ ਨਦੀਆਂ ਅੰਤ ਵਿੱਚ ਸਿੰਧ ਵਿੱਚ ਸ਼ਾਮਲ ਹੋ ਜਾਂਦੀਆਂ ਹਨ ਜਾਂ ਬਾਅਦ ਵਿੱਚ ਸਿੰਧ ਵਿੱਚ ਸ਼ਾਮਲ ਹੋ ਕੇ ਪੰਜਾਬ ਘਾਟੀ ਦੇ ਹੇਠਾਂ ਵਹਿ ਜਾਂਦੀਆਂ ਹਨ।

ਸਾਰਿਆਂ ਨਦੀਆਂ ਹਿਮਾਲਿਆ ਤੋਂ ਸ਼ੁਰੂ ਹੋ ਜਾਂਦੀਆਂ ਹਨ। ਇਹ ਹੋਰ ਪੰਜ ਦਰਿਆ ਜੇਹਲਮ ਨਦੀ, ਚਨਾਬ ਨਦੀ, ਰਾਵੀ ਨਦੀ, ਬਿਆਸ ਨਦੀ ਅਤੇ ਸਤਲੁਜ ਦਰਿਆ ਹਨ। ਪੰਜਾਬੀ ਸੱਭਿਆਚਾਰ ਪੰਜਾਬ ਦੇ ਭੂਗੋਲਿਕ ਖਿੱਤੇ ਦਾ ਉਤਪਾਦ ਹੈ। ਪੰਜਾਬ ਦੀਆਂ ਭੂਗੋਲਿਕ ਸੀਮਾਵਾਂ ਲਗਾਤਾਰ ਬਦਲ ਰਹੀਆਂ ਹਨ। ਇਹੀ ਕਾਰਨ ਹੈ ਕਿ ਅਜੋਕਾ ਪੰਜਾਬ ਇੱਕ ਰਾਜਨੀਤਿਕ ਹਸਤੀ ਹੈ।

Kartik, 9th E

ਪੰਜਾਬ ਦੇ ਲੋਕ-ਨਾਚ



1. **ਭੰਗੜਾ:-** ਭੰਗੜਾ ਪੰਜਾਬ ਦੇ ਦੋ ਮੁੱਖ ਅਤੇ ਉੱਘੇ ਲੋਕ ਨਾਚਾਂ ਵਿੱਚੋਂ ਇੱਕ ਹੈ, ਦੂਜਾ ਮੁੱਖ ਨਾਚ ਹੈ ਗਿੱਧਾ। ਭੰਗੜਾ ਗੱਭਰੂਆਂ ਦਾ ਨਾਚ ਹੈ ਜਦਕਿ ਗਿੱਧਾ ਮੁਟਿਆਰਾਂ ਦਾ। ਭੰਗੜਾ ਤਕਰੀਬਨ ਹਰ ਖੁਸ਼ੀ ਦੇ ਮੌਕੇ ਤੇ ਪਾਇਆ ਜਾਂ ਨੱਚਿਆ ਜਾਂਦਾ ਹੈ।
2. **ਗਿੱਧਾ:-** ਗਿੱਧਾ ਸਮੁੱਚੇ ਪੰਜਾਬ ਦੀਆਂ ਇਸਤਰੀਆਂ ਦੇ ਚਾਵਾਂ, ਉਮੰਗਾਂ ਵਲਵਲਿਆਂ ਅਤੇ ਉਲਾਸ ਭਾਵਾਂ ਨੂੰ ਪ੍ਰਗਟ ਕਰਨ ਵਾਲਾ ਹਰਮਨ-ਪਿਆਰਾ ਲੋਕ-ਨਾਚ ਹੈ। ਸਦੀਆਂ ਤੋਂ ਇਸ ਲੋਕ-ਨਾਚ ਦੀ ਪੰਜਾਬੀ ਜਨ-ਜੀਵਨ ਵਿੱਚ ਵਿਸ਼ੇਸ਼ ਥਾਂ ਬਣੀ ਰਹੀ ਹੈ। ਅਸਲ ਵਿੱਚ ਗਿੱਧਾ ਤਾੜੀ ਨਾਚ ਹੈ।

ਸੋਹਣ ਅਤੇ ਮੋਹਣ ਦੀ ਮੰਮੀ

ਇੱਕ ਵਾਰ ਦੀ ਗੱਲ ਹੈ ਬਹੁਤ ਪਹਿਲਾ ਝਨੀਰ ਨਾਮ ਦੇ ਪਿੰਡ ਵਿੱਚ ਇੱਕ ਸੋਹਣ ਨਾਮ ਦਾ ਮੁੰਡਾ ਸੀ। ਉਸ ਦੀ ਮੰਮੀ ਦਾ ਨਾਮ ਮੀਤੋ ਸੀ ਜਦੋਂ ਉਸ ਦੀ ਮੰਮੀ ਗੁਰੂ ਨਾਨਕ ਦੇਵ ਜੀ ਦਾ ਪਾਠ ਕਰਨ ਬੈਠਦੀ ਸੀ। ਤਾਂ ਉਹ ਸੋਹਣ ਨੂੰ ਕਹਿੰਦੀ ਸੀ ਕਿ ਪੁੱਤਰ ਨੂੰ ਮੇਰੇ ਨਾਲ ਬੈਠ ਕੇ ਪਾਠ ਕਰ, ਤਾਂ ਸੋਹਣ ਕਹਿੰਦਾ ਸੀ। ਮੈਂ ਰੱਬ ਵਿੱਚ ਵਿਸ਼ਵਾਸ ਨਹੀਂ ਕਰਦਾ।

- ਸੋਹਣ ਦੀ ਮੰਮੀ- “ਨਹੀਂ ਕਿਉਂ ਪੁੱਤਰ ਤੂੰ ਰੱਬ ਵਿੱਚ ਵਿਸ਼ਵਾਸ ਕਿਉਂ ਨਹੀਂ ਕਰਦਾ।”
- ਸੋਹਣ- “ਨਹੀਂ ਮੰਮੀ ਜੀ ਅਗਰ ਰੱਬ ਹੁੰਦਾ ਤਾਂ ਉਹ ਸਾਨੂੰ ਦਿਖਾਈ ਕਿਉਂ ਨਹੀਂ ਦਿੰਦੇ ਤੇ ਸਾਡੀ ਕੋਈ ਇੱਛਾ ਪੂਰੀ ਕਿਉਂ ਨਹੀਂ ਕਰਦੇ।”
- ਸੋਹਣ ਦੀ ਮੰਮੀ- “ਸੋਹਣ ਦੀ ਮੰਮੀ ਨੇ ਸ੍ਰੀ ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਸਾਹਿਬ ਜੀ ਦੇ ਛੋਟੇ ਬੱਚੇ ਜ਼ੋਰਾਵਰ ਤੇ ਫਤਿਹ ਸਿੰਘ ਨੂੰ ਮੁਗਲ ਬਾਦਸ਼ਾਹ ਨੇ ਉਹਨਾਂ ਦੇ ਧਰਮ ਵਿੱਚ ਰਲਣ ਲਈ ਬਹੁਤ ਸਾਰੇ ਲਾਲਚ ਦਿੱਤੇ ਉਹਨਾਂ ਨੂੰ ਕਿਹਾ ਗਿਆ ਕਿ ਆਪ ਨੂੰ ਮਹਿਲ-ਮੁਨਾਰੇ ਹਰ ਸੁੱਖ ਦਿੱਤਾ ਜਾਵੇਗਾ ਪਰ ਬੱਚਿਆਂ ਨੇ ਆਪਣਾ ਧਰਮ ਨਾ ਬਦਲਿਆ ਤੇ ਗੁਰੂ ਜੀ ਦੇ ਸੰਸਕਾਰਾਂ ਤੇ ਕਾਇਮ ਰਹੇ। ਉਹਨਾਂ ਨੂੰ ਮੁਗਲਾਂ ਨੇ ਜਿੰਦਾ ਦੀਵਾਰ ਵਿੱਚ ਚਿਣਵਾ ਦਿੱਤਾ ਅਤੇ ਫਿਰ ਬੇਰਹਿਮੀ ਨਾਲ ਕਤਲ ਕਰ ਦਿੱਤਾ। ਉਹਨਾਂ ਬੱਚਿਆਂ ਦੀ ਉਮਰ 7,9 ਸਾਲ ਦੀ ਸੀ। ਉਹਨਾਂ ਬੱਚਿਆਂ ਦੀ ਦਿੱਤੀ ਕੁਰਬਾਨੀ ਸਾਨੂੰ ਅੱਜ ਵੀ ਯਾਦ ਹੈ।
- ਸੋਹਣ- ਮੰਮੀ ਜੀ ਮੈਂ ਅੱਜ ਤੋਂ ਬਾਅਦ ਰੋਜ਼ ਪਾਠ ਕਰਾਂਗਾ।

‘ਰੱਬ ਜੀ ਮੇਰਾ ਸੱਚਾ ਦੇਸਤ ਹੈ’

ਮੇਰੀ ਪਿਆਰੀ ਮਾਂ

ਭੁੱਖ ਲੱਗੇ ਉਹ ਝੱਟ ਰਜਾਉਂਦੀ,
ਮਿੱਠਾ-ਮਿੱਠਾ ਦੁੱਧ ਪਿਆਉਂਦੀ,
ਜਾਨੋਂ ਵੱਧ ਉਹ ਮੈਨੂੰ ਚਾਵੇ,
ਆਪ ਤਾਂ ਜਗਦੀ ਸਾਰੀ ਰਾਤ,
ਮੈਨੂੰ ਜਰੂਰ ਸੁਆਵੇ
ਦੁੱਖਾਂ ਵੇਲੇ ਫੜਦੀ ਬਾਂਹ,
ਉਹ ਹੈ ਮੇਰੀ ਪਿਆਰੀ ਮਾਂ।
ਮੇਰੀ ਤੱਕਦੀ ਰਹਿੰਦੀ ਰਾਹ,
ਉਹ ਹੈ ਮੇਰੀ ਪਿਆਰੀ ਮਾਂ।
ਮੈਂ ਅੰਮੀ ਦੀ ਲਾਡ-ਦੁਲਾਰੀ,
ਮੈਨੂੰ ਆਖੇ ਚੰਨ ਤੇ ਤਾਰਾ,
ਉਸ ਦੇ ਨਾਲ ਹੀ ਜਚੇ ਗਰਾਂਅ
ਉਹ ਹੈ ਮੇਰੀ ਪਿਆਰੀ ਮਾਂ।

Mansi, 7th A

Alka, 7th A

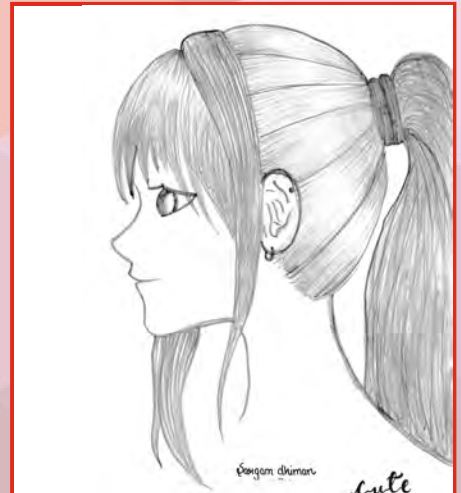
School Council Installation



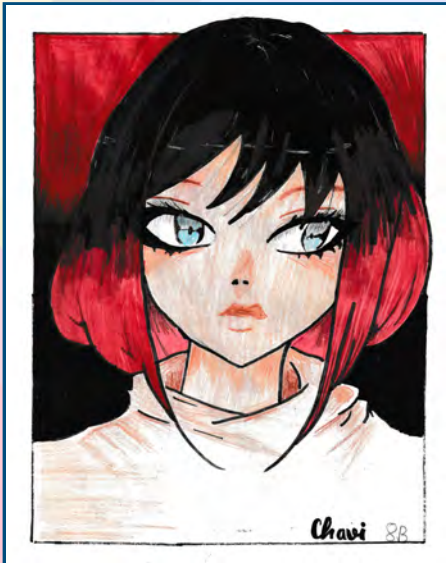
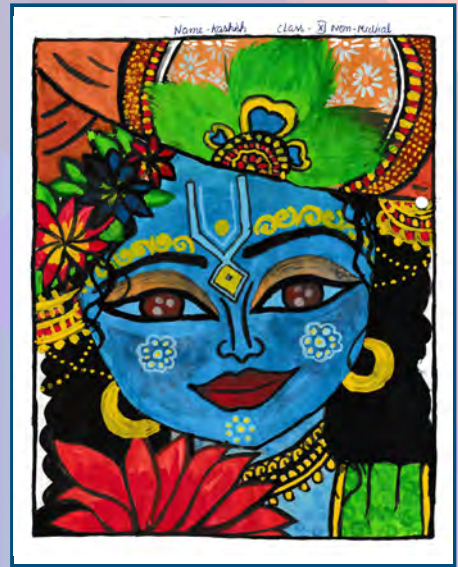
Elocution



Sparking Innovation



Igniting Young Minds



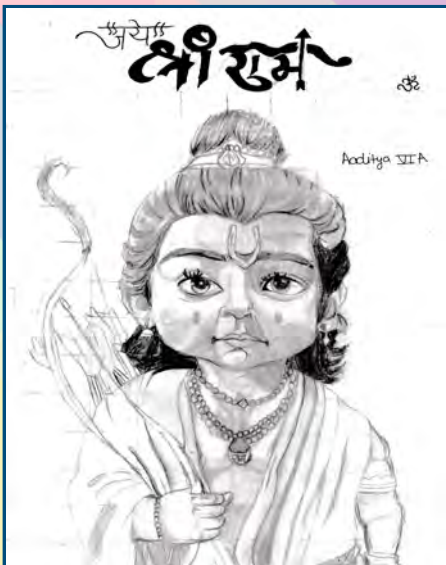
Epic Interjections

An interjection is a part of speech used to convey or express sudden feelings and emotions.

Interjections are small words that bear no grammatical connection with the sentences in which they are used.

They are usually followed by an exclamation mark.

Navra- Anantika
Class- 3rd A



ਪੰਜਾਬ ਦੇ ਦਰਸ਼ਨੀ ਸਥਲ

ਪੰਜਾਬ ਭਾਰਤ ਦਾ ਇੱਕ ਵਿਸ਼ੇਸ਼ ਪ੍ਰਾਂਤ ਹੈ। ਇਹ ਧਰਤੀ ਗੁਰੂਆਂ-ਪੀਰਾਂ ਅਤੇ ਰਿਸ਼ੀਆਂ-ਮੁਨੀਆਂ ਦੀ ਧਰਤੀ ਹੈ। ਪੰਜਾਬ ਦਾ ਇਤਿਹਾਸ ਬਹੁਤ ਪੁਰਾਣਾ ਹੈ। ਪੰਜਾਬ ਵਿੱਚ ਕਈ ਦਰਸ਼ਨੀ ਥਾਂ ਹਨ ਜੋ ਕਿ ਦੁਨੀਆਂ ਭਰ ਵਿੱਚ ਪ੍ਰਸਿੱਧ ਹਨ।

ਪੰਜਾਬ ਦੀਆਂ ਕੁਝ ਦਰਸ਼ਨੀ ਥਾਂ:-

ਸ੍ਰੀ ਹਰਿਮੰਦਰ ਸਾਹਿਬ – ਇਹ ਸਿੱਖਾਂ ਦਾ ਸਭ ਤੋਂ ਪਵਿੱਤਰ ਅਤੇ ਧਾਰਮਿਕ ਸਥਾਨ ਹੈ ਇਸ ਨੂੰ ਸਵਰਣ ਮੰਦਰ ਵੀ ਕਿਹਾ ਜਾਂਦਾ ਹੈ। ਕਿਉਂਕਿ ਇਹ ਸੋਨੇ ਨਾਲ ਮੜਿਆ ਹੋਇਆ ਹੈ। ਇਹ ਅੰਮ੍ਰਿਤਸਰ ਸ਼ਹਿਰ ਵਿੱਚ ਹੈ।

ਜਲ੍ਹਿਆਂਵਾਲਾ ਬਾਗ - ਸੰਨ:

1919 ਵਿੱਚ ਹੋਏ ਖੂਨੀ ਕਾਂਡ ਨੂੰ ਕੇਵਲ ਨਹੀਂ ਜਾਣਦਾ। ਜਲ੍ਹਿਆਂਵਾਲਾ ਬਾਗ ਵਿੱਚ ਨਿਰਦੋਸ਼ ਲੋਕਾਂ ਤੇ ਜਨਰਲ ਡਾਇਰ ਵਲੋਂ ਗੋਲੀ ਚਲਾਈ ਗਈ ਸੀ, ਹਜ਼ਾਰਾਂ ਨਿਰਦੋਸ਼ ਲੋਕਾਂ ਨੂੰ ਮੇਤ ਦਾ ਘਾਟ ਉਤਾਰ ਦਿੱਤਾ ਗਿਆ।

Jasika, 9th E

ਪੰਜਾਬ ਦੀ ਮਸਹੂਰ ਜਗ੍ਹਾ

- ਹਰਿਮੰਦਰ ਸਾਹਿਬ:-** ਹਰਿਮੰਦਰ ਸਾਹਿਬ ਸਿੱਖਾਂ ਦਾ ਧਾਰਮਿਕ ਸਥਾਨ ਹੈ। ਜਿਸਨੂੰ ਸਵਰਣ ਮੰਦਰ ਵੀ ਕਿਹਾ ਜਾਂਦਾ ਹੈ। ਹਰਿਮੰਦਰ ਸਾਹਿਬ ਪੰਜਾਬ ਅੰਮ੍ਰਿਤਸਰ ਸ਼ਹਿਰ ਵਿੱਚ ਸਥਿੱਤ ਹੈ। ਅੰਮ੍ਰਿਤਸਰ ਚੌਥੇ ਗੁਰੂ ਰਾਮਦਾਸ ਜੀ ਨੇ ਵਸਾਇਆ ਸੀ। ਇਸ ਦੀ ਨੀਂਹ ਪ੍ਰਸਿੱਧ ਮੁਸਲਮਾਨ ਫਕੀਰ ਸਾਂਈ ਮੀਆਂ ਮੀਰ ਜੀ ਨੇ ਰੱਖੀ ਸੀ। ਹਰਿਮੰਦਰ ਸਾਹਿਬ ਸਿੱਖਾਂ ਦਾ ਸਭ ਤੋਂ ਵੱਡਾ ਧਾਰਮਿਕ ਸਥਾਨ ਹੈ। ਹਰਿਮੰਦਰ ਸਾਹਿਬ ਵਿੱਚ ਲੰਗਰ ਦਿਨ ਰਾਤ ਚਲਦਾ ਹੈ। ਇੱਥੇ ਇੱਕ ਅਜਾਇਬ ਘਰ ਵੀ ਮੌਜੂਦ ਹੈ ਜਿੱਥੇ ਸਿੱਖ ਇਤਿਹਾਸ ਨਾਲ ਸੰਬੰਧਿਤ ਕਿਤਾਬਾਂ ਮੌਜੂਦ ਹਨ। 'ਦੁੱਖ ਭੰਜਨੀ ਬੇਰੀ' ਵੀ ਹਰਿਮੰਦਰ ਸਾਹਿਬ ਵਿੱਚ ਮੌਜੂਦ ਹੈ।
- ਫਤਹਿਗੜ੍ਹ ਸਾਹਿਬ:-** ਗੁਰਦੁਆਰਾ ਫਤਹਿਗੜ੍ਹ ਸਾਹਿਬ ਦਸਮੇਸ਼ ਪਿਤਾ, ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਜੀ ਦੇ ਛੋਟੇ ਸਾਹਿਬਜ਼ਿਆਂ ਬਾਬਾ ਜੋਰਾਵਰ ਸਿੰਘ ਜੀ ਤੇ ਬਾਬਾ ਫਤਹਿ ਸਿੰਘ ਜੀ ਧਰਮ ਦੀ ਰਾਖੀ ਲਈ ਦਿੱਤੀ ਅਦੁੱਤੀ ਸਹਾਦਤ ਦੀ ਅਮਰ ਯਾਦਗਾਰ ਵਜੋਂ ਸੁਭਾਇਮਾਨ ਹੈ। ਕਲਗੀਧਰ ਪਾਤਸ਼ਾਹ ਦੇ ਛੋਟੇ ਬਹਾਦਰ ਸਪੁੱਤਰ ਸ੍ਰੀ ਅਨੰਦਪੁਰ ਸਾਹਿਬ ਦੀ ਭਿਆਨਕ ਜੰਗ ਸਮੇਂ ਮਾਤਾ ਗੁਜਰੀ ਸਮੇਤ, ਗੁਰਦੁਆਰਾ ਪਰਿਵਾਰ ਵਿਛੋੜਾ ਦੇ ਸਥਾਨ ਤੋਂ ਖਾਲਸਾਈ ਪਰਿਵਾਰ ਨਾਲੋਂ ਵਿਛੜ ਗਏ।
- ਤਖ਼ਤ ਸ੍ਰੀ ਦਮਦਮਾ ਸਾਹਿਬ:-** ਦਮਦਮਾ ਸਾਹਿਬ ਜਾਂ ਤਲਵੰਡੀ ਸਾਬੋ ਪਿੰਡ ਸਾਬੋ ਕੀ ਤਲਵੰਡੀ ਨੇੜੇ ਸ੍ਰੀ ਗੁਰੂ ਗੋਬਿੰਦ ਸਿੰਘ ਸਾਹਿਬ ਦਾ ਪ੍ਰਸਿੱਧ ਅਸਥਾਨ ਜਿਸ ਨੂੰ ਗੁਰੂ ਕੀ ਕਾਸ਼ੀ ਵੀ ਕਿਹਾ ਜਾਂਦਾ ਹੈ। ਡੱਲੇ ਸਿੱਖ ਦਾ ਪ੍ਰੇਮ ਦੇਖਕੇ ਕਲਗੀਧਰ ਪਿਤਾ ਨੇ ਇੱਥੇ ਕਰੀਬ ਸਾਢੇ ਨੌਂ ਮਹੀਨੇ ਨਿਵਾਸ ਕੀਤਾ। ਮਾਤਾ ਸੁੰਦਰੀ ਜੀ ਅਤੇ ਮਾਤਾ ਸਾਹਿਬ ਕੌਰ ਜੀ, ਭਾਈ ਮਨੀ ਸਿੰਘ ਜੀ ਨੂੰ ਨਾਲ ਲੈ ਕੇ ਇਸ ਥਾਂ ਦਿੱਲੀ ਤੋਂ ਦਸਮ ਗੁਰੂ ਦੇ ਦਰਸ਼ਨ ਕਰਨ ਆਏ। ਮਾਲਵੇ ਦੇ ਜੰਗਲ ਨੂੰ ਸਰਸਬਜ਼ ਕਰਨ ਲਈ ਨਹਿਰਾਂ ਦਾ ਵਰ ਵੀ ਇਸੇ ਥਾਂ ਤੇ ਬਖਸ਼ਿਆ ਹੈ।



ਮੇਰੇ ਜੀਵਨ ਦਾ ਉਦੇਸ਼

ਮਨੁੱਖ ਜਨਮ ਪਰਮਾਤਮਾ ਦਿ ਅਨਮੇਲ ਦਾਤ ਹੈ। ਸਾਨੂੰ ਇਸ ਨੂੰ ਵਿਅਰਥ ਨਹੀਂ ਗੁਆਉਣਾ ਚਾਹੀਦਾ ਅਤੇ ਚੰਗੇ ਲੇਖੇ ਲਾਉਣਾ ਚਾਹੀਦਾ ਹੈ। ਹਰ ਮਨੁੱਖ ਦੇ ਜੀਵਨ ਦਾ ਕੋਈ ਨਾ ਕੋਈ ਉਦੇਸ਼ ਜ਼ਰੂਰ ਹੋਣਾ ਚਾਹੀਦਾ ਹੈ। ਕੋਈ ਵੀ ਮਨੁੱਖ ਦੁਨੀਆਂ ਵਿੱਚ ਕੁਝ ਵੀ ਨਹੀਂ ਹਾਸਲ ਕਰ ਸਕਦਾ ਜੇ ਉਸਦਾ ਉਦੇਸ਼ ਨਿਸ਼ਚਿਤ ਨਾ ਹੋਵੇ। ਇਸ ਲਈ ਸਾਨੂੰ ਸਾਰਿਆਂ ਨੂੰ ਆਪਣੇ ਉਦੇਸ਼ਾਂ ਨੂੰ ਸਿੱਖਣਵਿੱਚ ਸਪਸ਼ਟ ਕਰਨ ਦੀ ਲੋੜ ਹੈ। ਮੈਂ ਆਪਣੀ ਜਿੰਦਗੀ ਦਾ ਉਦੇਸ਼ ਪਹਿਲਾਂ ਹੀ ਨਿਰਧਾਰਤ ਕਰ ਲਿਆ ਹੈ। ਮੈਂ ਵੱਡੇ ਹੋ ਕੇ ਇੱਕ ਡਾਕਟਰ ਬਣਨਾ ਚਾਹੁੰਦੀ ਹਾਂ। ਮੈਂ ਪੈਸਾ ਕਮਾਉਣ ਲਈ ਨਹੀਂ ਬਲਕਿ ਸਮਾਜ ਦੀ ਸੇਵਾ ਕਰਨ ਲਈ ਇੱਕ ਚੰਗਾ ਡਾਕਟਰ ਬਣਨਾ ਚਾਹੁੰਦੀ ਹਾਂ। ਜੀਵ ਵਿਗਿਆਨ ਵਿੱਚ ਮੇਰੀ ਦਿਲਚਸਪੀ ਨੂੰ ਵੇਖਦਿਆਂ ਹੋਇਆ ਵੀ ਮੈਂ ਡਾਕਟਰ ਬਣਨਾ ਤੈਅ ਕੀਤਾ ਹੈ। ਮੈਂ ਇੱਕ ਡਾਕਟਰ ਬਣ ਕੇ ਗਰੀਬ, ਅਨਾਥ ਅਤੇ ਬੇਸ਼ਹਾਰਾ ਲੋਕਾਂ ਦੀ ਇਲਾਜ ਕਰਨ ਦੇ ਯੋਗ ਬਣਨਾ ਚਾਹੁੰਦੀ ਹਾਂ। ਡਾਕਟਰ ਬੀਮਾਰ ਲੋਕਾਂ ਇਲਾਜ ਕਰਦੇ ਹਨ ਅਤੇ ਜਾਨਾਂ ਬਚਾਉਂਦੇ ਹਨ। ਉਹ ਲੋਕਾਂ ਨੂੰ ਸਿਹਤਮੰਦ ਰਹਿਣ ਵਿੱਚ ਮਦਦ ਕਰਦੇ ਹਨ। ਡਾਕਟਰ ਨੂੰ 'ਰੱਬ' ਦਾ ਇੱਕ ਰੂਪ ਮੰਨਿਆ ਜਾਂਦਾ ਹੈ। ਜੇ ਡਾਕਟਰ ਬਣਾਂਗਾ ਤਾਂ ਮੈਂ ਗਰੀਬਾਂ ਅਤੇ ਲੋੜਵੰਦਾਂ ਲੋਕਾਂ ਪ੍ਰਤਿ ਦਿਆਲੂ ਹੋਵਾਂਗੀ ਅਤੇ ਮੈਂ ਉਹਨਾਂ ਤੇ ਕੋਈ ਫੀਸ ਵੀ ਨਹੀਂ ਲਵਾਂਗਾ। ਮੈਂ ਯਕੀਨਨ ਹੀ ਆਪਣੀ ਮਿਹਨਤ ਸਦਕਾ ਡਾਕਟਰ ਬਣਨ ਦੇ ਆਪਣੇ ਇਸ ਸੁਪਨੇ ਨੂੰ ਜ਼ਰੂਰ ਪੂਰਾ ਕਰ ਲਵਾਂਗਾ।

Sakshi, 8th-C

ਪੰਜਾਬ ਦਾ ਖਾਨਪਾਨ

ਪੰਜਾਬੀ ਪਕਵਾਨ ਭਾਰਤ ਅਤੇ ਪਾਕਿਸਤਾਨ ਦੇ ਪੰਜਾਬ ਖੇਤਰ ਤੱਕ ਭੋਜਨ ਦੇ ਨਾਲ ਸੰਬੰਧਿਤ ਹੈ। ਇਹ ਪਕਵਾਨ ਖਾਣਾ ਪਕਾਉਣ ਦੇ ਬਹੁਤ ਸਾਰੇ ਵੱਖ ਅਤੇ ਸਥਾਨਕ ਤਰੀਕੇ ਦੇ ਇੱਕ ਪਰੰਪਰਾ ਹੈ। ਤੰਦੂਰੀ ਕਲਾ ਪਕਵਾਨ ਪਕਾਉਣ ਦੀ ਸੈਲੀ ਦਾ ਇੱਕ ਵਿਸ਼ੇਸ਼ ਰੂਪ ਹੈ। ਹੁਣ ਜੇ ਕਿ ਭਾਰਤ ਦੇ ਕਈ ਹਿਸ਼ੀਆਂ, ਯੂਕੇ, ਕੈਨੇਡਾ ਅਤੇ ਸੰਸਾਰ ਦੇ ਬਹੁਤ ਸਾਰੇ ਹਿੱਸੇ ਵਿੱਚ ਪ੍ਰਸਿੱਧ ਹੈ। ਪੰਜਾਬ ਦੇ ਸਥਾਨਕ ਪਕਵਾਨ ਖੇਤੀਬਾੜੀ ਅਤੇ ਖੇਤੀ-ਸੈਲੀ ਦੁਆਰਾ ਪ੍ਰਭਾਵਿਤ ਹੁੰਦੇ ਹਨ। ਜੇ ਕਿ ਪ੍ਰਾਚੀਨ ਹੜੱਪਾ ਸਭਿਅਤਾ ਦੇ ਸਮੇਂ ਤੋਂ ਪ੍ਰਚਲਿਤ ਹੈ। ਲੋਕਲ ਵੱਧ ਰੇਸ਼ੇ ਵਾਲੇ ਭੋਜਨ ਸਥਾਨਕ ਪਕਵਾਨ ਦੇ ਪ੍ਰਮੁੱਖ ਹਿੱਸਾ ਬਣਦੇ ਹਨ। ਖਾਸ ਤੌਰ ਤੇ ਪੰਜਾਬੀ ਪਕਵਾਨ ਵਿਆਪਕ ਸ਼ਾਕਾਹਾਰੀ ਅਤੇ ਮੀਟ ਪਕਵਾਨ ਦੇ ਨਾਲ-ਨਾਲ ਮੱਖਣ ਵਰਗੇ ਸੁਆਦ ਲਈ ਜਾਣੇ ਜਾਂਦੇ ਹਨ।

Jasika, 9thE

ਚੰਗੀਆਂ ਗੱਲਾਂ

1. ਚੰਗੀਆਂ ਆਦਤਾਂ ਹੋਣਾ ਇੱਕ ਮਨੁੱਖ ਲਈ ਬਹੁਤ ਜ਼ਰੂਰੀ ਹੈ।
2. ਚੰਗੀਆਂ ਆਦਤਾਂ ਮਨੁੱਖ ਨੂੰ ਸਫਲ ਬਣਾਉਂਦੀਆਂ ਹਨ।
3. ਅਧਿਆਪਕ ਅਤੇ ਮਾਤਾ-ਪਿਤਾ ਬਚਪਨ ਤੋਂ ਹੀ ਚੰਗੀਆਂ ਆਦਤਾਂ ਸਿਖਾਉਂਦੇ ਹਨ।
4. ਵੱਡਿਆਂ ਦਾ ਸਨਮਾਨ ਕਰਨ, ਟਾਈਮ ਤੇ ਪਹੁੰਚਣਾ, ਖਾਣਾ ਅਤੇ ਸੋਣਾ ਚੰਗੀਆਂ ਆਦਤਾਂ ਹਨ।
5. ਸਾਨੂੰ ਆਪਣੇ ਮਾਤਾ-ਪਿਤਾ ਅਤੇ ਅਧਿਆਪਕਾਂ ਦਾ ਸਨਮਾਨ ਕਰਨਾ ਚਾਹੀਦਾ ਹੈ।
6. ਸਾਨੂੰ ਆਪਣਾ ਕੰਮ ਸਹੀ ਸਮੇਂ ਤੇ ਪੂਰਾ ਕਰਨਾ ਚਾਹੀਦਾ ਹੈ।

Keshav Saini, 5th B

ਬਾਪੂ

ਬਾਪੂ ਕੀ ਲਿਖਾਂ ਮੈਂ ਤੇਰੇ ਲਈ,
ਮੇਰੀ ਕਲਮ 'ਚ ਐਨੀ ਜਾਨ ਨਹੀਂ।
ਤੇਰੀ ਕੀਤੀ ਮਿਹਨਤ ਨੂੰ ਅੱਖਰਾਂ ਵਿੱਚ ਦੱਸ ਨਹੀਂ
ਸਕਦੀ,
ਮੈਂ ਐਨੀ ਵੀ ਗਿਆਨਵਾਨ ਨਹੀਂ।
ਸਾਡੇ ਲਈ ਕਮਾਉਂਦਾ ਤੂੰ,
ਆਪਣੇ ਚਾਅ ਮਾਰ ਗਿਆ।
ਤੂੰ ਕਿੰਨਾ ਮਹਾਨ ਐ ਬਾਪੂ,
ਸਾਡੇ ਸੁਪਨੇ ਪੂਰੇ ਕਰਦਾ।
ਹਰ ਇੱਕ ਦੁੱਖ ਸਹਾਰ ਗਿਆ।
ਤੂੰ ਸਾਰਿਆਂ ਨਾਲੋਂ ਵੱਧ ਕੇ ਕੀਤੀ,
ਪਰ ਕਦੇ ਜਤਾਇਆ ਨੀਂ।
ਸਾਡੀਆਂ ਹਰ ਇੱਕ ਖੁਆਇਸ਼ਾਂ ਪੂਰੀਆਂ ਕੀਤੀਆਂ।
ਤੇਰੇ ਹੁੰਦੇ ਸਾਡੀ ਅੱਖ 'ਚ, ਪਾਣੀ ਕਦੇ ਆਇਆ
ਨੀ।
ਰੱਬ ਹਰੇਕ ਦੀਆਂ ਖੁਆਇਸ਼ਾਂ ਨਹੀਂ ਪੂਰੀਆਂ ਕਰ
ਸਕਦਾ,
ਉਹ ਨੇ ਬਾਪੂ ਵਰਗੀ ਵੱਖਰੀ ਚੀਜ਼ ਬਣਾਈ ਆ।
ਸਾਡੀ ਹਨੇਰਿਆਂ ਵਰਗੀ ਜਿੰਦਗੀ ਵਿੱਚ,
ਤੇਰੇ ਕਰਕੇ ਰੋਸ਼ਨੀ ਆਈ ਆ।
ਤੇਰੇ ਬਾਰੇ ਲਿਖਦਿਆਂ ਸੋਚਦੀਆਂ,
ਬਾਪੂ ਹੱਥ ਮੇਰਾ ਰੁੱਕ ਜਾਂਦਾ।
ਸਾਡੇ ਲਈ ਕੀਤੀਆਂ ਮਿਹਨਤਾਂ ਅੱਗੇ,
ਸਿਰ ਅੱਜ ਵੀ ਮੇਰਾ ਝੁੱਕ ਜਾਂਦਾ।
ਹੌਸਲਾ ਨੀ ਪੈਂਦਾ ਕਲਮ ਛੱਡਣ ਦਾ,
ਨਾ ਹੀ ਵਿੱਚ ਲਿਖ ਸਕਦੀ ਜਜ਼ਬਾਤਾਂ ਦੇ।
ਮੈਨੂੰ ਮਾਫ਼ ਕਰੀਂ ਬਾਪੂ ,
ਤੇਰੇ ਬਾਰੇ ਦੱਸ ਨਹੀਂ ਹੋਣਾ,
ਮੈਥੋਂ ਵਿੱਚ ਲਿੱਖ 'ਬਾਤਾਂ' ਦੇ।

Rubalpreet
8th A

ਪਹੇਲੀਆਂ

1. ਉਹ ਕਿਹੜੀ ਚੀਜ਼ ਹੈ ਜਿਸਨੂੰ ਤੁਸੀਂ ਖਾ ਸਕਦੇ ਹੋ ਪਰ ਦੇਖ ਨਹੀਂ ਸਕਦੇ?
2. ਉਸ ਚੀਜ਼ ਦਾ ਨਾਮ ਦੱਸੋ ਜੋ ਕਦੇ ਬਿਮਾਰ ਨਹੀਂ ਹੁੰਦੀ ਪਰ ਫਿਰ ਵੀ ਉਸਨੂੰ ਗੋਲੀ ਦਿੱਤੀ ਜਾਂਦੀ ਹੈ?
3. ਉਹ ਕਿਹੜੀ ਸਬਜ਼ੀ ਹੈ ਜਿਸਦੇ ਵਿੱਚ ਇੱਕ ਸਹਿਰ ਦਾ ਨਾਮ ਹੀ ਆਉਂਦਾ ਹੈ?
4. ਕਿਹੜੀ ਚੀਜ਼ ਨੂੰ ਕੱਟਣ ਤੇ ਲੋਕ ਗਾਣਾ ਗਾਉਂਦੇ ਹਨ?
5. ਕਿਹੜੀ ਚੀਜ਼ ਨੂੰ ਔਰਤ ਸਾਲ ਵਿੱਚ ਸਿਰਫ ਇੱਕ ਵਾਰ ਹੀ ਖਰੀਦਦੀ ਹੈ?

1. ਕਸ਼ਮ, 2. ਬੰਦੂਕ, 3. ਸ਼ਿਮਲਾ ਮਿਰਚ, 4. ਕੇਕ, 5. ਰੱਖੜੀ

Rehan, 5th A

ਪਹੇਲੀਆਂ



1. ਜੇ ਖਾਣ ਲਈ ਖਰੀਦ ਦੇ ਹਨ ਪਰ ਉਸਨੂੰ ਖਾਂਦੇ ਨਹੀਂ, ਲਗਾਓ ਦਿਮਾਗ?
2. ਬੁਝਾਰਤ-
ਖੰਭ ਨਹੀਂ ਪਰ ਉੱਡਦਾ ਹੈ ਨਾਂ ਰੱਡੀਆਂ ਨਾ ਮਾਸ
ਬੰਦੇ ਚੁੱਕੇ ਉੱਡ ਜਾਂਦਾ ਹੈ ਹੋਵੇ ਨਾ ਕਦੇ ਉਦਾਸ
3. ਉਹ ਕਿਹੜੀ ਚੀਜ਼ ਹੈ। ਜਿਹੜੀ ਸਭ ਕੋਲ ਹੁੰਦੀ ਹੈ ਪਰ ਉਸ ਨੂੰ ਕੋਈ ਚੁਰਾ ਨਹੀਂ ਸਕਦਾ?
4. ਉਹ ਕਿਹੜੀ ਚੀਜ਼ ਹੈ। ਜਿਹੜੀ ਮਰਦਾਂ ਕੋਲ ਛੋਟੀ ਹੁੰਦੀ ਹੈ ਅਤੇ ਔਰਤਾਂ ਕੋਲ ਵੱਡੀ ਹੁੰਦੀ ਹੈ?
5. ਉਹ ਕਿਹੜੀ ਚੀਜ਼ ਹੈ। ਜਿਸ ਨੂੰ ਮਾਰਦੇ ਸਮੇਂ ਅੱਖਾਂ ਬੰਦ ਹੋ ਜਾਂਦੀਆਂ ਹਨ?

1. ਪਲੇਟ, 2. ਹਵਾਈ ਜਹਾਜ਼, 3. ਗਿਆਨ, 4. ਪਰਸ, 5. ਛਿੱਕ

ਹਾਰ ਨਾ ਮੰਨੋ

ਬਹੁਤ ਸਮਾਂ ਪਹਿਲਾਂ, ਇੱਕ ਪਿੰਡ ਵਿੱਚ ਰੋਡਨੀ ਨਾਂ ਦਾ ਇੱਕ ਮੁੰਡਾ ਰਹਿੰਦਾ ਸੀ। ਉਹ ਆਪਣੇ ਪਰਿਵਾਰ ਨਾਲ ਬਹੁਤ ਖੁਸ਼ ਸੀ, ਪਰ ਉਸਦੀ ਖੁਸ਼ੀ ਬਹੁਤੀ ਦੇਰ ਤੱਕ ਟਿਕ ਨਾ ਸਕੀ। ਰੋਡਨੀ ਅਤੇ ਉਸ ਦੇ ਸਾਥੀ ਪਿੰਡ ਵਾਸੀਆਂ ਨੂੰ ਇੱਕ ਗੰਭੀਰ ਸੋਕੇ ਦਾ ਸਾਹਮਣਾ ਕਰਨਾ ਪਿਆ। ਉਹਨਾਂ ਨੇ ਅੜੀ ਨਾਲ ਮੀਂਹ ਦਾ ਇੰਤਜਾਰ ਕੀਤਾ ਪਰ ਕਿਸਮਤ ਨਾਲ ਨਹੀਂ ਸੀ।

ਸਾਰੀਆਂ ਫਸਲਾਂ ਦੇ ਪੌਦੇ ਅਤੇ ਇੱਥੋਂ ਤੱਕ ਕਿ ਰੁੱਖ ਵੀ ਸੁੱਕ ਗਏ ਹਨ। ਪਸ਼ੂ ਮਰਨ ਲੱਗੇ। ਮੀਂਹ ਨਾ ਪੈਣ ਕਾਰਨ ਇਹ ਨਦੀ ਹੋਲੀ-ਹੋਲੀ ਸੁੱਕ ਰਹੀ ਸੀ।

ਇੱਕ ਰਾਤ, ਪਿੰਡ ਵਾਸੀਆਂ ਨਾਲ ਮੁਲਾਕਾਤ ਦੌਰਾਨ, ਰੋਡਨੀ ਨੇ ਕਿਹਾ ਕਿ, “ਦੇਸ਼ ਤੇ ਅਸੀਂ ਸਾਰਿਆਂ ਨੇ ਸਾਡੇ ਪਿੰਡ ਵਿੱਚੋਂ ਵਹਿਣ ਵਾਲੀ ਕਿਸੇ ਭੂਮੀਗਤ ਨਦੀ ਬਾਰੇ ਆਪਣੇ ਦਾਦਾ-ਦਾਦੀ ਜੀ ਤੋਂ ਕਹਾਣੀਆਂ ਸੁਣੀਆਂ ਹਨ। ਕਿਉਂ ਨਾ ਅਸੀਂ ਖੁਦਾਈ ਕਰਕੇ ਵੇਖੀਏ? ਪਿੰਡ ਵਾਸੀ ਮੰਨ ਗਏ ਅਤੇ ਖੁਦਾਈ ਸ਼ੁਰੂ ਕਰ ਦਿੱਤੀ। ਉਨ੍ਹਾਂ ਨੇ ਕੁਝ ਦਿਨਾਂ ਲਈ ਪੁੱਛਿਆ ਪਰ ਜਲਦੀ ਹੀ ਛੱਡ ਗਏ। ਹਾਲਾਂਕਿ, ਰੋਡਨੀ ਨੇ ਖੁਦਾਈ 'ਤੇ ਜੋਰ ਰੱਖਿਆ, ਜਦੋਂ ਲੋਕਾਂ ਨੇ ਉਸਨੂੰ ਹਾਰ ਮੰਨਣ ਲਈ ਕਿਹਾ, ਤਾਂ ਉਸਨੇ ਕਿਹਾ, “ਰੱਬ ਜੀ ਮੇਰੀ ਮਦਦ ਕਰ ਰਿਹਾ ਹੈ ਅਤੇ ਮਾਰਗ ਦਰਸ਼ਨ ਕਰ ਰਿਹਾ ਹੈ।” ਰੋਡਨੀ ਦੇ ਜਿਆਦਾ ਡੂੰਘਾ ਖੋਦਨ ਤੇ ਉਸ ਨੂੰ ਪਾਣੀ ਦਿਖਿਆ। ਹਾਰ ਨਾ ਮੰਨਣ ਦੀ ਇਸ ਆਦਤ ਨੇ ਸਾਰਿਆਂ ਦੀ ਜਾਨ ਬਚਾ ਲਈ। “ਕਦੇ ਵੀ ਇੰਨੀ ਆਸਾਨੀ ਨਾਲ ਹਾਰ ਨਾ ਮੰਨੋ”, ਰੋਡਨੀ ਨੇ ਸਾਰੇ ਪਿੰਡ ਵਾਸੀਆਂ ਨੂੰ ਸਲਾਹ ਦਿੱਤੀ। ਹੁਣ ਉਨ੍ਹਾਂ ਨੂੰ ਕਦੇ ਵੀ ਪਾਣੀ ਦੀ ਕਮੀ ਨਾ ਹੋਈ ਅਤੇ ਜਦੋਂ ਵੀ ਕੋਈ ਸਮੱਸਿਆ ਆਉਂਦੀ ਹੈ, ਤਾਂ ਸਾਰੇ ਪਿੰਡ ਵਾਸੀ ਇੱਕਠੇ ਹੋ ਕੇ ਹੱਲ ਲੱਭਦੇ ਹਨ।

Lavika Malik, 8th C



ਪੰਜਾਬ

ਪੰਜਾਬ ਉੱਤਰੀ ਭਾਰਤ ਅਤੇ ਪੂਰਬੀ ਪਾਕਿਸਤਾਨ ਵਿੱਚ ਇੱਕ ਰਾਜ ਹੈ। “ਪੰਜਾਬ” ਨਾਮ ਦਾ ਅਰਥ ਹੈ “ਪੰਜ ਦਰਿਆਵਾਂ ਦੀ ਧਰਤੀ”, ਸਤਲੁਜ, ਬਿਆਸ, ਰਾਵੀ, ਚਨਾਬ ਅਤੇ ਜੇਹਲਮ ਦਰਿਆਵਾਂ ਦਾ ਹਵਾਲਾ ਦਿੰਦੇ ਹਨ। ਇਸ ਦੀ ਰਾਜਧਾਨੀ 'ਚੰਡੀਗੜ੍ਹ' ਹੈ। ਇਹ ਪੰਜਾਬ ਸਿੱਖ ਧਰਮ ਦਾ ਇੱਕ ਮਹੱਤਵਪੂਰਨ ਕੇਂਦਰ ਹੈ।

Cheshta, 7th A

ਬਚਪਨ ਦੀਆਂ ਗੱਲਾਂ

ਅੱਜ ਮੈਂ ਨੂੰ ਮੈਂ ਲਿਖਿਆ,
ਲੰਬੀਆਂ ਬਾਤਾਂ ਚੱਲੀਆਂ ਨੇ।
ਕੁਝ ਕੁ ਪੁਰਾਣੇ ਟਾਈਮ ਦੀਆਂ,
ਮੈਂ ਯਾਦਾਂ ਖੱਲੀਆਂ ਨੇ।
ਬੇਫਿਕਰਾ ਜਿਹਾ ਬਚਪਨ ਕਿਥੇ
ਉਡਾਰੀ ਮਾਰ ਗਿਆ,
ਸਭ ਦੇ ਚਿਹਰੇ ਦੀ ਰੋਣਕ ਪਤਾ
ਨਹੀਂ ਕਿਥੇ ਹਾਰ ਗਿਆ।

ਜਿਹਨਾਂ ਯਾਰਾਂ ਨਾਲ ਫਿਰਦੇ ਸੀ,
ਕੰਮਾਂ ਕਾਰਾਂ 'ਚ ਰੁੱਝ ਗਏ ਨੇ,
ਜਿਹਨਾਂ ਚਿਹਰਿਆਂ ਤੇ ਹਾਸੇ ਸੀ,
ਅੱਜ ਉਹ ਚਿਹਰੇ ਬੁੱਝ ਗਏ ਨੇ।
ਬਚਪਨ ਸਾਥੋਂ ਖੁਸ਼ ਗਿਆ
ਜਿੰਮੇਵਾਰੀਆਂ ਜਗ੍ਹਾਂ ਮੱਲੀਆਂ ਨੇ,
ਅੱਜ ਮੈਂ ਨੂੰ ਮੈਂ ਲਿਖਿਆ,
ਲੰਬੀਆਂ ਬਾਤਾਂ ਚੱਲੀਆਂ ਨੇ।

Pratibha, 7th A

ਮਾਂ ਬੋਲੀ



ਆਉ ਮਾਂ ਬੋਲੀ ਦਾ ਸਤਿਕਾਰ ਕਰੀਏ,
ਮਾਂ ਵਰਗਾ ਇਸ ਨੂੰ ਪਿਆਰ ਕਰੀਏ।
ਨਾ ਵਿਸਾਰੀਏ ਇਸ ਨੂੰ ਮਨ ਚੋਂ,
ਚਲੇ ਇਸ ਦਾ ਪਰਚਾਰ ਕਰੀਏ।
ਸਾਡੀ ਪਹਿਚਾਣ ਦਾ ਆਧਾਰ ਹੈ ਮਾਂ ਬੋਲੀ,
ਕੈਮ ਦੀ ਹੋਂਦ ਦਾ ਹਥਿਆਰ ਹੈ ਮਾਂ ਬੋਲੀ।
ਇਸ ਹੁੰਦੀ ਸਾਡੀ ਮਾਂ ਵਰਗੀ,
ਠੰਡੀ ਬੋਹੜ ਦੀ ਛਾਂ ਵਰਗੀ।
ਵਿਰਸੇ ਦੇ ਮਿਲਿਆ ਪਿਆਰ ਹੈ ਮਾਂ ਬੋਲੀ।
ਮੇਰੀ ਮਾਂ ਬੋਲੀ ਮੇਰੀ ਸਾਨ ਹੈ,
ਜਿਸਦੀ ਦੁਨੀਆਂ ਤੇ ਵੱਖਰੀ ਪਹਿਚਾਣ ਹੈ,
ਮਾਂ ਤੋਂ ਮਿਲੀ ਮੈਨੂੰ ਇਹ ਬੋਲੀ,
ਸ਼ਹਿਦ ਤੋਂ ਮਿੱਠੀ, ਜਿਵੇਂ ਵਿੱਚ ਮਿਸ਼ਰੀ ਘੋਲੀ,
ਮੇਰੀ ਮਾਂ ਬੋਲੀ ਹਿੰਦੀ; ਪੰਜਾਬੀ,
ਜੇ ਹੈ ਪੰਜ ਆਬਾਂ ਦੀ ਬੋਲੀ।
ਮੇਰੇ ਲਈ ਬਜ਼ੁਰਗਾਂ ਦੀ ਦੁਆ ਹੈ ਮਾਂ ਬੋਲੀ,
ਜਾਪੇ ਮੈਨੂੰ ਖੁਦਾ ਹੈ ਮਾਂ ਬੋਲੀ।
ਆਉ ਮਾਂ ਬੋਲੀ ਦਾ ਸਤਿਕਾਰ ਕਰੀਏ,
ਮਾਂ ਵਰਗਾ ਇਸ ਨੂੰ ਪਿਆਰ ਕਰੀਏ।

Naman Jaglan, 8th C

ਰੱਬ ਦਾ ਦੇਸਤ

ਇੱਕ ਬੱਚਾ ਸ਼ਿਖਰ ਦੁਪਰਿਰੇ ਨੰਗੇ ਪੈਰੀਂ ਫੁੱਲ ਵੇਚ ਰਿਹਾ ਸੀ, ਲੋਕ ਤੇਲ-ਮੇਲ ਕਰ ਰਹੇ ਸੀ। ਇੱਕ ਸੱਜਣ ਨੇ ਜਦ ਉਸ ਦੇ ਪੈਰ ਦੇਖੇ ਤਾਂ ਬਹੁਤ ਦੁਖੀ ਹੋਇਆ, ਉਹ ਭੱਜ ਕੇ ਨਜ਼ਦੀਕੀ ਦੁਕਾਨ ਤੋਂ ਜੇੜੀ ਬੂਟਾਂ ਦੀ ਲੈ ਆਇਆ ਤੇ ਕਹਿਣ ਲਗਾ.....

“ਲੈ ਪੁੱਤਰ ਜੀ ਬੂਟ ਪਾ ਲੈ”

ਮੁੰਡੇ ਨੇ ਫਟਾਫਟ ਬੂਟ ਪਾਏ ਬੜਾ ਖੁਸ਼ ਹੋਇਆ ਤੇ ਬੰਦੇ ਦਾ ਹੱਥ ਫੜ ਕੇ ਪੁੱਛਣ ਲੱਗਾ.. “ਤੁਸੀ ਰੱਬ ਹੋ?”

ਬੰਦਾ ਘਬਰਾ ਕੇ ਕੰਨਾ ਨੂੰ ਹੱਥ ਲਾਉਂਦਾ ਬੋਲਿਆ....

“ਨਹੀਂ ਨਹੀਂ ਬੇਟਾ”

ਮੁੰਡਾ- “ਫੇਰ ਤੁਸੀਂ ਰੱਬ ਦੇ ਦੇਸਤ ਹੋ?”... ਕਿਉਂਕਿ ਮੈਂ ਕੱਲ ਰਾਤ ਹੀ ਅਰਦਾਸ ਕੀਤੀ ਸੀ ਕਿ ਬਾਬਾ ਜੀ ਪੈਰ ਬਹੁਤ ਸੜਦੇ ਹਨ, ਬੂਟ ਲੈ ਦਿਉ। ਉਸ ਬੰਦੇ ਦੀਆਂ ਅੱਖਾਂ 'ਚ ਪਾਣੀ ਭਰ ਆਇਆ ਤੇ ਮੁਸਕਰਾਉਂਦਾ ਹੋਇਆ ਪਾਸੇ ਨੂੰ ਚਲਿਆ ਗਿਆ.....

'ਅੱਜ ਉਹ ਜਾਣ ਗਿਆ ਸੀ ਕਿ ਰੱਬ ਦਾ ਦੇਸਤ ਬਣਨਾ ਜਿਆਦਾ ਔਖਾ ਨਹੀਂ।'

Khushi Garg, 7th A

ਪਾਣੀ

ਪਾਣੀ ਦੇ ਵਿੱਚ ਸ਼੍ਰਿਸ਼ਟੀ ਰਚੀ,
ਕੁਦਰਤ ਦੇ ਵਿੱਚ ਪਾਣੀ।
ਇਸ ਪਾਣੀ ਨੇ ਸਭ ਕੁਝ ਦਿਤਾ,
ਕਰਜ਼ਦਾਰ ਹੈ ਪਾਣੀ।
ਪਵਨ ਗੁਰੂ ਪਾਣੀ ਪਿਤਾ,
ਲਿਖਿਆ ਵਿੱਚ ਗੁਰੂਬਾਣੀ।
ਖਿਆਲ ਕਰੇ ਇਸ ਸੋਹਣੇ ਜਲ
ਦਾ,
ਨਹੀਂ ਜੀ ਸਕਦੇ ਬਿਨ ਪਾਣੀ।
ਜੇ ਪਾਣੀ ਦਾ ਖਿਆਲ ਨਹੀਂ
ਰੱਖਣਗੇ,
ਜੀਵਨ ਵੀ ਨਹੀਂ ਬੱਚੇਗਾ ।

Rakshit Dhilon, 7th A

ਵੱਡਿਆਂ ਦਾ ਸਤਿਕਾਰ

1. ਜਦੋਂ ਅਸੀਂ ਕਿਸੇ ਵੀ ਉਮਰ ਦੇ ਵਿਅਕਤੀ ਨੂੰ ਮਿਲਦੇ ਹਾਂ ਤਾਂ ਉਨ੍ਹਾਂ ਦਾ ਸਨਮਾਨ ਕਰਨਾ ਸਾਡਾ ਗੁਣ ਹੁੰਦਾ ਹੈ।
2. ਸਾਡੇ ਮਾਂ-ਪਿਉ, ਦਾਦਾ-ਦਾਦੀ, ਵੱਡੇ-ਭਰਾ ਸਭ ਸਤਿਕਾਰਯੋਗ ਹੁੰਦੇ ਹਨ।
3. ਅੱਜ ਤੋਂ ਕੁਝ ਸਮਾਂ ਪਹਿਲਾਂ ਲੋਕ ਬਜ਼ੁਰਗਾਂ ਦੇ ਪੈਰਾਂ ਨੂੰ ਛੂਹ ਲੈਂਦੇ ਸਨ।
4. ਜੇ ਤੁਸੀਂ ਅਜਿਹਾ ਕਰਨ ਦੇ ਯੋਗ ਨਹੀਂ ਹੋ, ਤਾਂ ਘੱਟੋ-ਘੱਟ ਸਤਿਕਾਰ ਕਰਨਾ ਚਾਹੀਦਾ ਹੈ।

Aarohi Verma, 5th A

ਦੱਬਿਆ ਖ਼ਜ਼ਾਨਾ

ਬੱਚਿਓ ! ਬਹੁਤ ਸਮਾਂ ਪਹਿਲਾਂ ਇੱਕ ਪਿੰਡ ਵਿੱਚ ਇੱਕ ਮਿਹਨਤੀ ਕਿਸਾਨ ਰਹਿੰਦਾ ਸੀ। ਉਸ ਦੇ ਚਾਰ ਪੁੱਤਰ ਸਨ। ਸਾਰੇ ਹੀ ਕੰਮਚੋਰ ਸਨ। ਇੱਕ ਦਿਨ ਕਿਸਾਨ ਬਿਮਾਰ ਪੈ ਗਿਆ। ਉਸਨੇ ਚਾਰੋਂ ਪੁੱਤਰਾਂ ਨੂੰ ਕੋਲ ਬੁਲਾਇਆ ਤੇ ਕਿਹਾ, “ਪੁੱਤਰੋ, ਮੈਂ ਆਪਣੇ ਖੇਤਾਂ ਵਿੱਚ ਖ਼ਜ਼ਾਨਾ ਦੱਬਿਆ ਸੀ, ਪਰ ਹੁਣ ਉਹ ਥਾਂ ਯਾਦ ਨਹੀਂ।” ਉਸ ਨੇ ਪੁੱਤਰਾਂ ਨੂੰ ਖੇਤਾਂ ਵਿੱਚੋਂ ਖ਼ਜ਼ਾਨਾ ਲੱਭ ਕੇ ਜੀਵਨ ਸੁੱਖੀ ਬਣਾਉਣ ਲਈ ਕਿਹਾ।



ਇਹ ਸੁਣਦਿਆਂ ਹੀ ਚਾਰੋਂ ਭਰਾ ਖੇਤਾਂ ਵਿੱਚ ਪਹੁੰਚੇ ਤੇ ਉਹਨਾਂ ਹੱਲ ਚਲਾ-ਚਲਾ ਖੇਤਾਂ ਵਿੱਚਲੀ ਮਿੱਟੀ ਫਰੋਲੀ। ਪੁੱਤਰਾਂ ਨੂੰ ਖ਼ਜ਼ਾਨਾ ਨਾ ਮਿਲਿਆ ਤੇ ਉਹ ਵਾਪਸ ਆ ਕੇ ਪਿਤਾ ਨਾਲ ਗੁੱਸੇ ਹੋਏ।

ਕੁਝ ਦਿਨਾਂ ਮਗਰੋਂ ਬਿਮਾਰ ਪਿਤਾ ਨੇ ਪੁੱਤਰਾਂ ਨੂੰ ਖੇਤਾਂ ਵਿੱਚ ਬਿਜਾਈ ਕਰਨ ਲਈ ਕਿਹਾ। ਪੁੱਤਰਾਂ ਨੇ ਇੰਜ ਹੀ ਕੀਤਾ। ਖੇਤਾਂ ਵਿੱਚਲੀ ਮਿੱਟੀ ਵਾਹੀ ਹੋਣ ਕਾਰਣ ਦਿਨਾਂ ਵਿੱਚ ਰਹੀ ਫ਼ਸਲ ਖੇਤਾਂ ਵਿੱਚ ਲਹਿਰਾਉਣ ਲੱਗੀ।

ਕਿਸਾਨ ਕੁਝ ਦਿਨਾਂ ਮਗਰੋਂ ਆਪ ਹੀ ਖੇਤਾਂ ਵਿੱਚ ਗਿਆ। ਉਸ ਨੇ ਚਾਰੋਂ ਪੁੱਤਰਾਂ ਨੂੰ ਵੀ ਖੇਤਾਂ ਵਿੱਚ ਸੱਦਿਆ। ਪਿਤਾ ਨੇ ਪੁੱਤਰਾਂ ਨੂੰ ਸਮਝਾਇਆ ਕਿ ਖ਼ਜ਼ਾਨਾ ਜ਼ਮੀਨ ਵਿੱਚੋਂ ਬਾਹਰ ਆ ਗਿਆ ਹੈ। ਪੁੱਤਰਾਂ ਨੂੰ ਪਿਤਾ ਜੀ ਦੀ ਗੱਲ ਸਮਝ ਆ ਗਈ ਕਿ ਮਿਹਨਤ ਹੀ ਸਭ ਤੋਂ ਵੱਡਾ 'ਖ਼ਜ਼ਾਨਾ' ਹੈ।

ਸਿੱਖਿਆ:- ਮਿਹਨਤ ਦਾ ਫਲ ਜ਼ਰੂਰ ਮਿਲਦਾ ਹੈ।

Rubi Rai, 8th A

ਚੰਗੀ ਗੱਲ ਮੰਨੋ

ਇੱਕ ਧੋਬੀ ਕੋਲ ਗਯਾ ਸੀ। ਗਯਾ ਸਾਰਾ ਦਿਨ ਧੋਬੀ ਦਾ ਭਾਰ ਢੋਂਦਾ ਅਤੇ ਸਾਰਾ ਦਿਨ ਮਿਹਨਤ ਕਰਦਾ ਸੀ। ਰਾਤ ਵੇਲੇ ਧੋਬੀ ਉਸਨੂੰ ਘਾਹ ਚਰਨ ਲਈ ਛੱਡ ਦਿੰਦਾ। ਪਰ ਗਯਾ ਘਾਹ ਚਰਨ ਦੀ ਥਾਂ ਆਸੇ ਪਾਸੇ ਦੇ ਖੇਤਾਂ ਵਿੱਚ ਚਲਾ ਜਾਂਦਾ ਢਿੱਡ ਭਰਕੇ ਸਬਜ਼ੀਆਂ ਅਤੇ ਹੋਰ ਫਸਲਾਂ ਨੂੰ ਖਾ ਜਾਂਦਾ। ਇੱਕ ਦਿਨ ਉਸਦੀ ਦੇਸਤੀ ਲੁੰਬੜ ਨਾਲ ਹੋ ਗਈ। ਉਹ ਦੇਵੇਂ ਰਾਤ ਨੂੰ ਮਿਲ ਕੇ ਖੇਤਾਂ ਵਿੱਚ ਜਾਂਦੇ ਅਤੇ ਸਬਜ਼ੀਆਂ ਦਾ ਖੂਬ ਅੰਨਦ ਮਾਣਦੇ। ਇੱਕ ਦਿਨ ਗਯਾ ਲੁੰਬੜ ਨੂੰ ਕਹਿਣ ਲੱਗਾ, “ਦੇਸਤ! ਅੱਜ ਮੇਰਾ ਬਹੁਤ ਦਿਲ ਕਰ ਰਿਹਾ ਹੈ, ਕਿ ਮੈਂ ਕੁਝ ਗਾਵਾਂ ਕਿਉਂਕਿ ਮੇਰਾ ਮਨ ਬਹੁਤ ਖੁਸ਼ ਹੈ।” ਇਹ ਸੁਣ ਕੇ ਲੁੰਬੜ ਕਹਿਣ ਲੱਗ, “ਨਾ ਭਰਾ! ਕਿਰਪਾ ਇਸ ਤਰ੍ਹਾਂ ਨਾ ਕਰੀਂ ਤੇਰੀ ਅਵਾਜ਼ ਬਹੁਤ ਬੇਸੁਰੀ ਹੈ। ਤੇਰੀ ਅਵਾਜ਼ ਸੁਣ ਕੇ ਖੇਤਾਂ ਦਾ ਮਾਲਕ ਜਾਗ ਜਾਵੇਗਾ ਅਤੇ ਸਾਨੂੰ ਦੋਹਾਂ ਨੂੰ ਮਾਰੇਗਾ।” ਪਰ ਗਯੇ ਨੇ ਉਸਦੀ ਇੱਕ ਨਾ ਸੁਣੀ ਅਤੇ ਇਹ ਕਹਿ ਕੇ ਗਾਉਣਾ ਸ਼ੁਰੂ ਕਰ ਦਿੱਤਾ ਕਿ ਤੂੰ ਮੇਰੀ ਮਿੱਠੀ ਅਵਾਜ਼ ਤੋਂ ਈਰਖਾ ਕਰਦਾ ਹੈ। ਇਹ ਅਸਮਾਨ ਵੱਲ ਮੂੰਹ ਕਰਕੇ ਉੱਚੀ-ਉੱਚੀ ਗਾਉਣ ਲੱਗ ਪਿਆ। ਗਯੇ ਅਵਾਜ਼ ਸੁਣ ਕੇ ਖੇਤਾਂ ਦੀ ਮਾਲਕ ਜਾਗ ਗਿਆ। ਲੁੰਬੜ ਛਾਲ ਮਾਰ ਕੇ ਖੇਤਾਂ ਵਿੱਚੋਂ ਭੱਜ ਗਿਆ। ਪਰ ਗਯਾ ਆਪਣੀ ਧੁਨ ਵਿੱਚ ਮਸ਼ਤ ਰਿਹਾ। ਕਿਸਾਨ ਨੇ ਗਯੇ ਨੂੰ ਬਹੁਤ ਮਾਰਿਆ। ਹੁਣ ਗਯਾ ਆਪਣੇ ਦੇਸਤ ਦੀ ਕੀਮਤੀ ਸਲਾਹ ਨਾ ਮੰਨਣ ਉੱਤੇ ਪਛਤਾ ਰਿਹਾ ਸੀ।

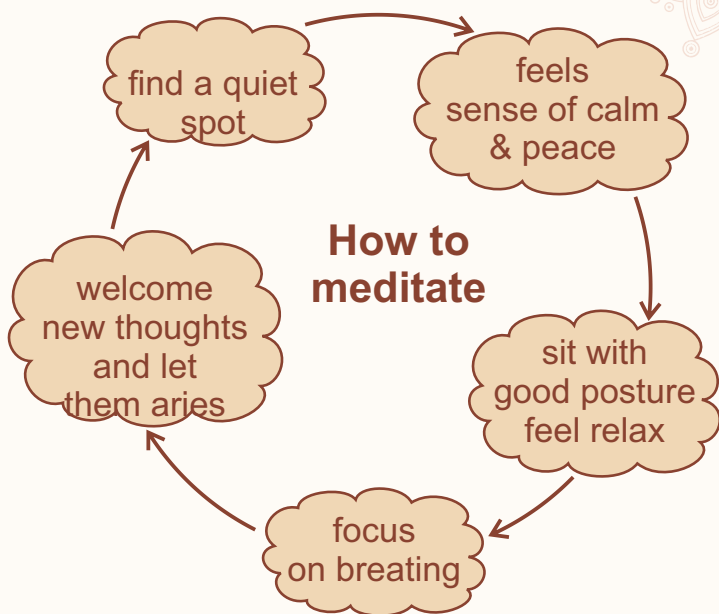
Guntaj Kaur, 7th A

MEDITATION: A MEDICINE FOR THE MIND

Mrs. Renu Bala
Teacher



Meditation is a practice that involves focusing or clearing your mind using a combination of mental and Physical techniques. In meditations a person learns to centre of attention-



Benefits of Meditation:

1. Improves concentration.
2. Reduces Stress and depression and vegetative feelings.
3. Increase self Awareness and makes you creative.
4. Balance emotions increases patience, increase energy and happiness gives you proper sleep.



How to Be Good At MATHS

Mrs. Monika
Teacher



Imagine mathematics as a tall building that grows as we do remember, every building needs a strong foundation. If you want to become good at maths, you need to ensure that you have gone through with the foundation of concepts. Maths is a challenging subject for many students but it is possible to make it easier. Maths need active studying focus on the topic you are trying to learn ensure that you set short term study goals, solve all the problems from book for yourselves. If you love games then you can make maths interesting by treating each topic as a new challenge that you must overcome. Perfecting Maths needs dedication and time. If you are finding a particular concept difficult, work backwards to fill the gaps of your knowledge. This will help you to understand a topic. Maths requires hours of concentration to ace it. The only way to get overcome Math's fear is to get right into it and learn from you mistakes. Students learn best when they can relate the subject to real life. Understanding your learning style can help you find the right medium to get better at Maths. If you want to become good at Maths then follow strict schedule that includes regular practice and the right guidance to help you to tackle any problem with ease.

ARYABHATTA

Mathematician & Astronomer



Aryabhata, an eminent scholar from ancient India, left an unforgettable mark on the field of mathematics and astronomy. He was born in 476 AD in the town of Patliputra. Aryabhata's contribution to science has had a lasting impact.

Aryabhata's early life remains lost in mystery, but it is believed that he received his education at the Nalanda University. From his young age he was very passionate for mathematics and astronomy.

Aryabhata's significant work covers a wide range of topics including algebra, geometry, trigonometry and planetary motion. One of its notable contributions is the concept of zero. Aryabhata's astronomical contributions were mind-blowing. He accurately calculated the value of Pi (π).

In conclusion, Aryabhata was a visionary, mathematician and astronomer whose work continues to inspire scholars and students around the world.

Abhinav, 11th Non-Medical

SIGNIFICANCE OF MATHEMATICS

Mathematics is very useful in everyday life. We use Maths concepts, as well as the skills we learn from practicing math problems every day. Mathematics gives us a way to understand patterns, define relationships, and predict the future. It helps us to do many important things in our daily lives. Mathematics is important for all professions in the world.

Every aspect of life is highly dependent on the use of numbers and arithmetic. Maths is the language of science. It is used to develop the rest of science and interpret its theories, especially Physics, Chemistry, Astronomy, Geography, etc. It enables thinkers to test their ideas by doing many experiments.

Rashmeet, VIth-D

MATHS IS GREAT

The greatest thing you could ever learn
It's really going to help you at every turn.
Your great Maths teacher will make you
know

All the Maths subjects before you go.
"Maths is great", is something I would say,
But some people hate it and wish it would
go away.

English is OK,
But I feel Maths is better
Now I can find the area of a feather.

Madhav, IInd-B

FUNDAMENTALS

- "0" is the only number which can not be represented by Roman numerals.
- Plus - Minus symbol were used as early as 1498 AD.
- The number on opposite face of a dice always add up to 7.
- From 0 to 1000, the letter A only appears in 1000.
- Forty is the only word that is spelt with letter arranged in alphabetical order.
- Every odd number has "e" letter in it.
- 'Eighteen' is the only number that is twice the sum of its digit.
- Four is the only one number spelled with the same number of letters as itself.
- Nine is considered as a magic number. For example:

$$9 \times 3 = 27, 2 + 7 = 9; \quad 9 \times 4 = 36, 3 + 6 = 9$$

Prabhunoor, 8th D

ETERNAL DILEMMAS

Oh! Dear Maths,

Why do I love you?

The answer is complex,

Just like an dictionary index.

Sometimes you are simple like geometry,
In another second difficult like trigonometry.

You are the only one,

With plenty of relations and functions.

You took me to another world,

Full of numbers and formulas,

And infinite questions and BODMAS.

You have number like rational,

That is why you are so prudential.

Thank you...

Arpit Pannu
Xith (Humanities)

FULL OF FUN

Mathematics is full of joy

It is like a playful toy

Profits we goal

Losses we kick with ball

Multiplication and subtraction

I fill with attraction

Fraction is full of fun

It can be easily done

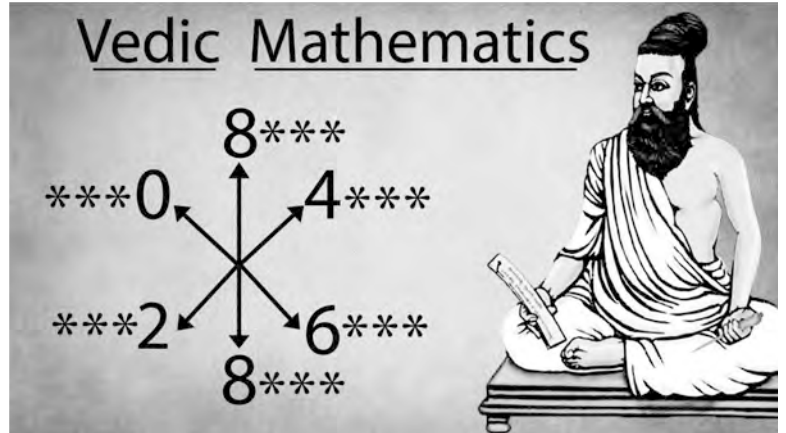
Maths is like oxygen in my life

Without it I cannot survive.

Sanvi Mittal, 8th-G

VEDIC MATHS

Vedic mathematics is an ancient system of mathematics discovered by Bharati Krishna Tirth Ji between 1911 and 1918. This was rediscovered from ancient Sanskriti text. It is the collection of methods to solve any sum faster. It consists of 16 formulas and 13 sub formulas. These formulas can be used in any mathematical calculation. These formulas of Vedic mathematics help to solve mathematical operations/calculations.



The 16 Sutras (formulas) of Vedic maths are:

Sutra 1	Eadhikina Purvena	By one more than the previous one
Sutra 2	Nikhilam Navatashcaramam Dashatah	All from 9 and the last from 10
Sutra 3	Urdhva-Tiryagbyham	Vertically and crosswise
Sutra 4	Paraavartya Yojayet	Transpose and adjust
Sutra 5	Shunyam Saamyasamuccaye	When the sum is the same that sum is zero
Sutra 6	(Anurupye) Shunyamanyat	If one is in ratio, the other is zero
Sutra 7	Sankalana-vyavakalanabhyam	By addition and by subtraction
Sutra 8	Puranapuranabyham	By the completion or non-completion
Sutra 9	Chalana-Kalanabyham	Differences and Similarities
Sutra 10	Yaavadunam	Whatever the extent of its deficiency
Sutra 11	Vyashtisamanstih	Part and Whole
Sutra 12	Shesanyankena Charamena	The remainders by the last digit
Sutra 13	Sopaantyadvayamantyam	The ultimate and twice the penultimate
Sutra 14	Ekanyunena Purvena	By one less than the previous one
Sutra 15	Gunitasamuchyah	The product of the sum is equal to the sum of the product
Sutra 16	Gunakasamuchyah	The factors of the sum is equal to the sum of the factors.

Aryan Chahal, 11th Non-Medical

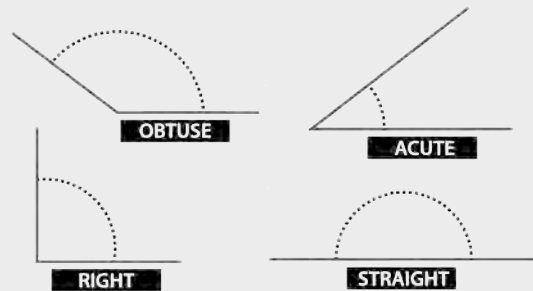
NOTHING IS IMPOSSIBLE

Maths is a subject,
Which I cannot reject.
Maths is full of problems,
But practice is the only solution.
It is a subject in school,
Perhaps that this is so cool.
Perplexity are like proposal,
Accept and solve them all.
Sin θ , Cos θ , tan θ ,
It's easy to attain them.
Adding and multiplication,
This is not a big situation.
Scare of maths, but why,
Just try and try.
Something is logical,
But nothing is impossible.

Arshpreet Kaur, 10th-E

EXPLORE GEOMETRY

Shapes all around, let's go to explore,
Triangle, circle, squares galore!
With lines and angles, we will have some fun
Learning geometry, one shape at a time, hun!
In the world of shapes, where lines do dance,
Geometry brings a captivating trance.
Circles, triangles and squares so neat
Angles and sides, their secrets we meet.
Lines intersect to forming angles bold,
Right, acute, obtuse, stories they hold.
Polygons with sides, a symphony of shape,
Geometry, playground where wonders take place.



Ashmeet Kaur, 9th-E

MATHS PUZZLES...

$$\bullet + \bullet = 10$$

$$\bullet \times \square + \square = 12 \quad \square$$

$$\bullet \times \square - \triangle \times \bullet = 5$$

$$\triangle = ?$$

Aarav, 11th-A

VEDIC MATHS PUZZLE

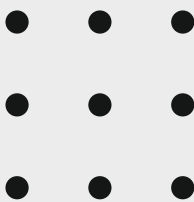
Answer is 34.

What number should replace the ?

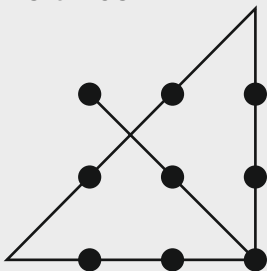
8	2	5	38
7	4	9	59
6	3	7	39
5	1	7	?

PUZZLE TIME

This really does need some imaginative thinking.



Can you join all nine dots with four straight lines without taking your pencil off the paper? You can not go over any line twice!



LIFE AND MATHEMATICS

- Life is like a Maths.... if it goes too easy something is wrong.
- If you believe in yourself, you will be able to find the solutions to your every single problem like there is a feasible solution reason for every linear programming problems.
- If you lack the right direction, just subtract the final position from your initial position and you will get a direction to your destination, just like a vector does.
- Use integration to integrate happiness in your life and derivative to differentiate sadness.
- Equivalence relation teaches us how to maintain equal balance between our personal and professional relations.
- Inverse trigonometry although very different but teaches us that reversing a situation may also benefit us.
- Probability shows that there is a hope even when there is a little chance left to do some work.

Here, we can conclude that we can add beauty and subtract enmity from our life using maths. Mathematics tells us to keep working consistently on ourselves so as to become perfect in our life calculations.

Thank you

Preeti,
12th Non-Medical


Mathematics of Life

$$\begin{array}{r} \text{Life} + \text{Love} = \text{Happy} \\ \text{Life} - \text{Love} = \text{Sad} \\ \hline 2 \text{ Life} = \text{Happy} + \text{Sad} \end{array}$$

$$\therefore \text{Life} = \frac{\text{Happy} + \text{Sad}}{2}$$

$$\therefore \text{Life} = \frac{1}{2} \text{Happy} + \frac{1}{2} \text{Sad}$$

That's Real Life. Enjoy It.



BRAIN STRAIN: PUZZLE

1. Which number should replace the question mark?

$$\begin{array}{r} 2\ 0\ 5\ 8\ 3 \\ 0\ 7\ 4\ 4\ 5 \\ 1\ 8\ 3\ 9\ 1 \\ \hline 1\ 5\ 4\ 7\ ? \end{array}$$

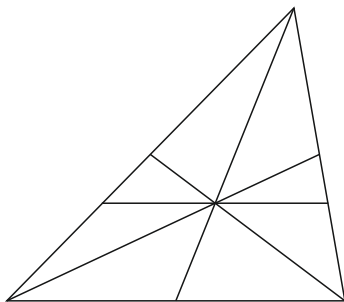
2. Fill in the 5x5 grid with the numbers from 1 to 5 once per row and column, while following the greater than/less than symbols shown. There is only one solution.

□	□	□	□	□
5	□	□	□	> □
□	□	□	1	□
∨		∨		
□	□	□	□	> □
		∨		
□	< □	< □	□	> □

3. Replace the question mark with the correct digit.

•	7	5	3	4	6	8	•
•	8	3	4	2	7	?	•

4. How many triangles can you see?



5. Can you solve it?

$$\begin{array}{l} 21 + 10 = 31 \\ 22 + 20 = 84 \\ 23 + 30 = 159 \\ 24 + 50 = ? \end{array}$$

Ritika
12th Non-Medical



Answers:

1. Average of three numbers in one column gives the answer. So, average of 3, 5 and 1 is

$$\frac{3 + 5 + 1}{3} = 3$$

Ans. = 3

2.

4	3	1	2	5
---	---	---	---	---

5	1	2	4	>	3
---	---	---	---	---	---

3	<	4	5	1	2
∨		∨			

2	5	4	3	>	1
		∨			

1	<	2	<	3	5	>	4
---	---	---	---	---	---	---	---

3.
$$\begin{array}{r} 7\ 5\ 3\ 4\ 6\ 8 \\ +\ 8\ +\ 8\ +\ 8 \\ \hline 8\ 3\ 4\ 2\ 7\ 6 \end{array}$$

So, 6 is the answer.

4. 23 triangles.

5. $(21 + 10) \times 1 = 31$

$$(22 + 20) \times 2 = 84$$

$$(23 + 30) \times 3 = 159$$

$$(24 + 50) \times 4 = 296$$

Ans. is 296

IMPROVE YOUR LOGICAL REASONING WITH SUDOKU

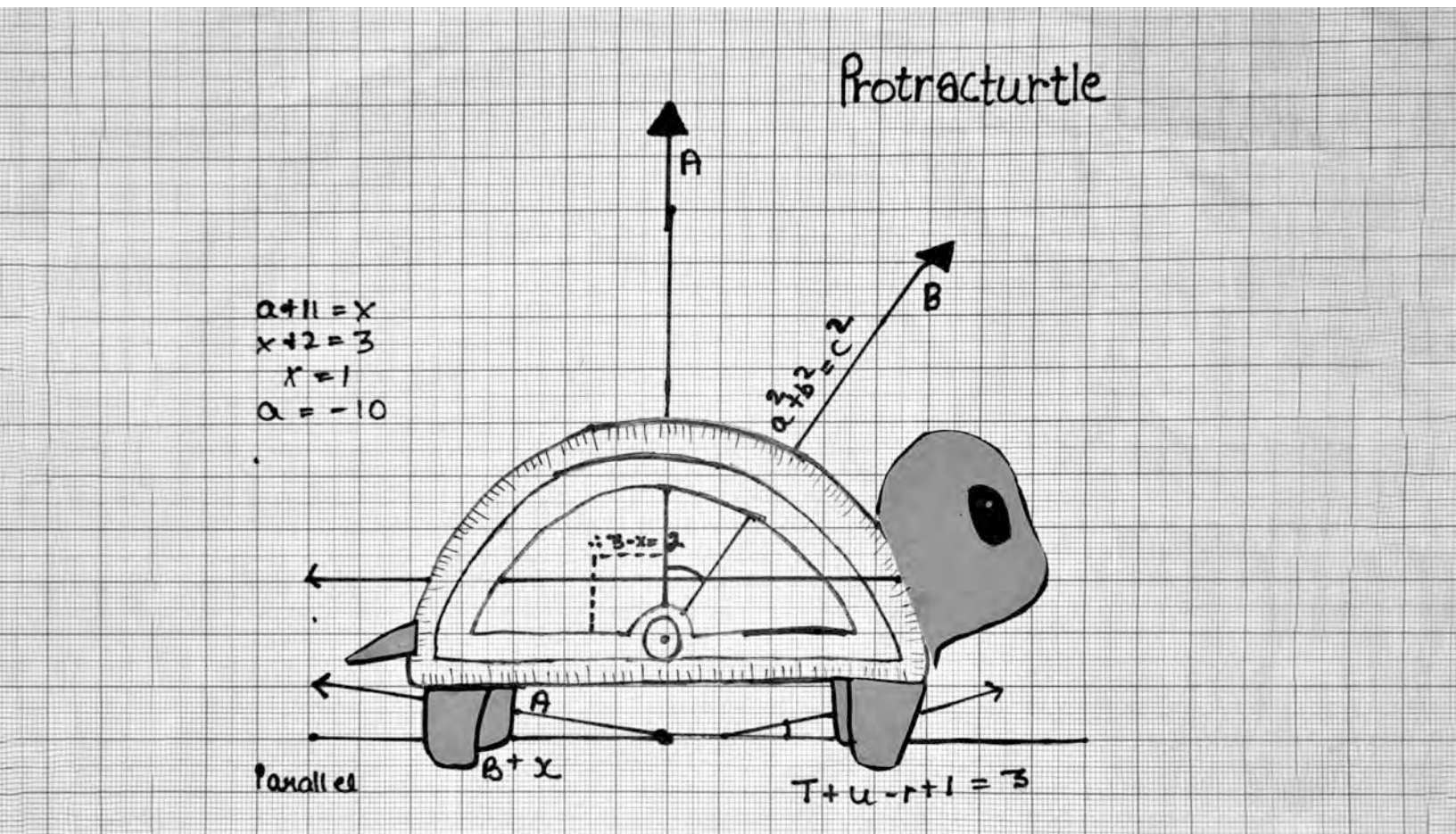
Yuvraj, 9th-E

2				3			4	
	3		6					7
		9			7	1		8
		4		7	2			
	2	5		8	1	9		
1		3			6			5
				2		4		
4		6	8				7	
5			9			3		

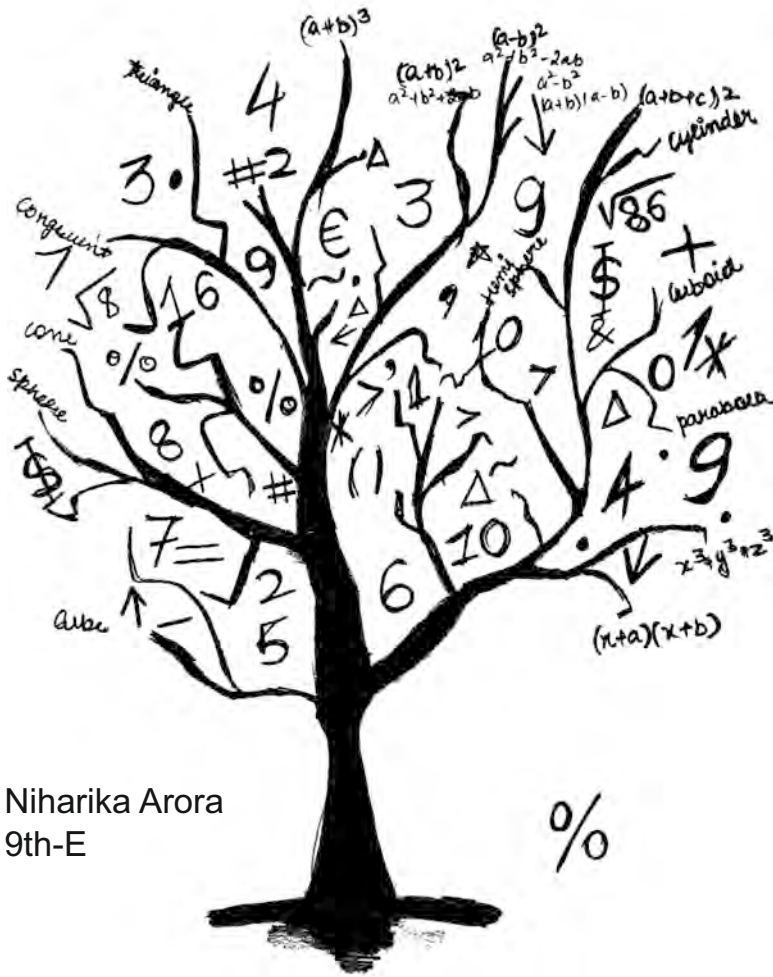
PROBLEM

2	5	7	1	3	8	6	4	9
8	3	1	6	4	9	2	5	7
6	4	9	2	5	7	1	3	8
9	6	4	5	7	2	8	1	3
7	2	5	3	8	1	9	6	4
1	8	3	4	9	6	7	2	5
3	1	8	7	2	5	4	9	6
4	9	6	8	1	3	5	7	2
5	7	2	9	6	4	3	8	1

SOLUTION



Mathematics Tree



Niharika Arora
9th-E

MAGIC OF MATHEMATICS

Mathematics is a realm of precision and grace,

Numbers does together in an elegant embrace.

In equations and patterns, we explore the unknown

A universal language where beauty is shown.

In numbers and symbols, we find our delight,

Mathematics a language both day and night.

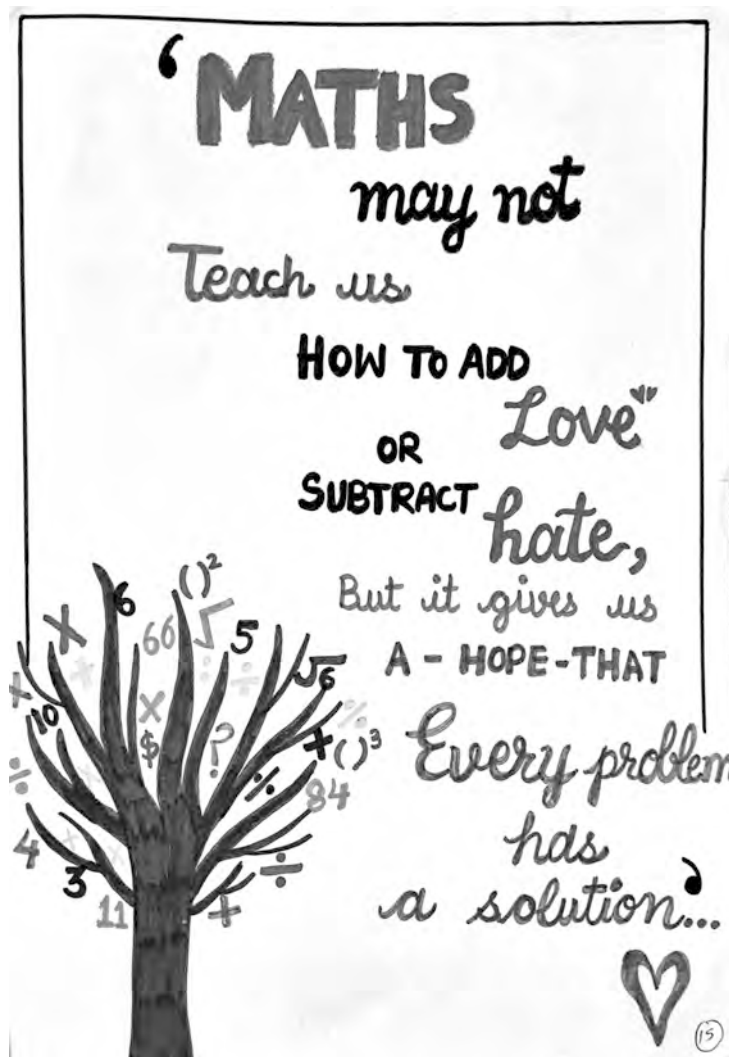
It unlocks mystery logic's grand art,

A world of equation where we all take part.

7 WONDERS OF FACTS ABOUT MATHS

- An icosagon has 20 sides.
- The main source of calculator is Abacus.
- A palindrome number is a number that reads the same forward and backward. For example: 34543
- Quadrillion, sextillion, quintillion, septillion, nonillion, octillion, decillion, and undecillion come after trillion.
- Metatron's cube is a geometric shape made from 13 circles of similar size.
- An ancient Indian manuscript Bakhshali has 0 symbols believed to be the earliest 0 symbols.
- These are 7 wonder facts about maths that you have never heard of before.

Gauri Sirohi, 7th D



Daily Use of Decimal

Decimal is used while dealing with money, weight, length, etc. in our day to day life. Decimal numbers provide more accurate and precised data than natural numbers. by converting rupees into paise, the values are as given below:

Rs. 1 = 100 Paise

Rs. 0.5 = 50 Paise

Rs. 0.25 = 25 Paise

While measuring our body weight, decimal numbers provide more appropriate information:

1 kg = 1000g

5 kg = 5000g

0.5 kg = 500g

Decimal numbers provide more accurate information in case of length. This is useful for engineers.

1 Km = 1000m

5 km = 5000m

0.5 km = 500m

Anuj Khurana, Xth E

DECEPTION: SEARCH

Jiya Ravish
11th Medical

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Answer: 6th Row 5th Number



OPTICAL ILLUSION

Introduction: Optical illusions, captivating visual phenomena that defy our perceptions, continue to be wider and fascinate. These mesmerizing illusions play tricks on our eyes, challenging the way we perceive the world around us. Delving into the science behind these captivating displays reveals the intricate interplay between our eyes and our brain.

The basic of optical illusion: At the core of optical illusion lies the art of deception. These illusions manipulate the way light enters our eyes or exploit the brains interpretation of visual information. One classic example is the Ames Room, a distorted space that create the illusion of drastic size difference among objects and people within it. Understanding the principles of perspective, angles, and shading helps demystify these mind-bending visual puzzles.



Conclusion: Optical illusions are not merely captivating spectacles, they offer a unique window into the mysteries of human perception. As you continue to unravel the science behind these visual puzzles, we gain a deeper appreciation for the complex relationship between our eyes and our minds. The journey into the world of optical illusion is a journey into the fascinating realm where reality and perception converge leaving us with sense of wonder and a renewed curiosity about the mysteries of visual perception.

Kohana Kalra, XIIth Non-Medical

STRATEGIES OF MATHEMATICS

- Mathematics gives us hope that every problem has a solution.
- Mathematics is not about numbers, equations, computation or algorithms, it is all about understanding.
- The only way to learn mathematics is to do mathematics.
- Life is a Maths equation in order to gain the most, you have to know how to convert the negatives into positives.
- In Mathematics you don't understand things, you just get used to them.
- Mathematics is not only about numbers, but also about problems, logic and creativity.
- Mathematics is like a puzzle that unlocks the secret of the universe.
- In Mathematics, the art of proposing a question must be held of higher value than solving it.

Vanshika, IX-E

HUMAN BEING: COMPUTER

Mrs. Preena Goel
Teacher



A human brain is a powerful computer which stores all the activities, memories and controls all the movements of human body. We can say that all the movements of our body and activities depend upon our brain. But a human brain can get tired or overburdened due to some extra work, vice versa computer can do the work in seconds. Human being can make mistakes in work while a computer never makes mistakes. It gives 100% error free result. In one condition only a computer can give incorrect result if a user gave incorrect input to the computer. A human being can take time for the calculations but a computer can perform millions of instructions within the seconds.

A computer is a more powerful machine than a human being. Now the question arises that who made computer..? Obviously human beings made the Computer. So, we can say that a computer can never outgrow a human being.

As we know that a human being can learn from their previous experiences but a computer can't. A human has capability to accept new challenges and can solve complex situations, while a computer can not put such efforts to solve new challenges. A human IQ level is more high, can solve logical condition according to itself but a computer is a wonderful machine but it can't work itself or without user intervention.



Boost Your Success With Smart Work

Mrs. Aruna Rani
Teacher



In our fast-moving world, working smart has become super important. It's not about taking shortcuts but using a strategic approach to get better results. This article explores why working smart matters and shares easy techniques to make your work more effective.

Smart Work - Big Deal:

Smart work is not about doing less or finding an easy way out. It's about making every action count towards your goals. Instead of just working hard, it's about being tricky with your efforts to achieve more, especially when time is limited.

Throw in to work smarter:

1. Figure out urgent and important useful tricks to put the most crucial tasks on the top.
2. Use digital tool that can help you to organize track time and get stuff done faster. It makes you

to feel better, helps you to handle challenges. The world is always changing, so it's good to keep learning joy.

3. Don't be afraid to ask for help or share tasks with others. Team work can make things easier for everyone.
4. Good communication skill is key to mingle with others. Make sure when you explain things clearly and confidently.
5. Make goals that are clear and have a deadline, It helps you stay on track and know what you're working towards.

Resolution:

Working smarter is more than just doing things quickly; It's about getting the right things done. By using these simple techniques, you can make your work better and reach your goals faster. So, let's start working smarter and see how much more we can achieve!



A Tongue Has No Bone

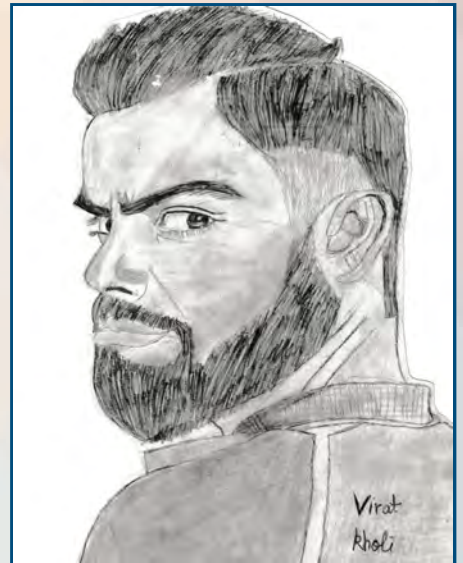
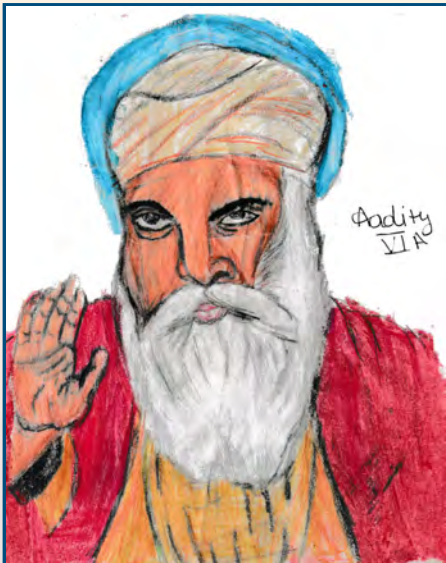


Mrs. Mairy Gera
Teacher

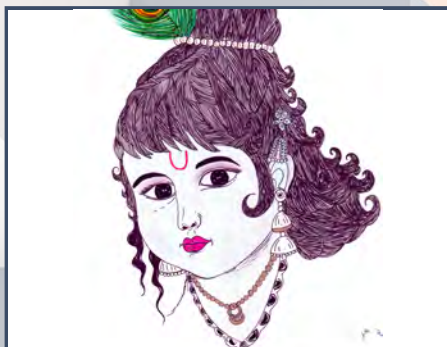
Behavior is an identity of a person. Hence it becomes mandatory to pay attention for our behavior. If we don't pay attention to this, it can be dangerous for anyone. If someone is given physical wounds, they fade away after a period of time but the wounds given by words are difficult to delete from memory. That is why we should always think before speaking. Once upon a time two friends lived in a village. One friend was rich while the other one was poor. They spent a lot of time playing with each other everyday. One day the rich friend invited his poor friend for dinner. They both happily walked towards home. As soon as he went inside the house his mother considered the other boy a beggar and asked him to get out of the house. Seeing all this the poor friend went away with a heavy heart. Next day, when he met with his rich friend, he said him to bite on his hand. That time the rich friend did not understand, why he said so? Then after that the poor friend did not come to meet his friend for a few days. After some days friends met again, the poor friend showed the wounds to his friend. The wounds had healed. Then the poor friend explained that these wounds have been erased but the wounds of insult received at your home cannot be erased. The rich friend understood and apologized. Therefore we can say a tongue has no bone it can slip but the brain has the greatest ability to think. So think before speaking.



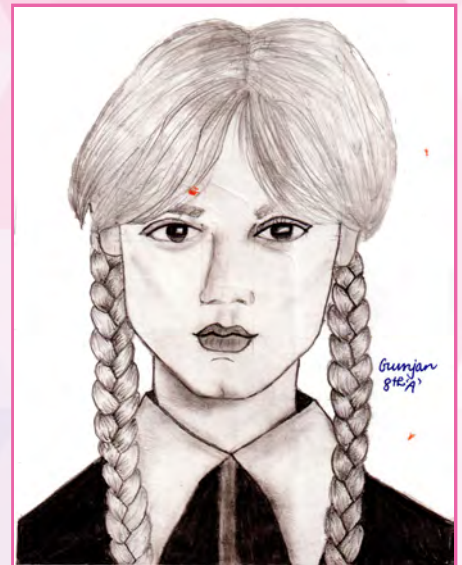
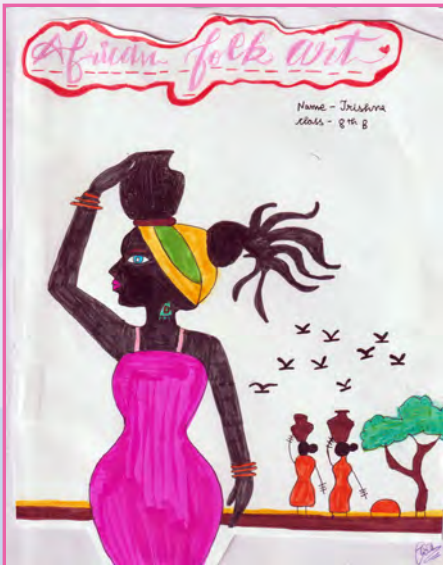
The Power of Imagination



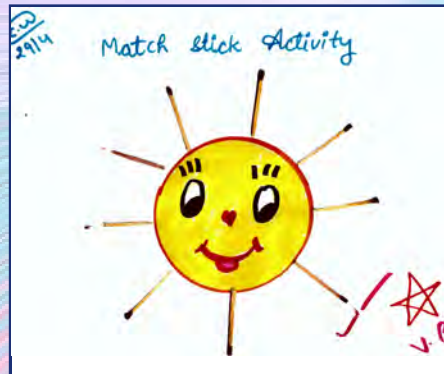
The World of Wonder



Nurturing The Next Generation



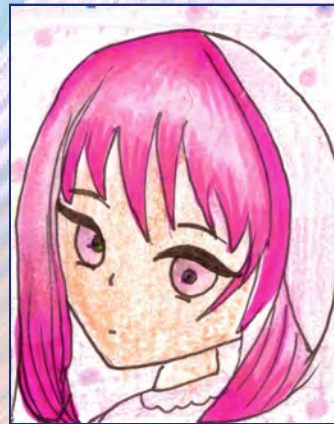
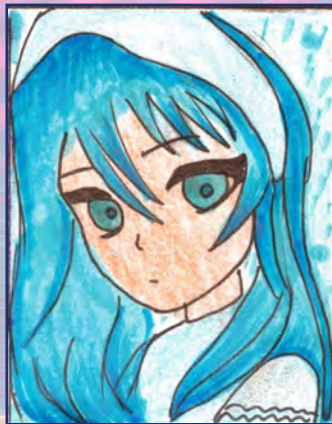
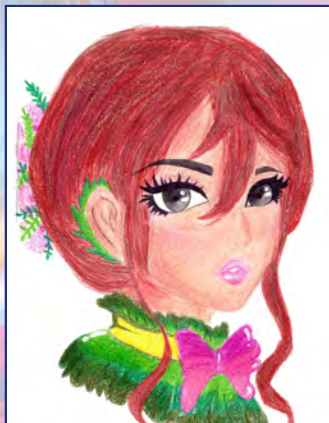
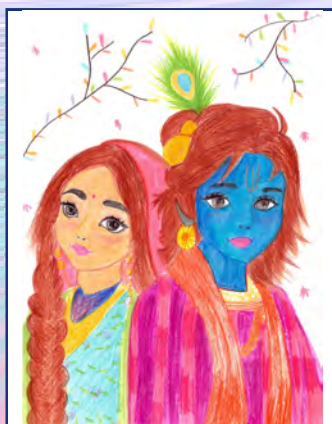
Inventing Innovators



Flourishing Pioneers



Suryavanshi
9th-E



Outgoing Batch

12TH HUMANITIES



12TH COMMERCE



Outgoing Batch

12TH NON-MEDICAL



12TH MEDICAL



Happy Retirement



Vocalists & Instrumentalists with Mr. Mohinder-Mrs. Gurmeet



STUDENT EDITORIAL



Shanvi
Xlth, Commerce

I am excited to show the pleasure and experiences felt while working for editorial board.

As a member I worked very hard along with other student members. We discussed and decided themes that would resonate with our readers.

I had collected the articles and organized them in proper manner. Separated the selected and rejected articles and kept them safe and in sequence instructed and guided by Abha Mam. This was wonderful to work with the chief editor and other students member. We enjoyed the work - Abhinav of XI Non-Medital was allotted to capture the moments while Bharti and Neeraj of Xth C were allotted to collect the articles.

Being part of the editorial board it was a transformative experience. It taught me the values of harmony. I hope that our magazine not only informs but also inspires others to pursue their passion with dedication.

STUDENT EDITORIAL



Abhinav
Xlth, Non-Medical

I am honored to share my experience as a member of the editorial group, where I had the privilege of capturing memories through my lens. I want to express my heartfelt gratitude to my teachers and team members for entrusting me this responsibility.

Through this role, I was able to attend various school functions, events and activities and freeze those moments in snapshots. I am thankful for the support and guidance given by my teachers and my fellow team members.

I am also grateful to our school administration for providing me the resources and platform to showcase our talents.

As I look back, I realise that this experience has taught me valuable lessons such as teamwork, better communication, time management, developed self confidence and improved my personality. Thank you for this opportunity. I feel proud for being the part of this team and ever ready to have this type of facilitation for my school.

Thank you!

Have a pleasant reading!

Educational Official & Executives



Editorial Board



Left to Right (Teachers): Mrs. Monika, Mrs. Loveena Lal, Mrs. Jasbir, Mrs. Shalu, Mrs. Renu Bansal, Mrs. Mamtesh (Sub-Editor), Mr. Ajay Shaklaya, Mrs. Abha Mast (The Editor-in-Chief), Mrs. Renu Bala (Sub Editor), Mrs. Manjula Sharma, Mrs. Kusum, Mrs. Parveen, Mrs. Neelam Singh, Mrs. Nirmala

Left to Right (Students): Abhinav (11th-Non-Med.), Shanvi (11th-Commerce), Bharti (10th-C), Neeraj (10thC)

मेरे जीवन का अनुभव

राम मेहर
सहायक कर्मचारी



मैं 2 नवंबर 2007 को लिटिल फ्लावर वि.सी.सै स्कूल में गेट कीपर के पद पर नियुक्त हुआ। उस समय सिस्टर 'जय परेरा' इस स्कूल की प्रिंसिपल थी। उन्होंने मुझे बहुत प्रोत्साहित किया और मैंने अपना काम पूरी लगन, मेहनत, ईमानदारी के साथ पूरा किया। आज भी लगातार इस स्कूल के साथ जुड़ा हुआ अपने कार्य को पूर्ण रूप से करता आ रहा हूँ। इस स्कूल का वातावरण सि0 प्रिंसिपल, सि. मैनेजर व अन्य स्टाफ के सभी सदस्य मेरे लिए सहयोगी रहे हैं। मेरी मेहनत व लगन से प्रसन्न होकर सिस्टर ने मुझे कुछ प्रमुख कार्य भी प्रदान किए। मैंने उन सभी कार्यों को ईमानदारी और मेहनत से निभाया। एक व्यक्ति के जीवन में यही सबसे प्रमुख है कि किसी भी कार्य को किसी भी क्षेत्र में ईमानदारी के पथ पर चलकर निभाया जाए तो जिंदगी में कभी न कभी, किसी न किसी रूप में ईश्वर उसका फल देते जरूर हैं।

कई जीत बाकी है, कई हार बाकी हैं, अभी तो जिंदगी का सार बाकी है।

यहां से चले हैं नई मंजिल के लिए, यह तो तक पन्ना था, अभी तो पूरी किताब बाकी है।



लिटिल फ्लॉवर सुर्खियों में

सीबीएसई का 10वीं और 12वीं कक्षा का रिजल्ट जारी • 9700 विद्यार्थियों ने दी थी 10वीं व 12वीं कक्षा की परीक्षा, 90 प्रतिशत से ज्यादा हुए पास
होनहार बोले- मोबाइल और सोशल मीडिया से बनाकर रखी दूरी, स्कूल में जो पढ़ाया जाता, उसे घर जाकर करते थे रिवाइज

भास्कर न्यूज़ | कैथल

जिले में करीब 4700 विद्यार्थियों ने 12वीं व करीब 5000 ने 10वीं की कक्षा की परीक्षा दी थी, होनहारों ने अपनी सफलता का राज कड़ी मेहनत को बताया

अनुशासन ही सफलता का मार्ग करता है प्रशस्त: आचार्य



कैथल | लिटिल फ्लावर विजिटेशन कॉन्वेंट स्कूल में बोर्ड कक्षा की परीक्षाओं के लिए आयोजित प्रेस्क सत्र में विशेष रूप से आचार्य पवन को आमंत्रित किया गया। यह जानकारी प्रधानाचार्य जया परेरा और मैनेजर डेलिमा जॉन ने दी। मंच का संचालन आभा एवं मनीषा ने किया। आचार्य ने विद्यार्थियों को अपने सपनों को पूरा करने के लिए मन लगाकर पढ़ाई करनी चाहिए। उन्होंने कहा कि विद्यार्थियों को अपने लक्ष्य प्राप्त करने के लिए सही समय सारणी बनानी चाहिए। उन्होंने बताया कि जीवन में अनुशासन ही सफलता का मार्ग प्रशस्त करता है। इस अवसर पर विद्यालय के 500 विद्यार्थी और शिक्षक उपस्थित रहे।

आर्ट्स में वंशिका ने हारिस किए 97.6% अंक



लिटिल फ्लावर कॉन्वेंट स्कूल कैथल की छात्रा वंशिका ने आर्ट्स में प्रथम स्थान हासिल किया है। गांव खुराना की रहने वाली वंशिका के पिता कर्ण सिंह वन विभाग में इंस्पेक्टर हैं और मां नीलम स्टार नर्स हैं। वंशिका ने बताया कि उसका सपना आईएस ऑफिसर बनकर देश सेवा करने का है। पढ़ाई में माता-पिता और स्कूल दोनों का ही सहयोग रहा। विद्यार्थियों को चाहिए कि जितनी देर पढ़े पूरा मन लगाकर पढ़ें।

स्कूल में विद्यार्थियों ने नाटक से प्रभु यीशु का जन्म दिखाया



कैथल | लिटिल फ्लावर विजिटेशन स्कूल में क्रिस्मस को लेकर कार्यक्रम हुआ जिसमें प्रभु यीशु मसीह का जन्मदिन पर मनाया। इस अवसर पर कठनाल से फादर अश्विन मैथ्यू मुख्याध्यक्ष के रूप में कार्यक्रम में शामिल हुए, जबकि उनके साथ फादर चंदन और फादर अमल विशेष रूप से आए थे। प्रिंसिपल जय परेरा, मैनेजर डेलिमा जॉन ने सभी का स्वागत किया। विद्यार्थियों ने लघु नाटिका प्रस्तुत की, जिसमें प्रभु यीशु के जन्म का मंचन किया गया। समीत शिक्षक जॉनी और नुर्मलत की देखरेख में विद्यार्थियों ने अनेकता में एकता दर्शाते हुए नृत्य प्रस्तुत किया। इसके अलावा शिक्षा में बेहतर प्रदर्शन करने वाले विद्यार्थियों और उनके अभिभावकों का सम्मान किया गया। इसके साथ ही विद्यालय की वार्षिक पत्रिका लुमिनस विंग्स का भी लोकार्पण किया गया। इस अवसर पर आभा, लवीना, रेणु, प्रवीण, पावल, संतोष सहित अन्य स्टाफ सदस्य उपस्थित रहे।

कैथल की टॉपर ने गांव में लगाए पौधे



कैथल। गांव खुराना में वंशिका मालिक जिला कैथल टॉपर सीबीएसई बोर्ड कला संकाय में 18वें जन्मदिन पर फलदार, फूलदार, सजावटी व छायादार

दैनिक भास्कर जूनियर एडिटर-7 स्पर्धा • विजेता बच्चों को किया गया सम्मानित अपनी पसंद का दैनिक भास्कर अखबार बनाकर मनप्रीत व अर्पित रहे सिटी विनर



कैथल | लिटिल फ्लावर स्कूल व डीएवी पुलिस पब्लिक स्कूल के सिटी विनर भास्कर न्यूज़ | कैथल

दैनिक भास्कर जूनियर एडिटर-7 स्पर्धा में डीएवी पुलिस पब्लिक स्कूल कैथल के विद्यार्थी मनप्रीत व लिटिल फ्लावर स्कूल के छात्र अर्पित सिटी विनर बने। दैनिक भास्कर द्वारा आयोजित राष्ट्रीय स्तर की जूनियर एडिटर-7 प्रतियोगिता में जिला कैथल के कई स्कूलों के विद्यार्थियों ने हिस्सा लिया था, जिन्होंने अपनी पसंद का अखबार बनाकर अपने हतर व बुद्धिमता को

साहिबजादों की शहादत पर जपजी साहिब का पाठ किया



कैथल | मंगलवार को शहर के लिटिल फ्लावर कॉन्वेंट स्कूल में वीर बा दिवस पर कार्यक्रम किया गया। पंजाबी अध्यापिका प्रवीण कौर अं निर्मल रानी के सहयोग से बच्चों ने एक लघु नाटिका के माध्यम साहिबजादों के बलिदान का वर्णन किया। गुरु गोबिंद सिंह जी के पुत्र साहिबजादे बाबा जोरावर सिंह जी और बाबा फतेह सिंह जी को शहर की स्मृति में वीर बाल दिवस मनाया जाता है। कार्यक्रम में विद्यार्थियों द्वारा जपजी साहब के साथ मधुर शब्द कौतिल भी किया गया।

जपजी साहब के साथ मधुर शब्द कौतिल भी किया गया।

जपजी साहब के साथ मधुर शब्द कौतिल भी किया गया।

पुलिस ने छात्रों को गुड टच व बैड टच की दी जानकारी



कैथल | महिला थाना एसएचओ एसआई रेखा द्वारा लिटिल फ्लावर स्कूल कैथल में विद्यार्थियों को महिला विरुद्ध अपराधों, ट्रैफिक नियमों की पालना, गुड टच-बैड टच, डायल 112, दुर्गा शक्ति एप, नशा न करने व साइबर क्राइम बारे जागरूक किया। इस दौरान एसआई रेखा ने बच्चों को बताया कि ट्रैफिक नियमों की पालना न करने के कारण कई बार बड़े हादसे हो जाते हैं।



A TRIBUTE TO
Riya, 9th-E

*With Heartfelt Sympathy
May the Lord help you to find a path of light.*

“The future belongs to those who believe in the beauty of their dreams.”



LITTLE FLOWER VISITATION SEN. SEC. CONVENT SCHOOL

Year of Establishment: 1995

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